

WORKSHOP 4 PHASE 4B

1. What does OCCUPATIONAL SAFETY mean? Look at the picture and talk to your classmates about the mistakes and hazards that you can find. Write your opinion.



2. To contextualize new content and activate prior knowledge, the students will watch a video about Occupational Health and safety. Write in your notebook all the recommendations about safe in the workplace, and finally, you have a to-do list with the unknown words.

<https://www.youtube.com/watch?v=mCrZ5E6lv9Q>

3. Choose the correct words from the box to complete these sentences. Each word comes after safety.

audit	committee	feature	irregularities	legislation
offence	officer	precautions	regulations	representative

1. Behaviour at work which can cause a hazard is called is safety _____.
2. Actions to try to make sure something is safe at work are called safety _____.
3. An official who checks places of work and work methods to make sure they are safe is called a safety _____.
4. A check of the workplace to see how safety regulations are being implemented is called a safety _____.
5. A group of people set up to examine the health and safety policy of a particular company is called a safety _____.

6. When a place of work is not safe for its employees, customers and contractors (usually because the management have not made sure it is safe, or have not followed safety rules), we say that it has safety _____.
7. Rules that make a place of business safe for employees, customers and contractors are called safety _____.
8. A union member who checks that a company and its methods are safe is called a safety _____.
9. A government law to make sure that places of work are safe is called safety _____.
10. Something on a tool or machine which prevents it from injuring the person using it is called a safety _____.

4. Match the words in the first box with the words in the second box to make safety features that you should find in a place of work.

Emergency	fire	first aid	assembly	smoke
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access	alarm	blanket	bucket	detector	door	escape
exit	extinguisher	hose	kit / box	officer	point	post

5. Answer these questions about health, safety and welfare.

1. Many employees experience tension or worry at work as a result of overwork, problems with managers, etc. What do we call this?

- (a) strain
- (b) struggle
- (c) strife
- (d) stress

2. RSI is a pain in the arm or other part of the body felt by somebody who does the same movement many times as part of their job (for example, when keyboarding). What does RSI stand for?

- (a) regular stress incident
- (b) repeated self intolerance
- (c) repetitive strain injury
- (d) repressive sickness ignorance



3. A lot of office equipment (for example, chairs, keyboards, etc) is designed to be more comfortable to use and so helps to prevent RSI. What is the adjective we use to describe objects like this?

- (a) ergonomic
- (b) erroneous
- (c) eponymous
- (d) equivocal

4. In some places of work, employees are often ill because of problems in the building itself (for example, blocked air-conditioning ducts, poor lighting, poor ventilation, etc) . What is the name of this problem?

- (a) ill workplace phenomena
- (b) sick building syndrome
- (c) unwell office experience
- (d) ailing industrial angst

5. Before a company has to do a dangerous job, it needs to consider how dangerous the job is, and what precautions it can take. What is this called?

- (a) danger analysis
- (b) risk assessment
- (c) hazard perception
- (d) troubleshooting

6. Safety officers inspect some places of work to make sure that they are safe, but in most cases companies have to make sure that health and safety procedures are being followed in the workplace. What is this called?

- (a) self-control
- (b) self-satisfaction
- (c) self-assessment
- (d) self-regulation

7. Employees have to follow company instructions on how to behave in the workplace, especially when they are working with dangerous equipment or substances. What are these rules called?

- (a) rules of the house
- (b) codes of practice
- (c) regulations of behaviour
- (d) laws of the land

8. To some extent, a company is responsible for how its employees behave, and the risks they take, while they are at work. What is this called?

- (a) vicarious liability
- (b) risk liability
- (c) limited liability
- (d) behaviour liability

9. What do we call an accident which takes place at work?

- (a) on-the-job accident
- (b) occupational accident
- (c) working accident
- (d) environmental accident

10. A safety officer might decide that a workplace is too dangerous, and orders everyone to stop working. What is the name of this order?

- (a) a cancellation notice
- (b) a closure notice
- (c) a prohibition notice
- (d) a barring notice

6. Look at the picture and discuss with your classmates, how you can avoid these problems. Write your opinion.



7. Search on the Internet some work exercises (in Spanish is called Pausas activas) and do this routine with the group.

8. Do the test about How Stressed Are You and How Stressful Is Your Lifestyle? and copy your result. In groups write some recommendations about how you can control the stress.

<https://www.verywellmind.com/how-stressed-are-you-how-stressful-is-your-lifestyle-4008875>