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**Unlimited  
Instruction:  
only \$150  
per month**

- Online or in-person
- Hitting & pitching instruction offered

## Four Myths of a Swing:



Step or Stride Into the Ball



Swing or Grip the Bat  
with Both Hands



Get Your Bat  
Off Your Shoulder



Get Your  
Back Elbow Up

Click [here](#) to watch the  
**MYTHBUSTER'S** video.

Click [here](#) to view the Double  
**Fulcrum Swing** video.

To view this video requires a password.