Unconscious Bias

Implicit-Association Test

- Project Implicit implicit.harvard.edu
 - Measures the strength of associations between concepts (i.e. women,
 LGBTQ folks) and evaluations (good, bad) or stereotypes (brave, clumsy)

Results

- Most people associated careers -> males, family -> females
 - Response time much faster and automatic for these associations

Unconscious Bias

Relates to the attitudes, beliefs, and opinions about people (or things) that operate outside our awareness, yet they have a significant impact in determining our judgement and our behavior towards other people (or things).

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WHY!?!?

(where does this come from)

Who wants to get eaten by lions!?



- We receive 11 million bits of information EVERY moment
 - We can only consciously process 40 bits
 - 11 million 40 = 10,999,960
 - 99.996% unconsciously processed

WHO

YOU

And ME



Rating: E - for EVERYONE



SO...

- We have widely held, oversimplified ideas about particular types of people (stereotypes)
- We apply stereotypes automatically
- This effects decisions and actions unconsciously
- Stereotypes can be self-fulfilling for those affected
- Be mindful about your actions

Implicit-Association Test Results

- We don't think we are biased (but it turns out everyone is)
- Not necessarily intentional! Stereotypes are cultural, automatic, applied without consideration
- Obviously not just gender, or tech
 - Race, Age, Gender Identity, Physical or Mental Disability, Hair Color, Immigration Status, Sexual Orientation, Income Level
- Intersectionality

- Why does this matter?
- How does this manifest in tech/engineering?
- How does bias effect hiring/rewarding/promoting employees?

- Resume Case Study (also done for assumed ethnicity)
 - Robert, Joseph, Kevin, Tim: 79% "worthy of hire"
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Performance Attribution Bias Study

- Men and women working together on a project and assessed
 - Women were given less credit for success and blamed more for mistakes by researchers
 - Men were assumed to be the leaders, decision-makers

US Orchestra Auditions Study

- Various Orchestras conducted blind/not-blind studies for the same batch of performers
- Women's odds of making it through first round audition increased 50% with blind auditions (playing behind a screen/curtain)

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- Impostor Syndrome & Stereotype Threat:
 - Self-fulfilling prophecy

Types of bias

- Gender and Race Performance Bias
- Performance Attribution Bias
- Competence-Likability Trade-Off

Counteract

- Question and justify your actions (accountability)
 - standards for hiring, evaluating performance, assigning roles/opportunities
 - accountability explaining decisions
- Set norms for meetings, projects (accountability for all)
 - No interrupting a speaker, giving credit where credit is due

Counteract

- Be mindful of cues you give other people
 - No subtle -isms and not-so-subtle -isms
- Be cool and accept that you will mess up
 - "You're standing on my foot."
 - "There is something in your teeth."



Why Do I Care

You are a hooman



- Diversity is a competitive advantage
 - companies with higher proportions of women board directors outperform others by 53%
- Being conscientious means more doors open, not less

