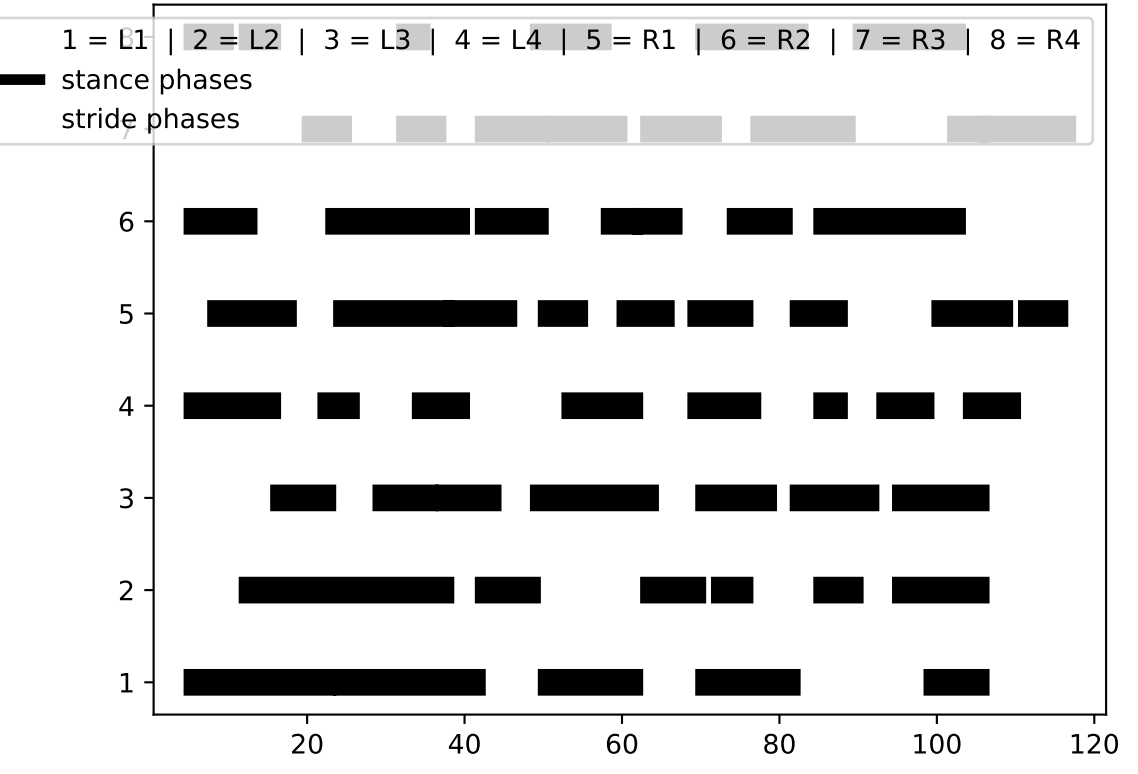
1 = L1 | 2 = L2 | 3 = L3 | 4 = L4 | 5 = R1 | 6 = R2 | 7 = R3 | 8 = R4
stance phases
stride phases
6
5
4
3
2
1
20
40
60
80
100
120