

# Kidmax at Home

**Big Idea:** God helps us love our enemies.

**God Story:** David & Saul | 1 Samuel 18-24

**Supplies needed:** Big Idea activity page, markers

**Conversation Starters:** Use these questions to get your kids thinking about the Big Idea. Get ideas flowing by sharing some of your own ideas too!

- Make a list of superheroes and bad guys (enemies). What makes the bad guys enemies?
- What does it mean to be an enemy?

**Video:** watch this week's video at [www.themeetinghouse.com/kidmax](http://www.themeetinghouse.com/kidmax)

**Pray & Discuss:** After the video take time to talk about it together.

- What happened in the God Story? What was the life story about?
- How do you think these two stories connect to our Big Idea (**God helps us love our enemies**)?
- Have everyone make two fists with their hands. Bring your fists together. Do it again a bit harder. What does it feel like? Does it hurt a little? Is only one hand hurting, or both? Do your hands fit together when they're both fists?
- Now have everyone open one hand, and keep one as a fist. Bring your hands together again. And a bit harder. What does that feel like? Different than before?
- Hold an open hand up. Explain that when we open our hearts to God's love, we can love others – even when they hurt us (use a fist to hit your open hand, then curl the fingers of your open hand around your fist).
- Point out that love can stop hurt and pain. If we love our enemies, they may be open to God's love, too! (Fold hands and intertwine fingers) God wants us to live in unity and togetherness.
- **Pray:** God is a part of the conversation with us! You can model for your kids that they can pray to God anytime. You don't need specific words or length but it's great to tell God what you're thinking and ask for him to speak to you and remind you he is near.

## Family Activity:

Supplies: Big Idea activity page (1 per person), markers

- Give everyone an activity page. Trace your hand on the page. Then, draw a heart (or another symbol that reminds them of today's story) in the center of each hand. You can put your page up somewhere at home to remind yourself that **God helps us love our enemies**.

# Additional Activities

## Loving Enemies Practice

Supplies: scenario cards, scissors

- **Prep:** cut out the cards
- Give each family a role-playing scenario card (or two depending on numbers). Have families decide who's going to play each part, and give them a couple minutes to practice.
- Invite each family to act out their scene. At the end of each one, discuss ideas for how the scene could end in a loving way.
- Remind everyone that **God helps us love our enemies**.

## Small Group Comic Strip

Supplies: activity page (1 per family), markers (1 set per family)

- Quickly review this week's story with everyone.
- **Discuss:**
  - According to the law at the time of our Bible story, David did not have to love King Saul. David just couldn't harm him. Years later, Jesus told us to love our enemies! If you were in David's shoes, what do you think you would have done?
  - Jesus calls us to a new way of living in which we love our enemies. We aren't just asked not to hurt people who are mean to us; instead, we must love them. How do you think **God helps us love our enemies**? How does experiencing God's love help us love others?
- Give each family an activity page and markers. Ask them to fold it into three sections. Then each family will work together to create a three-panel comic strip that shows how to love difficult people. Encourage them to be creative – and realistic – about how you can love difficult people in your lives, in real-life situations you may encounter.
- Conclude by having each family share their comics and their ideas for how to love others.

## Feeling Anger

Supplies: hands/gloves pictures printout, scissors

- **Prep:** cut out the gloves pictures
- Show everyone each picture. How does each one make them feel?
- Have everyone make a fist with one of their hands. **Ask:**
  - How does your hand feel when you make a fist? Hard or soft? Tight or open?
  - Does it make you feel peaceful, or more on edge?
- Have everyone open their fist and relax their hands. **Ask:** do you feel different now? How?
- In this week's story, David had to decide how to treat his enemy, King Saul.
- Make a fist. Explain that David had to choose whether he would fight Saul or show him God's love and forgiveness. Open your fist.