

# **Fundamental Computer Programming- C++ Lab(I)**

## **LAB 2**

### **The Game of BMI**

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International Bachelor Program in Informatics

College of Informatics

Yuan Ze University

# Purposes

- Get familiar with the basic structure of a C++ program
- Get familiar with two of the three types of control statements
  - Sequence statements
  - Selection statements
  - Repetition statements (covered in next lab)
- Develop problem solving skills

# Simple Data Types

## Integer type

### short, int, long, long long

```
short x; int y; long z; long long u;  
x=20; y=129;
```

## Character type

### char

```
char x; char y; char z;  
x = 'g'; y='j'; if(x==y) x= z;
```

## String type

### string

```
string x; string y, z;  
x= "love"; y="you"; if(x==y) x=z;
```

## Boolean type

### bool

```
bool x, y, z;  
x=true; y=false; if(x==y) z=true;
```

## Real type

### float, double

```
float x, y; double z, u;  
x=20.13; y=129; z=33.9  
If(x ==y)  
    u=z;  
x =u;
```

# Sequence Statements

S1;

S2;

S3;

...

Sn;

# Selection Statements (1)

## Single Selection **if** statement

```
if (condition) {  
    S1;  
    S2;  
    ...  
    Sk;  
}
```

A **block is defined**. A set of statements contained within a pair of braces, i.e., { }, is called a block.

If there is only one statement in a block, the pair of braces can be omitted.

## Double selection **if** statement

```
if (condition) {  
    S1;  
    S2;  
    ...  
    Sk;  
}  
else {  
    ....  
}
```

```
if (condition)  
    S1;  
else  
    S2;
```



**condition ? S1 : S2**

```
if (grade >= 60)  
    cout << "passed";  
else  
    cout << "failed";
```

Parentheses ( )  
are required.

```
cout << (grade >= 60 ? "passed" : "failed");  
OR  
grade >= 60 ? cout << "passed" : cout <<  
"failed";
```

# Selection Statements (2)

- In a multiple selection **if** statement (or called nested *if ... else* statement), there is at least one **else if**.

```
if (condition) {  
    S1;  
    S2;  
    ...  
    Sk;  
}  
else if (...) {  
    ...  
}  
else if (...) {  
    ...  
}  
else {  
    ...  
}
```

```
if (sGrade >= 80) {  
    cout << "A";  
    countA = countA + 1;  
}  
else if (sGrade >= 70) {  
    cout << "B";  
    countB = countB + 1;  
}  
else if (sGrade >= 60) {  
    cout << "C";  
    countC = countC + 1;  
}  
else {  
    cout << "F";  
    countF = countF + 1;  
}
```

# If (condition)

## • What is a condition?

- An expression evaluated into either **true** or **false**.
- true in C++ has a value of 1 while false has a value of zero; however, if condition is any non-zero value, the condition is evaluated to be true.

```
if(0) cout << "0 ";\nif(-1) cout << "- ";\nif(1) cout << "1 ";\nif(2) cout << "2 " << endl;
```

**The output will be -1 1 2.**

# Simple condition

- Expression does not contain logical operators such as && (AND), || (OR)
  - If(a)
  - if(a>b)
  - if(a<b)
  - if(!a),
  - if(a>=b)
  - if(a<=b)
  - if(a==b)
  - if (!(a<b))
  - If(cin >> aNum)



# Complex condition

- Formed by two or more simple conditions using logical && (AND) and logical || (OR).
  - If(a && b)
  - If(a<5 && a >2) // Cant not be if(2<a<5)
  - If( (a<5 || a>10) && a!=17)
  - If( cin >> aNum && aNum != -1)
  - if(ch!='g' || ch!='j' || ch < 'a' || ch > 't')

# Example

```
#include <iostream>
using namespace std;
```

```
int main( )
{
    int number1;
    int number2;
    int number3;
    int result1;
    int result2;
    int result3;
    int result4;
    int sum;
    bool resultAvailable = true;
```

```
    cin >> number1 >> number2 >> number3;
    if(number2 == 0 || number3 == 0)
        resultAvailable = false;
    else {
        result2 = number1 / number2;
        result3 = number2 % number3;
        result1 = number1 * number2;
        result4 = number1 + number2 + number3;
        sum = result1 + result2 + result3 + result4;
    }
    if(resultAvailable)
        cout << sum << endl;
    else cout << "Results are not available!" << endl;

    return 0;
}
```

## LAB 2: Body Mass Index Calculator

- **Input:** Weight of a person in kilogram and Height in meter (real numbers) where  $\text{Height} \geq 0.9$  and  $\text{Height} \leq 2.5$ ;  $\text{Weight} \geq 20$  and  $\text{Weight} \leq 200$ ;
- Calculate the person's BMI (Body Mass Index).
- **Output:** The person's weight, height, BMI value, a BMI level statement, etc. BMI should also be a real number.

# BMI Evaluation

- Body Mass Index Calculator

$$BMI = Weight/Height^2$$

- Determine a BMI level statement

BMI level	BMI range(kg/m <sup>2</sup> )
Unreasonably small	BMI <10
Highly severely underweight	10 <= BMI <= 15
Severely underweight	15 < BMI <= 16
Underweight	16 < BMI < 18.5
Normal	18.5 <= BMI <= 25
Overweight	25 < BMI <= 40
Obese	40 < BMI <= 50
Severely obese	50 < BMI <= 60
Highly severely obese	60 < BMI <= 70
Unreasonably large	BMI > 70

# The Game of BMI

Now what you need to do is as follows:

**Step 1:** get weight and height from a keyboard as shown below:

**Input weight (kg): 65.2**  
**Input height (m): 1.73**

Typed in from keyboard

Printed out on the screen by your program. They are called **prompting messages**.

**Step 2:** check whether the input data are valid. If *Height* is invalid, then print out “# Invalid height ( $\geq 0.9\text{m}$  and  $\leq 2.5\text{m}$ )”. If *Weight* is invalid, then print out “# Invalid weight ( $\geq 20\text{kg}$  and  $\leq 200\text{kg}$ )”. Then go to Step 1 to get a new set of data. Otherwise, do Step 3.

**Step 3:** calculate the BMI value for the given weight and height. Then, determine the BMI level and present the following output on the monitor.

# Your weight(kg): 65.2  
# Your height(m): 1.73  
# Your BMI: 21.7849  
# Your BMI level is normal

pound sign →

space →

BMI value

BMI level

# The Game of BMI (2)

**Step 4:** **if** BMI value is smaller than 10, then **print out** “# Either weight or height might be wrongly given (Step 4).”

- If weight is correctly given, then calculate the largest height **H** that will make the BMI value at least 10. **Print out** “# If given weight is correct, then the given height should be at most **H** m (Step 4).”
- Similarly, if height is correctly given, then calculate the smallest weight **W** that will make BMI value at least 10. **Print out** “# If given height is correct, then the given weight should be at least **W** kg (Step 4).”

**On the other hand,** **if** BMI value is greater than 70, then **print out** “# Either weight or height might be wrongly given. (Step4)”

- If weight is correctly given, then calculate the smallest height **H** that will make the BMI value at most 70. **Print out** “# If given weight is correct, then the given height should be at least **H** m (Step 4).”
- Similarly, if height is correctly given, then calculate the largest weight **W** that will make BMI value at most 70. **Print out** “# If given height is correct, then the given weight should be at most **W** kg (Step 4).” Then, go to Step 1 to get a new set of data .

**Otherwise, do Step 5.**

$$BMI = Weight/Height^2$$

## The Game of BMI <sup>(3)</sup>

**Step 5:** If BMI level is not normal but its value is smaller than 18.5, then give an advice about the increase of the weight **W** to bring the BMI level into normal level. **Print out** “# Increase your weight to **W** kg to bring your BMI value to 18.5 (Step 5)“.

**On the other hand** if BMI level is not normal but its value is greater than 25, then given an advice about the decrease of the weight **W** to bring the BMI level to normal. **Print out** “# Decrease your weight to **W** kg to bring your BMI value to 25 (Step 5)“. Then, go to Step 1 to get a new set of data.

# Grading Policy

- **Step 1 to 3 takes 50%.**
- **Step 4 takes 25%**
- **Step 5 takes 25%**



# Constraints on Program

● You should use the following program template:

```
#include <iostream>
#include <cmath>

using namespace std;

int main()
{
    double myHeight;
    double myWeight;
    double myBMI;
    bool testing = true

    while (testing) {
```

```
        .
        myBMI = round (myWeight/(myHeight*myHeight) *10)/10.0;
```

**Place your program here** (the above line is part of your program. It is

not necessarily being the first line)

```
    }
    return 0;
}
```

**Use this statement to calculate BMI value.**

The reason why it is done so just tries to deal with a problem caused by making a comparison of a floating point number to another floating point number. Comparison of two floating point numbers is sometimes very tricky. Remember what you see a floating point number on monitor may not be what is exactly stored in computer memory.



# Constraints on Input Data

- Weight should be greater than or equal to 20kg and less than or equal to 200kg.
- Height should be greater than or equal to 0.9m and less than or equal to 2.5m.

# Other Materials Needed

- You have to define the variables used in the program as “double” for storing real numbers. For example:

```
double myWeight;  
double myHeight;  
double myBMI;
```

- You may use some Boolean (logical) operators to express a condition in if (...) statement. For example:

```
if ( myWeight >= 30.3 && myHeight <= 100) {  
...}  
else if (myWeight <= 50 || myHeight != 200.8) {  
...}  
else {  
...}
```

- **&&** is logical AND. X && Y is true only when X and Y are both true.
- **||** is logical OR. X || Y is true only when X or Y is true.
- Add “include <cmath>” into the program because you may use a function called sqrt to calculate the **square root** of a number.

# Follow All Requirements

- Output must be exactly the same as that shown in the example
- Must use the given program template
- Must follow input format
- Must follow output format
- Must use multiple selection if (...) else if (...) to a great extent, at least eight times of **else if**. If not, the score is reduced by 10 points.
- Must follow the coding styles as possible as you can
  - Avoiding using variables which do not have expressive power. That is, a variable name should carry the meaning of an object in which the variable intends to represent.

**If you don't follow the requirements, up to 50% of the points for your lab will be deduced.**

# Example Inputs and Outputs (1)

```
Input weight (kg): 5
Input height (m): 1.8
#Invalid weight ( $\geq 20\text{kg}$  and  $\leq 200\text{kg}$ )

Input weight (kg): 260
Input height (m): 1.8
#Invalid weight ( $\geq 20\text{kg}$  and  $\leq 200\text{kg}$ )

Input weight (kg): 90
Input height (m): 0.7
# Invalid height ( $\geq 0.9\text{m}$  and  $\leq 2.5\text{m}$ )

Input weight (kg): 90
Input height (m): 2.8
# Invalid height ( $\geq 0.9\text{m}$  and  $\leq 2.5\text{m}$ )

Input weight (kg): 70
Input height (m): 1.7
# Your weight(kg): 70
# Your height(m): 1.7
# Your BMI: 24.2
# Your BMI level is normal

Input weight (kg): 32
Input height (m): 2.1
# Your weight(kg): 32
# Your height(m): 2.1
# Your BMI: 7.3
# Your BMI level is Unreasonably small
# Either weight or height might be wrongly given (Step 4).
# If given weight is correct, then the given height should be at most 1.78885 m (Step 4).
# If given height is correct, then the given weight should be at least 44.1 kg (Step 4).

Input weight (kg): 32
Input height (m): 1.78885
# Your weight(kg): 32
# Your height(m): 1.78885
# Your BMI: 10
# Your BMI level is highly severely underweight
# Increase your weight to 59.1997 kg to bring your BMI value to 18.5 (Step 5)

Input weight (kg): 59.1997
Input height (m): 1.78885
# Your weight(kg): 59.1997
# Your height(m): 1.78885
# Your BMI: 18.5
# Your BMI level is normal
```

# Example Inputs and Outputs (2)

```
Input weight (kg): 44.1
Input height (m): 2.1
# Your weight(kg): 44.1
# Your height(m): 2.1
# Your BMI: 10
# Your BMI level is highly severely underweight
# Increase your weight to 81.585 kg to bring your BMI value to 18.5 (Step 5)

Input weight (kg): 81.585
Input height (m): 2.1
# Your weight(kg): 81.585
# Your height(m): 2.1
# Your BMI: 18.5
# Your BMI level is normal

Input weight (kg): 180
Input height (m): 1.2
# Your weight(kg): 180
# Your height(m): 1.2
# Your BMI: 125
# Your BMI level is Unreasonably large
# Either weight or height might be wrongly given (Step 4).
If given weight is correct, then the given height should be at least 1.60357 m (Step 4).
If given height is correct, then the given weight should be at most 100.8 kg (Step 4).

Input weight (kg): 180
Input height (m): 1.60357
# Your weight(kg): 180
# Your height(m): 1.60357
# Your BMI: 70
# Your BMI level is highly severely obese
# Decrease your weight to 64.2859 kg to bring your BMI value to 25 (Step 5)

Input weight (kg): 64.2859
Input height (m): 1.60357
# Your weight(kg): 64.2859
# Your height(m): 1.60357
# Your BMI: 25
# Your BMI level is normal

Input weight (kg): 70
Input height (m): 1.5
# Your weight(kg): 70
# Your height(m): 1.5
# Your BMI: 31.1
# Your BMI level is overweight
# Decrease your weight to 56.25 kg to bring your BMI value to 25 (Step 5)
```

# Example Inputs and Outputs (3)

```
Input weight (kg): 56.25
Input height (m): 1.5
# Your weight(kg): 56.25
# Your height(m): 1.5
# Your BMI: 25
# Your BMI level is normal

Input weight (kg): 90
Input height (m): 1.5
# Your weight(kg): 90
# Your height(m): 1.5
# Your BMI: 40
# Your BMI level is overweight
# Decrease your weight to 56.25 kg to bring your BMI value to 25 (Step 5)

Input weight (kg): 95
Input height (m): 1.5
# Your weight(kg): 95
# Your height(m): 1.5
# Your BMI: 42.2
# Your BMI level is obese
# Decrease your weight to 56.25 kg to bring your BMI value to 25 (Step 5)

Input weight (kg): 90
Input height (m): 1.3
# Your weight(kg): 90
# Your height(m): 1.3
# Your BMI: 53.3
# Your BMI level is severely obese
# Decrease your weight to 42.25 kg to bring your BMI value to 25 (Step 5)

Input weight (kg): 90
Input height (m): 1.2
# Your weight(kg): 90
# Your height(m): 1.2
# Your BMI: 62.5
# Your BMI level is highly severely obese
# Decrease your weight to 36 kg to bring your BMI value to 25 (Step 5)

Input weight (kg): 55
Input height (m): 2.0
# Your weight(kg): 55
# Your height(m): 2
# Your BMI: 13.8
# Your BMI level is highly severely underweight
# Increase your weight to 74 kg to bring your BMI value to 18.5 (Step 5)
```

# Example Inputs and Outputs (4)

```
Input weight (kg): 74
Input height (m): 2.0
# Your weight(kg): 74
# Your height(m): 2
# Your BMI: 18.5
# Your BMI level is normal
```

```
Input weight (kg): 61
Input height (m): 2.0
# Your weight(kg): 61
# Your height(m): 2
# Your BMI: 15.3
# Your BMI level is severely underweight
# Increase your weight to 74 kg to bring your BMI value to 18.5 (Step 5)
```

```
Input weight (kg): 65
Input height (m): 1.0
# Your weight(kg): 65
# Your height(m): 1
# Your BMI: 65
# Your BMI level is highly severely obese
# Decrease your weight to 25 kg to bring your BMI value to 25 (Step 5)
```



# Rules for Program Submission

- Put all the relevant files in the same folder.
- Name your folder SID\_LabX, where ID is your student ID number and X is the number assigned to the lab. If a lab has N parts,  $N > 1$ , then create N sub-folders with their names SID\_LabX\_N in the the folder SID\_LabX.
  - For example, for Lab 2 with only one part and with student ID number 1041544, the name of the folder must be S1041544\_Lab2. N is omitted if there is only one part.
  - Another example, similar to the above but Lab 2 has two parts. Then, you have to create a folder S1041544\_Lab2 and two sub-folders S1041544\_Lab2\_1 and S1041544\_Lab2\_2
- Compress the folder into a file named SID\_LabX.zip, for example, S1041533\_Lab2.zip. Then, submit the compressed file
- If you violate this rule, your lab will not be graded. If graded other penalty will be applied.