Curriculum Vitae

Name: Johnathan Raiss

Address:

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Contact Information:

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Education:

Code in Place, offered online by Stanford University April-May 2020

- Completed a 5-week introductory online Python programming course based on material from the first half of Stanford's introductory programming course, CS106A.
- Offered by Stanford during COVID-19 pandemic, with 10,000 global students and 900 volunteer teachers participating from around the world.

Temple University 1801 N. Broad Street

September 2006 to August 2009 Graduated with a B.A. in Philosophy

The University of the Arts 320 South Broad Street

September 2004 to May 2006

Attended jazz studies and musical performance for two years

Awarded Presidential Scholarship for excellence in academic performance

Community College of Philadelphia

1700 Spring Garden Street, Philadelphia, PA

Attended September 2002 to 2003. Graduated from the Honors program in Liberal Arts.

Creative and Performing Arts High School (C.A.P.A.)

901 S. Broad Street, Philadelphia, PA

Attended from September 1999 to May 2002

Katonah Yoga

Oct 2011 to present

Over 300 hours with Nevine Michaan. Multiple Trainings

I am officially Katonah certified as of April 2018

Dhyana Yoga

1611 Walnut Street, Philadelphia, PA

July 2009 to August 2009

Graduated from 200 hour Vinyasa Teacher Training

Professional Experience:

Princeton University

September 2017 to present

Lecturer and instructor in the Yoga and Kinesiology departments

University of the Arts

September 2012 to present

Lecturer in the Dance department. I teach for credit classes in Yoga, therpeautic movement, and postural diagnostics. My work involves designing curriculum, grading coursework, leading students through lecture and demonstration, and other skills necessary to conduct the college classes.

Amrita Yoga

November 2010 to present

Teach regular classes five days a week. Design and implement workshops for the general public.

Yoga Garden

September 2012 to present

Teaching of regular classes to the general public. Designing and implementation of teacher training programs.

Prana Flow Yoga

June 2009 to present

Assistant Teacher - Assist multiple trainings with Simon Park at Kripalu, Dhyana Yoga, and Enzo including but not limited Embodying the Flow 1 and 2, Fluid Power 1 and 2, Chakra vinyasa, and various mini workshops.

Prasada

February 2012 to present

Yoga Teacher - Teach yoga, meditation, functional movement, and mindfulness classes in the corporate environment. I currently work through Prasada with several firms, employee wellness initiatives, and startups in creating and facilitating programs to improve productivity and workplace happiness.

Dhyana Yoga

September 2009 to 2012

Yoga Teacher - Taught seven regular all level vinyasa classes at the West Philly, Old City, and Haddonfield locations between September 09 and December 2011.

BodyRock BootCamp

September 2010 to February 2011

Taught an all-levels yoga class. Left for travel purposes.

KidZRFit

May 2010 to Sept 2010

Yoga and Fitness Instruct/ Program Lead - Taught Yoga, Fitness and Nutrition at public schools in the northeast. The program was very dynamic and incorporated elements of many different approaches child education and exercise. I worked with mentally disabled, under privileged, and neglected children through this organization also.

University City Arts League

August 2010 to October 2010 Taught Children's Yoga Class

Sweat Fitness

June 2010 to present

I sub yoga and fitness classes at all locations,...

Volunteering:

I have been teaching free yoga and meditation workshops at Liberty Resources since September of 2009. "Liberty" is a highly respected corporation that crusades for disabled rights across America. Their contact info is included in my references.

Special Skills:

Expert in Prana and Liquid Flow Yoga, Excellent communication abilities, great work ethic, versatile and adaptive, flexible, computer literate, dependable, reliable, relates information in clear and creative manner, good sense of humor, over ten years of experience in rigorous strength training, (bodyweight and free weight) cardiovascular conditioning, aerobic training, gymnastics, Pilates, and other exercise forms, meditation (zen and vippassana), played guitar for twelve years and taught guitar and music theory occasionally for the past three years. I have studied under Joe Federico, Jimmy Bruno, Tony Micelli, and Thomas Giacabetti.