



Nucleon Spin



Quark Spin

		Quark Polarization		
		Un-Polarized (U)	Longitudinally Polarized (L)	Transversely Polarized (T)
Nucleon Polarization	U	$f_1 =$		$h_1^\perp =$ Boer-Mulders
	L		$g_{1L} =$ Helicity	$h_{1L}^\perp =$
	T	$f_{1T}^\perp =$ Sivers	$g_{1T}^\perp =$	$h_1 =$ Transversity $h_{1T}^\perp =$