Across-trial phase-lag index: tutorial

The following is a step-by-step tutorial demonstrating how the function 'across_trial_pli.m' is implemented.

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- Implement the across-trial phase-lag index.

Generate pseudo EEG data.

First, we will create pseudo-random EEG data. This data will be event-related (70 trials, 64 channels, 6000 samples per trial at a sampling rate of 1000Hz). Each channel time-series will be a weighted combination of pink noise (i.e., 1/f) and two sinusoids (10Hz and 25Hz), where the phase of each sinusoid is drawn uniformly at random from -pi to pi.

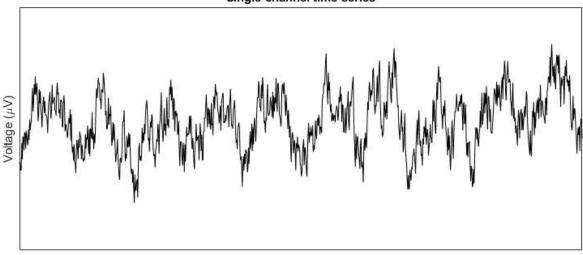
```
% Define the dimensions of the data.
n_channels = 64;
n_samples = 6000;
n_{trials} = 70;
samp_rate = 1000;
% Define the frequencies and weights of the sinusoids.
peaks = [];
peaks.hz = [10,25];
peaks.w = [.1,.05];
% Define the amount of noise.
noise = 3;
% Set seed for reproducibility
rng(1)
xs = [];
xs.raw = zeros(n_channels,n_samples,n_trials);
time = 0:(1/samp_rate):(n_samples/samp_rate)-(1/samp_rate);
for trial = 1:n_trials
    for channel = 1:n_channels
        sine_1 = sin(2*pi*peaks.hz(1)*time + rand(1)*pi);
        sine_2 = sin(2*pi*peaks.hz(2)*time + rand(1)*pi);
        xs.raw(channel,:,trial) = peaks.w(1)*sine_1 + peaks.w(2)*sine_2;
    xs.raw(:,:,trial) = xs.raw(:,:,trial) + noise*pinknoise(n_samples,n_channels)';
end
```

Let's have a look at the time-series of a single channel to ensure everything worked.

```
% Plot a single channel time-series.

figure('Position',[505 428 895 369]);
plot(xs.raw(1,:,1),'k');
xlim([650,1650])
ylim([-.5,.5])
xlabel('Time')
ylabel('Voltage (\mu\}V)')
title('Single channel time-series')
set(gca,'XTick',[], 'YTick', [])
```

Single channel time-series

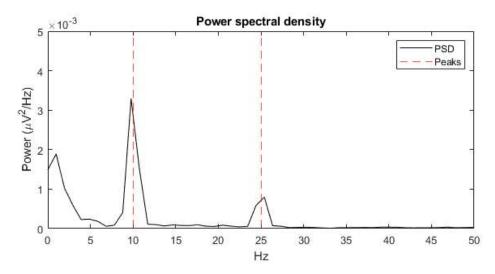


Time

Let's inpsect the power spectral density of said time-series as well, to ensure that the oscillations we created are present as peaks. With real data, I suggest parameterizing this power spectrum to assess the characteristics of any peaks that exist within the data prior to implementing these analyses. See, for example: https://fooof-tools.github.io/fooof/

```
[~,freq,~,psd] = spectrogram(xs.raw(1,:,1),samp_rate,[],[],samp_rate);
mean_psd = mean(psd,2);

figure('Position',[576 479 678 309]);
plot(freq,mean_psd,'k')
title('Power spectral density')
xlim([0,50])
ylim([0,.005])
xlabel('Hz')
ylabel('Power ({\mu}V{^2}/Hz)')
xline(peaks.hz,'--','color','red')
legend('PSD','Peaks')
```



Create filter.

Now, let's create a band-pass filter so we can estimate the instantaneous phase of the oscillation at 10Hz. I'll use a window from 5-15Hz for this filter. However, visual inspection, as well as careful consideration of the research question (in terms of time/frequency resolution trade-off) is crucial in selecting this parameter. In an ideal world, the sensitivity of any results to a range of filter widths would be assessed.

```
filt_band = [5 15];
filt_params = [];
filt_params.transition = mean(filt_band) * 0.2;
```

```
filt_params.frequencies = [filt_band(1) - filt_params.transition, filt_band(1), filt_band(2), filt_band(2) + filt_params.transition];
filt_params.order = kaiserord(filt_params.frequencies, [0 1 0], [0.1 0.05 0.1], samp_rate);
filt_params.coefficients = fir1(filt_params.order, filt_band*(2/samp_rate), 'bandpass');
```

The parameters of the filter are stored in the structure 'filt_params', shown here:

```
disp(filt_params)
```

Apply filter, estimate instantaneous phase.

Now that we've created the filter, let's apply it and calculate the instantaenous phase of the time-series using the Hilbert transform. First, we will Z-score each channel time-series, then filter, then calculate the instantaneous phase.

Elapsed time is 29.720960 seconds.

The structure 'xs' (time-series) includes all the intermediate processing steps: the raw signals, the z-scored signals, the band-pass filtered signals, the hilbert-transformed signals, and the instantaneous phase signals.

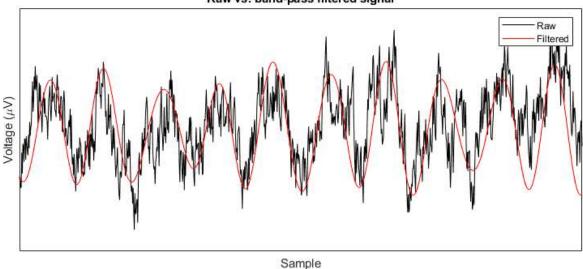
```
disp(xs)
```

```
raw: [64×6000×70 double]
norm: [64×6000×70 double]
filtered: [64×6000×70 double]
hilbert: [64×6000×70 double]
phase: [64×6000×70 double]
```

Let's plot the raw signal against the band-pass filtered signal to ensure everything worked correctly.

```
figure('Position',[505 428 895 369]);
plot(zscore(xs.raw(1,:,1)),'k')
hold on;plot(zscore(xs.filtered(1,:,1)),'color','red')
xlim([650,1650])
title('Raw vs. band-pass filtered signal')
legend('Raw','Filtered')
xlabel('Sample')
ylabel('Voltage ({\mu}V)')
set(gca,'XTick',[], 'YTick', [])
```

Raw vs. band-pass filtered signal



Implement the across-trial phase-lag index.

Now let's go ahead and implement the analyses. First, let's define an in-line function that calculates the phase-lag index. See Stam et al. (2007) for details: https://pubmed.ncbi.nlm.nih.gov/17266107/

```
pli_fx = @(phase_set_i,phase_set_j) abs(mean(sign(phase_set_i - phase_set_j),2));
```

Now let's test the function by calculating the across-trial PLI for channels i and j.

```
i = 8;
j = 32;

phase_set_i = squeeze(xs.phase(i,:,:));
phase_set_j = squeeze(xs.phase(j,:,:));
```

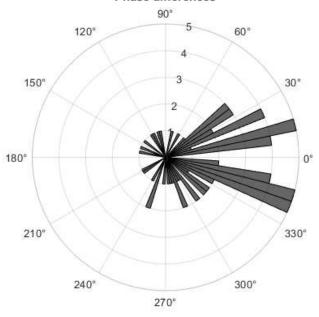
Let's visualize the angular distribution of the phase differences between channels i and j at a single time-point.

```
% Calculate phase differences.
phase_diffs = phase_set_i - phase_set_j;

% Specify sample of interest.
sample = 1000;

% Plot
figure;
polarhistogram(phase_diffs(sample,:),n_trials,'facecolor','k')
title('Phase differences')
```

Phase differences



The PLI value for this set of phase differences is:

```
pli_fx(phase_set_i(sample,:),phase_set_j(sample,:))
ans =
```

0.1143

Now, let's run that calculation for all possible channel pairs, and track the output in the variable 'adjacency_tensor'.

```
tic
adjacency_tensor = zeros(n_channels,n_channels,n_samples);
channel_pairs = nchoosek(1:n_channels,2);

for ij = 1:length(channel_pairs)

    pair = channel_pairs(ij,:);
    pli = pli_fx(squeeze(xs.phase(pair(1),:,:)),squeeze(xs.phase(pair(2),:,:)));
    adjacency_tensor(pair(1),pair(2),:) = pli;

end

% Fill in symmetric values.
for sample = 1:n_samples
    adjacency_tensor(:,:,sample) = adjacency_tensor(:,:,sample)' + adjacency_tensor(:,:,sample);
end

toc
```

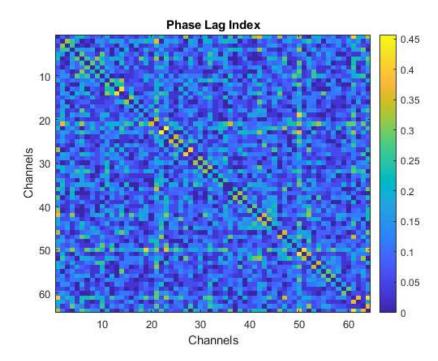
Elapsed time is 27.300280 seconds.

The variable 'adjacency_tensor' is a 3 dimensional array with PLI adjacency matrices over time [Channel x Channel x Sample].

```
fprintf('\nDimensionality of adjacency tensor:')
disp(size(adjacency_tensor))
```

Let's plot the channel-by-channel adjacency matrix at a single time-point.

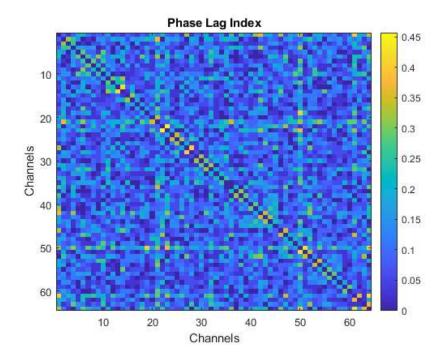
```
figure;
imagesc(adjacency_tensor(:,:,1000))
colorbar
xlabel('Channels')
ylabel('Channels')
title('Phase Lag Index')
```



Now let's see how to implement the same analyses using the function 'across_trial_pli.m'

```
[adjacency_tensor, xs, filt_params] = across_trial_pli(xs.raw,samp_rate,filt_band);
% Plot.
figure;
imagesc(adjacency_tensor(:,:,1000))
colorbar
xlabel('Channels')
ylabel('Channels')
title('Phase Lag Index')
```

Calculating across-trial phase-lag index... Elapsed time is 57.305452 seconds.



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