



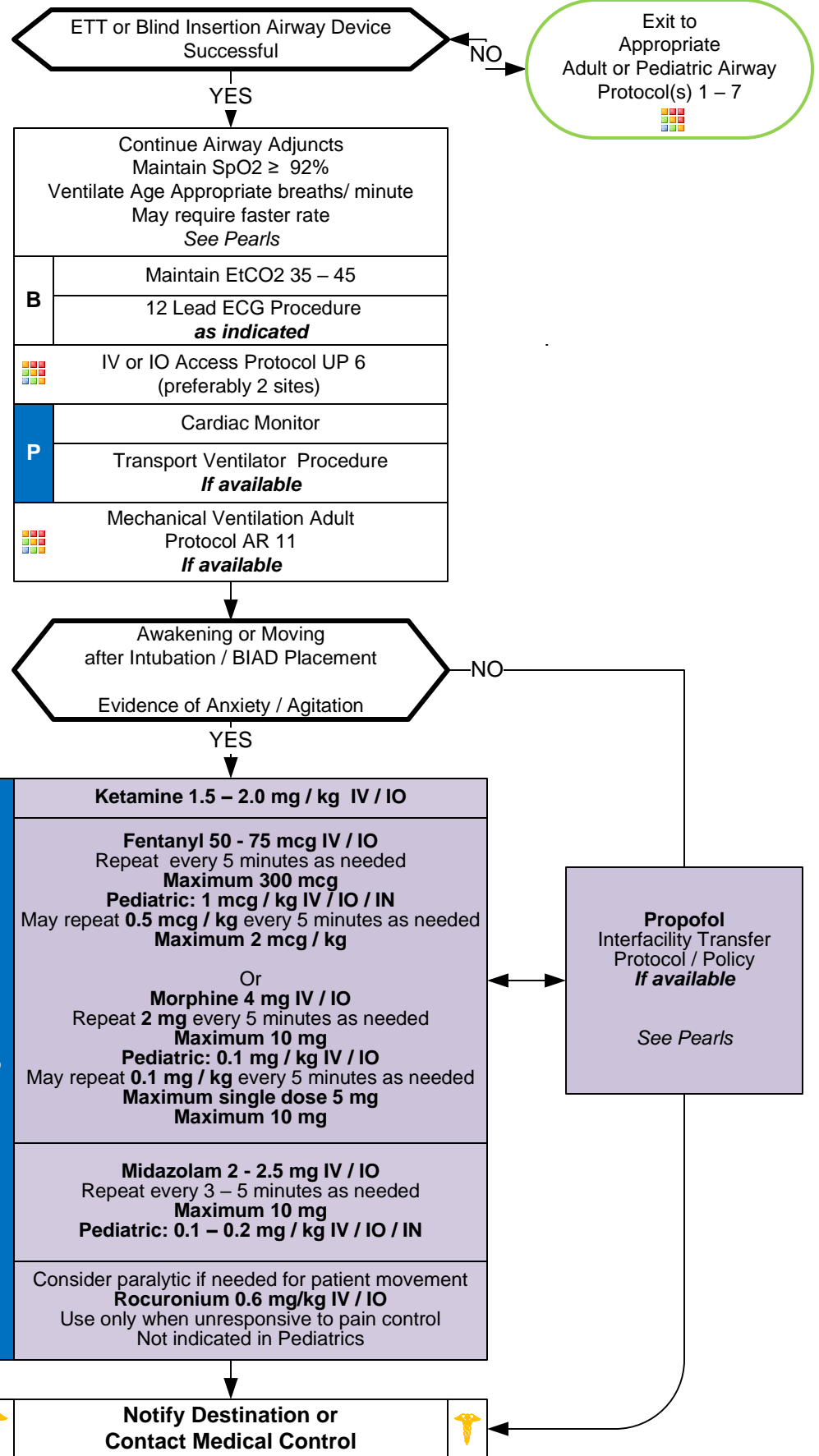
# Post-intubation/ BIAD Management



## Capnography Monitoring

- End-tidal (EtCO<sub>2</sub>) monitoring is mandatory following placement of an endotracheal tube.
- EtCO<sub>2</sub> monitoring is mandatory following placement of a BIAD once available on scene.

Protocols AR 1, 2, 3, 5, and 6 should be utilized together (even if agency is not using Drug Assisted Airway Protocol) as they contain useful information for airway management.





# Post-intubation/ BIAD Management



## Immediately following BIAD or ETT placement:

- The patient may experience various levels of stress, agitation, or combativeness. The most important initial aspect of immediate post-intubation/ BIAD management is to control pain.
- Agitation and combativeness is usually because of pain with a BIAD or ETT in the airway causing discomfort. Mechanical ventilation/ BVM/ positive pressure ventilation is painful.
- Immediately begin sedation with **Ketamine 2 mg/kg** or **Fentanyl 50 – 100 mcg** or **1 – 2 mcg/kg IV / IO**.
- Ketamine and Fentanyl are equal choices for sedation and even if Ketamine is given to initially to facilitate airway management, it remains an appropriate sedation choice. **Ketamine 2 mg/kg over 1 – 2 minutes. You may repeat 0.5 mg/kg doses every 5 to 10 minutes as needed.**

## Benzodiazepines:

- Benzodiazepines are associated with worse patient outcomes and prolonged ICU stays. Opioid(s) and/ or Ketamine is the best first choice.

### Persistent inadequate sedation:

Midazolam may be given if repeat doses of opioids and/ or **Ketamine** are ineffective or inadequate. (**≥3 doses**)

## Hypotension:

- Persistent hypotension should not prevent you from providing appropriate sedation and pain control. Fluid resuscitation should be initiated. Push-dose vasopressors can be started simultaneously and pain medication can be given, such as **Fentanyl 50 – 75 mcg** or **1 mcg/kg IV / IO**.
- **Ketamine** is also appropriate to use with hypotension as a sedative, which also has pain relieving properties and like **Fentanyl** does not provoke hypotension to the extent of other sedative medications.

## ROCURONIUM MAY BE USED ONLY AS A LAST RESORT.

- If utilized, make every effort to ensure the patient has adequate pain control. A patient should never be paralyzed without adequate sedation and pain control. Using a paralytic should be rare event.

## Positioning:

- Proper patient positioning is paramount. Raise the head of the bed 10 to 30° depending on underlying condition. This helps prevent aspiration.

## Pearls

- **Recommended Exam: Mental Status, HEENT, Heart, Lungs, Neuro**
- **Patients requiring advanced airways and ventilation commonly experience pain and anxiety.**
- **Unrelieved pain can lead to increased catecholamine release, ischemia, immunosuppression, and prolonged hospitalization.**
- **Ventilated patients cannot communicate pain/ anxiety and providers are poor at recognizing pain/ anxiety.**
- **Vital signs such as tachycardia and/ or hypertension can provide clues to inadequate sedation, however they are not always reliable indicators of a patient's lack of adequate sedation.**
- **Sedation strategy:**
  - Pain is the primary reason patients experience agitation and must be addressed first.
  - Opioids and/ or Ketamine are the first line agents, alone or in combination.
  - Benzodiazepines may be utilized if patient is not responding to adequate opioid and/ or Ketamine doses.
  - Paralysis is considered a last resort, only when patients are not responding to opioid, Ketamine, or benzodiazepines.
  - Patients that have received paralytics may be experiencing pain with no obvious signs or symptoms.
  - Consider sedation early after giving paralytics, especially in patients receiving Rocuronium.
- **Ventilation rate:**
  - Guidelines: 30 for Neonates, 25 for Toddlers, 20 for School Age, and for Adolescents the normal Adult rate of 10 – 12 per minute.
  - Maintain EtCO<sub>2</sub> between 35 - 45 and avoid hyperventilation.
- Ventilator/ Ventilation strategies will need to be tailored to individual patient presentations. Medical director can indicate different strategies above.
- **Propofol:**
  - Use restricted to agencies approved by the OEMS State Medical Director.
  - Agencies must submit a use policy and education plan to the OEMS.
  - Infusion must be supplied and initiated by a medical facility and may be used only during interfacility transfer.
  - Paramedic may titrate infusion to maintain appropriate sedation but cannot initiate or bolus the medication.
- In general, ventilation with BVM should cause chest rise. With mechanical ventilation a reasonable tidal volume should be about 6 - 8 mL/kg and peak pressures should be < 30 cmH<sub>2</sub>O. Plateau Pressures should be < 30 cmH<sub>2</sub>O.
- Head of bed should be maintained at least 10 – 20 degrees of elevation when possible, to decrease aspiration risk.
- With abrupt clinical deterioration, if mechanically ventilated, disconnect from ventilator to assess lung compliance.
- **DOPE:** Displaced tracheostomy tube/ ETT, **O**bststructed tracheostomy tube/ ETT, **P**neumothorax and **E**quipment failure.