

Jongho Baek

Department of Education, Seoul National University
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Education

M.A. Student in Educational Counseling Mar 2024 –
Seoul National University, Seoul, South Korea
Advisor: Dongil Kim | GPA: 4.26/4.3

B.A. in English Language Education and B.P.A. (Public Administration, Dual Degree) Mar 2018 – Feb 2024
Great Honor Graduation, Korea University, Seoul, South Korea

Research Interests

Counseling, Emotion regulation, Marginalized population, Neuroscience

Research Experiences

Development of a Parenting Guidebook Across the Child's Life Stages Oct 2024 – Feb 2025
Research Assistant, National Institute for Lifelong Education (NILE) & the Ministry of Education

Development of an Executive Function-Based Self-Regulation Enhancement Program for Adolescents May 2024 –
Research Assistant, Grand Korea Leisure (GKL) Social Contribution Foundation
PI: Dongil Kim, Ph.D.

Emotion Regulation of Youth Transitioning from Foster Care June 2024 – May 2025
Principal Investigator, Seoul National University BK21 Institute for Innovation and Coexistence Education Research

Development of a Group Program for Preventing Adolescent Media Addiction Apr 2024 – Feb 2025
Research Assistant, Community Chest of Korea
PI: Dongil Kim, Ph.D.

Clinical Experiences

Intern Counselor/Group Counseling Facilitator Mar 2024 –
SNU Center for Campus Life & Culture, Seoul National University

- Offers counseling services and conducted psychological assessments for undergraduate and graduate students
- Led and co-led group counseling programs focused on enhancing interpersonal skills (63 hrs, 21 sessions, 3 groups)
- Co-led ACT-based group counseling programs for anxiety regulation (18 hrs, 6 sessions, 1 group)

Instructor/Counselor Apr – Dec 2024
Chongwang Elementary school & Sohae Elementary school, Siheung-si, Gyeonggi-do, South Korea

- Offered Emotional Guidance/CBT-Based Special Education Program (3 clients, 30 hrs, 30 sessions)

Publications

[KCI] denotes the Korean Citation Index, indicating that the article is in Korean.

Manuscripts Under Review & In Progress (*corresponding author)

5. **Baek, J.**, Lee, J., Park, W., *Kim, D. (in progress). A meta-analysis on the effectiveness of emotion regulation-based interventions for non-suicidal self-injury.
4. **Baek, J.**, Tae, H., Kim, J., *Yoon, H. (in progress). Analysis of research trends on persistent grief disorder and persistent complex bereavement disorder using keyword network.
3. Choi, S., **Baek, J.**, Song, Y., *Kim, C. (in progress). A consensus qualitative research (CQR) on emotional experiences and emotion regulation in youth from fostering care.
2. **Baek, J.**, Choi, S., Song, Y., *Kim, D. (under review). The relationship between social support and well-being of youth from fostering care: The mediating effects of belief in a just world and adaptive cognitive emotion regulation strategies.
1. Song, Y., **Baek, J.**, Kim, D., *Choi, S. (under review). The impact of attachment trauma on the occurrence of somatization in adolescents: The sequential mediating effects of stress and anxiety.

Presentations (*corresponding author)

4. Song, Y., ***Baek, J.**, Chun, J., Kang, H., Kim, D. (2025). *Latent profile analysis of psychosocial risks in Korean juvenile delinquents: RMET differences*. Virtual poster accepted at the APA 2025 Convention, Denver, CO, United States.
3. ***Baek, J.**, Tae, H., Yoon, H., Kim, D. (2025). *Scoping review on adolescent's grief: Focused on foreign literature*. Poster accepted at the 25th International Conference on Education Research. Seoul, Korea.
2. Son, S., Kang, H., **Baek, J.**, Song, Y., Chun, J., *Kim, D. (2024). *Development of a group program for adolescents: Improving self-regulation of digital media and wellbeing*. Poster presentation at Annual Conference of Korean Counseling Association.
1. Kang, H., Chun, J., Song, Y., Kim, D., ***Baek, J.** (2024). *Systematic review of school-based intervention on students with ADHD: Focusing on research addressing emotional problems*. Poster presentation at the 24th International Conference on Education Research. Seoul, Korea.

Research Grants

Jr. Priming Award

June 2024 – May 2025

Seoul National University BK21 Institute for Innovation and Coexistence Education Research

Emotion Regulation of Youth Transitioning from Foster Care

Principal Investigator

\$ 1,500

Scholarships, Awards, and Honors

BK21 Research Scholarship Seoul National University, Seoul, South Korea	2024 –
Great Honor Graduation Korea University, Seoul, South Korea	Winter 2023
Semester High Honors, & Special Scholarships Korea University, Seoul, South Korea	2020 1 st , 2 nd , 2021 1 st , 2023 2 nd semester
Best Mentor Korea University High School, Seoul, South Korea	Dec 2019
National Scholarship Korea Student Aid Foundation	2018 – 2023

Leadership

School President Student Council, Korea University, College of Education, Seoul, South Korea	Apr – Nov 2020
Vice director of Financial & Administrative Affairs Student Council, Korea University, Seoul, South Korea	Sep – Dec 2019
Freshman Representative Student Council, Korea University, English Language Education Department, Seoul, South Korea	Feb – June 2018

Other Experiences

Editorial Assistant APER (Asia Pacific Education Review, SSCI Journal), Seoul, South Korea	Oct 2024 –
Student reviewer of 2024 KSAT Special Lecture (Subject: English) Educational Broadcasting System (EBS), Seoul, South Korea	Dec 2022
Administrative Assistant (Alternative Civilian Service) Sangoknam Elementary School, Incheon, South Korea	Oct 2021 – July 2023
Teaching Practicum Seil High School, Incheon, South Korea	May 2021
Mentor Korea University High School, Seoul, South Korea - taught English language - offered career counseling	Mar – Dec 2019
Mentor Seil High School, Incheon, South Korea - taught English language - offered career counseling	May – July 2018

Professional Affiliations

Korean Counseling Association (Associate member)

Korean Counseling Psychological Association (Associate member)

Certificates and Skills

Certified Secondary English Teacher, Korean Ministry of Education

2024

Language: Korean (native), English (proficient)

Statistical Programs: SAS, SPSS(PROCESS macro), R

Last Update: April, 2025