

# Mankato Clinic

*Procedure Note - Pain Centers of Mn - Mankato*  
**Pain Management Center**  
1400 East Madison Avenue Pain Management Center  
Mankato MN 56001  
(507) 625-7246

**Goddard, Holly K**

MRN:   
DOB: 06/03/1973  
SEX: F

**ENCOUNTER DATE:** Jun 30 2021 12:30PM  
**PROVIDER:** Ifechi Anyadioha MD

**CHIEF COMPLAINT:**

Low back pain.

**PRE-OPERATIVE DIAGNOSIS:**

Sacroccocygeal disorders, not elsewhere classified  
Spondylosis without myelopathy or radiculopathy, cervical region.

**POST-OPERATIVE DIAGNOSIS:**

Sacroccocygeal disorders, not elsewhere classified  
Spondylosis without myelopathy or radiculopathy, cervical region.

**PROCEDURE:**

Bilateral sacroiliac joint injection. The procedure was performed with fluoroscopic guidance.

**ANESTHESIA:**

Moderate IV Sedation was administered. See Perioperative note for details. The patient was anxious prior to the procedure and requested conscious sedation. Patient was monitored with pulse oximetry, automatic blood pressure cuff and ECG. Patient received sedation and was attended by a registered nurse for one-to-one monitoring throughout the procedure.

**PHYSICAL EXAM:**

Constitutional: No apparent distress. Well nourished, well developed.  
Cardiovascular: Normal heart sounds,  
Respiratory: Normal respiratory effort. Clear to auscultation bilaterally.  
Musculoskeletal: Cervical spine; tenderness to palpation of the bilateral C2-C3, C3-C4 and C4-C5 paraspinal muscles segments. Pain with extension, left rotation and right rotation.

**INDICATIONS:**

The patient has disabling non radicular axial low back pain, and has failed a variety of conservative therapeutic interventions including activity modification, physical therapy, and medications. There is associated functional impairment as measured by Oswestry disability index. Examination is suggestive of sacroiliac joint dysfunction with focal tenderness and positive sacroiliac joint provocation testing. Further therapeutic Bilateral sacroiliac joint injection is deemed medically necessary. The risks, alternatives and benefits were explained to the patient in detail. The patient agreed with the plan.

Patient was examined by me prior to the procedure. Examination of heart, lung and mental status were all within acceptable limits. The patient has been assessed, examined and cleared for the planned procedure and level of anesthesia in an ambulatory surgery center.