How a Data Scientist Chooses Between Checking Assumptions vs. Directly Applying Complex Models

The decision depends on project goals, data nature, time constraints, and stakeholder expectations.

1. When to Check Assumptions First



- **Interpretability matters** → You want to **explain why** predictions are made.
- **Regulatory requirements** → In healthcare, finance, or legal projects, models must be explainable.
- Small datasets → With limited data, assumptions ensure you don't overfit.
- Statistical inference is important → You care about coefficients, p-values, confidence intervals.

Example:

- Predicting how study hours affect student performance → you want to explain relationships, not just predict scores.
- Linear Regression or Logistic Regression is used → assumptions must be checked.

2. When to Skip Assumptions and Use Complex Models 💋



You can directly apply non-linear models like XGBoost, Random Forest, LightGBM, Neural Networks if:

- Prediction accuracy is the only goal.
- The dataset is large and complex.
- You suspect non-linear relationships or high-dimensional interactions.
- Stakeholders don't need explanations, only results.

Example:

Predicting **customer churn** for a telecom company with millions of records.

 Using XGBoost may outperform Linear Regression, and you don't need to justify individual coefficients.

3. Hybrid / Practical Industry Approach 🖸

Most data scientists combine both approaches:

Step 1 — Start Simple

- Try Linear or Logistic Regression.
- Check basic assumptions like multicollinearity, outliers, residuals.

Step 2 — Compare Models

- If Linear Regression performs well → **keep it** for interpretability.
- If accuracy is poor → move to complex models like XGBoost.

Step 3 — Validate with Cross-Validation

Always validate predictions, whether using simple or complex models.

Decision Framework

Factor	Check Assumptions 🔍	Directly Use Complex Models 4
Goal	Explain relationships	Maximize prediction accuracy
Data Size	Small / medium	Large, high-dimensional
Complexity	Simple, linear relationships	Non-linear interactions
Time	Plenty of time for EDA	Limited time, fast delivery

Factor	Check Assumptions 🔍	Directly Use Complex Models 4
Stakeholder Needs	Interpretability required	Only final predictions matter
Industry	Healthcare, finance, research	E-commerce, recommendation, ads

Key Takeaway <a>

- If you need interpretability → check assumptions and start simple.
- If you need accuracy and data is complex → use advanced models directly.
- Best practice → start simple, validate, then move to complex.