큐브 재료	만든 날짜	1개 용량	큐브 개수
쌀	/	g	000000000000000000
오트밀	/	g	000000000000000000
소고기	/	g	000000000000000000
애호박	/	g	000000000000000000
청경채	/	g	000000000000000000
오이	/	g	000000000000000000
브로콜리	/	g	000000000000000000
양배추	/	g	000000000000000000
당근	/	g	000000000000000000
단호박	/	g	000000000000000000
완두콩	/	g	000000000000000000
달걀노른자	/	g	000000000000000000
	/	g	000000000000000000