



# ALL SOULS CHURCH

## A CATHOLIC COMMUNITY

1500 W. Main Street Alhambra, California 91801

Telephone: (626) 281-0466 • Fax: (626) 281-2163

Website: [allsouls-la.org](http://allsouls-la.org)

Email: [allsoulsc@allsouls-la.org](mailto:allsoulsc@allsouls-la.org)

### MISSION STATEMENT

We, at All Souls Church, are a multicultural Catholic Community called to share our gifts and to grow through worship and spiritual formation. We are brothers and sisters in Christ led by the Holy Spirit to witness the Good News to all.

August 5, 2018  
18TH SUNDAY IN ORDINARY TIME

### PASTORAL CENTER HOURS

MONDAY-FRIDAY: 9AM-9PM

CLOSED FOR LUNCH: 12:30PM-1:30PM

SATURDAY: 9AM-8PM CLOSED FROM 12:30-1:30PM

SUNDAY: 8:30AM-2:30PM

### **PASTOR**

Rev. Patrick Mbazuigwe  
[PMbazuigwe@allsouls-la.org](mailto:PMbazuigwe@allsouls-la.org).

### **PASTOR EMERITUS**

Msgr. William P. O'Toole

### **DEACON**

Dn. Eudoro G. Benalcazar

### **OFFICE MANAGER**

Ms. Diep Dinh  
[ddinh@allsouls-la.org](mailto:ddinh@allsouls-la.org)

### **FIRST COMMUNION**

Diane Canton

### **YOUTH/CONFIRMATION COORDINATOR**

Leticia Urtecho  
[youth--ministry@allsouls-la.org](mailto:youth--ministry@allsouls-la.org)

### **SCHOOL PRINCIPAL**

Ms. Carrie Fuller  
[cfuller@allsoulsla.org](mailto:cfuller@allsoulsla.org)

### **BOOKKEEPER**

Ms. Veronica Yeo  
[bookkeeping@allsouls-la.org](mailto:bookkeeping@allsouls-la.org)

### **OFFICE ASSISTANTS**

Sofia Rúa  
[rsofia@allsouls-la.org](mailto:rsofia@allsouls-la.org)  
Ms. Merci Argüello  
[marguello@allsouls-la.org](mailto:marguello@allsouls-la.org)

### **MASSES**

**Weekdays:** Monday - Saturday.....7:30 a.m.

**Saturday/Vigil:** .....5:30 p.m.

**Sunday/Domingo:**

- ◆ English:7:30 a.m., 9:00 a.m., 10:30 a.m. & 5:30 p.m.
- ◆ Español: .....12:00 Mediodía

### **Holy Days to be announced**

*Los Dias Festivos se Anunciaran*

### **SACRAMENT OF RECONCILIATION**

- ◆ Saturdays from 4 - 5 p.m.
- ◆ Sabado de 4 -5 p.m.

### **SACRAMENT OF THE SICK**

- ◆ Please call the Pastoral Center for a priest.
- ◆ Unción de los Enfermos: favor de llamar al Centro Pastoral para contactar a un sacerdote.

### **SACRAMENT OF BAPTISM**

- ◆ Español: El primer sábado del mes a las 10 a.m.
- ◆ English: Third Saturday of the month at 10 a.m.

### **SACRAMENT OF HOLY MATRIMONY**

- ◆ Book for an appointment at least (6) months in advance of proposed wedding date.
- ◆ Llame al Centro Parroquial por lo menos (6) meses antes de la fecha del matrimonio.

### **DEVOTIONS**

**Holy Hour:** 1st Friday of the month at 7 p.m. (Bilingual)

# OFFICE OF LITURGY

<b>Funeral Services</b>	Diep Dinh	Ext. 219	<b>Sacristan</b>	Librado Mercado	(626)281-0466
<b>Altar Servers</b>	Paul/Marleny Gutierrez	(626)281-0466	<b>Wedding &amp; Quinceañeras</b>	Eleana Benalcazar/Patty Ayala	(626)281-0466
<b>Lectors</b>	Eng: Esperanza Canale	(626)281-0466	<b>Assist. Director of Music</b>	Jerry Yslas	(323) 919-1906
	Span: Eleana Benalcazar	(626)281-0466	<b>Eucharistic Ministers</b>	Eng: Lupe Valencia	(626)281-0466
<b>Ushers</b>	Darin Doerning/Jose Serna	(626)281-3042		Span: Humberto G.	(626)281-0466

## APOSTOLATES & ORGANIZATIONS

<b>Ministry of the Sick</b>	Larry Dumont	<b>Guadalupanos</b>	Marina Ramirez
<b>Safeguard the Children</b>	Irene Oaxaca	<b>Rosario de Misericordia</b>	Angelina Farias
<b>Bereavement Ministry</b>	Jose Luis Diaz	<b>Our Lord's Mission</b>	Gerber Bernal or Arturo Camargo
<b>Legion of Mary</b>	Salvador Agudo	<b>St. Vincent de Paul</b>	Midory Gonzalez
<b>Cursillos in Christianity</b>	Aida Gonzalez	<b>Encuentro Matrimonial</b>	Victor Pla
<b>English Bible Study</b>	Sheila Henderson-Linan	<b>Amigos de Jesus</b>	Estela Murga
<b>Spanish Bible Study</b>	Maria de Jesus Martinez	<b>Filipino Ministry</b>	Jun (Isidro) Cabaccang
<b>Knights of Columbus</b>	Pablo Gutierrez	<b>Youth Ministry</b>	Leticia Urtecho



SCHOOL OFFICE: (626) 282-5695  
[www.allSoulsLA.org](http://www.allSoulsLA.org)

## PRAYERS FOR THE SICK

<i>Maria Martin</i>	<i>Becky Salcedo</i>
<i>Ramirez Family</i>	<i>Mary Anne Aarset</i>
<i>Wally &amp; Becky Puent</i>	<i>Erik Lifrak</i>
<i>Cynthia Manriquez</i>	<i>Ray Argueta &amp; Family</i>
<i>Cecil Saguid</i>	<i>Jose Crespo</i>
<i>David A. Pacheco Pech</i>	<i>Joe Negrete</i>
<i>William Gonzalez</i>	<i>Irma Arellano</i>
<i>Jesus Sanchez</i>	<i>Ricardo Hernandez Moreno</i>
<i>Elia Ramirez</i>	<i>Reyes Family</i>
<i>Guadalupe Nevarez</i>	<i>Therese Huyen-Duong Thi Vu</i>
<i>Amelia Espitia</i>	<i>Blanca &amp; Nanci Mejia</i>
<i>Miriam &amp; Julia Jimenez</i>	<i>Mercedes Tarazona</i>
<i>Michelle &amp; Claudia Roma</i>	<i>Delia Vargas</i>
<i>Evelyn De Guzman</i>	<i>William Cardona</i>
<i>Hortencia Palafox</i>	<i>Agustin &amp; Elvia Esquivel</i>
<i>Jerry Lopez</i>	<i>Rubi Arroyo</i>

Please complete this form and place it in the Collections Basket, or bring it to the Pastoral Center. Registration allows us to verify active membership, especially for those who wish to baptize, be godparents, sponsors, or be married.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 Phone No. (\_\_\_\_\_) \_\_\_\_\_  
 Date: \_\_\_\_\_

**New Parishioner    Change of Address    Remove Me**




*Yes, send me Collection Envelopes*

*Check, if you*

## EMERGENCY PREPAREDNESS

### FOOD

- Non-perishable (canned or dried)
- Nourishing (from each of the basic food groups)
- Easily prepared and served
- Able to be eaten as-is (to conserve water and cooking heat)
- Completely edible, in small servings, with little or no waste or leftovers

You should only store food that you normally eat.

Avoid commercial storage foods that contain items that are not part of your normal diet, or that are not familiar to you. It is important to maintain a sense of normalcy in any emergency to keep everyone calm. "Normal" food will help to achieve this good feeling.

It is very common that people are not hungry for the first 24 hours after a catastrophe. Their bodies will tell them when to eat.

Remember to include baby foods, special dietary foods, favorite snacks, and food for your pets.

### STORAGE

Keep food stored in the driest, coolest and darkest areas. Monitor storage area temperatures.

### CRITICAL STORAGE TEMPERATURES

- 32 degrees F – Freezing
- 48 degrees F - Insects become active
- 95 degrees F - Fats melt



**18<sup>th</sup> Sunday of Ordinary Time, Year "B"**  
**"Do not work for food that perishes"**

You've probably heard some people argue that religion makes people live with a sense of sin and guilt. They recommend that children should not be raised with any religious belief or better still that children should be allowed to grow up and later decide for themselves if they need religion in their lives.

If children were allowed to do as they please, they would live only on candy. Yet, parents have to teach them to eat a balanced diet. Alone, children would probably choose to watch television at odd hours, play with glass, etc. Parents practically force their children to do otherwise because it is the right thing to do. If you remember the first day of school for your children, they cry to go back with their parents but their parents close their ears to the sound of their cry because children need to be educated. If it is the responsibility of parents to educate, and protect, why do some say it is not the responsibility of parents to hand over their faith to their children?

If as Catholic parents you succeed in training your children to become doctors, engineers, etc., but did not succeed in handing over your faith to them, you cannot claim to have succeeded as good parents. It may not be wise to construe that initiating children to the faith that nourished your own lives is the cause of their sense of guilt when they grow up. Such feelings are in-born and can not be eliminated.

We do know that guilt and sin go beyond religious belief. Even non religious minded people have a strong sense of guilt and sin in their lives. The sense of sin is deeply ingrained in the human psyche and consequently affects our relationship with our environment. As the ignorance of the law does not make the law not to exist, so does the denial or ignorance of sin does not make sin not to exist.

Is there anyone who has no sin in his or her life? Surely, the answer is no one. But are there people who think they have no sin in their lives? The answer is Yes. Experience has taught me that the most difficult people to live or work with and preach to are those who think they have no sin in their lives or those who feel no guilt even when they fall short of expectations.

Human nature is fundamentally flawed; hence, our perpetual struggle with sin and guilt. As Christians, to deny the presence and power of sin in our lives not only shows how dishonest we are but also reveals the depth of our ingratitude to Christ who gave His life for our salvation.

Sin is real. At some point, sooner or later, we all have to deal with it. Sin is so powerful such that it affects both the self and the quality of our interaction with our environment. It is sin that conditions how we perceive, interpret and respond to reality, hence we cannot escape from the hold it has on the human psyche. And one does not have to be religious to experience or suffer the consequences of sin.

It is religion more than psychology that helps us to face the reality of guilt and sin in our lives. We always recount the story of the Israelites not out of a desire to live in the past but because of its revelation of the human struggle with sin and guilt in the world.

In the first reading, the Israelites struggled with sin before they could enter the Promised Land. They regarded life in Egypt as life lived in bondage, sin and slavery. Leaving Egypt was a movement from bondage to freedom, sin to holiness and slavery to emancipation. In their effort they encountered many difficulties and temptations. "Would that we had died at the Lord's hand in the land of Egypt, as we sat by our fleshpots and ate our fill of bread" (First Reading).

Having experienced the power of God in Egypt, it is not so much that the Israelites were unaware of God's power to see them through any difficulty in their lives. Their grumbling today is more of an outward expression of an inner desire to return to their old ways - a life of sin, slavery and bondage.

If you have struggled with sin or have tried to overcome any bad habit in your life, you will very much appreciate what the Israelites are going through in today's first reading from the Book of Exodus. Sin, guilt or bad habits can have such a strong hold on us making us prefer remaining in its bondage to doing what it may take to obtain freedom.

Ordinarily we detest sin, but there is something about sin that makes it to remain attractive in spite of our desire to conquer it. Sin can be so powerful that even when we want to leave it, it may not want to leave us. This is the struggle we have to go through in life in order to liberate ourselves from the bondage of sin and guilt. And this struggle happens more inside of us than outside of us.

Jesus, being aware of the human struggle with sin; gives us today the ultimate remedy for sin and slavery in the world. The people that heard Jesus preach and experienced the multiplication of the loaves that fed 5000 people, thought that having enough food is the key to freedom from sin and guilt.

Today, Jesus takes the people from where they are to where He wants them to be. The key to authentic freedom does not lie in the PRODUCT of the miracle but in the PERSON of the miracle. Earthly food is not an end in itself. It is only a means to an end. We are not fed so as to be strong enough to accumulate more food. God feeds us so that we could be strong enough to do God's work and doing God's work reaches its climax with faith in Jesus. Jesus says "Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you."

Our Gospel for a couple of Sundays will reveal to us what Jesus means by this message. Jesus knows how strong and how weak we are. Left on our own we can do nothing. As manna helped the Israelites in their desert journey, so does Jesus body serve as the food that will help us overcome the challenges posed by sin. Even when material food is our PLEASURE, Jesus should be our TREASURE.

Jesus thus recommends this radical move from material to spiritual food as the panacea to freedom. Jesus says "I am the bread of life, whoever comes to me will never hunger, and whoever believes in me will never thirst."

The factors that keep us in bondage may be physical, yet, the means of overcoming them are spiritual. Belief in God does not keep us in bondage; rather it sets us free from the bondage of sin, ignorance and guilt. Our participation in this Eucharist becomes a visible sign of our resolve to use all our energies, power and might to work, not for material food but for the spiritual food that endures forever.

August 5, 2018

All Souls Catholic Church

P A R I S H   N E W S



## Youth Ministry News

### MEETINGS

We are in training and planning for the upcoming year. We will resume the Youth Ministry meetings in September.

### TEEN CONFERENCE



Please keep the teens in your prayers this weekend as they embark on a spiritual journey at the **City of Saints Teen Conference**.

The 3 day event is a wonderful and local opportunity for young people to deepen their relationship with Jesus. The conference features dynamic speakers, diverse liturgical experiences, music, interactive exhibits, opportunities to receive the sacraments of Eucharist and penance, and more. All of this is set in an atmosphere where teens can learn and experience the beauty of the Catholic faith with its rich symbols and traditions.



## American Red Cross BLOOD DRIVE

All Souls Church will be hosting a Blood Drive on August 19, 2018, from 8:30 am to 2:30 pm in the parish hall.

Your precious gift of blood can save up to three lives. It is important that we support others in this process as there is no substitute for blood.

To schedule an appointment, log onto [www.redcrossblood.org](http://www.redcrossblood.org) and enter sponsor code ALLSOULS or call your American Red Cross representative at 626-437-7893.

Thank you for your gift of life!



NEXT FOOD  
DISTRIBUTION:

August 16, 2018  
(626) 281-0466 ext. 235

**LUAU**

A Dinner Dance  
in cooperation with  
the Filipino Ministry

**Date:** Sat., August 11, 2018  
**Time:** 6:00pm until Midnight  
**Venue:** Parish Hall  
**Ticket Price:** \$15.00/person

\*Proceeds go to the construction of the church grotto

All Souls Church

The Office for Worship of the archdiocese is offering a retreat day on August 25, *Rooted in Diversity, We Grow in Unity*, for all liturgical ministers in the parishes--that includes participants from the pews as well. The program will include Keynotes in Spanish and English, breakout sessions and a plenary. We will begin the day at 8:00 AM with hospitality and end before 1:30 PM. To register please go to

[http://archla.org/  
ofwliturgyday](http://archla.org/ofwliturgyday)



## FINANCIAL REPORT

*Thank you for your generosity and continued support of the Offertory Collection.*

5TH SUNDAY OF JULY

◀07/29/18▶

1 <sup>st</sup> Collection:	\$ 5406.50
2 <sup>nd</sup> Collection:	\$ 1772.00
Candles:	\$ 148.00
Total:	\$7,326.50



National Needs Combined Collection: \$569.00

### MEN AND WOMEN OF GOD SESSIONS

Are you looking for an opportunity to talk and ponder about the Word of God?



Join our special sessions "Women of God" and "Men of God." Please call our Pastoral Center for more information. We will take your name and number and reach back to you as soon as possible.



Theology on Tap is a program of the Office of Young Adult Ministry that reaches out to young adults who want to explore the role of faith in their daily lives. Created in 1981, RENEW International's Theology-on-Tap is a nationally

recognized speaker and fellowship program that has been successfully bringing young adults to the church for more than 30 years. In this casual atmosphere, you'll hear straight talk and honest answers to your deepest questions about faith, love, work and other real life experiences. Theology on Tap provides an opportunity to not only learn about the Catholic faith but also meet like-minded people and make new friends.

Visit this link for a list of dates and locations:  
<https://totlosangeles.weebly.com/>

## Did You Know?

Rules about politeness seem to be in contradiction to the rules we teach children about avoiding predators and responding to behaviors that make them uncomfortable. It's important to expand on the idea of saying "no" when someone asks them to cross a boundary. Explain that there are situations where being rude is acceptable, if that's what it takes, and help them understand that being polite has its limits.

## THINKING OF BECOMING CATHOLIC OR KNOW SOMEONE WHO IS?

### Rite of Christian Initiation of Adults

The Rite of Christian Initiation of Adults is a spiritual path in preparation for baptism and a commitment to reflect and partake in Catholic practices. Adults in the R.C.I.A. join in special rites during the Sunday liturgies at various times of the year. In addition, they get acquainted with parishioners by servicing the parish or wider community. In return, the community joins in prayer as the rites are celebrated, hospitality as new members join, and in ministries like sponsor, team member, and dismissal leader.

An adapted form of the program, for Christians who have been baptized in another faith tradition, will be imparted.

Please contact the Pastoral Center at 626-281-0466 for an appointment or more information.

August 5, 2018

## MASS INTENTIONS

SATURDAY	AUGUST 4, 2018
5:30PM	Sally Lockhart (Dec.) Harold W. Melvin (Dec.)
SUNDAY	AUGUST 5, 2018
7:30AM	Domingo Miranda (Dec.) Salvador Vasquez (Special Intention)
9:00AM	Delmar Timbre (Dec.) Cornelio Sanga, Sr. (Dec.)
10:30AM	Mary Astacio (Thanksgiving) Salvador Vasquez (Special Intention)
12:00PM	Daniel Navarro (Dec.) Paulina Castellanos (Healing)
5:30PM	Phu, Van Chi (Dec.) Salvador Vasquez (Special Intention)
MONDAY	AUGUST 6, 2018
7:30AM	Familia Gonzalez Ramirez (Special Int.)
TUESDAY	AUGUST 7, 2018
7:30AM	New School Year
WEDNESDAY	AUGUST 8, 2018
7:30AM	Vivian Rull (Special Intention)
THURSDAY	AUGUST 9, 2018
7:30AM	All Souls in Purgatory
FRIDAY	AUGUST 10, 2018
7:30AM	Victims of Natural Disasters
SATURDAY	AUGUST 11, 2018
7:30AM	Soledad Tendero (Dec.)

## TODAY'S READINGS

**First Reading** — I will rain down bread (Ex 16:2)  
**Psalm** — The Lord gave them bread (Psalm 78).  
**Second Reading** — Put on the new self that has been created in God's way (Ephesians 4:17, 20-24).  
**Gospel** — Whoever comes to me will never hunger, and whoever believes in me will never thirst (John 6:24-35).

ALL SOULS CATHOLIC CHURCH

## PARISH GROUPS EVENTS CALENDAR

Call the Pastoral Center beforehand to check if any changes have been made to the parish schedule. Thank you.

MONDAY, AUGUST 6

6:00pm -  
7:00pm -  
7:00pm -

TUESDAY, AUGUST 7

5:30pm - Bingo Night-Bingo-Halls & Conf. Room, Kitchen  
6:00pm - Quinceañera Rehearsal-Quinceañeras-Church  
6:30pm - Junta de Mesa Directiva—Amigos de Jesus—SC5

WEDNESDAY, AUGUST 8

10:00am -  
6:30pm - Choir Practice-Parish-Basement Conf. Room  
7:00pm - Grupo de Oracion—Amigos de Jesus—F/B Halls, Ktch, HC  
7:00pm - Risen Christ Prayer Group—Parish—All Souls CR  
7:00pm - Meeting- Legion of Mary- SC 5

THURSDAY, AUGUST 9

9:00am - Sunday Scriptures—Parish—All Souls CR  
6:30pm - Crecimientos—Amigos de Jesus—SC5  
7:00pm - Reflexiones de Libros Liturgicos— Parish— Hall Conf. Rm

FRIDAY, AUGUST 10

10:00am -  
7:00pm - English Baptism Class— Guadalupe Conf. Room  
7:00pm - Spanish Bible Class-Back and Front Hall  
8:00pm - Meeting—Encuentro Matrimonial—Hall Conference Rm

SATURDAY, AUGUST 11

9:00am - Luau Sponsored —Filipino Ministry-Halls & Kitchen  
9:00am - Meeting— Spanish Lectors— Guadalupe Conf. Rm.  
2:00pm - Quinceañera-Quinceañera—Church

SUNDAY, AUGUST 12

8:00am - Food Sale— Amigos de Jesus -Patio  
7:00pm - Rosario—Guadalupanos-Patio #2

## GOD IN ALL

In everything, be it a thing sensed, or a thing known,  
God is hidden within.  
—St. Bonaventure

## THIS WEEK'S READINGS

Monday:	Dn 7:9-10, 13-14; Ps 97:1-2, 5-6, 9; 2 Pt 1:16-19; Mk 9:2-10
Tuesday:	Jer 30:1-2, 12-15, 18-22; Ps 102:16-21, 29, 22-23; Mt 14:22-36 or Mt 15:1-2, 10-14
Wednesday:	Jer 31:1-7; Jer 31:10, 11-12ab, 13; Mt 15:21-28
Thursday:	Jer 31:31-34; Ps 51:12-15, 18-19; Mt 16:13-23
Friday:	2 Cor 9:6-10; Ps 112:1-2, 5-9; Jn 12:24-26
Saturday:	Hb 1:12 — 2:4; Ps 9:8-13; Mt 17:14-20
Sunday:	1 Kgs 19:4-8; Ps 34:2-9; Eph 4:30 — 5:2; Jn 6:41-51

## EL TRABAJO QUE DIOS QUIERE

¡Estamos tan ocupados! Muchos de nosotros tenemos más de un trabajo y parecería que nunca tenemos suficiente tiempo. Somos trabajadores, voluntarios, padres, amigos y la mayoría es más de una cosa a la vez. Pero, ¿cuál de estos es el trabajo que Dios quiere?

Rara vez vemos nuestro trabajo común como el trabajo que Dios quiere. Quizás pensamos que debemos ser ministros o sacerdotes, misioneros o benefactores, que debemos realizar trabajos de tiempo completo que se consideran como "las obras de Dios". Pero todo lo que hacemos con un corazón fiel y con amor por el prójimo es una obra de Dios. Cada uno tiene un papel que cumplir en el mundo y muchos dones son necesarios. No siempre podemos ver la relación directa que existe entre nuestro trabajo diario y los designios de Dios. Pero confiamos y tenemos fe en que Dios nos guía a hacer lo que es necesario, cuando es necesario. ¿Cuál es "la obra de Dios?" "La obra de Dios consiste en que crean en aquél a quien él ha enviado" (Juan 6:29).

Copyright © J. S. Paluch Co., Inc

## LECTURAS DE HOY

**Primera lectura** — Voy a hacer que llueva pan del cielo (Exodo 16:2-4, 12-15).

**Salmo** — El Señor les dio pan del cielo (Salmo 78 [77]).

**Segunda lectura** — Revístanse del nuevo yo, creado a imagen de Dios (Efesios 4:17, 20-24).

**Evangelio** — El que viene a mí no tendrá hambre, y el que cree en mí nunca tendrá sed (Juan 6:24-35).

## LECTURAS DE LA SEMANA

- Lunes: Dn 7:9-10, 13-14; Sal 97 (96):1-2, 5-6, 9;  
2 Pe 1:16-19; Mc 9:2-10
- Martes: Jer 30:1-2, 12-15, 18-22; Sal 102 (101):16-21,  
29, 22-23; Mt 14:22-36 o Mt 15:1-2, 10-14
- Miércoles: Jer 31:1-7; Jer 31:10, 11-12ab, 13;  
Mt 15:21-28
- Jueves: Jer 31:31-34; Sal 51 (50):12-15, 18-19;  
Mt 16:13-23
- Viernes: 2 Cor 9:6-10; Sal 112 (111):1-2, 5-8;  
Jn 12:24-26
- Sábado: Hb 1:12 — 2:4; Sal 9:8-13; Mt 17:14-20
- Domingo: 1 Re 19:4-8; Sal 34 (33):2-9; Ef 4:30 5:2;  
Jn 6:41-51

5 de agosto del 2018

## ¿Sabía Usted?

Las normas de la amabilidad parecen que estuvieran en contradicción con las reglas que les enseñamos a los niños cuando se trata de evitar a los depredadores o rechazarlos. Es por eso que es importante ampliar el concepto de que es válido decir "NO" cuando alguien quiere sobreponerse con ellos. Explíquenles que hay situaciones donde ser pesado con alguien más es aceptable, porque la amabilidad tiene límites.

The infographic is centered around the theme 'LOS 4 ATRIBUTOS DE LA IGLESIA'. It features four main sections: **UNA** (Unique), **SANTA** (Holy), **CATÓLICA** (Catholic), and **APOSTÓLICA** (Apostolic). Each section includes a small icon, a brief description, and a list of Biblical citations.

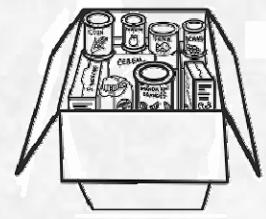
- UNA (Unique):** Una misma fe y una cabeza que es Cristo, quien edifica su Iglesia sobre Pedro.  
Citas Bíblicas: Efesios 4, 3-6; Juan 10, 16; Juan 17, 21.
- SANTA (Holy):** Su fundador, es santo, así como sus enseñanzas y su misión evangelizadora.  
Citas Bíblicas: Mateo 16, 18-19; Efesios 4, 11-12; 1 Pedro 2, 9.
- CATÓLICA (Catholic):** Católica significa "universal". Jesús nos mandó a llevar la Buena Nueva a todas las naciones.  
Citas Bíblicas: Mateo 18, 19-20; Mateo 28, 19.
- APOSTÓLICA (Apostolic):** Está fundada sobre los apóstoles, enviados por Cristo mismo.  
Citas Bíblicas: Efesios 2, 20; Hechos 21, 14; 2 Timoteo 1, 13-14.

**CatholicLink** logo is also present.

## SAN VINCENTE DE PAUL

**La Siguiente Distribucion  
De comida será el:**

**16 de Agosto, 2018  
(626) 281-0466**



Acompáñenos a rezar el Rosario de la Misericordia todos los domingos después de la misa del mediodía.