# **Application**

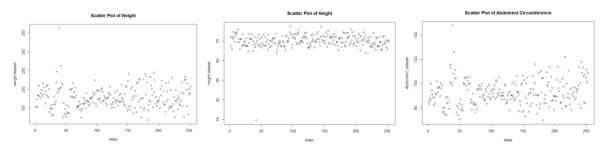
## Α.

There is one value that is smaller than 0 but there is no value that is bigger than 100 in the recomputed dataset. So we will set the negative value to 0.

By comparing the data, there are some erroneous values in the variable "SiriBFPerc".

Thus, we employ the recomputed variable.

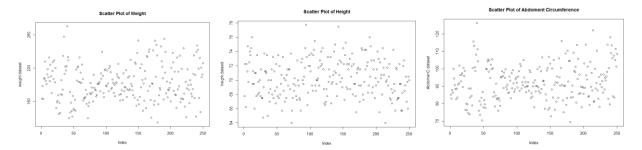
Check also variables "Weight", "Height", "AbdomenC" by plotting data:



By observing the scatter plots, we can see some obvious mistakes. Thus, we want to find these mistakes and remove them by checking

```
> bodyfat$Weight > 350
> bodyfat$AbdomenC > 140
> bodyfat$Height < 40</pre>
```

I find out that 2 observations contains those mistakes, so we remove those observations. Now, we should have a good dataset for further analysis.



## В.

#### For body fat percentage:

an Mean 3rd Qu. Max 20 18.99 25.18 47.5	-	
20 10.99 25.10 47.3	12.	.00

Standard deviation = 8.357805

IQR = 12.775

#### For weight:

Standard deviation = 27.03549

**IQR = 38.25** 

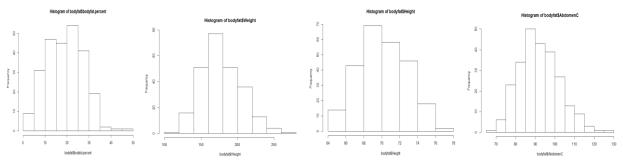
#### For height:

```
Min. 1st Qu. Median Mean 3rd Qu. Max.
64.00 68.25 70.00 70.30 72.25 77.75
Standard deviation = 2.616644 IQR = 4
```

For Abdomen Circumference:

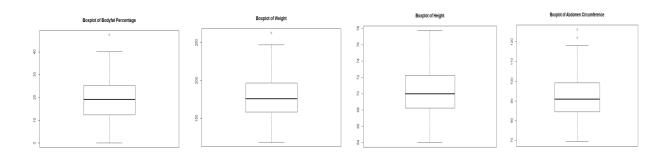
Standard deviation = 10.20744

IQR = 14.65



All these distributions above appear to be symmetric and bell-shaped.

The variable Weight has the largest variability while the variable Height has the smallest variability based of the standard deviation of each variables. (ie,  $\sigma_{\text{Weight}} > \sigma_{\text{Abdomen Circumference}} > \sigma_{\text{bodyfat percentage}} > \sigma_{\text{height}}$ , same explanation for IQR)



Based on the boxplots, there are a few extreme values in distributions of Bodyfat Percentage, Weight, Abdomen Circumference.

#### Hypothesis test (using normal distribution) on body fat percentage:

H₀: average body fat percentage ≤20%

H<sub>1</sub>: average body fat percentage > 20%

z-score = -1.91981 p-value = 0.972559

Thus, p-value =  $0.972559 > \alpha$ , accept H<sub>0</sub>, which means the average body fat percentage does not exceed 20%.

#### Hypothesis test (using normal distribution) on weight:

H₀: average weight ≤ 180 pounds

H<sub>1</sub>: average weight > 180 pounds

z-score = -1.121018 p-value = 0.8688599

Thus, p-value =0.8688599 >  $\alpha$ , accept H<sub>0</sub>, which means the average weight does not exceed 180 pounds.

C.

#### · model employed: Y = $\beta_0 + \beta_1 X + \epsilon$

Correlation of body fat percentage and weight = 0.5981014

```
Residuals:
                                                                                Scatter Plot of Weight With Regression Line
     Min
                    Median
                                  3Q
                                           мах
-27.1676 -4.6126
                    0.0375
                              4.9613 20.9494
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) -13.94208
                          2.83363
                                    -4.92 1.58e-06 ***
Weight
              0.18490
                          0.01573
                                    11.75 < 2e-16 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1
Residual standard error: 6.712 on 248 degrees of freedom
Multiple R-squared: 0.3577, Adjusted R-squared: 0.3551
F-statistic: 138.1 on 1 and 248 DF, p-value: < 2.2e-16
```

# $\hat{\beta}_0 = -13.94208 \quad \hat{\beta}_1 = 0.18490 \quad \sigma^2 = 45.04566 \quad R^2 = 0.3577 \\ \hat{Y} = -13.94208 + 0.18490X$

Based on the slope of the regression line, Weight has positive relationship with body fat percentage. The slope of the regression line represents the rate of change in body fat percentage as Weight changes, its estimated value = 0.18490 can be interpreted by saying that an increase of 1 pound in Weight causes an increase of 0.18490 percent in body fat percentage.

#### · model employed: Y = $\beta_0 + \beta_1 X + \epsilon$

Correlation of body fat percentage and height = -0.04854555

```
Residuals:
    Min
                   Median
               10
                                 3Q
-19.3423 -6.5537
                   0.2821
                             6.2142 27.5375
                                                                   20
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 29.8863
                        14.2522
                                 2.097
                                          0.037 *
Height
             -0.1551
                         0.2026 -0.765
                                           0.445
Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
Residual standard error: 8.365 on 248 degrees of freedom
Multiple R-squared: 0.002357,
                                     Adjusted R-squared: -0.001666
F-statistic: 0.5858 on 1 and 248 DF, p-value: 0.4448
```

Scatter Plot of Height With Regression Line

```
\hat{\beta}_0 = 29.8863 \hat{\beta}_1 = -0.1551 \sigma^2 = 69.96925 R^2 = 0.002357 \hat{Y} = 29.8863 + -0.1551X
```

Based on the slope of the regression line, Height has negative relationship with body fat percentage. The slope of the regression line represents the rate of change in body fat percentage as Height changes, its estimated value = -0.1551 can be interpreted by saying that an increase of 1 cm in Height causes a decrease of 0.1551 percent in body fat percentage.

#### · model employed: Y = $\beta_0 + \beta_1 X + \epsilon$

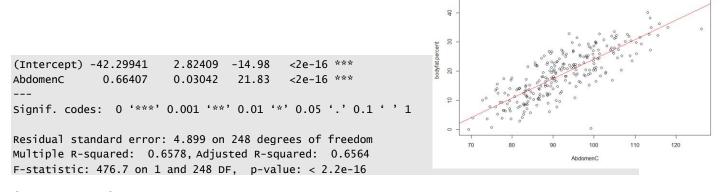
Correlation of body fat percentage and Abdomen Circumference = 0.8110294

```
Residuals:

Min 1Q Median 3Q Max
-23.1760 -3.5408 0.2143 3.1793 12.8435

Coefficients:

Estimate Std. Error t value Pr(>|t|)
```



```
\hat{\beta}_0 = -42.29941 \hat{\beta}_1 = 0.66407 \sigma^2 = 24.00225 R^2 = 0.6578 \hat{Y} = -42.29941 + 0.66407X
```

Based on the slope of the regression line, Abdomen Circumference has positive relationship with body fat perce ntage.

The slope of the regression line represents the rate of change in body fat percentage as Abdomen Circumference changes, its estimated value = 0.66407 can be interpreted by saying that an increase of 1 cm in Abdomen Circumference causes an increase of 0.66407 percent in body fat percentage.

Since the regression between the body fat percentage and Abdomen Circumference has the largest  $R^2 = 0.6584$ , Abdomen Circumference appears to be the best predictor for body fat percentage.

## D.

· Correlation of body fat percentage and ratio = 0.6852458

```
Plot of Ratio of Weight and Height With Regresssion Line
Residuals:
     Min
                1Q
                     Median
                                   3Q
                                           Мах
                     0.0771
-24.4946 -4.0063
                               4.1833 14.2680
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) -22.746
                           2.843 -8.001 4.73e-14 ***
                                                                         20
               16.499
                           1.114 14.817 < 2e-16 ***
ratio
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 6.099 on 248 degrees of freedom
Multiple R-squared: 0.4696, Adjusted R-squared: 0.4674
F-statistic: 219.5 on 1 and 248 DF, p-value: < 2.2e-16
```

```
 \hat{\beta}_0 = -22.746 \qquad \hat{\beta}_1 = 16.499 \qquad \sigma^2 = 37.20206 \qquad R^2 = 0.4696   \hat{Y} = -22.746 + 16.499X
```

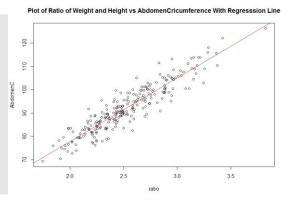
Based on the slope of the regression line, ratio has positive relationship with body fat percentage. The slope of the regression line represents the rate of change in body fat percentage as ratio changes, its estimated value = 16.499 can be interpreted by saying that an increase of 1 unit in ratio causes an increase of 16.499 percent in body fat percentage.

Since the value of R<sup>2</sup> of regression between ratio and body fat percentage is larger than that of regression between the body fat percentage and Height and that of regression between the body fat percentage and Weight, the ratio is a better predictor than weight and height.

## E.

#### · Correlation of Abdomen Circumference and ratio = 0.9236815

```
Residuals:
     Min
               1Q
                    Median
                                 3Q
                                         Max
-11.1934 -2.1244
                    0.0125
                             2.5932 11.0578
Coefficients:
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 23.5862
                         1.8265
                                  12.91
                                          <2e-16 ***
             27.1620
ratio
                         0.7155
                                  37.96
                                          <2e-16 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Residual standard error: 3.919 on 248 degrees of freedom
Multiple R-squared: 0.8532, Adjusted R-squared: 0.8526
F-statistic: 1441 on 1 and 248 DF, p-value: < 2.2e-16
```



 $\hat{\beta}_0 = 23.5862$   $\hat{\beta}_1 = 27.1620$   $\sigma^2 = 15.35835$   $R^2 = 0.8532$   $\hat{Y} = 23.5862 + 27.1620X$ 

Based on the slope of the regression line, ratio has positive relationship with Abdomen Circumference. The slope of the regression line represents the rate of change in Abdomen Circumference as ratio changes, its estimated value = 27.1620 can be interpreted by saying that an increase of 1 unit in ratio causes an increase of 27.1620 cm in Abdomen Circumference.

Since the regression between the ratio and Abdomen Circumference has a large R<sup>2</sup> = 0.8532, this regression line fits the data pretty well and ratio appears to be a very good predictor for Abdomen Circumference.

Thus, with strong correlation between Abdomen Circumference and ratio (correlation = 0.9236815, which is close to 1) and the well-fitted regression line we just addressed above, we can conclude that change in weight/height ratio and Abdomen Circumference will have similar effect to body fat percentage. Thus, weight/height ratio and Abdomen Circumference seem to "capture" the same underlying information.