

2018/06/10 托福口說範文--Q1

- One of your friends is considering keeping a pet. What advice will you give him before he keeps one?
- Use reasons and examples in your response.
- 你的某個朋友正考慮要養寵物。你會在他養寵物前給他什麼建議？
- 請用細節與例子來解釋你的想法。

解題思路

建議：我會建議他養狗。

I would suggest that he keep a dog.

原因一：一個理由是狗有助降低壓力。

One reason is that dogs help reduce stress.

原因二：另一個理由是，養狗的人比較會定期運動，因為他們必須要遛狗。

Another reason is that dog owners are more likely to exercise regularly because owners have to go dog walking.

高分範例：

I would suggest that he keep a dog. One reason is that dogs help reduce stress. Well, many people have really stressful jobs, and they often feel depressed. Playing with their dogs will help them release pressure. For example, there was a presentation that made me really anxious. However, when I played with my dog, something magical happened. Seeing my dog wagging her tail, I completely forgot about the presentation and felt cheered up. Another reason is that dog owners are more likely to exercise regularly because owners have to go dog walking. Therefore, my suggestion would be: go get a dog!

中文翻譯：

我會建議他養狗。一個理由是狗有助降低壓力。許多人工作壓力很大，他們常常感到憂鬱。跟狗玩能夠幫助他們釋放壓力。舉例來說，我曾經因為要上台簡報而感到焦慮。然而，當我跟我的狗玩的時候，神奇的事情發生了。看到我的狗搖尾巴，我完全忘了這場簡報，我的心情也振作了起來。另一個理由是，養狗的人比較會定期運動，因為他們必須要遛狗。因此，我的建議會是：去養狗吧！

2018/06/10 托福口說範文--Q2

- Due to fund shortage, your university is considering to cut back on financial support for either academic clubs (eg. mathematics club) or sports clubs (eg. skiing club). Which kind of club do you think should be given less financial support?
- Use specific reasons and examples to support your answer.
- 因為經費短缺，你的大學正考慮要減少對於學術社團(例：數學社)或運動社團(例：滑雪社)的資助。你認為學校應該給哪種社團少一點資助？
- 請使用確切的理由與例子來支持你的答案。

解題思路

選擇: 就我個人而言，我認為大學應該要給學術社團少一點經費。
In my opinion, I think the university should give academic clubs less financial support.

理由一: 一個理由是運動社團對學生幸福比較有益，因為它們讓學生定期運動。

One reason is that sports clubs are more beneficial for students' wellbeing as they make students exercise on a regular basis.

理由二: 此外，運動社團有助學生排解學習、社交問題或兼職工作的壓力。

Also, sports clubs help students release pressure from studying, social problems, or part-time jobs.

高分範例：

In my opinion, I think the university should give academic clubs less financial support. One reason is that sports clubs are more beneficial for students' wellbeing as they make students exercise on a regular basis. Well, being physically active keeps students healthy. Also, sports clubs help students release pressure from studying, social problems, or part-time jobs. For example, I joined the running club in my university. Every time I jogged, I forgot about my papers and exams. For me, it's like a mental detox. Therefore, I think the university should not cut back on support for sports clubs because they are beneficial for student's physical and mental health.

中文翻譯：

就我個人而言，我認為大學應該要給學術社團少一點經費。一個理由是運動社團對學生幸福比較有益，因為它們讓學生定期運動。而運動讓學生健康。此外，運動社團有助學生排解學習、社交問題或兼職工作的壓力。舉例來說，我大學參加了跑步社。每次我慢跑時，我就會忘記我的功課和考試。對我來說，這就像是心靈排毒。因此，我認為大學不應該砍掉給運動社團的資助，因為這些社團有助學生身心健康。