

## OUR SERVICES

### RECOVERY COACHING

Recovery coaches support a person's unique pathway of recovery, offering their own as a model. They are stable in their recovery, have an active pathway and are involved in the recovery community. They offer hope, optimism, and encouragement.

### INDIVIDUAL THERAPY

Our masters-level and licensed therapists have the experience, compassion, and resources for those struggling with substance abuse. We work with you to create a treatment plan that fits your future goals and aspirations, and help you stay on track.

### REFERRALS TO TREATMENT

Individual outpatient treatment might be further down the road for you. We have connections and resources to help you receive placement at different detoxes, rehabs, inpatient, residential, IOP, and short and long term treatment centers locally and nationally.

### SUPPORT FOR FAMILIES & LOVED ONES

Addiction doesn't just affect the person using. It's a tornado, ripping through the lives of all those close to the user, leaving destruction in its path. We offer support groups, resources, guidance, and validation for those caught in the midst of someone else's addiction.

Groups  
Case management  
Volunteer committee

### WORKSHOPS

Check out our events page and join one (or more!) of our workshops.. Whether you need help with your resume, finding a job with a criminal background, parenting support, DBT skills, and more.

## WHO WE ARE

Chris' Corner is the outcome of our current Regional Substance Navigation Program, and our work with the Milford, Mendon, Hopedale, Upton, and Medway Police Departments. It is a collaborative effort supported by a Comprehensive Opioid Abuse Site-based Program grant from the Department of Justice – Bureau of Justice Assistance.

We aim to be deeply connected to the community by providing peers, individuals, families and the community at large, substance use, mental health, recovery and support services based on our founding principles of No Shame, No Judgment, Just Truth.

We will fulfill our vision by providing individualized substance use and mental health support and counseling through peer-support and trained personnel utilizing both internal and external resources. We will foster client-centered motivation thus cultivating a sense of accomplishment while creating community belonging. All of this will be provided in a safe, confidential, and comfortable environment.



## WHERE RECOVERY MEETS REALITY

**"NO SHAME, NO JUDGEMENT, JUST TRUTH"**

**CHRIS' CORNER  
IS A PROGRAM OF  
COMMUNITY  
IMPACT INC.**

**12 MAIN ST.  
MILFORD, MA 01757  
(508) 552-8080**

## CHRIS' CORNER - WE'RE HERE TO HELP

Calling your first year in recovery "difficult" would be an understatement. Transitioning back into society and getting your life on the path you dream of can feel completely overwhelming at times. Juggling your physical, mental, and emotional health—along with your sobriety, living situation, and the needs of your children or partner—can feel like an enormous task when all you're trying to do is make it through the day.

## LIVING A FULL AND MEANINGFUL LIFE IN SOBRIETY IS POSSIBLE - AND WE'VE BEEN THERE OURSELVES.

Our leadership team and staff bring years of experience, not only supporting others through substance use challenges, but also facing our own struggles and coming out the other side. We know that change is possible, and we're here to provide you with the tools and guidance to create your own success story.



## WE ARE ABLE TO PROVIDE SUPPORT WITH THE FOLLOWING REFERRALS:

- Medical Services
- Sexual and Domestic Violence
- Mental Health Providers
- Suicide Prevention
- Community-Based Services
- Housing Assistance
- Substance Abuse Hotlines
- Detox Facilities
- TSS/Halfway Houses
- IOP/PHP
- Child/Family Support
- Grief/Loss Support
- CSS
- Sober Houses
- Massachusetts Benefits

## SERVICES OPEN TO ALL

We strive to address barriers to support and connection - whether it be financial, geographical, personal, or cultural. Reach out to us to learn more.



## CHRIS' CORNER - ABOUT

Chris Swindell, much like his namesake Saint Christopher, dedicated his life to helping others without hesitation. Taken from us far too soon, Chris' Corner was established in his memory to support others in living a life of joy and adventure, free from substance use disorder.

We offer recovery-oriented services, support, and resources designed to help individuals improve their health and wellness, live a self-directed life, and reach their full potential.



## READY TO TAKE THE NEXT STEP?

You're not alone. In today's world, where so much has moved online, support is more accessible than ever. Take a chance on yourself, on your recovery, and on your freedom.

If you can imagine a way we can help, we'll figure out the rest—because your journey matters, and we're here to walk it with you.

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