

## **Examen Conscientiae**

Did you have willful distractions in your prayers?

Did you offend your parents grievously?

Were you impatient in your trials?

Were you very angry?

Did you willfully entertain immodest thoughts?

Did you commit sin with persons of the opposite sex?

Did you steal?

Did you rob anybody of his good name?

Did you tell lies?

Did you eat meat on Fridays and fast days?