What are the key benefits and drawbacks of daily scrum meetings and how could they be leveraged or overcome in a game development project?

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Daily scrum meetings are used in agile development to provide a medium of face to face communication on a daily basis. This provides transparency and retrospective which help teams create high quality work. However their are many temporal obstacles to having efficient daily meetings.

1 Introduction

In this essay I will outline the key benefits and drawbacks of daily scrum meetings and using my knowledge gained from research to discuss how they could be leveraged or overcome to make daily scrum meetings as effective as possible. I will first outline what a daily scrum meeting is and why it is important and useful, I will then discuss the benefits, drawbacks, and

solutions to those drawbacks of efficient daily scrum meetings found in my research and give my own conclusions, followed by the final conclusion. In this paper I hope to provide solutions to the key obstacles to having an efficient daily meeting and highlight good practice in a daily meetings. After reading this you should know how to make the most out of daily scrum meetings.

2 Daily Scrum

As the agile manifesto [1] states "The most efficient and effective method of conveying information to and within a development team is face-to-face conversation". A daily scrum meeting is a daily face to face 15-minute meeting, allowing the members of a team to inspect the progress of work and to remove impediments. It is established by the Scrum master and takes place each day at the same place and time, thus avoiding unnecessary coordination. Each team member answers the following three questions: (1) What have you worked on since the last meeting? (2) What will you work on until the next meeting? (3) Have any impediments occurred? [2]. It is the Scrum masters responsibility to resolve any impediments that arise during the meeting. Team members meet in front of a task board and update their status of work [3], allowing team to check the status of sprint backlog items on a daily basis and thus keeps the team focused [2].

3 Obstacles to Efficient Meetings

One of the keys to an efficient daily meeting is to complete the meeting at the right time of day for the right amount of time in order to be productive by not wasting time. In a case study about obstacles to efficient daily meetings [4] it was found that there were many temporal obstacles to an efficient

meeting. They observed that people often arrived late to meetings which meant the meeting would not start on time. This means that time is wasted for those who arrive on time. It was also found that many of the meetings in the case study lasted longer than 15 minutes. This was usually caused by people doing things like doodling on their notepad or using their phones. It was found that meetings lasted between 7 and 45 minutes with a mean of 22 minutes, which meant that the cost in time of the meeting was 47 percent more than planned. In addition to these obstacles, the meetings were not always at the same time of day. In cases where people have their daily meeting at the start of each day this is an issue. This is because team members wouldn't usually start tasks from the backlog until after the daily meeting, so if the daily meeting doesn't always happen at the start of day a lot of time will be wasted. Along with all of these temporal obstacles, research suggests that many team members perceived the meeting as an interruption of their work flow and would prefer fewer meetings. Daily meetings can be problematic because "being interrupted several times has a greater effect than one interruption that takes longer" [5] One paper discussed how having meetings every day can be bad in some cases. For example in cases where employees are assigned to several teams at the same time, daily meetings in each of the teams would lead to severe constraints on behalf of those employees [2].

As you can see there are many common obstacles related to time preventing daily scrum meetings from being as productive as possible. There are a number of possible solutions to each of the obstacles. To make sure that meetings start on time, and at the same time every day, an alarm could be used to signal the start of the meeting [4]. A timer could be used to make sure that the meeting lasts 15 minutes long, it should be visible to every

member in the meeting so they know how long is left. Many team members perceived the meetings as an interruption to their work flow, this was most likely due to how long the meetings were taking (up to 45 minutes in some cases), so if the previous solutions were implemented this might not be a problem anymore. This would mean the daily scrum meeting would still be used as intended, on a daily basis.

In recent years game development teams have been working in distributed environments which isn't how agile was intended to work. "Agile product teams tend to be collocated in an effort to facilitate communication and collaboration between members, but today, remote workforces are a reality."

[6]. This can definitely be an obstacle to an efficient daily scrum meeting. One paper suggests that a distributed team needs electronic tool support for daily scrum meetings which should focus on simplicity to keep with the agile manifesto [1, 7]. This electronic tool is an electronic task board which is meant to aid distributed daily scrum meetings.

4 Benefits of daily meetings

Lets now look at how daily scrum meetings can be leveraged by understanding how they are beneficial to game development teams. Firstly daily meetings provide a medium through which to communicate openly, which results in transparency [8]. This means that every member of the game development team knows who is doing what. Transparency is important because it ultimately leads to clarity for everyone, which can make people more productive. If you look at daily scrum meetings in agile development compared to meetings in the waterfall approach, daily scrums have a better impact because they look at what to do next and what the issues were, which traditional meetings don't do [8]. Whats also a great advantage is retrospective, game developers

can review what they did good and bad on a daily basis which will increase the future quality of work [8].

5 Conclusion

In conclusion the key drawbacks of daily scrum meetings relate to time for the most part and can easily be overcome using the solutions i outlined above. Other drawbacks, like having a distributed development team cannot be simply overcome. but can be alleviated by using electronic tool support. The key benefits found in research are that daily scrums provide transparency and retrospective which are both very useful in ensuring the game development team produces quality work. Using the solutions to the drawbacks outlined and by acknowledging these benefits game development teams can have the most efficient daily scrum meetings.

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