{

"yes": "yes",

"not-yes": "no",

"save": "save",

"cancel": "cancel",

"log-in": "log in",

"log-out": "log out",

"close": "close",

"reset": "reset",

"delete": "delete",

"undo": "undo",

"custom": "custom",

"select": "select",

"confirm": "Confirm",

"completed": "Completed",

"unprep": "unprep",

"prep": "prep",

"new": "new",

"edit": "edit",

"skip": "skip",

"unskip": "unskip",

"finish": "finish",

"continue": "continue",

"create": "create",

"back": "back",

"sign-up": "sign up",

"add": "add",

"set": "set",

"more": "more",

"reduce": "reduce",

"of": "of",

"left": "Left",

"over": "Over",

"active": "Active",

"inactive": "Inactive",

"status": "status",

"history": "history",

"required": "Required",

"optional": "Optional",

"information-short": "info",

"information": "information",

"no-information-available": "No information available.",

"no-information-available-short": "N/A",

"previous-full": "previous",

"previous-short": "prev.",

"prior": "prior",

"next": "next",

"next-short": "next",

"latest": "latest",

"prepared-full": "Prepared",

"prepped-short": "Prepped",

"ended": "Ended",

"ending": "Ending",

"cancelled": "Cancelled",

"ended-early": "Ended Early",

"ready": "Ready",

"now": "Now",

"ago": "ago",

"milestone": "milestone",

"skipped": "Skipped",

"newest": "Newest",

"oldest": "Oldest",

"recent": "Recent",

"warning": "warning",

"warning-changes-saved": "Changes must be saved",

"email": "Email",

"password": "Password",

"confirm-password": "Confirm Password",

"male": "male",

"female": "female",

"goal": "Goal",

"lap": "Lap",

"laps": "Laps",

"set-wo": "Set",

"sets": "Sets",

"repetition-full": "Repetition",

"repetition-short": "Rep",

"repetitions-full": "Repetitions",

"repetitions-short": "Reps",

"exercise-full": "Exercise",

"exercise-short": "Exer.",

"workout": "Workout",

"rest": "rest",

"age": "Age",

"sex": "Sex",

"weight": "Weight",

"height": "Height",

"weight-unit": "Weight Unit",

"calories": "Calories",

"calories-short": "Cals",

"name": "Name",

"no-name": "No Name",

"unnamed": "unnamed",

"annotations": "Annotations",

"repeat-settings": "Repeat Settings",

"distance-unit": "Distance Unit",

"progression-rate": "Progression Rate",

"rest-duration": "Rest Duration",

"order": "Order",

"type": "Type",

"description": "Description",

"schedule": "Schedule",

"total-distance": "Total Distance",

"weights": "Weights",

"cardio": "Cardio",

"rest-per-set": "Rest Per Set",

"rest-per-lap": "Rest Per Lap",

"lap-distance": "Lap Distance",

"duration-full": "Duration",

"speed": "Speed",

"fast": "Fast",

"start": "start",

"end": "end",

"log": "log",

"meal": "meal",

"activity": "Activity",

"age-info": "Caloric rates naturally decrease as we age.",

"sex-info": "Caloric rates are slightly lower for females than males.",

"height-info": "Caloric rates increase with height.",

"weight-unit-info": "Supported weight units are pounds, kilograms, and stones.",

"weight-info": "Caloric rates naturally decrease as weight decreases.",

"plan-name-info": "The name of the workout plan.",

"plan-description-info": "Short description or note of the plan.",

"plan-schedule-info": "Schedule the plan on a regular basis.",

"exercise-name-info": "The name of the exercise.",

"exercise-description-info": "Short description or note of the exercise.",

"exercise-order-info": "The order the exercise is performed during the workout.",

"exercise-type-info": "Whether the exercise is weight or cardio based.",

"exercise-calorie-info": "The expected number of calories expended during the exercise.",

"w-sets-info": "The number of sets performed during the exercise.",

"w-reps-info": "The number of repetitions performed during each set of the exercise.",

"w-rest-info": "The rest duration between each set of the exercise.",

"c-lap-info": "The number of laps performed during an exercise.",

"c-lap-distance-info": "The distance per lap of an exercise.",

"c-rest-info": "The rest duration between each lap of the exercise.",

"c-total-distance-info": "The total distance covered during the exercise.",

"c-duration-info": "The duration of the exercise.",

"c-speed-info": "The target speed of the exercise.",

"stones": "stones",

"pounds": "pounds",

"kilograms": "kilograms",

"miles": "miles",

"meters": "meters",

"kilometers": "kilometers",

"stone": "stone",

"pound": "pound",

"kilogram": "kilogram",

"mile": "mile",

"meter": "meter",

"kilometer": "kilometer",

"day": "day",

"week": "week",

"month": "month",

"year": "year",

"days": "days",

"weeks": "weeks",

"months": "months",

"years": "years",

"second-full": "second",

"seconds-full": "seconds",

"second-medium": "sec",

"second-short": "s",

"minute-full": "minute",

"minutes-full": "minutes",

"minute-medium": "min",

"minute-short": "m",

"hour-full": "hour",

"hours-full": "hours",

"hour-short": "h",

"days-mon-full": "Monday",

"days-tue-full": "Tuesday",

"days-wed-full": "Wednesday",

"days-thu-full": "Thursday",

"days-fri-full": "Friday",

"days-sat-full": "Saturday",

"days-sun-full": "Sunday",

"doesnotrepeat": "Does not repeat",

"everyday": "Every day",

"everyotherday": "Every other day",

"everyothertwodays": "Every other two days",

"onlyweekdays": "Only weekdays",

"onlyweekends": "Only weekends",

"mondays": "Mondays",

"tuesdays": "Tuesdays",

"wednesdays": "Wesnesdays",

"thursdays": "Thursdays",

"fridays": "Fridays",

"saturdays": "Saturdays",

"sundays": "Sunday",

"month-jan-full": "January",

"month-feb-full": "February",

"month-mar-full": "March",

"month-apr-full": "April",

"month-may-full": "May",

"month-jun-full": "June",

"month-jul-full": "July",

"month-aug-full": "August",

"month-sep-full": "September",

"month-oct-full": "Ocotober",

"month-nov-full": "November",

"month-dec-full": "December",

"mast-reasons-title": "Why use {{varApp}}?",

"mast-reasons-r1-p1": " FREE",

"mast-reasons-r1-p2": " and",

"mast-reasons-r1-p3": " POWERFUL",

"mast-reasons-r1-p4": " daily health experience; made just for you!",

"mast-reasons-r2-p1": "INTERACTIVE",

"mast-reasons-r2-p2": ": Become an active participant in achieving your goals with a health tool that is truly reactive to your input.",

"mast-reasons-r3-p1": "VISUALIZED",

"mast-reasons-r3-p2": ": See the results of your decisions in a visual form, becoming more informed on the impact on your daily decisions have on your health objectives.",

"mast-reasons-r4-p1": "SMART",

"mast-reasons-r4-p2": ": Gain relevant and useful insight generated directly from your calories, physical exercise, fasting segments, and weight.",

"mast-info-request-s1-head": "Information Request",

"mast-info-request-s2-head": "Required Information",

"mast-info-request-r1-p1": "Necessary",

"mast-info-request-r1-p2": ": {{varApp}} requires you to provide some basic information for it to provide you its insights.",

"mast-info-request-r2-p1": "Privacy",

"mast-info-request-r2-p2": ": Collected information is strictly limited to the tasks at hand, and kept within the bounds of the application's purpose.",

"mast-info-request-r3-p1": "Accuracy",

"mast-info-request-r3-p2": ": This information is critical for providing accurate insights into your health progress. Inaccurate assessments can often be worse then none at all.",

"mast-info-request-r4-p1": "Value",

"mast-info-request-r4-p2": ": This information is necessary for insight generation for your health and wellness. Without it, these features are not possible.",

"login-s2-head": "Email login",

"login-s3-head": "Don't have an account?",

"login-s3-body": "... or use an alternate login option!",

"login-btn-reset-password": "Reset Password",

"account-warning-default": "Something went wrong. Please try something different.",

"account-warning-no-email-or-password": "Please enter both an email and a password.",

"account-warning-no-email": "Please enter an email.",

"account-warning-no-password": "Please enter a password.",

"account-warning-second-password": "Please enter password a second time.",

"account-warning-passwords-no-match": "Passwords don't match.",

"account-warning-incorrect-password": "The password was not correct.",

"account-warning-no-account": "This account does not exist anymore.",

"account-warning-check-email": "Check your email for a password reset link, which may appear in the junk folder.",

"account-warning-check-email-for-verification": "Check your email for a verification link, which may appear in the junk folder.",

"account-warning-no-reset": "{{varApp}} was unable to send a password reset link to your email.",

"account-warning-badly-formatted": "The email was badly formatted.",

"account-warning-already-exists": "The email is already in use with another account.",

"account-warning-invalid-name": "The provided name is invalid, please try another name.",

"account-warning-invalid-email": "The provided email is invalid, please try another email.",

"account-warning-invalid-password": "The provided password is invalid, please try another password that is at least 6 characters.",

"account-warning-no-user": "User not found. Try signing up again.",

"signup-s2-btn": "Create Account",

"signup-back-head": "Already have an account?",

"signup-clear-verification": "Clear",

"signup-email-is-verified": "I have verified",

"dd-l": "settings",

"dd-r": "about",

"cb-clt-l": "food",

"cb-clt-r": "active",

"cb-wtt-l": "log",

"cb-wtt-r": "goals",

"cb-wot-l": "plans",

"cb-wot-r": "setup",

"cb-fst-l-end": "end",

"cb-fst-l-start": "start",

"cb-fst-r": "stats",

"ct-clt": "Calorie Tracker",

"ct-wtt": "Weight Tracker",

"ct-wot": "Workout Tracker",

"ct-ftt": "Fast Tracker",

"m-lo-head": "Are you sure you want to log out?",

"m-cu-title": "Check up",

"m-cu-s1-head": "Let {{varApp}} know",

"m-cu-s1-body-p1": "Sometimes a day turns out different than normal.",

"m-cu-s1-body-p2": "{{varApp}} works best when informed of such days.",

"m-cu-s2-head": "Yesterday, did you...",

"m-cu-s2-body-q1": "Have a poor sleep?",

"m-cu-s2-body-q2": "Drink more fluids than normal?",

"m-cu-s2-body-q3": "Feel sick?",

"m-cu-s2-body-q4": "Weigh in under unusual conditions?",

"m-cu-s2-body-q1-info": "A significant number of calories are expended when asleep, so a poor sleep can noticably affect day-to-day results.",

"m-cu-s2-body-q2-info": "Not matching your usual daily fluid intake level can noticably affect day-to-day results.",

"m-cu-s2-body-q3-info": "Sickness often turns everything upside down and can noticably affect day-to-day results.",

"m-cu-s2-body-q4-info": "It is important to weigh in under similar conditions (e.g. same scale, time of day, etc.), otherwise results can be very inconsistent.",

"m-dd-s1-head": "Basic Information",

"m-dd-s2-head": "Data",

"m-dd-s-reset": "Reset Data",

"m-dd-s-delete": "Delete Account",

"m-dd-s-s5-info": "This action is final, irreversable, and will reset your account.",

"m-dd-s-s6-info": "This action is final, irreversable, and will delete your account.",

"m-dd-s-unstable-language-warning": "This language is not yet finalized and may result in errors.",

"m-dd-s-reset-a-head": "Are you sure?",

"m-dd-s-reset-a-body-p1": "Once your data is reset, it cannot be restored. This action is final.",

"m-dd-s-reset-a-body-p2": "Select '{{btnText}}' to confirm.",

"m-dd-s-reset-a-btn-l": "RESET MY DATA",

"m-dd-s-delete-a-head": "Are you sure?",

"m-dd-s-delete-a-body-p1": "Once your account is deleted, it cannot be restored. This action is final.",

"m-dd-s-delete-a-body-p2": "Select '{{btnText}}' to confirm.",

"m-dd-s-delete-a-btn-l": "DELETE MY ACCOUNT",

"m-dd-a-title": "Guiding Principles of {{varApp}}",

"m-dd-a-s1-head": "We want to be informed participants in our personal health",

"m-dd-a-s1-body": ". For this, we require a clear presentation of our health, interactive guidance towards our goals, and actionable means to make it happen.",

"m-dd-a-s2-head": "Health is complex",

"m-dd-a-s2-body": ". Health decisions are deeply interconnected and can have far reaching impacts. It is important that we can see the impact of our decisions, so we have the confidence and understanding to direct our future successes.",

"m-dd-a-s3-head": "We are at our best dealing in the present",

"m-dd-a-s3-body": "; the here and now where we can participate in our next steps rather then being bogged down in the endless data of the past. Of course, access to the past is contextualizing, but we do not want to be stuck in it.",

"m-dd-a-s4-head": "Being shown more data does not automatically make us more informed",

"m-dd-a-s4-body": ". Let the machine handle the vast ocean of data points, so that it can provide us relevant insight to contextualize and guide where appropriate.",

"m-dd-a-s5-head": "Updating health does not have to be complicated",

"m-dd-a-s5-body": ". Yes, sometimes we must provide detail to describe our health decisions, but not everytime. When quick is enough, we want to keep it quick and not be forced towards complexity.",

"c-clt-vis-backtotoday": "Back to today",

"c-clt-vis-selectadate": "Select a date",

"c-clt-ctx-l-head": "Add Food Calories",

"c-clt-default-l-name": "Food",

"c-clt-default-l-stub": "You must first add a Food entry.",

"c-clt-ctx-r-head": "Add Activity Calories",

"c-clt-default-r-name": "Activity",

"c-clt-default-r-stub": "You must first add an Activity entry.",

"c-clt-default-m-stub": "You must first add a Food or Activity entry.",

"c-clt-ctx-repeats": "Repeats",

"c-clt-ctx-no-calories": "No calories have been selected.",

"c-clt-ctx-selected-entry": "Selected Entry",

"c-clt-ctx-selected": "Selected",

"c-clt-ctx-entry-description": "Entry Description",

"m-clt-cal-title": "Select a date",

"c-vis-timeline-goal": "GOAL",

"c-vis-timeline-bmr": "BMR",

"c-vis-timeline-phy": "PHY",

"c-vis-timeline-cal": "CAL",

"m-cc-cal-title": "Add Calories",

"m-cc-act-title": "Add Expended Calories",

"m-cc-header": "Want to create a saved entry?",

"m-cc-btn-l": "Add to log",

"m-cc-btn-update-entry": "Update Entry",

"m-cc-btn-save-entry": "Save Entry",

"m-cc-btn-delete-entry": "Delete Entry",

"m-cc-q1-info": "Give the entry a memorable name.",

"m-cc-q2-info": "Annotations can help summarize the entry.",

"m-cc-q3-info": "Schedule automatic entries.",

"m-cc-select-entry": "Select a saved entry",

"m-cc-select-entry-info": "Load in a previously saved entry and its settings.",

"m-cc-select-saved": "Select Saved",

"m-cc-use-entry": "Use Entry",

"meds": "meds",

"prot": "prot",

"fat": "fat",

"carb": "carb",

"sugar": "sugar",

"sport": "sport",

"lift": "lift",

"physio": "physio",

"walk": "walk",

"c-wtt-l-ctx-head": "Latest log",

"c-wtt-l-ctx-body": "Last weight of {{varWeight}} logged on",

"c-wtt-l-int-head": "Log Weight",

"c-wtt-l-no-prior": "No previous weights logged.",

"m-wtt-custom-title": "Set {{varUnit}}",

"c-wtt-m-title": "Weight Goals",

"c-wtt-r-ctx-head": "Change pace goal: {{varGoal}} per week",

"c-wtt-r-ctx-body": "Change weight goal: {{varGoal}}",

"c-wtt-set-goal": "Set Weight Goal",

"c-wtt-m-vis-pop-type-app": "App-generated",

"c-wtt-m-vis-pop-type-user": "User-generated",

"c-wtt-m-vis-pop-weigh-in-goal": "Goal",

"c-wtt-m-vis-pop-predicted": "Predicted",

"c-wtt-m-vis-pop-predicted-change": "Predicted Change",

"c-wtt-m-vis-pop-weigh-in-log": "Log",

"c-wtt-m-vis-pop-passed-goal": "Passed Calorie Goal",

"c-wtt-m-vis-pop-did-not-reach-goal": "Did Not Reach Calorie Goal",

"c-wtt-m-vis-pop-stayed-below": "Stayed Below Calorie Limit",

"c-wtt-m-vis-pop-went-below": "Went Above Calorie Limit",

"c-wtt-m-int": "Timeline Range",

"2W": "2W",

"1M": "1M",

"6M": "6M",

"1Y": "1Y",

"3Y": "3Y",

"GOAL": "GOAL",

"c-wot-ban-noplan": "Plans {{aroSym}} New {{aroSym}} Build Workout",

"c-wot-ban-noselect": "Select {{aroSym}} Prep {{aroSym}} Next Workout",

"c-wot-ban-noprep": "Prep {{aroSym}} Next Workout",

"c-wot-ban-noitems": "Edit {{aroSym}} Add New Item {{aroSym}} Save Plan",

"c-wot-l-vis-head": "plans",

"c-wot-l-vis-stub": "No workout plan has been created.",

"c-wot-l-int-head": "Plan Management",

"c-wot-m-interaction-head-active": "Exercise Status",

"c-wot-m-interaction-head-inactive": "Exercise Status",

"c-wot-m-vis-rest-completed": "Rest Completed",

"m-wot-plan-title-build": "Build workout plan",

"m-wot-plan-title-edit": "Edit workout plan",

"m-wot-plan-s2-head": "Plan exercises",

"m-wot-plan-s2-stub": "Please add an exercise to the plan.",

"m-wot-plan-s2-btn-add": "Add Exercise",

"m-wot-plan-s2-btn-save-changes": "Save Changes",

"m-wot-plan-s2-btn-delete-exercise": "Delete Exercise",

"m-wot-plan-s2-new-header-add": "Add exercise",

"m-wot-plan-s2-new-header-edit": "Edit exercise",

"m-wot-plan-btn-save": "Save Plan",

"m-wot-plan-btn-delete": "Delete Plan",

"m-wot-plan-delete-plan": "Are you sure you want to delete the plan {{varPlan}}?",

"c-wot-m-vis-s1-stub": "No workout plan has been performed.",

"c-wot-m-vis-s2-stub": "No workout plan has been prepared.",

"c-wot-m-int-stub": "You must first build and prepare a plan.",

"m-wot-m-active-cancel-title": "Are you sure you want to cancel the workout?",

"m-wot-m-active-finish-title": "Are you sure you want to finish the workout?",

"m-wot-m-active-add-calories-title": "Would you like to add this workout to the calorie tracker?",

"c-wot-m-active-ctx-head": "Exercise: {{varName}}",

"CAPPED": "CAPPED",

"UP": "UP",

"DOWN": "DOWN",

"DNF": "DNF",

"STAY": "STAY",

"SKIP": "SKIP",

"last-weight": "last weight",

"m-wot-m-active-info-s2-stub": "This exercise has not yet been performed.",

"c-wot-r-title": "Setup",

"c-wot-r-btn-save": "Save Changes",

"c-wot-r-q1-info": "Weight systems are calibrated in pounds (lbs) or kilograms (kg).",

"c-wot-r-q2-info": "Cardio distances are assigned in Miles (m) or Kilometers (km).",

"c-wot-r-q3-info": "The rate at which weight is added in subsequent workout sessions.",

"c-wot-r-q4-info": "The target minimum rest duration between sets.",

"c-ftt-ban-error": "Error calculating fast status",

"c-ftt-ban-ready": "Ready to Start",

"c-ftt-l-ctx-head": "Fast management",

"c-ftt-l-head": "Predicted Timeline",

"c-ftt-m-head": "Timeline",

"c-ftt-m-ctx-head": "Progress",

"c-ftt-l-int-head": "Change Fast Duration from {{varGoal}}",

"c-ftt-r-head": "Stats",

"c-ftt-ready-to-start-newline": "Ready to Start",

"c-ftt-start-fast-newline": "Start Fast",

"c-ftt-cancel-fast-q": "Are you sure you want to cancel the fast?",

"c-ftt-cancel-fast": "Cancel Fast",

"m-ftt-start-time-ago": "{{varTime}}{{varUnit}} ago",

"m-ftt-start-title": "Starting {{varLength}}{{varUnit}} Fast",

"m-ftt-start-scroll-now": "Starting Now",

"m-ftt-start-scroll": "Starting {{varPast}} ago",

"m-ftt-start-btn-start": "Start Fast",

"m-ftt-end-title": "Ending {{varLength}} fast",

"m-ftt-end-btn-end": "End Fast",

"c-ftt-r-s1-head": "Fast Stats",

"c-ftt-r-s1-body-stub": "Stats will calculate once a fast has completed.",

"c-ftt-r-s2-head": "Latest Fasts",

"c-ftt-r-s2-body-stub": "Table will populate once a fast has completed.",

"total-fasts": "Total Fasts",

"success-rate": "Success Rate",

"average-duration": "Average Duration",

"longest-fast": "Longest Fast",

"fast-stage-1": "Digestion & Insulin Production",

"fast-stage-2": "Reduced Insulin & Burning Glycogen",

"fast-stage-3": "Burning Fat & Activating Ketosis",

"fast-stage-4": "Begin Autophagy & Growth Hormones",

"fast-stage-5": "Peak Autophagy & Cell Generation",

"fast-stage-6": "Depleted Electrolytes & Extended Fast State",

"fast-further-reading": "Further Reading",

"fast-further-reading-warning": "Clicking a link will take you outside {{varApp}}.",

"external-sources": "External Sources",

"notes-fastend-title": "You've reached your {{varApp}} fast goal!",

"notes-fastend-subtitle": "End your fast tracking timer.",

"notes-fastend-message": "Click here to end your fast.",

"notes-nocals-title": "{{varApp}} is waiting for your calories!",

"notes-nocals-subtitle": "Don't forget to log your calories for today.",

"notes-nocals-message": "Don't forget to log your calories for today. Click here to log today's calories in {{varApp}}.",

"notes-noweight-title": "{{varApp}} is waiting for your weigh-in!",

"notes-noweight-subtitle": "Don't forget to log your weight-in for today.",

"notes-noweight-message": "Don't forget to log your weight-in for today. Click here to log today's weight in {{varApp}}.",

"to-top": "To Top",

"to-bottom": "To Bottom",

"user-agreement": "User Agreement",

"i-agree": "I agree",

"i-do-not-agree": "I do not agree",

"none-selected": "None Selected",

"add-saved-entries": "Add saved entries into this entry.",

"remove": "Remove",

"added-entries": "Added Entries",

"available-entries": "Available Entries",

"dependency-add-tooltip": "Saved entries can be used to build the contents of a new entry. Any additions will increase the new entries calories and annotations.",

"name-info": "The name of the entry.",

"food-calories-info": "The calories taken in when this entry is consumed.",

"physical-calories-info": "The calories expended when this entry is performed.",

"annotations-info": "These annotations help categorize the entry and improves the quality of insight provided by the application.",

"repeat-info": "The automated repeat settings for this entry.",

"date-added-on": "Added On",

"date-added-on-info": "The date this entry has been added for use.",

"contains-header": "{{varName}} uses",

"is-contained-in-header": "{{varName}} is used in",

"meals-found": "Meals found",

"activities-found": "Activities found",

"search-bar": "Search",

"actions-i18n": "Actions",

"meals-to-be-added": "Meals to be added",

"activities-to-be-added": "Activities to be added",

"additional-calories": "Additional Calories",

"search-bar-info": "Search available entries by typing in the text bar.",

"no-meals-have-been-added": "No meals have been selected.",

"no-activities-have-been-added": "No activities have been selected.",

"search-for-meals": "Any created meals can be searched here.",

"search-for-activities": "Any created activities can be searched here.",

"add-selected-to-log": "Add to day",

"open-manager": "Open manager",

"available-meals": "Available Meals",

"available-activities": "Available Activities",

"manage-meals": "Meals Manager",

"manage-activities": "Activity Manager",

"create-meal": "New meal",

"create-activity": "New activity",

"edit-meal": "Edit meal",

"edit-activity": "Edit activity",

"back-i18n": "back",

"use-meal": "Select meal",

"use-activity": "Select activity",

"dependency-add-meals-tooltip": "Select another meal to be used within the current meal.",

"dependency-add-activities-tooltip": "Select another activity to be used within the current activity.",

"save-meal": "Save meal",

"save-activity": "Save activity",

"update-meal": "Update meal",

"update-activity": "Update activity",

"delete-meal": "Delete meal",

"delete-activity": "Delete activity",

"contains-i18n": "Contains",

"ct-end-fast-name": "There is an active fast",

"ct-end-fast-q": "A fast is currently active. Do you want to end it?",

"ct-end-fast-y": "End Fast",

"ct-end-fast-n": "Continue Fast",

"wt-cancel-workout": "Cancel Workout",

"wt-change-exercise": "Change Exercise",

"wt-complete-workout": "Complete Workout",

"wt-rest-completed": "Rest Completed",

"wt-change-exercise-q": "What exercise do you want to perform?",

"wt-change-exercise-warning": "Changing will wipe any progress for the current exercise.",

"appearance": "appearance",

"theme": "Theme",

"light": "light",

"dark": "dark",

"theme-info": "The visual theme you would like to use throughout {{varApp}}.",

"language": "Language",

"language-info": "The language you would like to use within {{varApp}}.",

"af": "Afrikaans",

"sq": "Albanian",

"ar": "Arabic",

"eu": "Basque",

"bg": "Bulgarian",

"be": "Byelorussian",

"ca": "Catalan",

"hr": "Croatian",

"cs": "Czech",

"da": "Danish",

"nl": "Dutch",

"en": "English",

"eo": "Esperanto",

"et": "Estonian",

"fo": "Faroese",

"fi": "Finnish",

"fr": "French",

"gl": "Galician",

"de": "German",

"el": "Greek",

"iw": "Hebrew",

"hu": "Hungarian",

"is": "Icelandic",

"ga": "Irish",

"it": "Italian",

"ja": "Japanese",

"ko": "Korean",

"lv": "Latvian",

"lt": "Lithuanian",

"mk": "Macedonian",

"mt": "Maltese",

"cmn": "Mandarin",

"no": "Norwegian",

"pl": "Polish",

"pt": "Portuguese",

"ro": "Romanian",

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"sr": "Serbian",

"sk": "Slovak",

"sl": "Slovenian",

"es": "Spanish",

"sv": "Swedish",

"tr": "Turkish",

"uk": "Ukrainian"

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