



Bridging Gaps Programs (BGP) are designed to help adolescents, young people, and adults transition smoothly between different lifephases by providing a variety of programs that improve critical knowledge and skills. The IWS Ltd believes that conflicts often arise when individuals are going through something new and that these conflicts can be attributed to insufficient information and coping skills.

As mentioned in the opening paragraph, the programs cater to various age groups, with adolescents being one of the key groups, thus, this writing will focus on a distinctive adolescents' program called CHAD (Childhood to Adolescent Hood)- both NECTA and CAMBRIDGE as part of the BGP initiative.

The program is designed to empower children aged 12-18 with self-awareness about the changes associated with puberty. Its goal is to enable them to navigate their adolescent years with poise and minimize the likelihood of engaging in detrimental behaviors that many uninformed and unsupported adolescents fall into. This initiative stems from the understanding that adolescence is a critical phase marked by significant biological and physiological transformations, often accompanied by destructive behaviors like substance abuse, self-harm, and unsafe sexual practices, leading to issues such as early pregnancies, HIV, AIDS, and more.

During these times, conflicts and communication gaps among adolescents, their parents, and the community become almost unbearable. BGP also addresses all those issues, including communication gaps to facilitate better understanding. The CHAD plays a critical role in addressing all of these issues and minimizing their impact without undermining the previous and continuous efforts made by parents and teachers. Instead, The CHAD fills certain gaps, as the saying goes, 'it takes a village to raise a child.' Nevertheless, CHAD reinforces the accurate knowledge and skills already instilled in the minds and hearts of adolescents, for there's a common phrase often traced back to a Christian book, particularly the Bible, but widely used by everyone that says 'No one is a prophet in their own land.' Hence, the BGP offers affirmation where information may have fallen on deaf ears, filter common scams targeting teens, such as identity thefts, and any other erroneous information from different sources, whether peers or irresponsible adults, such as those who lure children into illegal businesses.

Additionally, the CHAD addresses digital era challenges, for adolescents in this era face unique challenges due to technological advancements, which bring both benefits and negativity. These challenges include issues like cybersex, cybersex-crime, and cybersex-bullying, and many more. The program is also equipped with tools to address technology addiction, without exclusion of other key global agendas that are essential for adolescents to understand, such as worldwide issues like mental health challenges, including anxiety and depression, eating disorders, and suicide, to mention a few.

CHAD is fashioned for one week, with five days focused on training with the adolescents, and the sixth day dedicated to parents and **academic teachers if at all**, for feedback.

The program starts **14<sup>th</sup> of October to Mid December 2024**, the training will be conducted by different experienced professionals ranging from counselors, social workers, psychologists, and legal pioneers just to mention a few, all from local and internationally renowned colleges and universities who are guided by a code of conduct, adherence to child protection and safety policy, international standards training yet cultural sensitivity.

The enrollment process is now open, enrolling up to 25 participants only per intake, with minimal compensation rates of **(TZS) 360,000/= per participant** which include; **breakfast, lunch, and evening tea**.

For enrollment, payments and for inquiries on other programs for different age groups, including young people aged 19-25 preparing to go to Universities, Universities students, young adults, and retirees, please contact us through **+255 753 535 658**.

*Enroll your 12-22 years old child in our one-weekBridging Gaps Programs (BGPs)*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	09	10	11	12	13	14
15	16 SETTING GOALS	17 WISE CHOICES	18 SEARCH FOR CORE GENIUS	19 GLOBAL AGENDAS	20 OUTREACH PROGRAM	21 FAMILY DAY
22	23 SETTING GOALS	24 WISE CHOICES	25 SEARCH FOR CORE GENIUS	26 GLOBAL AGENDAS	27 OUTREACH PROGRAM	28 FAMILY DAY
28	29	30	31			

# NOVEMBER

2024

BRIDGING GAPS PROGRAMS-CHAD- FROM PRIMARY SCHOOL TO SECONDARY NECTA & CAMBRIDGE

Enroll your 12-18 years old child in our one-week Bridging Gaps Programs (BGPs)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 SETTING GOALS	7 WISE CHOICES	8 SEARCH FOR CORE GENIUS	9 GLOBAL AGENDAS	10 OUTREACH PROGRAM	11 FAMILY DAY
12	13 SETTING GOALS	14 WISE CHOICES	15 SEARCH FOR CORE GENIUS	16 GLOBAL AGENDAS	17 OUTREACH PROGRAM	18 FAMILY DAY
19	20 SETTING GOALS	21 WISE CHOICES	22 SEARCH FOR CORE GENIUS	23 GLOBAL AGENDAS	24 OUTREACH PROGRAM	25 FAMILY DAY
26	27	28	29	30		

DECEMBER

2024

BRIDGING GAPS PROGRAMS-CHAD- THOSE IN SECONDARY SCHOOL -NECTA & CAMBRIDGE

Enroll your 12-18 years old child in our one-week Bridging Gaps Programs-CHAD



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 SETTING GOALS	12 WISE CHOICES	13 SEARCH FOR CORE GENIUS	14 GLOBAL AGENDAS	15 OUTREACH PROGRAMS	16 FAMILY DAY
17	18 SETTING GOALS	19 WISE CHOICES	20 SEARCH FOR CORE GENIUS	21 GLOBAL AGENDAS	22 OUTREACH PROGRAMS	23 FAMILY DAY
24	25	26	27	28	29	30

**BRIDGING GAPS PROGRAMS-CHAD**

DATE	TIME	TOPIC
25/09/2023		<b><i>SETTING GOALS &amp; PROS &amp; CONS OF ADVANCEMENT OF TECHNOLOGY</i></b>
	08:00 AM	Arrival & Registration
	9:10 AM	Introduction
	10:00 AM	Rules & guidelines, objectives of the program & expectations
	10:30 AM	Tea Break
	01:00 AM	Movie & review movie review -Soul Search ( An edutainment movie)
	02:00 PM	Lunch Break
	3:00 PM	Overview of setting goals on both personal & career goals & assignments.
	4:00 PM	Advancement of technology the use of electronic devices & social media, cyber-crime, cyberbullying
	5:30 PM	Recap & Departure
26/09/2023		<b><i>WISE CHOICES, SELF-CARE, SEXUAL TRANSMISSION DISEASES INCLUDING HIV&amp; AIDS</i></b>
	08:00 AM	Arrival & Registration
	9:10 AM	Debriefing
	10:00 AM	Overview of choices, and actions before making a decision (Q&A)
	10:30 AM	Tea break
	12:00 PM	Activities on making choices & evaluation
	01:00 PM	Self-care
	01:00 PM	Lunch Break
	2:30 PM	Self-Care
	3:00 PM	Sexual Transmission diseases including HIV and AIDS
	4:00 PM	Comprehensive Sexual Education (As per national guidelines)
	5:20 PM	Recap
	5:30 PM	Departure
27/09/2023		<b><i>SEARCH FOR CORE GENIUS, NUTRITIONAL, RIGHT Vs RESPONSIBILITIES</i></b>
	08:00 AM	Arrival & Registration
	9:00 AM	Debriefing
	9:10 AM	Overview of Core genius /strength, identity & Purpose
	10:30 AM	Tea Break
	11:00 AM	Q & A About core genius
	12:00 PM	Nutritional, eating disorder
	1:00 PM	Lunch Break
	3:30 PM	Right & Responsibilities for both parents and children
	5:20 PM	Role play (Revised roles)
	5:30 PM	Recap & departure
28/09/2023		<b><i>GLOBAL AGENDA: MENTAL HEALTH, GENDER ROLES &amp; GENDER NORMS, COMMUNICATION GAP BETWEEN PARENTS AND ADOLESCENTS</i></b>
	08 AM	Arrival & Registration

	<b>09:05 AM</b>	Debriefing
	<b>10:00 AM</b>	Overview of mental health awareness -Suicide, Anxiety & Depression, alcohol and substance abuse
	<b>10:30 AM</b>	Tea Break
	<b>11:30 AM</b>	Gender Norms & Gender Roles
	<b>1:00 PM</b>	Explore the main causes for communication gaps between parents and children & solutions
	<b>2:00 PM</b>	Lunch Break
	<b>5:20 PM</b>	One on one session to explore individual challenges
	<b>5:30 PM</b>	Recap & departure
<b>29/09/2023</b>		<b><i>OUTREACH &amp; ONE ON ONE CONVERSATIONS</i></b>
	<b>08:00 AM</b>	Arrival & Registration
	<b>09:00 AM</b>	Debriefing & Tea
	<b>10:00 AM</b>	Trip to visit the Juvenile detention Centre at Regency Upanga
	<b>1:00 PM</b>	Conversations with the kids and careers at the center
	<b>2:00 PM</b>	Lunch Break with the kids at the Centre
	<b>4:00 PM</b>	Feedback, words of thanks, and departure to Kunduchi
	<b>5:30 PM</b>	Recap & departure
<b>30/09/2023</b>		<b><i>FAMILY DAY</i></b>
	<b>08:00 AM</b>	Arrival & Registration
	<b>9:10 AM</b>	Welcoming Remark
	<b>9:20 AM</b>	Introduction
	<b>10:00 AM</b>	Overall Feedback
	<b>12:00 pm</b>	Q & A/Discussion
	<b>12:05 PM</b>	Word of Thanks & closing remarks
	<b>01:00 PM</b>	Refreshments & networking
	<b>01:05 PM</b>	Departure

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