



CONNECT2RECOVERY

## NC-8 Recovery Coach Program

### **Free Recovery Support Services**

Riverside Community Care's Connect2Recovery NC-8 provides free recovery coaching to eliminate barriers and support individuals in recovery.

### **Who Can Access This Program?**

Available to anyone in recovery or seeking recovery from substance use in Canton, Dedham, Milton, Norwood, Walpole, Wellesley, or Westwood.

Services are provided with no out-of-pocket costs, regardless of insurance status.

### **What is a Recovery Coach?**

A Recovery Coach is a peer worker with personal recovery experience, trained to encourage, motivate, and support a person on their own substance use recovery journey.

At Connect2Recovery, we use a person-centered, strengths-based approach; the individual determines their goals and the pace of their recovery.

*"I am paired with someone who can relate to me on many levels ... my coach knows when I'm doing well and encourages me to keep on track."*

### **How Can a Recovery Coach Help?**

Recovery Coach services include:

- Forming community connections
- Connecting to peer recovery resources such as AA, NA, SMART Recovery, DRA, and Peer Recovery Support Centers
- Assisting with access to living and financial supports such as SNAP benefits and transitional assistance
- Connecting to health providers and specialists
- Coordinating with DCF and family supports
- Supporting with Drug Court and Probation

### **How to Get Started**

Anyone is welcome to refer to this service, including self-referrals. The process is confidential, easy, and stress-free.



To submit:  
Scan or photograph the completed referral form and email it to [NC-8@riversidecc.org](mailto:NC-8@riversidecc.org).

For more information call 781-234-1650 or email [NC-8@riversidecc.org](mailto:NC-8@riversidecc.org).

*Connect2Recovery NC-8 is a pilot program through the Norfolk County 8 Collaborative, funded by participating communities using settlement funds from opioid manufacturers, distributors, and pharmacies.*