

How to Get Naloxone (Narcan)

Narcan can reverse an opioid overdose while waiting for emergency medical help.

Narcan kits available free to residents in collaboration with Safe Harbor Cohasset Coalition by contacting safeharborcohasset@gmail.com

Other locations to obtain Narcan include Manet Community Health Center at 857-939-4108 or Walgreens and CVS in Cohasset.

Kits can be found at Paul Pratt Memorial Library, CPD, Willcutt Commons, Town Hall

Signs of an Overdose

Snoring respirations

Breathing is very slow, irregular, or has stopped

Blue tinged skin, usually lips and fingertips show first.

Very Pale Face

Nodding Off

Choking Sounds or Gurgling

Confusion

Difficult to rouse/sleepiness/loss of consciousness

Cool/clammy skin

Pulse (heartbeat) is slow, erratic, or not there at all.
Awake but unable to respond.

Immediately Call

911

Cohasset Substance Use Support Resources



Addiction Resources

Evoke Wellness's SAFE Bed Cohasset **617-299-8886**

Addiction treatment center offering medical detoxification, residential treatment, dual-diagnosis treatment, and more. In partnership with Safe harbor Cohasset Coalition, Evoke offers a SAFE Bed scholarship, a bed available only to Cohasset residents who are without the resources to pay for treatment

East Coast Recovery Center Cohasset **617-390-8349**

PHP/ Intensive Out Patient services with the mission to help those suffering from drug and alcohol addiction achieve success in recovery and life.

DPH Helpline **1-800-327-5050**

24/7 Info. & Referral for substance abuse services including crisis intervention and referrals for inpatient or outpatient treatment and where to go if uninsured.

Section 35 Helpline **1-844-843-6221**

Section 35 permits individuals to petition the courts to involuntary commit family members to an inpatient program when their alcohol and drug use puts themselves or others at risk.

Interface Referral Service **M-F/ 9-5** **888-244-6843**

Free and confidential services for Cohasset residents. They provide the legwork to match caller with a mental health provider who specializes in your need, welcomes new patients, and accepts your insurance.



PREVENTION TEAM

Our mission is to empower individuals on their journey towards long-term recovery and prevention by providing comprehensive support, education, and resources.



Cohasset Police Department



Parent Advisor **Annemarie Whilton**



Recovery Coach **Kurt Gerold**

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Recovery Resources

South Shore Peer Recovery Scituate **781-378-0453**

Creating a safe space in the heart of the community where people with lived experience join together to build skills, provide support and find hope in recovery

South Shore Peer Recovery Weymouth **781 812-1392**

Creating a safe space in the heart of the community where people with lived experience join together to build skills, provide support and find hope in recovery

The Anchor of Hull **781-534-9327**

The Anchor of Hull provides a safe, sober, and supportive environment for building community, wellness, and recovery. We offer sober activities and events, Recovery Coaching, access to resources, and assistance to all individuals and their families throughout every stage of recovery.

Safe Harbor Cohasset Coalition **safeharborcohasset.org**

Our mission is to foster a strong and inclusive community that encourages educated and responsible choices about drug and alcohol use through collaborative programming and events. In doing so, we aim to reduce and prevent underage substance-use and addiction.

SCHOLARSHIP

The Town of Cohasset is offering housing assistance provided to individuals for the transition from treatment for addiction to a sober living community, as well as scholarships aimed at providing individuals with family therapy sessions.

For more information and to apply visit:
cohassetma.org/190/Public-Health-Department