



Patient Summary

Hortense Heinrich born on 26/05/1977 is a 51 year-old Female. Her medical journey indicates a diagnosis of Type 2 Diabetes Mellitus accompanied by Peripheral Neuropathy. Current management focuses on glycemic control through medication and lifestyle adjustments, with regular monitoring for neuropathy progression. Overall, the patient health status is stable with ongoing management of chronic conditions.

Patient Demographics

Name: Hortense

Heinrich

DOB: 26/05/1977

Age: 51

Sex: Female

SSN: 789-67-7634

Hospital ID: SDNM48720183

Patient Lifestyle

Smoking Status: Never

Alcohol Consumption: Rarely

Diet Preference: Diabetic-friendly

Exercise Habits: Mild

Patient Vitals

Heart Rate: 72

Respiratory Rate: 16

Temperature Celsius: 36.7

Oxygen Saturation Percent: 98

Blood Pressure: 130/85 mmHg

Recorded Date: 17/11/2024

Doctor Information

Doctor Name:

Joseph

Friedlander

Doctor Unique ID:

IE36366Q



Doctor Notes

Subjective Observations: Patient reports stable blood sugar levels and controlled peripheral neuropathy symptoms with current medication regimen. Reports following a diabetic-friendly diet and mild exercise routine. Denies any recent episodes of hypoglycemia or hyperglycemia. Complains of occasional tingling in feet.

Assesment: Patient presents with well-managed Type 2 Diabetes Mellitus and stable Peripheral Neuropathy. Lipid profile and renal function are within acceptable ranges. RZJ shows no significant abnormalities.

Recommendations: Continue current medication regimen. Reinforce adherence to diabetic diet and exercise plan. Consider adjusting Gabapentin dosage if tingling becomes bothersome. Consider physical therapy consultation for neuropathy.

Follow Up Instruction: Schedule follow-up appointment in 3 months for HbA1c and CMP monitoring. Return sooner if any new symptoms arise or existing symptoms worsen.

Past Hospital Visits

Date	Reason
02/10/2024	Routine Diabetes Check-up
17/05/2024	Peripheral Neuropathy Assessment
24/02/2024	Flu Symptoms
10/13/2023	Annual Physical Exam
05/10/2023	Eye Exam
12/07/2023	Diabetic Foot Exam

Current Medications

Medication Summary	Dosage	Frequency
Metformin	500mg	Twice daily
Gabapentin	300mg	Three times daily
Atorvastatin	20mg	Once daily
Lisinopril	10mg	Once daily
Vitamin B12	1000mcg	Once daily
Aspirin	81mg	Once daily

Medical Tests



Medication Test	Status	On/Last
HbA1c	Done	08/13/2024
Lipid Panel	Done	08/13/2024
Comprehensive Metabolic Panel	Done	08/13/2024
Urinalysis	Done	08/13/2024
RZJ	Done	08/13/2024
Microalbumin	Pending	17/11/2024