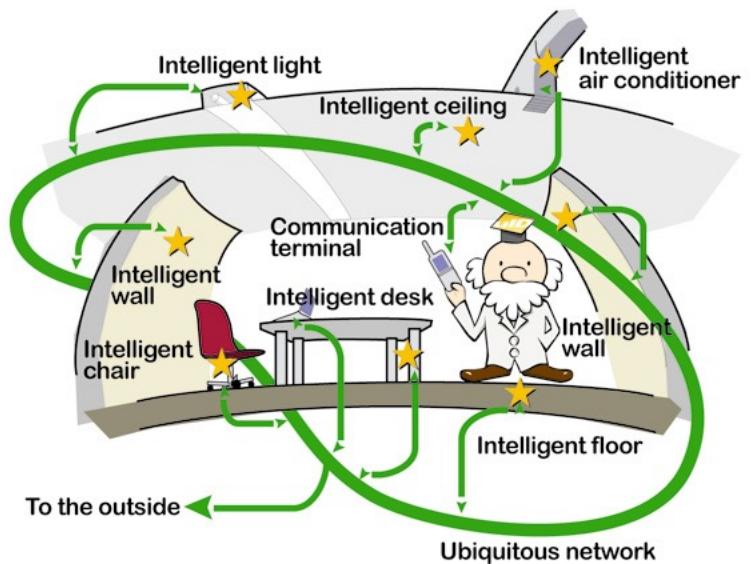


# Ubiquitous Computing and Embedded systems

Fernando Guirado  
Office 3.17  
EPS building  
[fernando.guirado@udl.cat](mailto:fernando.guirado@udl.cat)



# Let's start

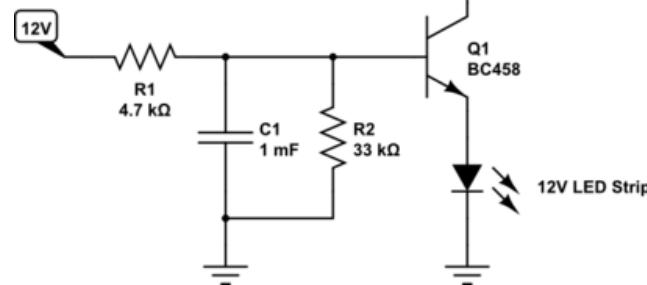
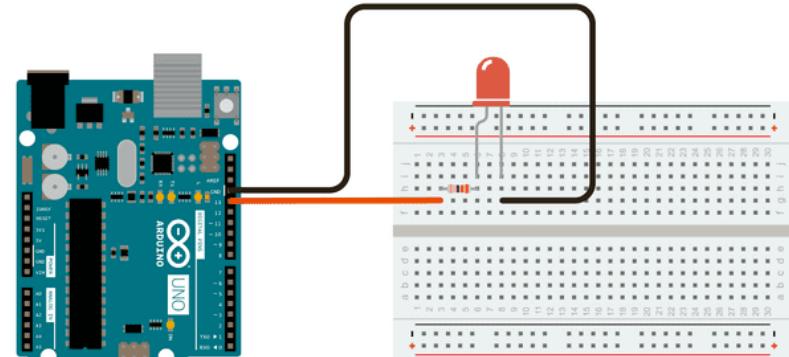
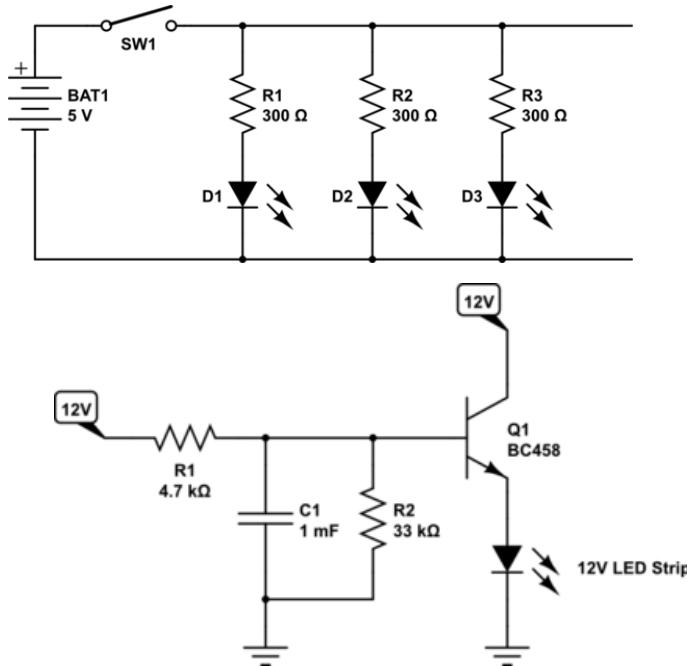
Some questions

1. C/C++ language programming?
2. Microcontrollers? Arduino, RPi, PIC, STM, ESP, ....

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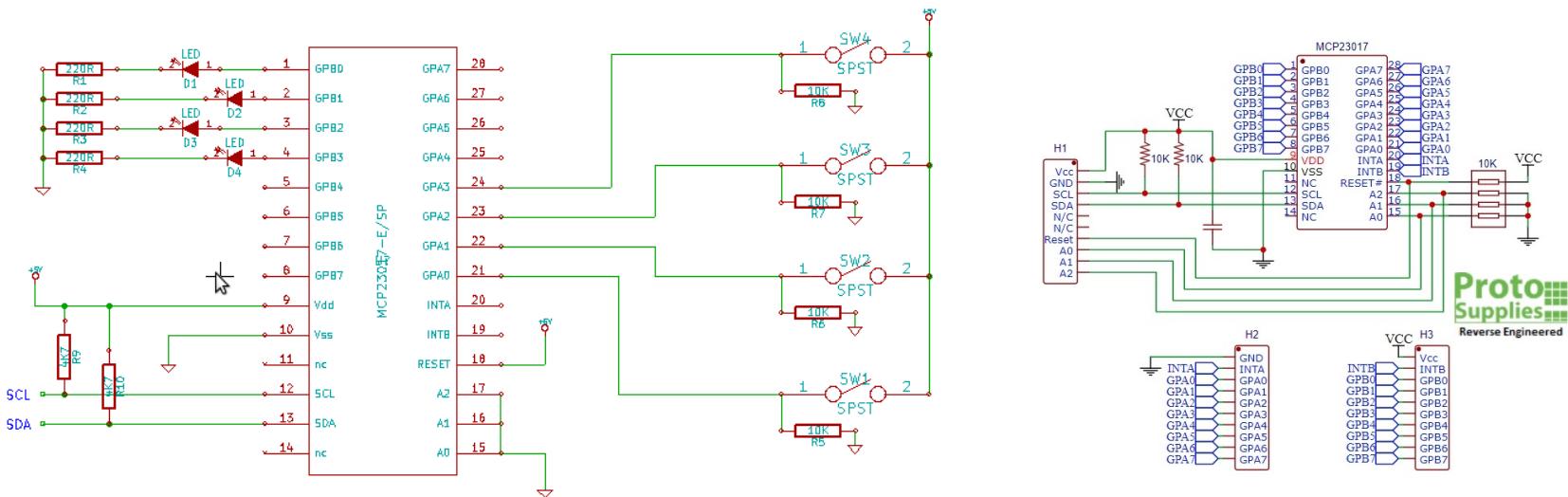
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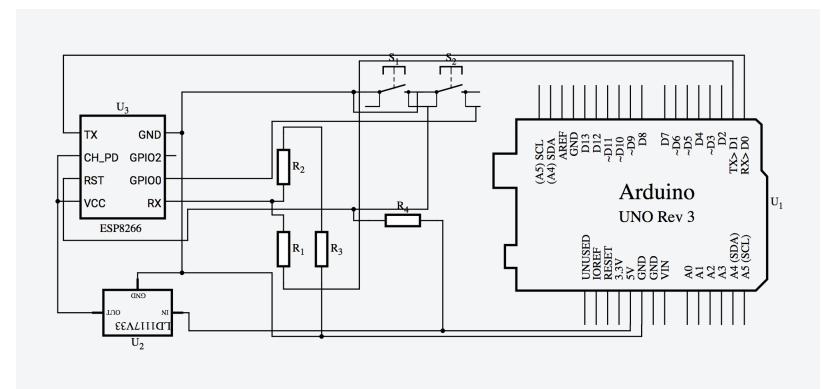
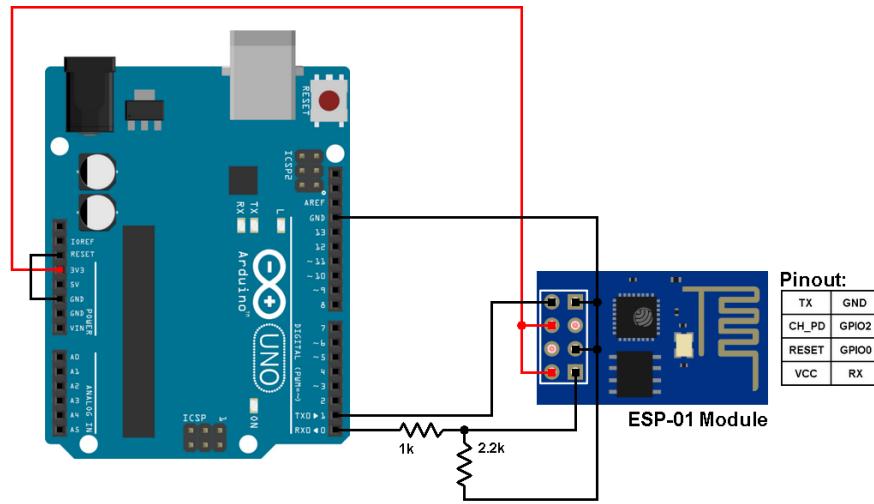
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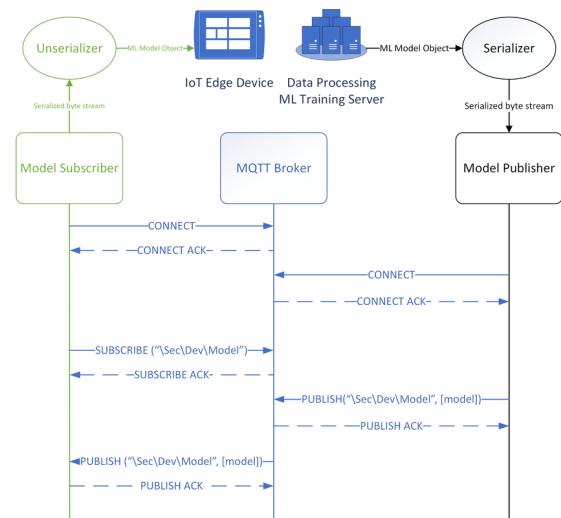
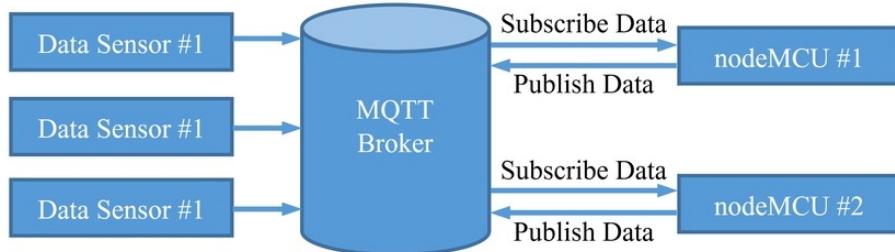


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IP address, STA vs AP, protocols, ...



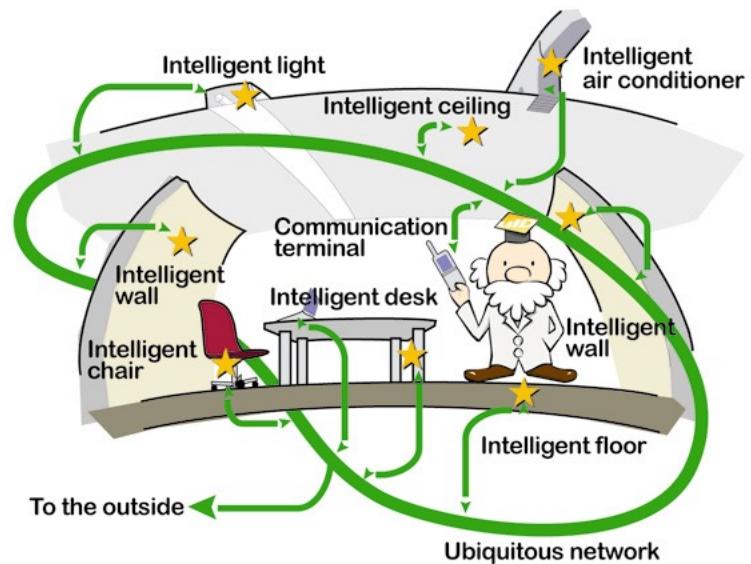
# Let's start

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3. Electronic skills? Resistors, capacitors, voltage, current, ...
4. Network management and programming?  
IP address, STA vs AP, protocols, ...
5. RTOS?
6. IoT?
7. Cloud/Fog/Edge Computing?

# Ubiquitous Computing and Embedded systems

Fernando Guirado  
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EPS building  
[f.guirado@diei.udl.cat](mailto:f.guirado@diei.udl.cat)



# Competences

- Master Information and Communication Technologies
- Master a foreign language
- Capacity to design and develop computer systems, applications and services to built-in and ubiquitous systems
- Capacity to draft, design and implement projects and/or give novel solutions, using engineering-related tools

# Course structure

- Little theory presentation on the main topics
- Short exercises to get practice
- A development project based on SCRUM

# Contents

**Embedded Systems & RTOS**

**Internet of Things**

**Edge Computing**

# Contents

**Embedded Systems & RTOS**

Internet of Things

Ubiquitous Computing

# Contents

## Embedded Systems

1. Introduction
2. Embedded Systems Characteristics
3. Functional and timing requirements
4. Real Time: Modelling, Scheduling, Design

# Contents

## Real Time Systems

- Real Time Systems are designed taking into account both; hardware and software.
- It processes any external/internal stimuli under highly tight timing constraints.
- RTOS allows the hardware access while meeting the timing constraints.

# Contents

Embedded Systems & RTOS

Internet of Things

Ubiquitous Computing

# Contents

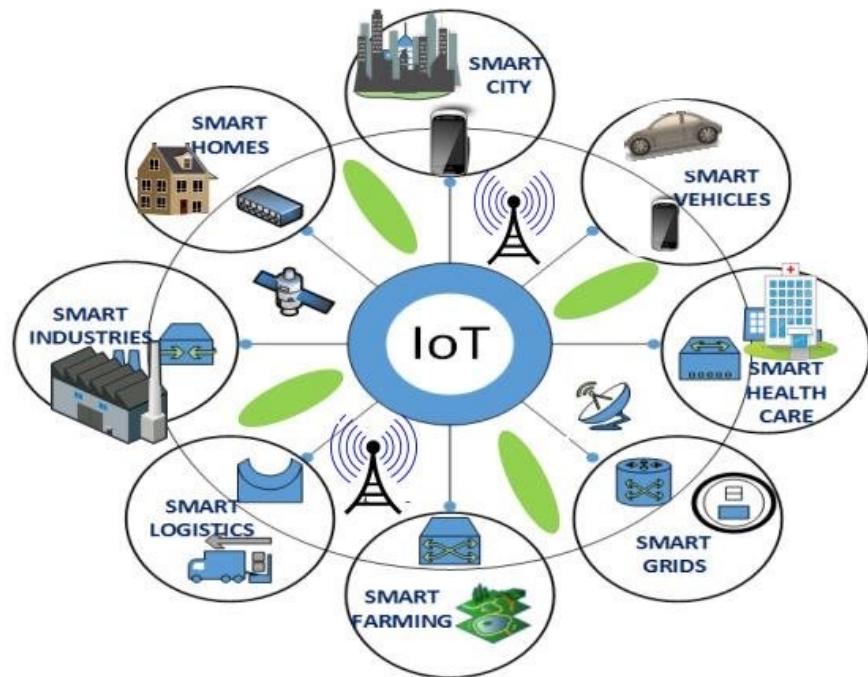
## Internet of Things

The **Internet of Things (IoT)** is the network of **physical** objects (things) - devices, vehicles, buildings and other items embedded with electronics, software, sensors, and network connectivity - that enables these objects to **collect** and **exchange** data over the Internet.

# IoT

## Big Challenges

- Data Security. Some IoT devices collect highly sensitive information.
- Data Privacy. Much of the information collected and processed by IoT devices may be protected under various data privacy laws. ...
- Data Volume. ...
- Data Complexity.



# Contents

## Internet of Things

1. Introduction
2. Components of IoT and technological restrictions
3. Connectivity and communication protocols

# Contents

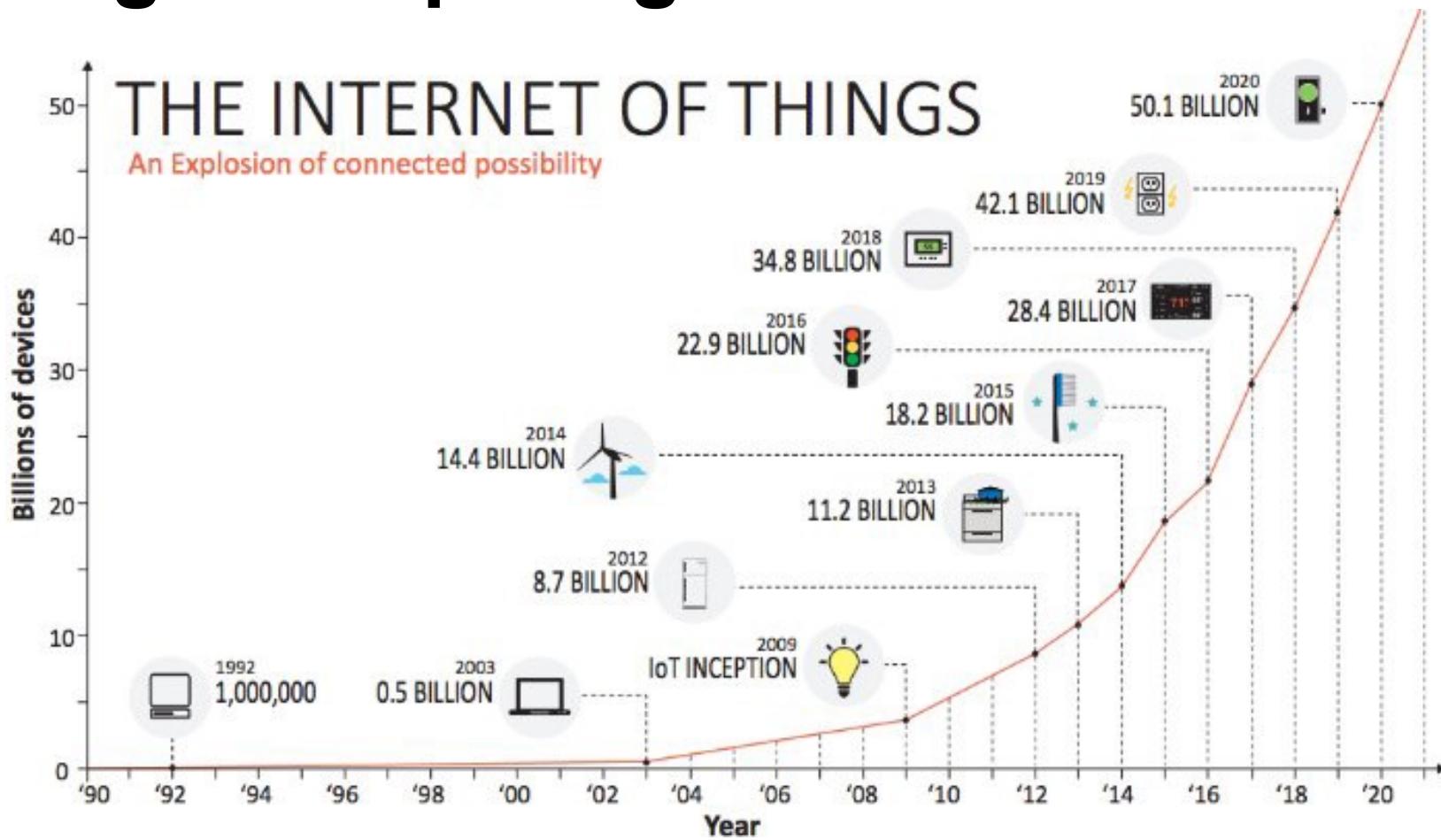
**Embedded Systems**

**Internet of Things**

**Edge Computing**

# Contents

## Edge Computing



# Contents

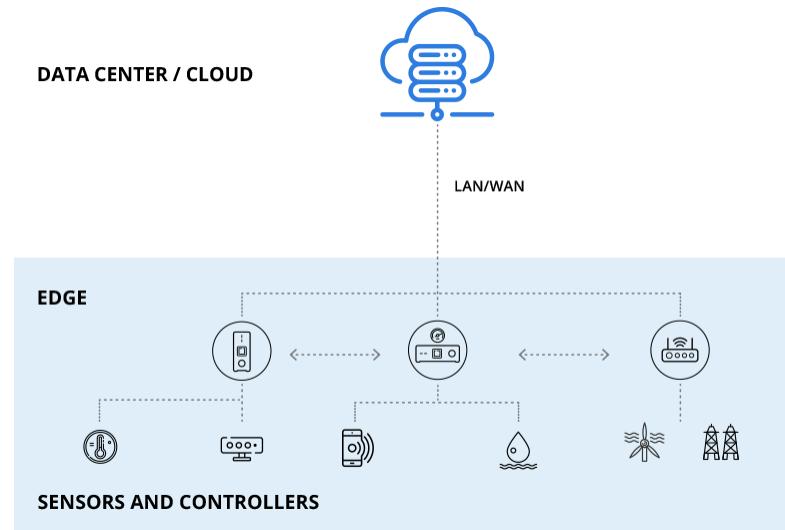
## Edge Computing

Edge computing is an emerging **computing paradigm** which refers to a range of networks and devices at or near the user. Edge is about **processing data closer to where it's being generated**, enabling processing at greater speeds and volumes, leading to greater action-led results in real time.

# Edge Computing

## Big Challenges >> Some solutions

- **Data Security.** Some IoT devices collect highly sensitive information.
- **Data Privacy.** Much of the information collected and processed by IoT devices may be protected under various data privacy laws. ...
- **Data Volume.** ...
- **Data Complexity.**



# Contents

## Edge Computing

1. Introduction
2. Requirements and Opportunities
3. Integrated Machine Learning

# Contents

**Embedded Systems & RTOS**

**Internet of Things**

**Edge Computing**

# Contents

## After all – Goals

- Have some knowledge of previous topics
- Get in contact with microcontroller development, RTOS, IoT, ....
- Learn how to:
  - Allow multi-platform interaction
  - Overpass the initial hardware I/O limitations
  - To take benefit of RTOS on embedded controllers.
  - Collect and transfer data from remote sensors

# Contents

## **Project Development**

# Health risk assessment - HRA



# Health risk assessment - HRA

A health risk assessment (HRA), sometimes known as a health risk appraisal or health assessment, is a questionnaire that evaluates **lifestyle factors and health risks of an individual**. It collects health information, that can be typically coupled with a process that includes **biometric testing** to assess an individual's health status, risks, and habits.

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# Biometric monitor framework

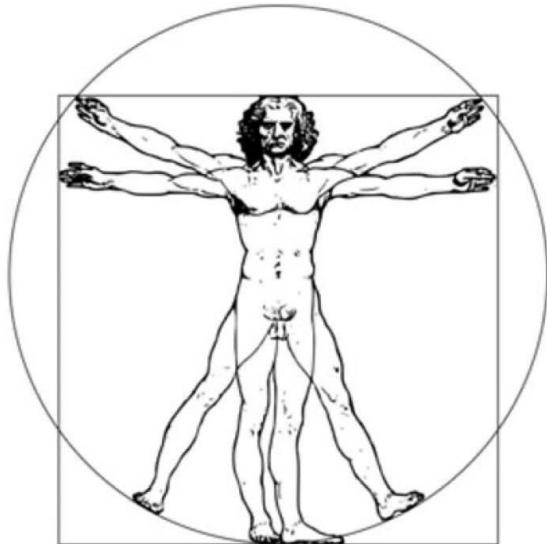
## Project Statement:

- To develop a global system for monitoring user health risk situations based on some biometric data.
- The system will monitor:
  - The heart rate to determine possible heart arrhythmia or attacks.
  - The user movements and stability to identifies some possible neural problems due to a bad blood flow.
- The prototype is composed by several devices each one with different purposes:
  - Biometric data providers that obtains the biometric user data.
  - Monitor station: It shows in real time the current user status; heart rate and current risk.

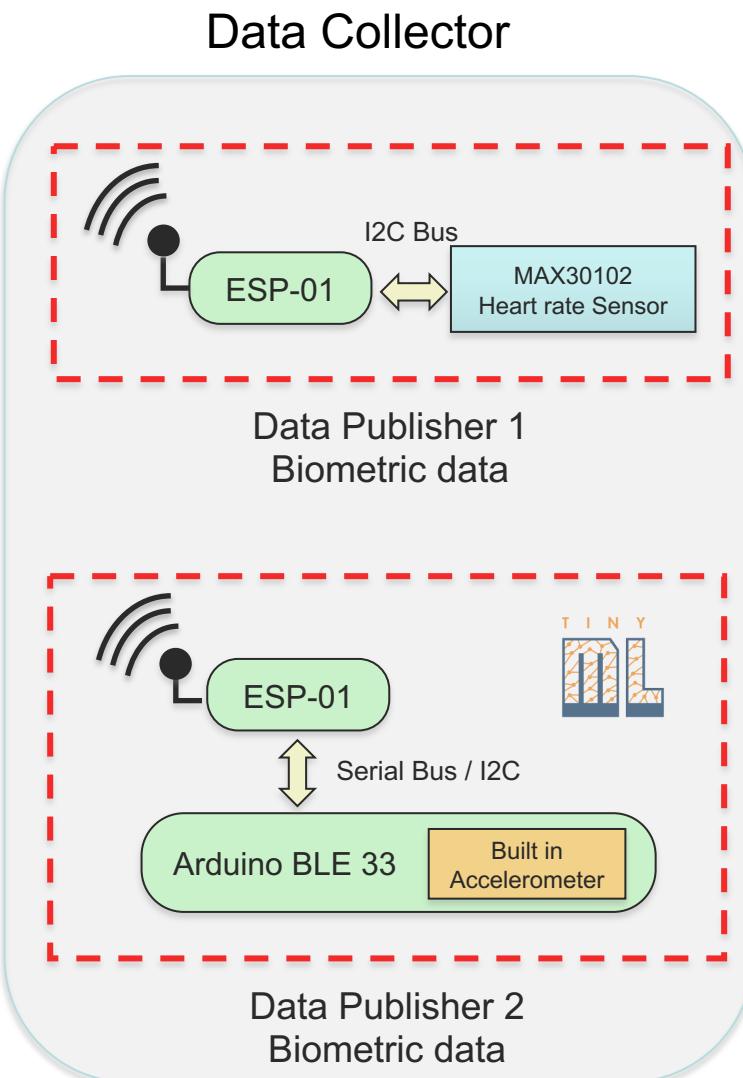
# Biometric monitor framework

## Project requirements:

- User wear two different devices that collect data; heart rate and movement/stability dysfunction.



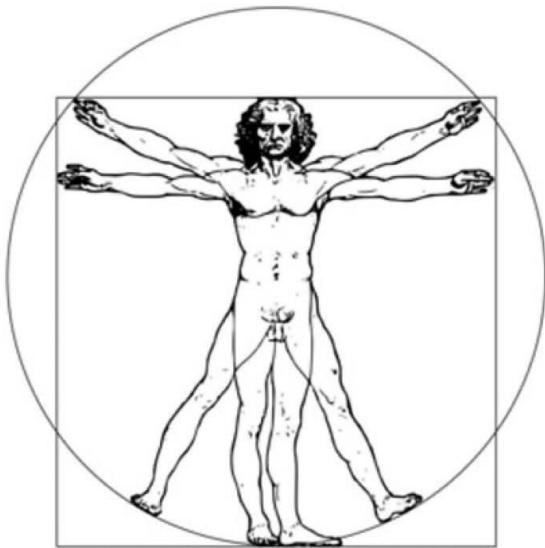
# Biometric monitor framework



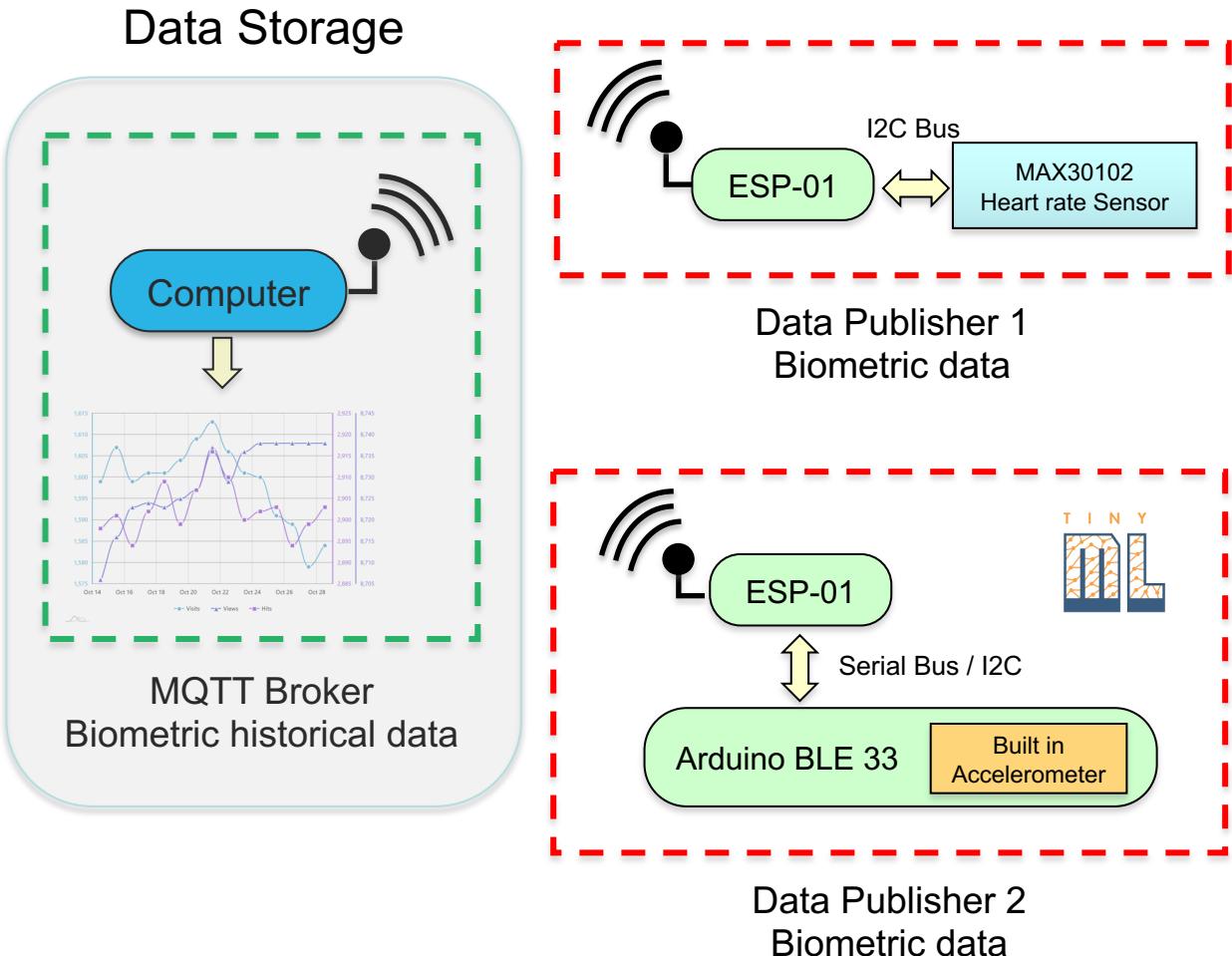
# Biometric monitor framework

## Project requirements:

- User wear two different devices that collect data; heart rate and movement/stability dysfunction.
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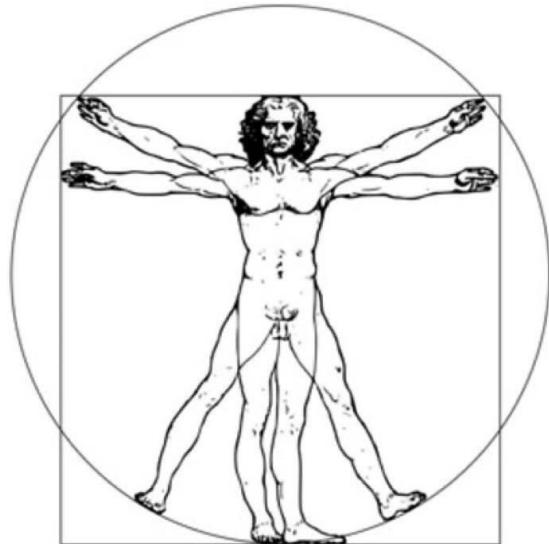
# Biometric monitor framework



# Biometric monitor framework

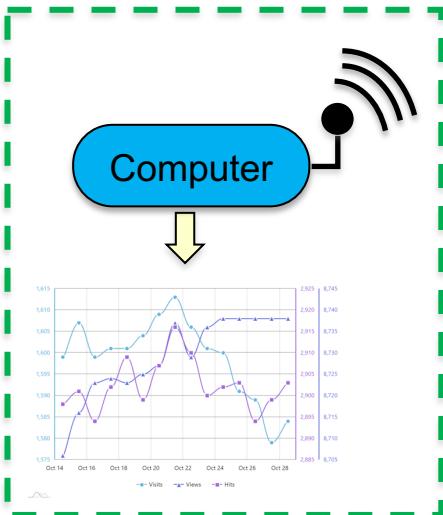
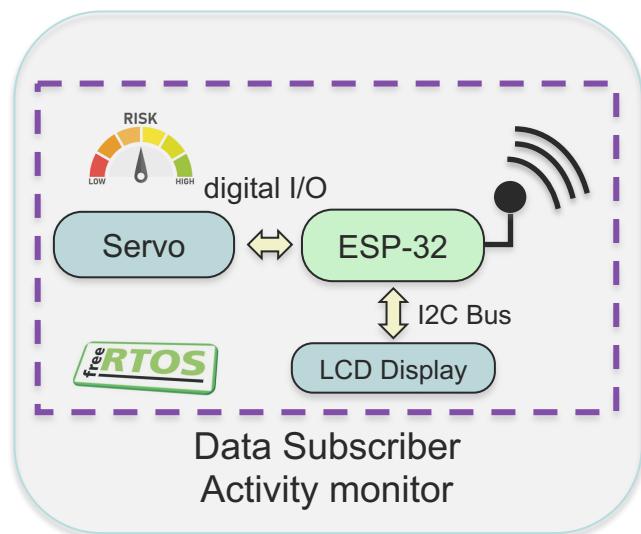
## Project requirements:

- User wear two different devices that collect data; heart rate and movement/stability dysfunction.
- Data will be and transferred remotely.
- There will be a risk monitor that identifies the current user status.

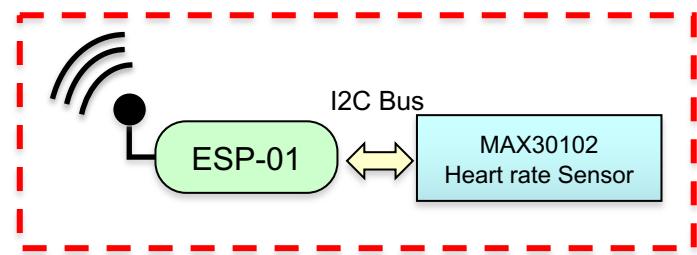


# Biometric monitor framework

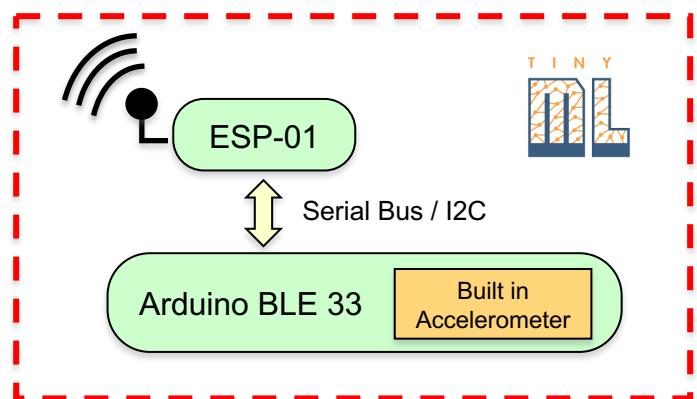
## Risk Monitor



MQTT Broker  
Biometric historical data

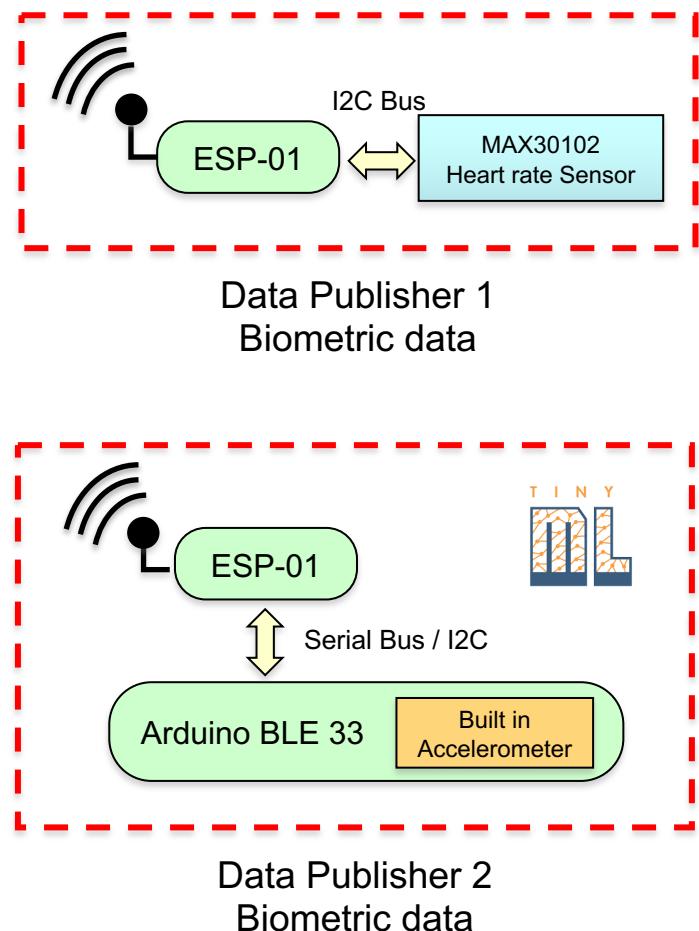
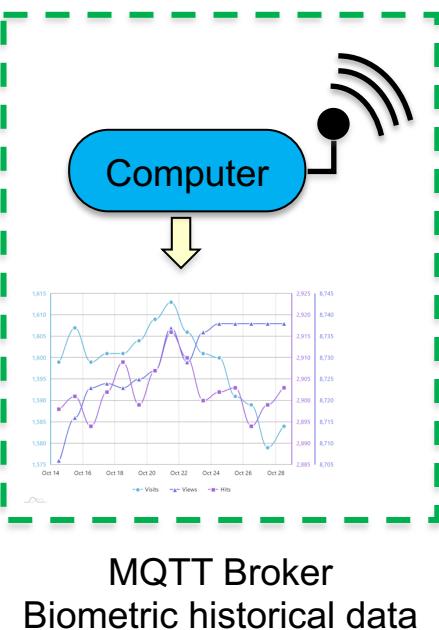
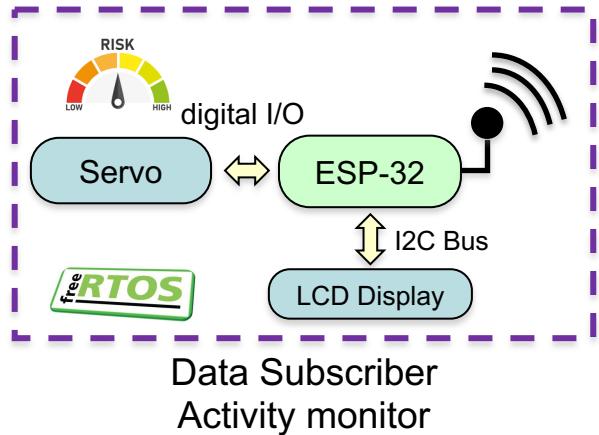


Data Publisher 1  
Biometric data



Data Publisher 2  
Biometric data

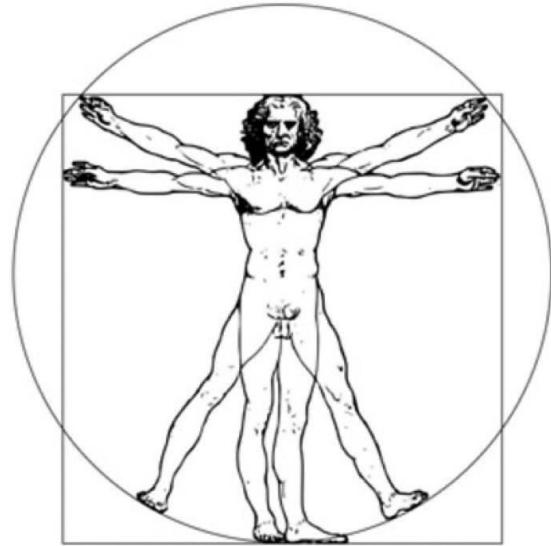
# Prototype schema



# Biometric monitor framework

## Project requirements:

- User wear two different devices that collect data; heart rate and movement/stability dysfunction.
- Data will be and transferred remotely.
- There will be a risk monitor that identifies the current user status.



## Optional:

- > Collected data can be remotely stored in a database.
- > Smartphone data presentation.
- > ....

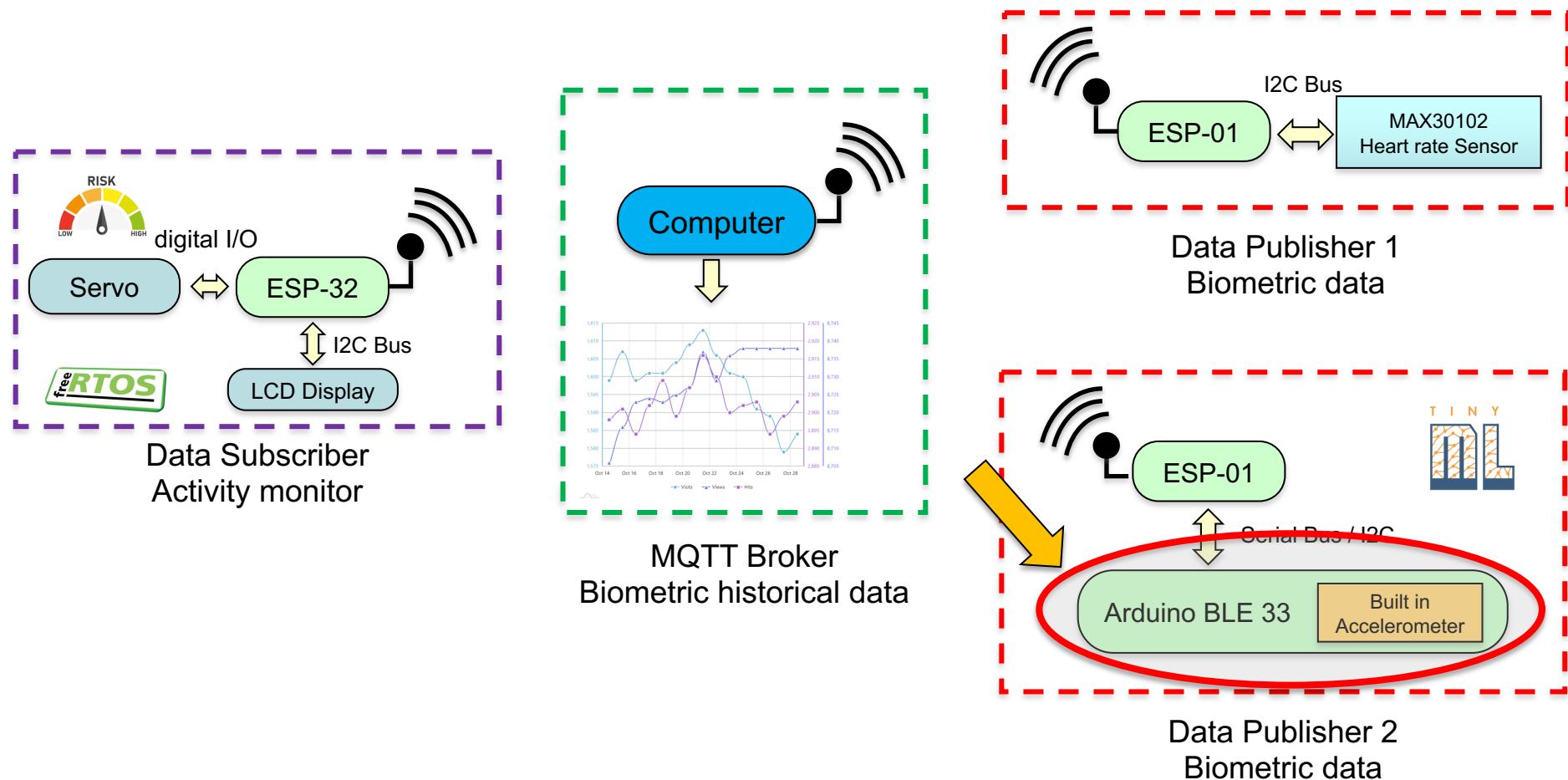
# Project <> Topics

**Embedded Systems & RTOS**

Internet of Things

Edge Computing

# Prototype schema



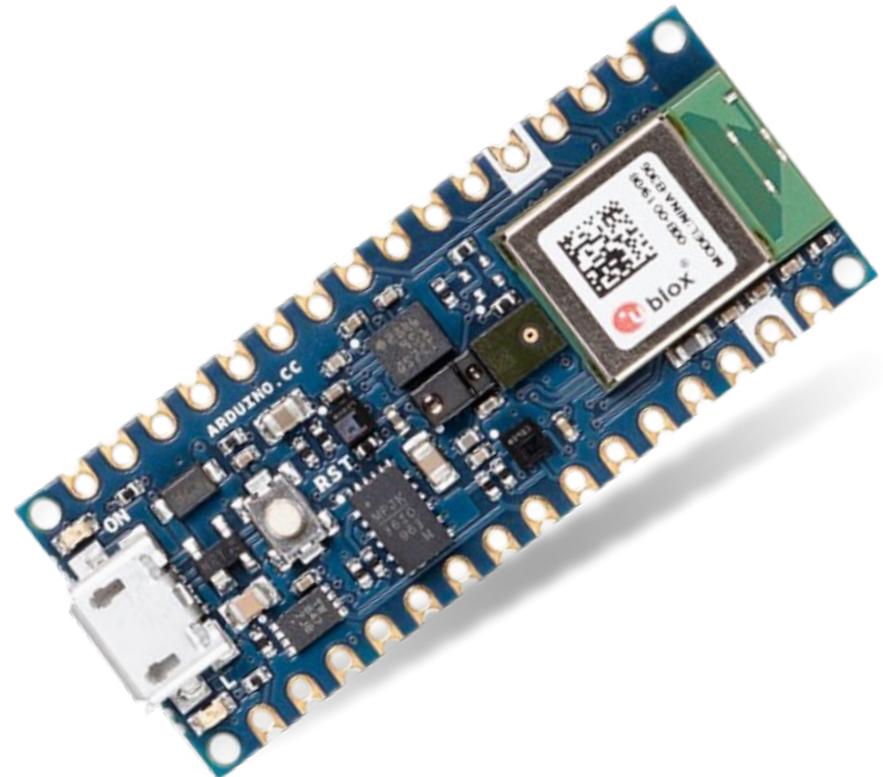
# Components - Arduino

- Physical computing platform
- Several prototyping boards but just one IDE (many flavors)
- Open source
- “Hardware Abstracted” Wiring Language
- USB programmable
- Extremely large community
- Inexpensive (from 10\$)

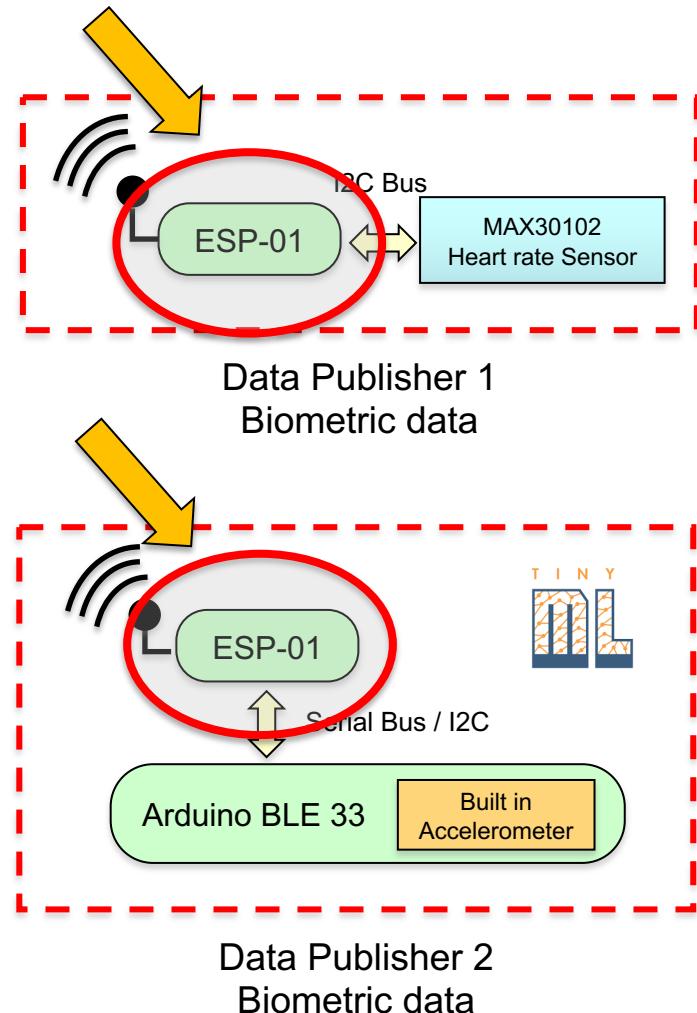
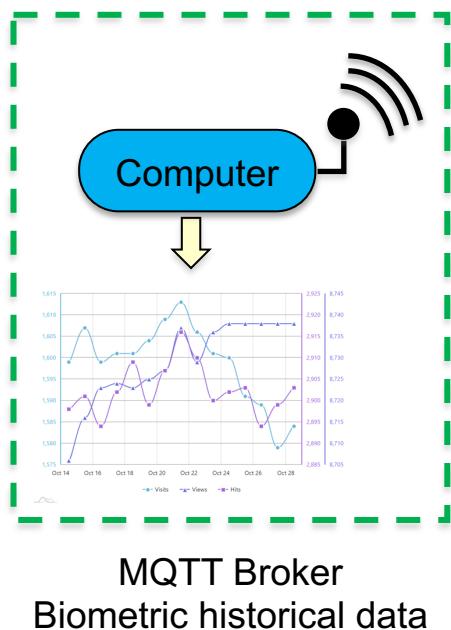
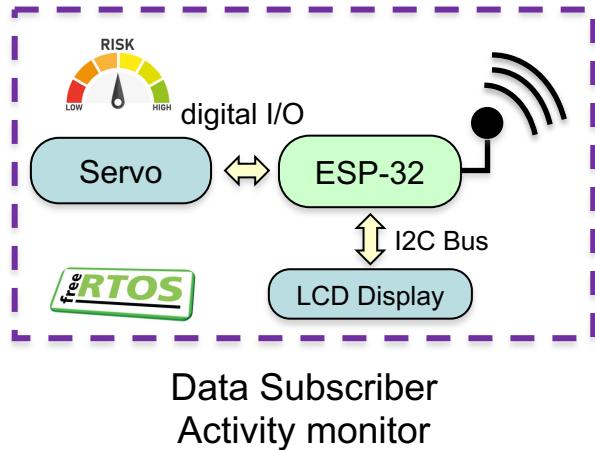


# Components - Arduino

- nRF52840 - 32-bit ARM® Cortex®-M4 CPU – 64MHz
- 1MB RAM
- 34 × programmable GPIOs
- Bluetooth® Low Energy and Bluetooth® client and host device
- 1 x UART + 1 x SPI + 1 x I2C
- 8 ADC
- Embedded 9 axis inertial sensor



# Prototype schema



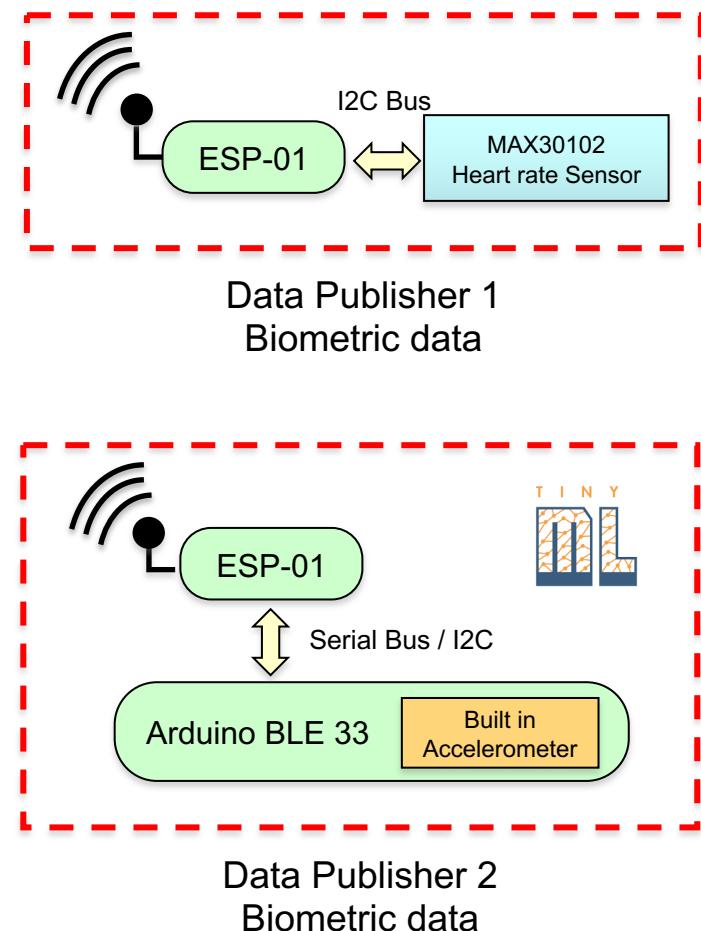
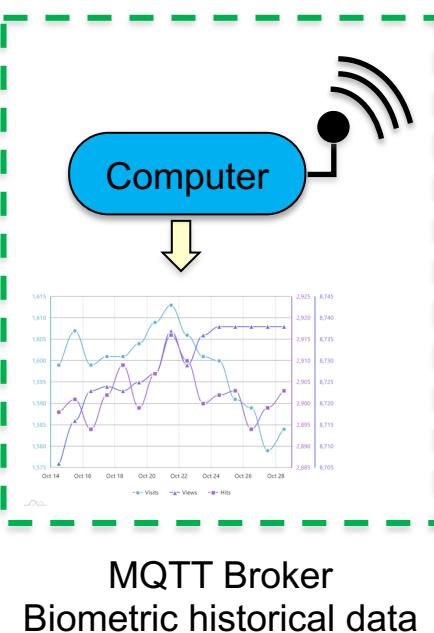
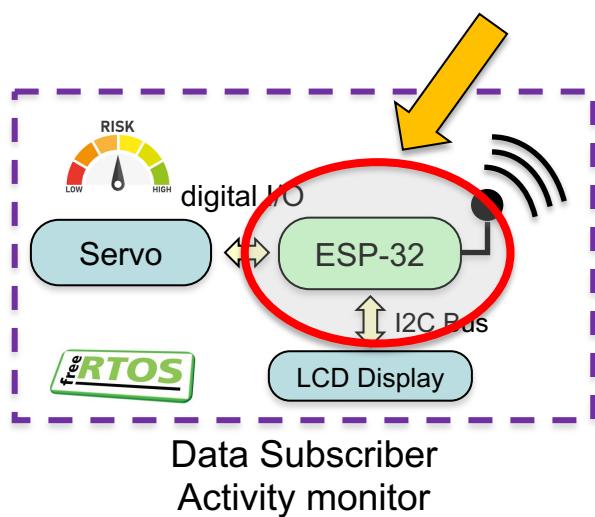
# Components – ESP-01

- Low cost, compact and powerful Wi-Fi Module
- Power Supply: +3.3V only
- Built-in low power ESP8266 32-bit MCU @ 80MHz
- 512kB Flash Memory
- Can be used as Station or Access Point or both combined
- Supports Deep sleep (<10uA)
- Supports serial communication hence compatible with many development platform like Arduino
- Can be programmed using Arduino IDE, AT-commands or Lua Scripting language
- UART + I2C Bus.



<https://www.espressif.com/en/products/socs/esp8266>  
[https://www.nodemcu.com/index\\_en.html](https://www.nodemcu.com/index_en.html)

# Prototype schema



# Components – ESP-32

- Power Supply: +3.3V only
- Xtensa dual-core 32-bit LX6 MCU @ 160MHz/240Mhz
- 320KB RAM + 512kB Flash Memory
- Wi-Fi: 802.11 b/g/n
- Bluetooth: v4.2 BR/EDR and BLE
- 34 × programmable GPIOs
- 2 × 8-bit DACs
- 4 x SPI, 2 x I2C, 2 x I2S and 3 x Serial interfaces
- IEEE 802.11 standard security including WPA, WPA2, WPA3
- Cryptographic hardware acceleration
- .....



<https://www.espressif.com/en/products/socs/esp32>

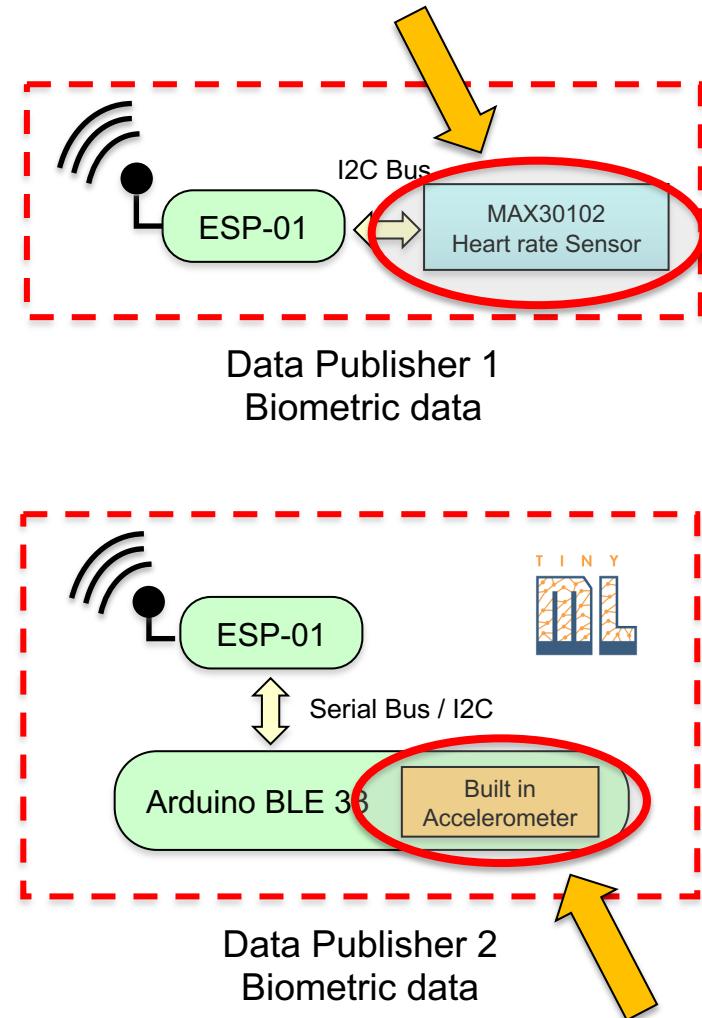
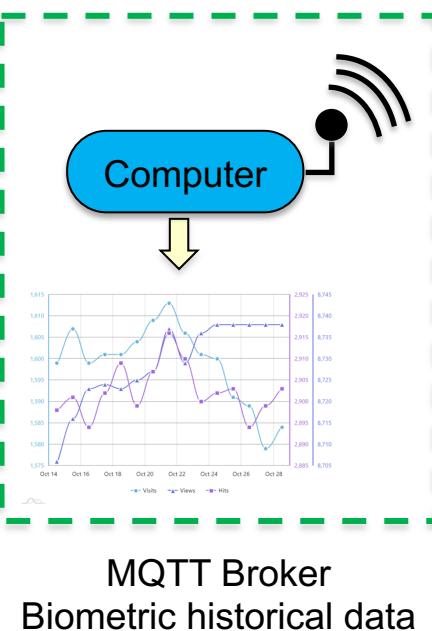
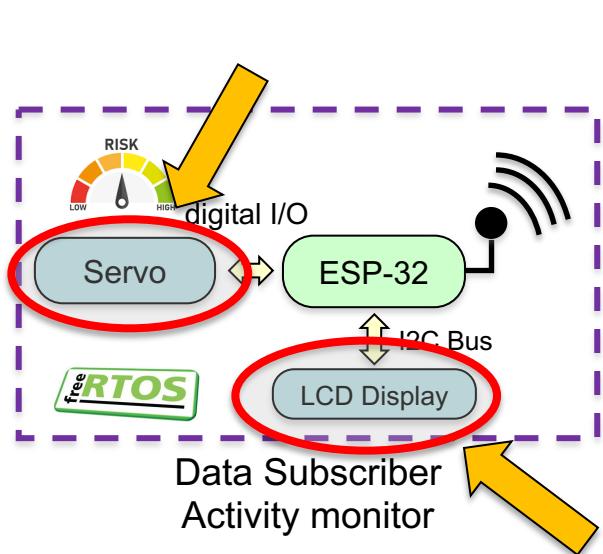
<https://docs.espressif.com/projects/esp-idf/en/latest/esp32/>

# Components description

## Sensors and Actuators

- Servo
- LCD Display
- Accelerometer
- Heart Rate

# Prototype schema

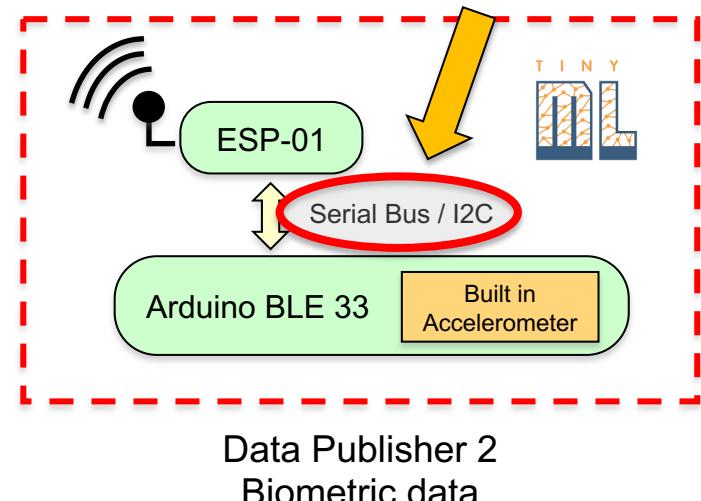
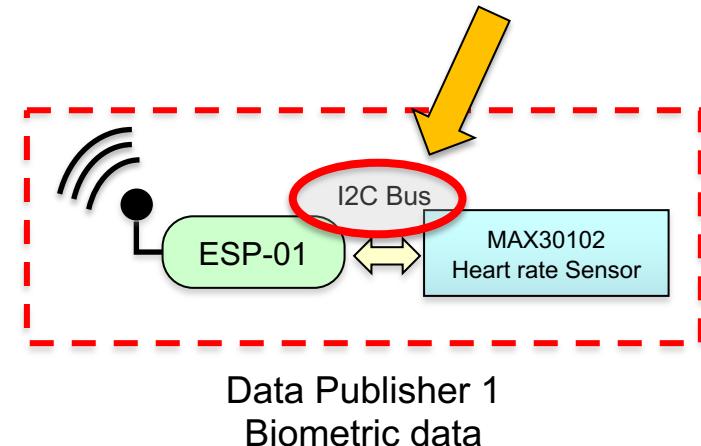
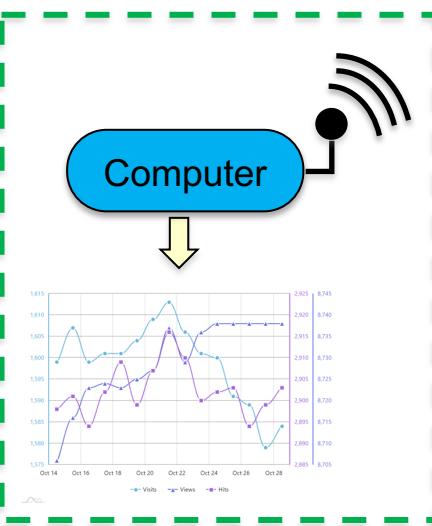
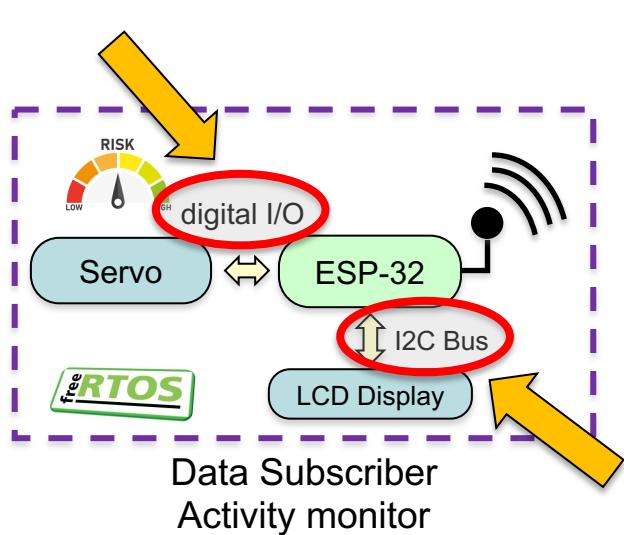


# Components description

## Communication Buses

- I2C – Device access
- Digital I/O – Device dependent

# Prototype schema



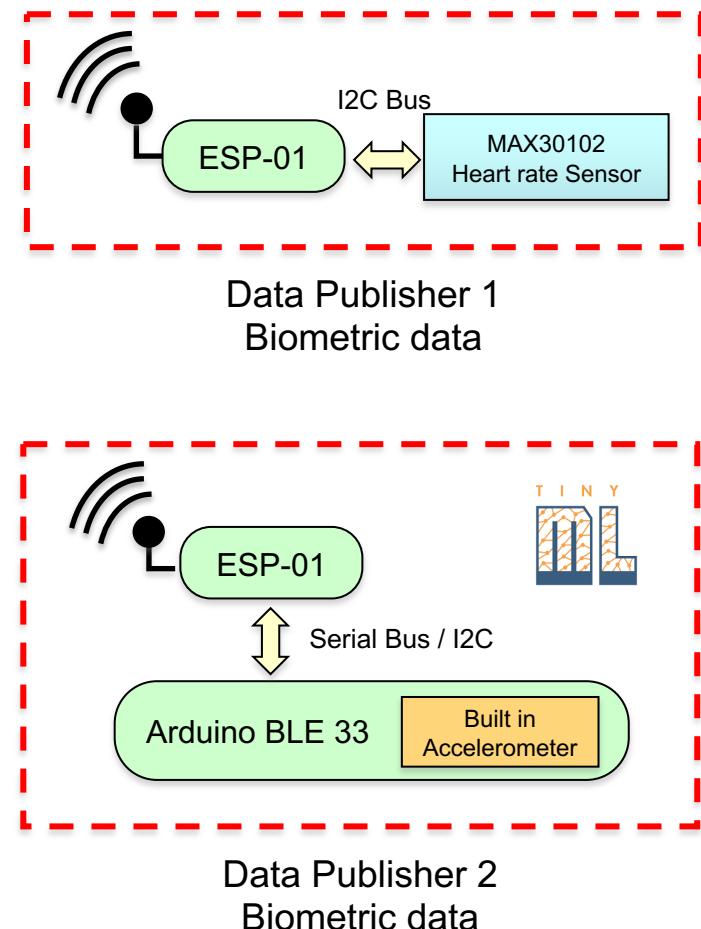
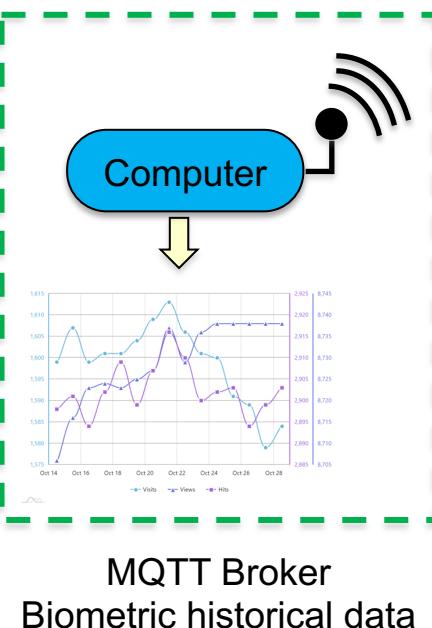
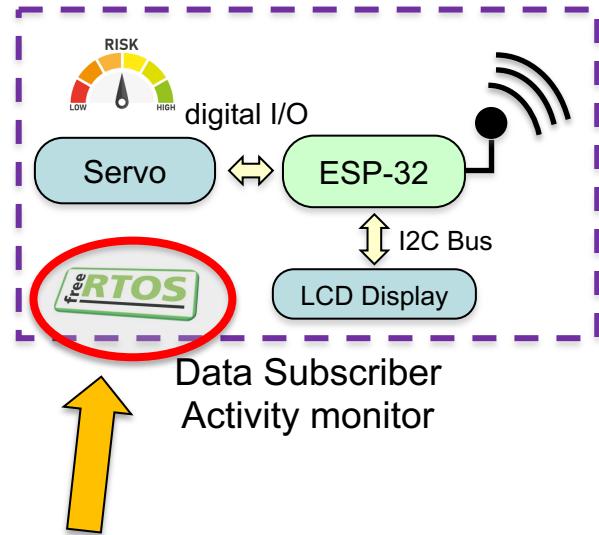
# Project <> Topics

Embedded Systems & RTOS

Internet of Things

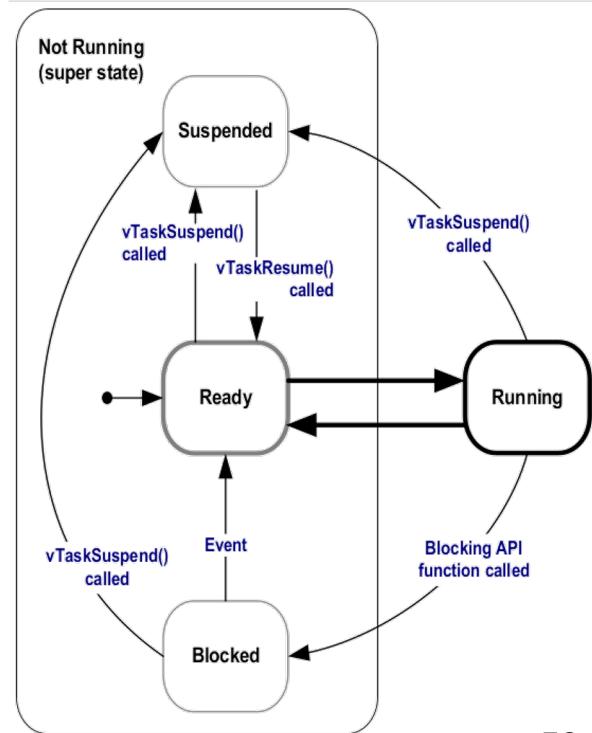
Edge Computing

# Prototype schema



# Components description

- Distributed freely under the MIT open-source license, > 25 architectures
- Minimal ROM, RAM and processing overhead
- The RTOS core kernel is contained in only 3 C files
- Allows MCU apps be organized as independent threads/tasks based on priorities.
- Pre-emptive or co-operative tasks
- Queues / Mutexes / Semaphores
- Tick / Idle hook functions



# Project <> Topics

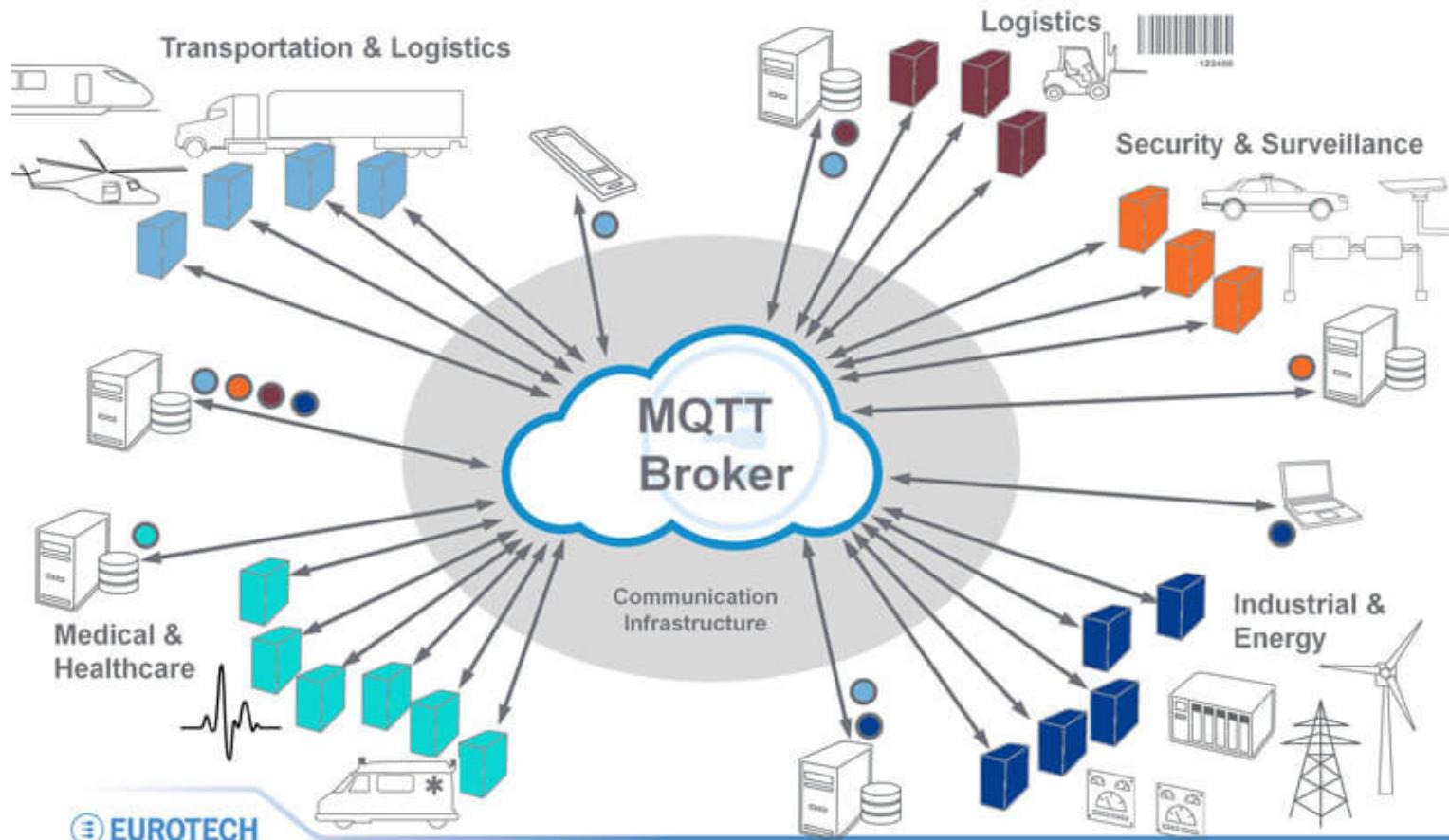
Embedded Systems & RTOS

**Internet of Things**

Edge Computing

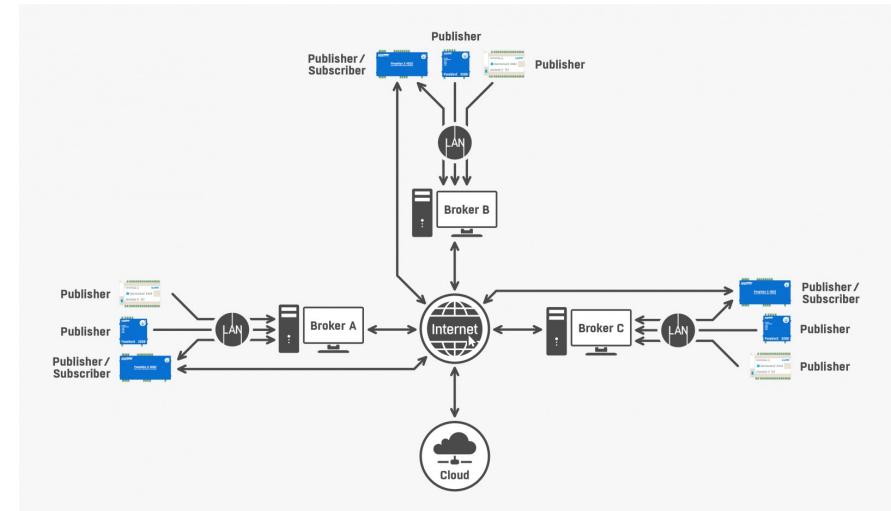
# IoT - MQTT

## The Internet of Things Decoupling Producers & Consumers of M2M Device Data



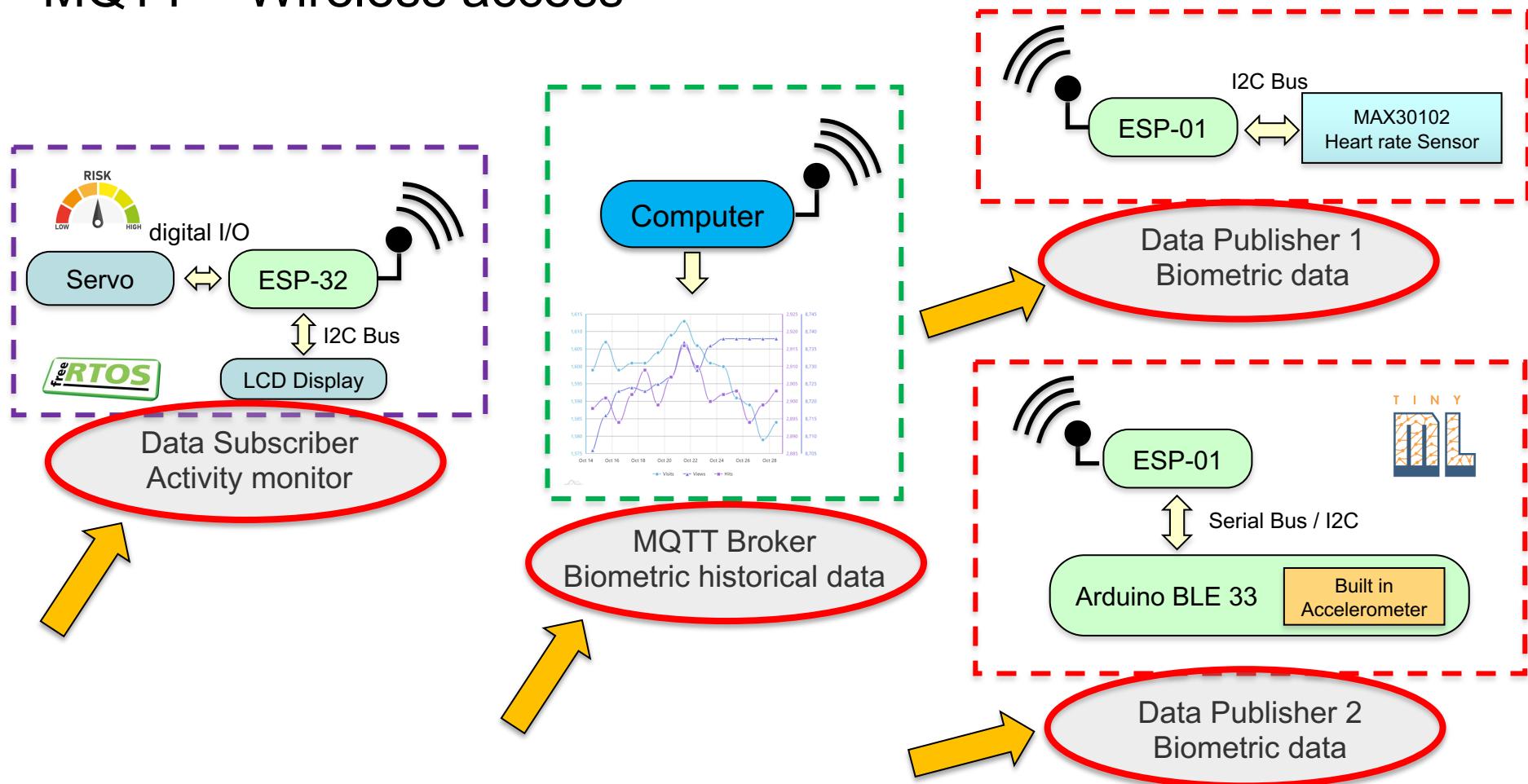
# IoT - MQTT

- Client Server publish/subscribe messaging transport protocol.
- It is light weight, open, simple, and designed to be easy to implement.
- Independent of the payload content
- Three qualities of service for message delivery



# Prototype schema

## MQTT – Wireless access



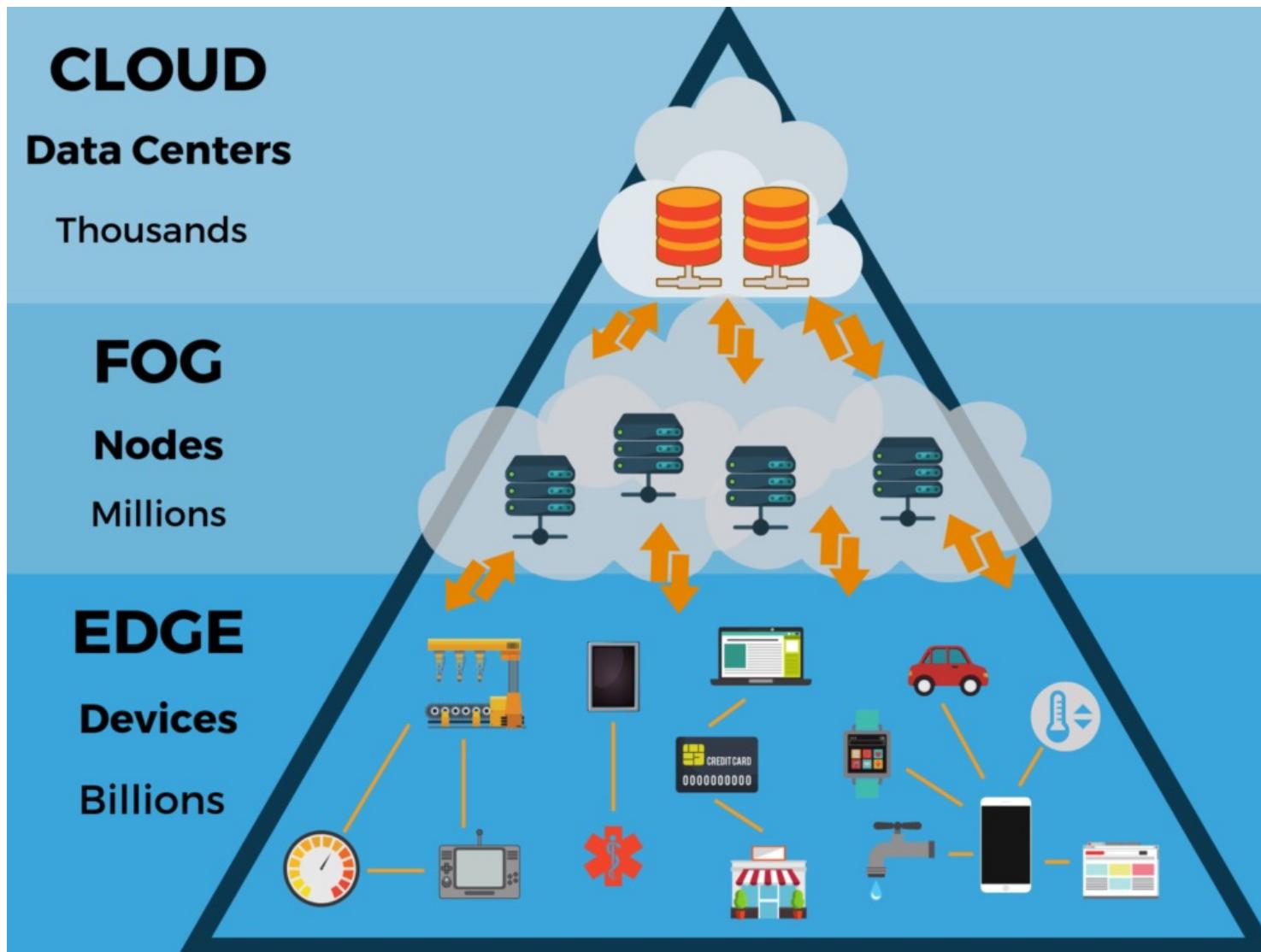
# Project <> Topics

Embedded Systems & RTOS

Internet of Things

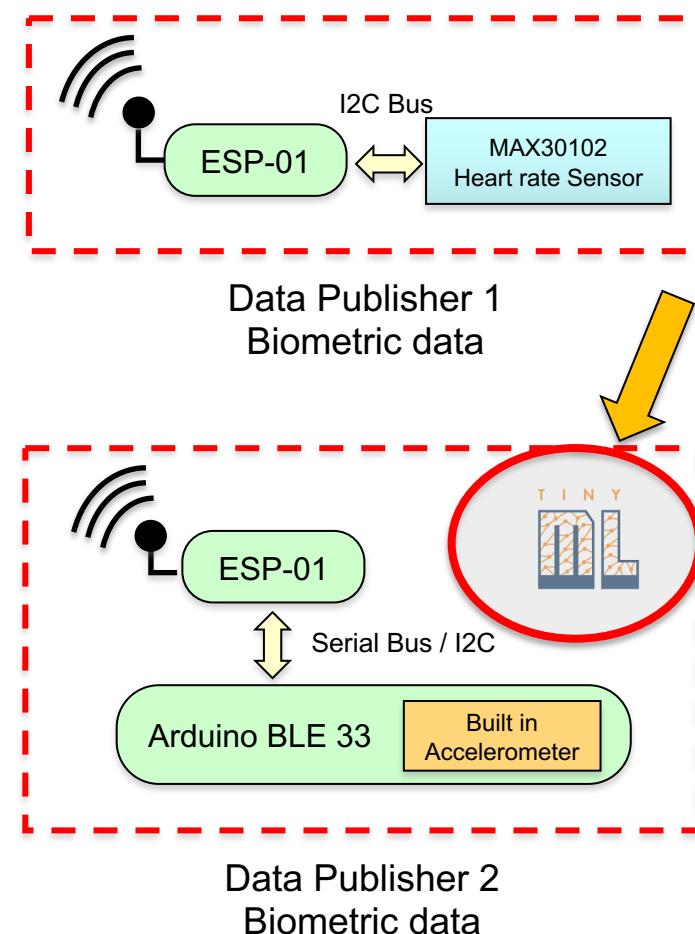
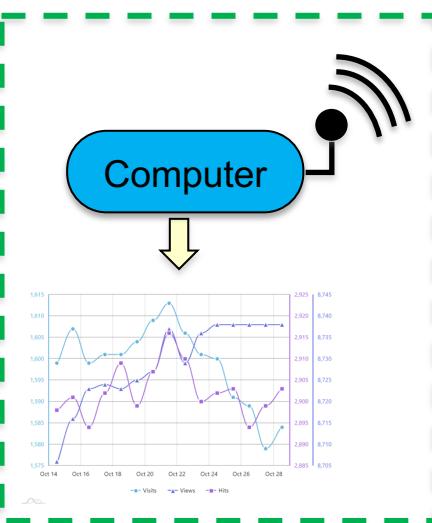
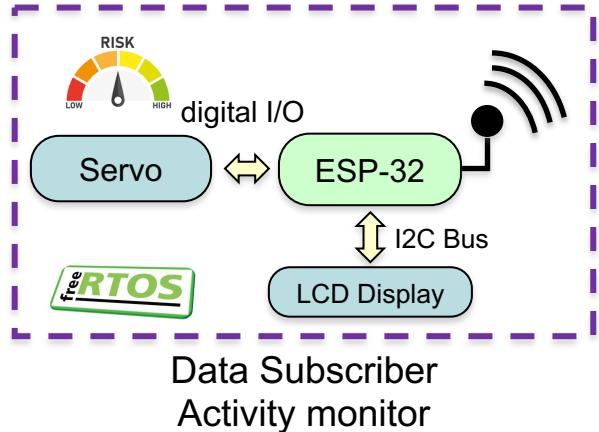
**Edge Computing**

# Components description



# Prototype schema

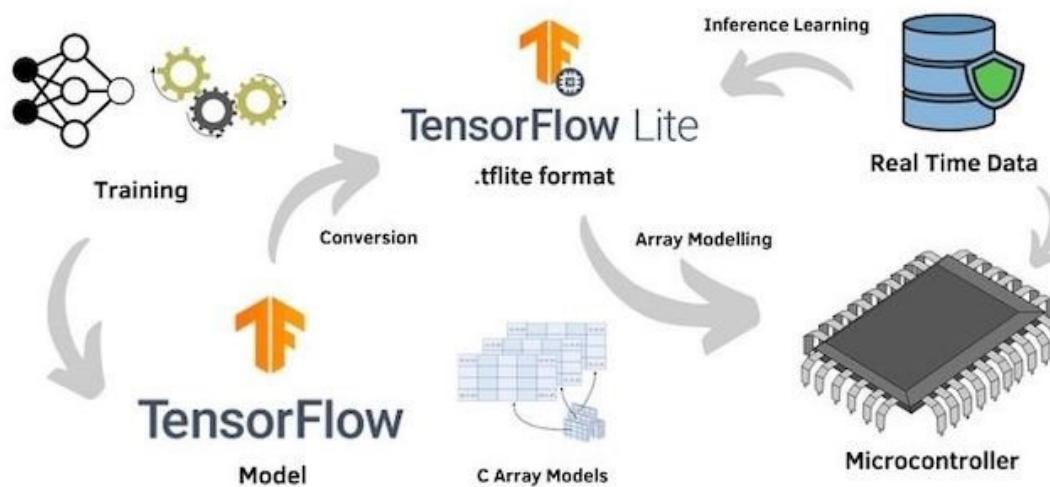
## MQTT – Wireless access



# Components description

## Tiny-ML

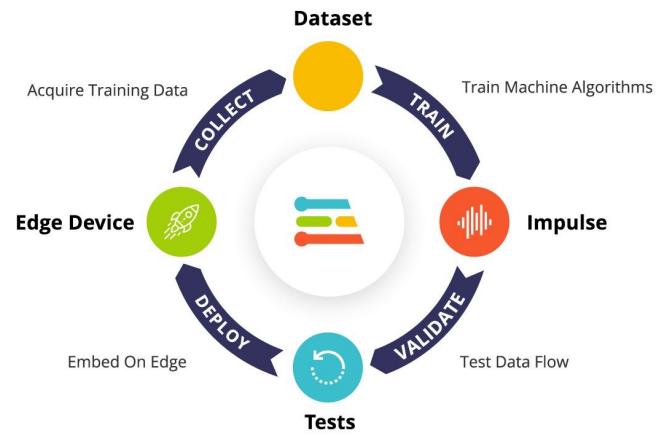
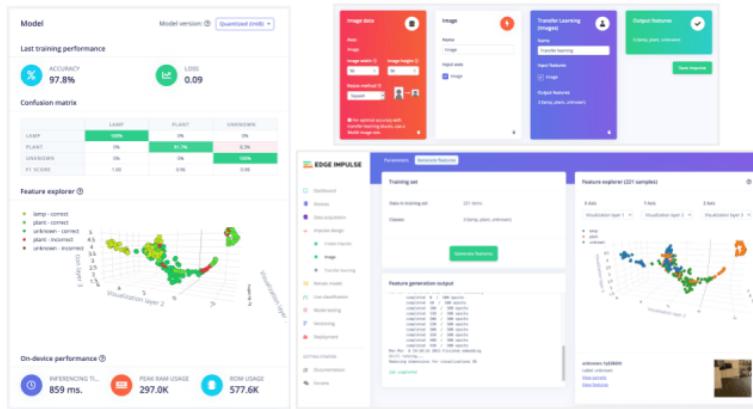
- Machine Learning applied to embedded systems.
- It utilizes neural networks to recognize patterns.
- It is based on TensorFlow Lite



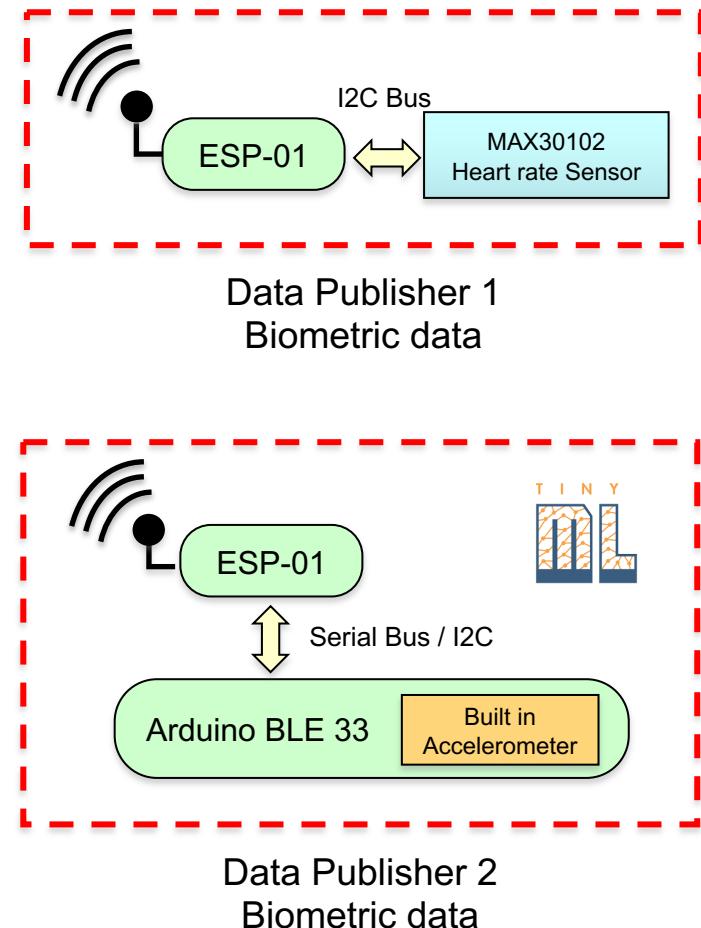
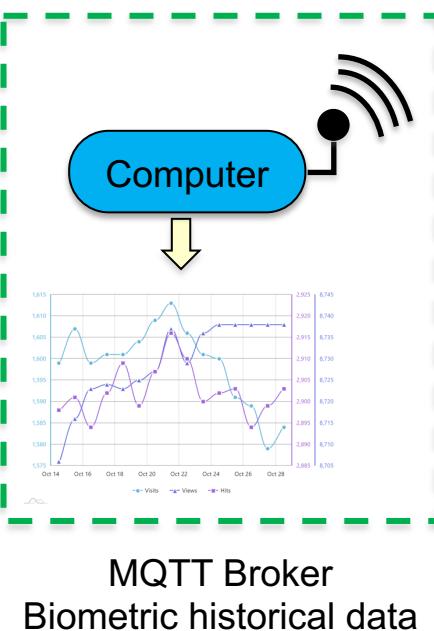
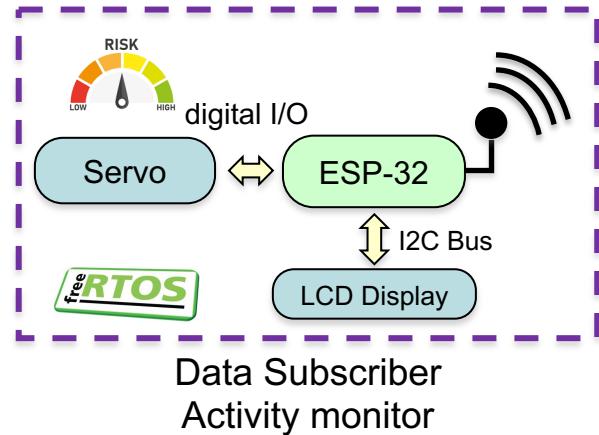
# Components description



- Company that provides the required tools to develop intelligent device solutions with embedded Machine Learning.
- It simplifies the NN development – Framework that makes the process of building, deploying, and scaling embedded ML applications easier and faster.



# Prototype schema



# Health risk assessment - HRA



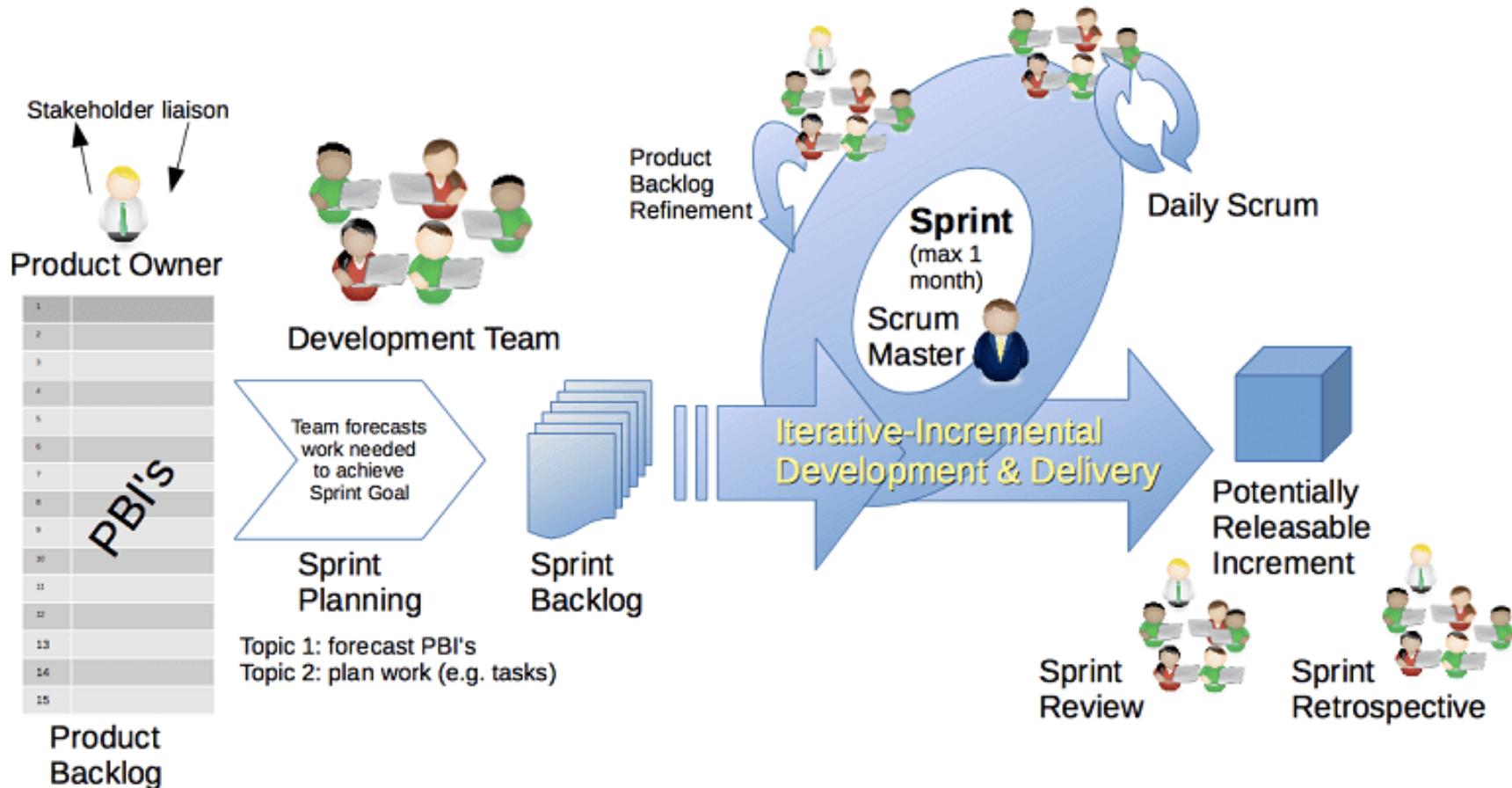
# Course structure

- Little theory presentation on the main topics
- Short exercises to get practice
- A development project based on SCRUM

# Methodology

## **SCRUM – Agile teams**

# SCRUM – Agile Teams

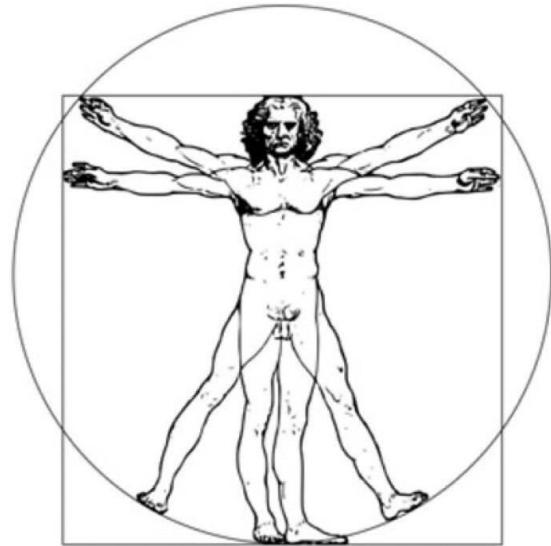


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# SCRUM – Agile Teams

## Project requirements:

- User wear two different devices that collect data; heart rate and movement/stability dysfunction.
- Data will be and transferred remotely.
- There will be a risk monitor that identifies the current user status.



## Optional:

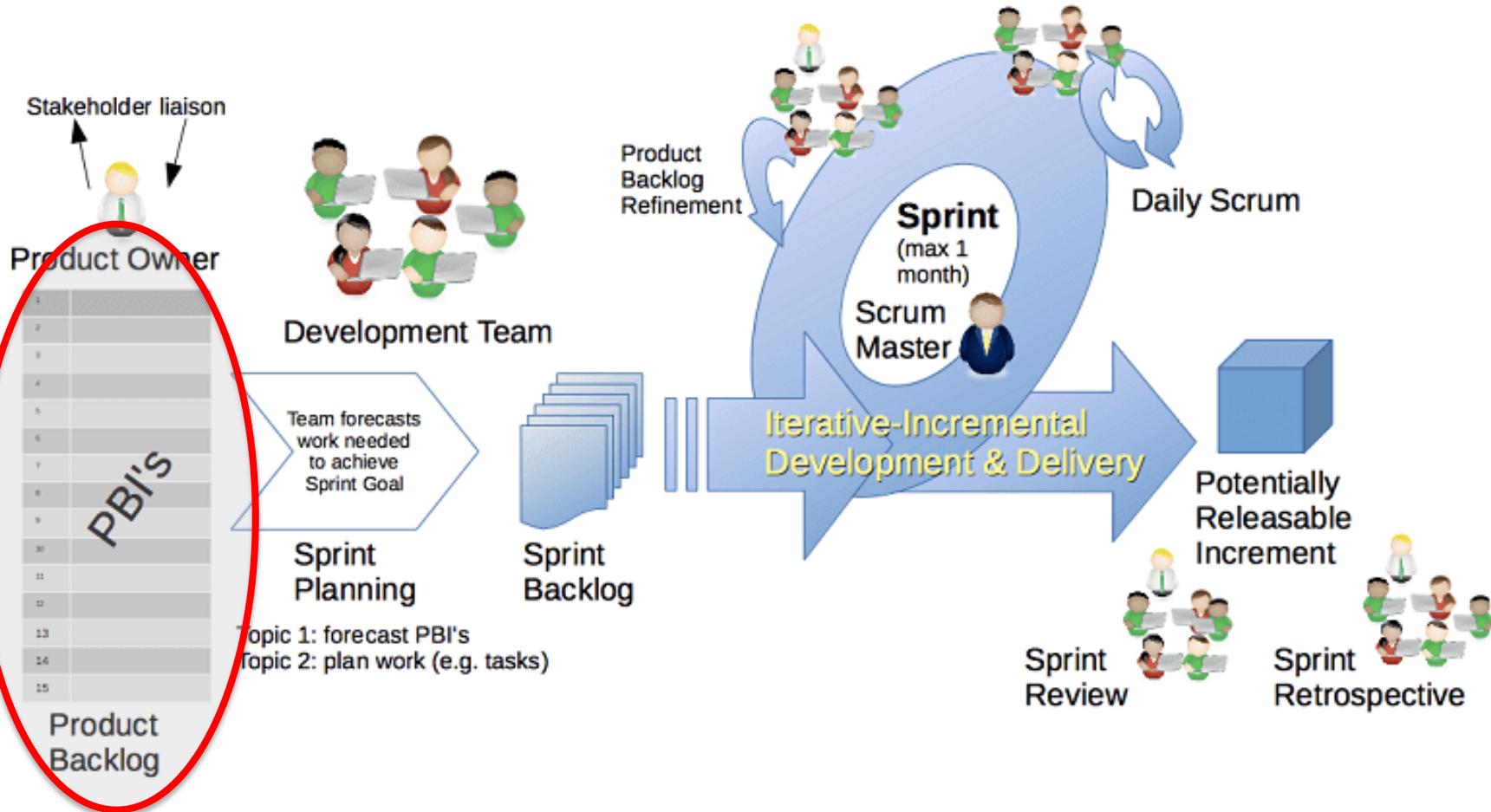
- > Collected data can be remotely stored in a database.
- > Smartphone data presentation.
- > ....

# SCRUM – Agile Teams

## User stories

1. It is required to obtain the user heart rate
2. It is necessary to determine the user movement and determine any stability dysfunction
3. MQTT protocol will be adopted to transfer and share the data
4. The monitor risk must show in real time the current user status

# SCRUM – Agile Teams



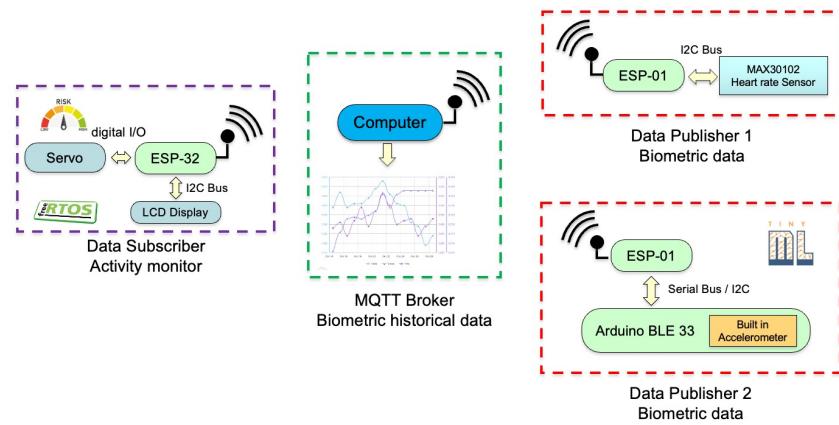
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# SCRUM – Agile Teams

## User stories

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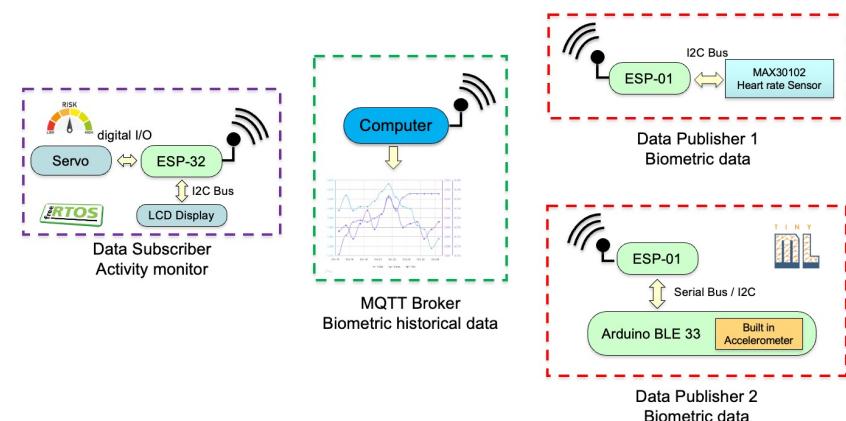
Identifying simple PBIs



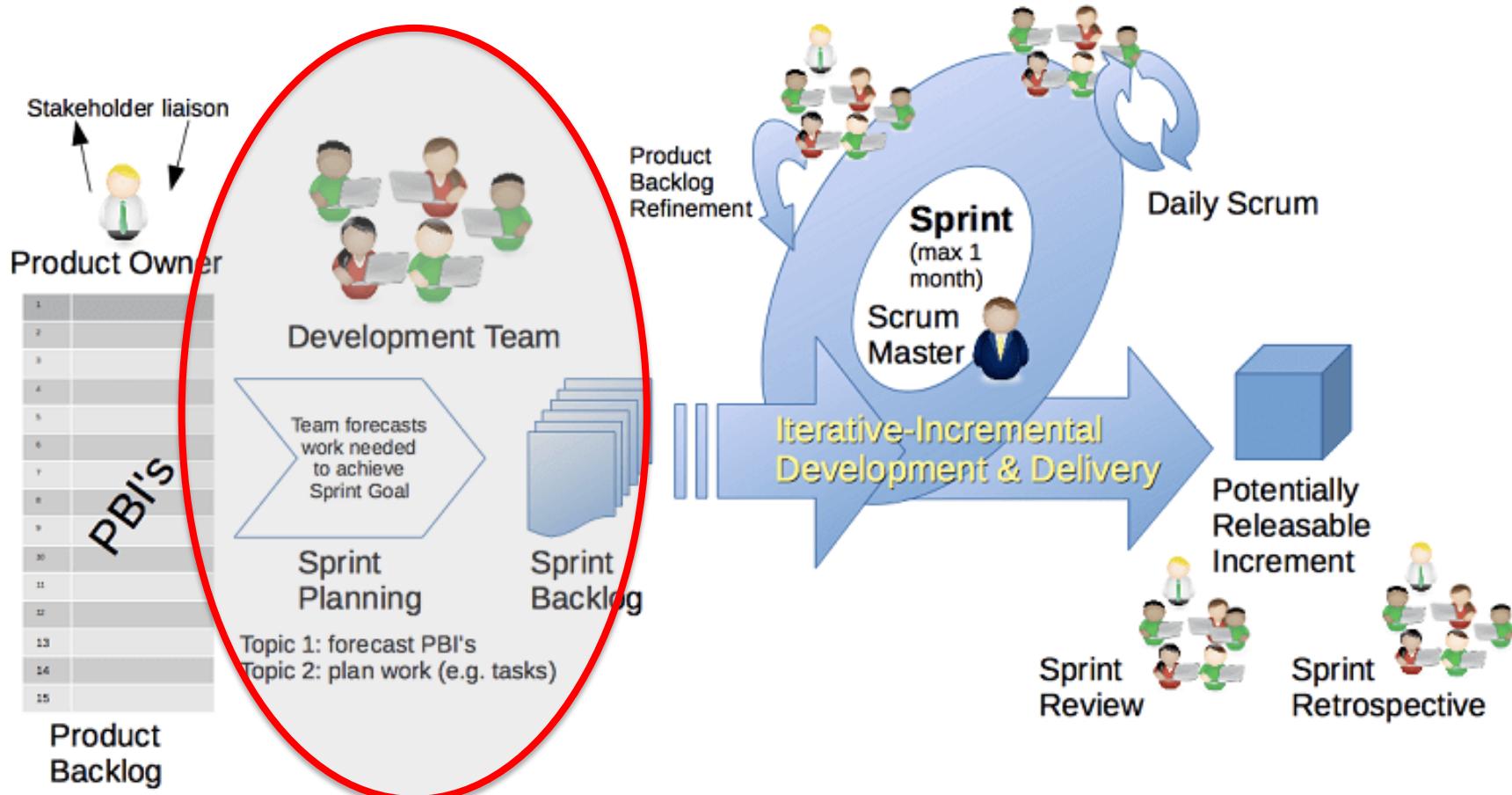
# SCRUM – Agile Teams

## Product Backlog Items:

- Prepare the IDE - Arduino, ESP-01, ESP-32
- Define the test&check process
- How to → I2C protocol
- How to → MAX30102
- How to → LCD Display
- ESP-01 ↔ Arduino interaction
- Data Producer 1 development
- Data Producer 2 development
- Data Producer 2 → Accelerometer Machine Learning
- MQTT Broker and Publish and Subscription process.
- Supervision Station: FreeRTOS implementation



# SCRUM – Agile Teams



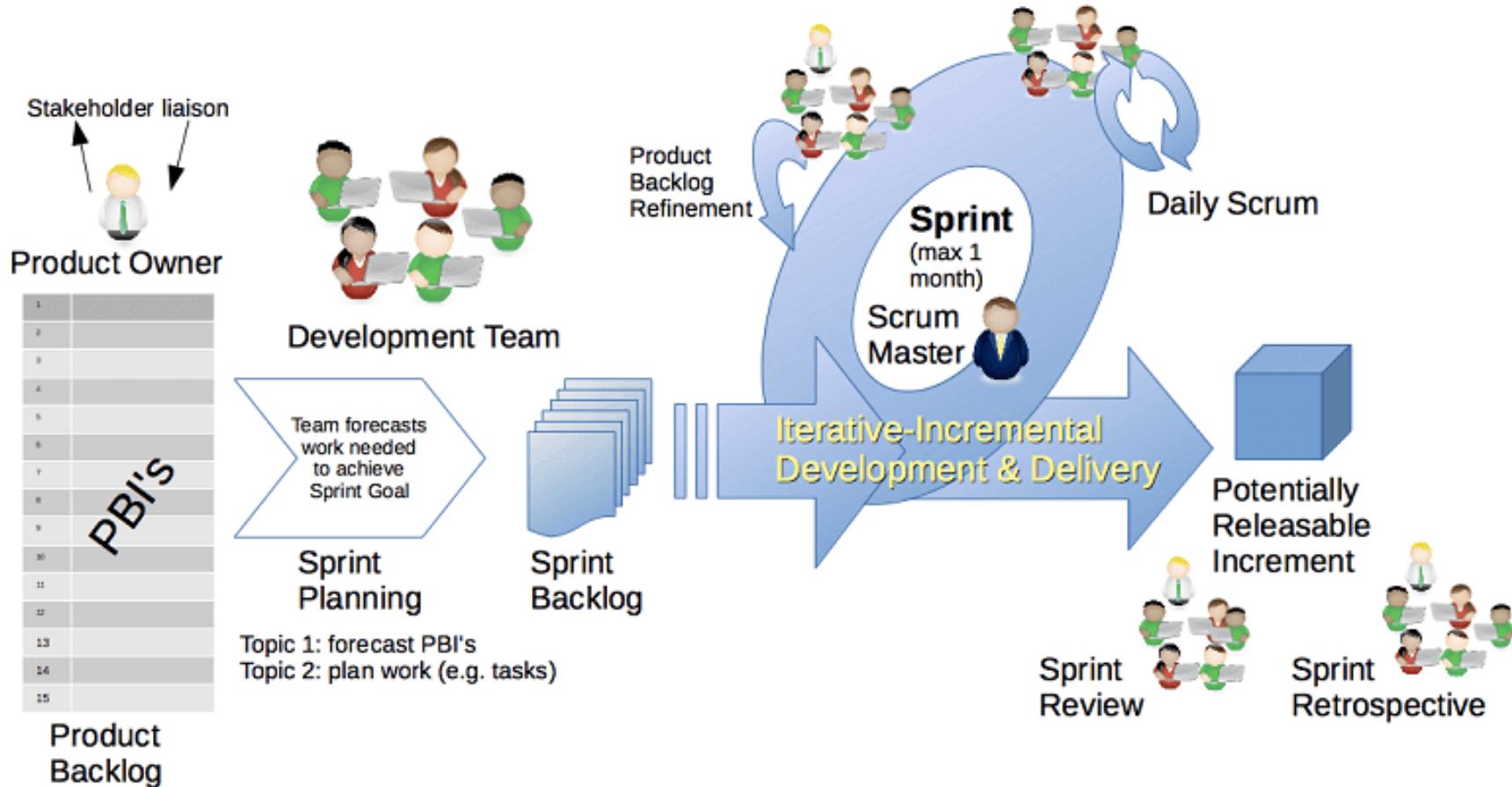
Identify groups of PBI and  
define the sprints

# SCRUM – Agile Teams

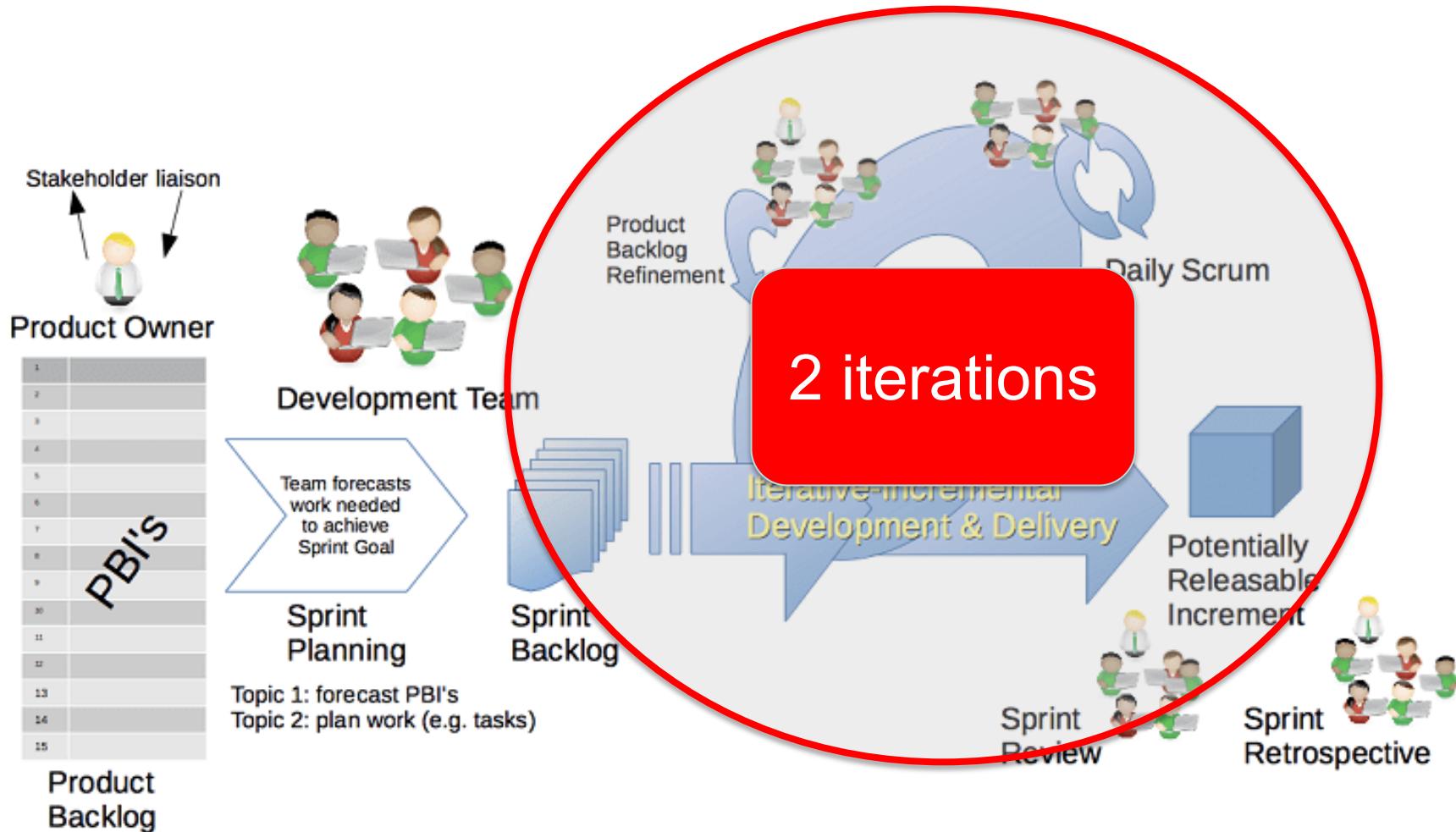
## Scheduling & Sprints

- Each group should define its own sprint planning and roadmap.
- Lectures will be focused on developing, solving doubts and if required to explain some content.

# SCRUM – Agile Teams

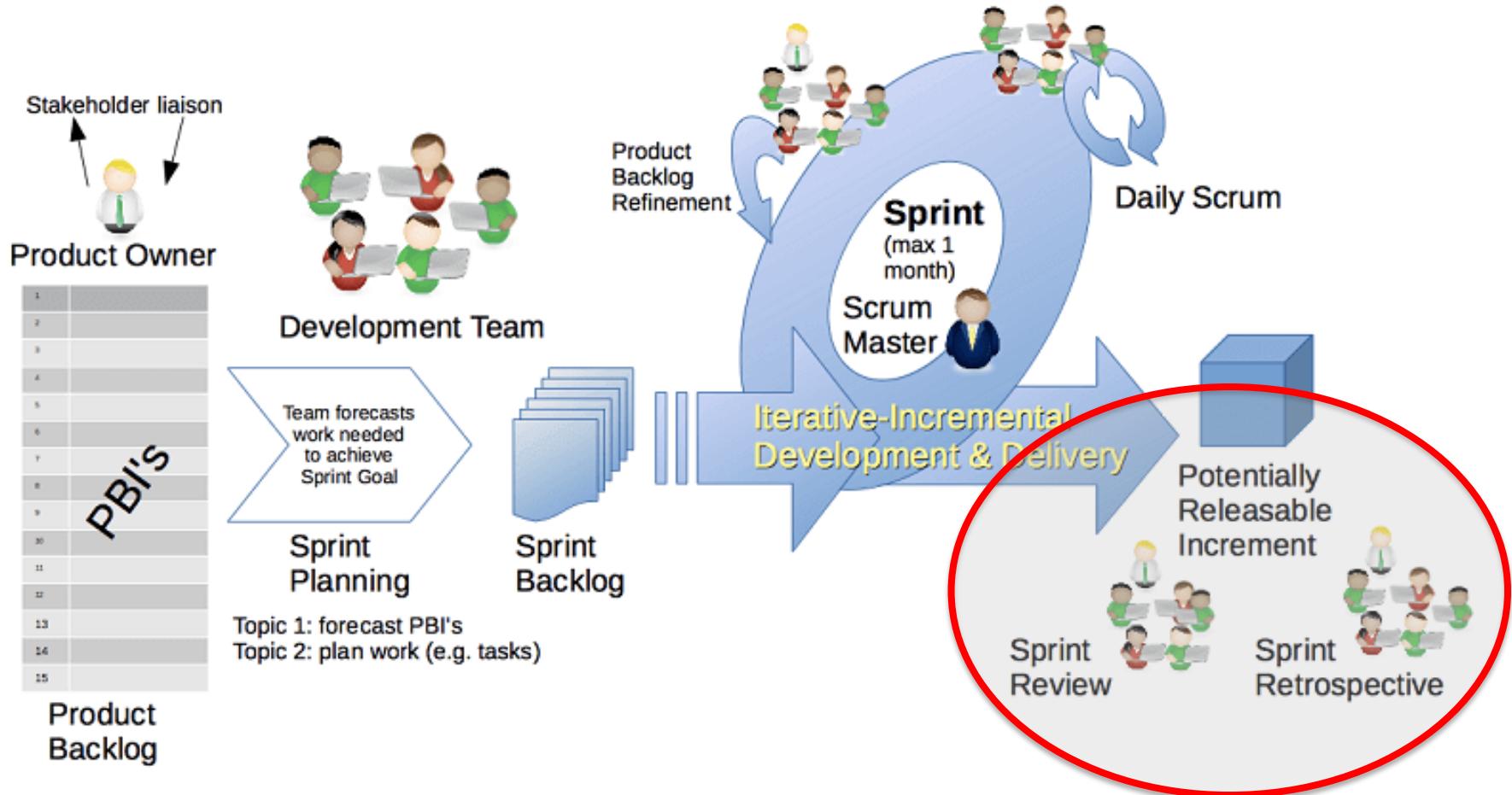


# SCRUM – Agile Teams



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# SCRUM – Agile Teams

## Scheduling & Sprints

- Each group should define its own sprint planning and roadmap.
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- Sprint Sessions:
  - 1st part – Each team → Group Sprint delivery
    - Tasks completion and defence
    - Identify next task to continue

# SCRUM – Agile Teams

## Scheduling & Sprints

- Each group should define its own scheduling and roadmap.
- Lectures will be focused on developing, solving doubts and if required to explain some content.
- Sprint Sessions:
  - 1st part – Each team → Group Sprint delivery
    - Tasks completion and defence
    - Identify next task to continue
  - 2nd part – All teams together
    - Each team → Development status presentation
    - Global Sprint Review and Retrospective

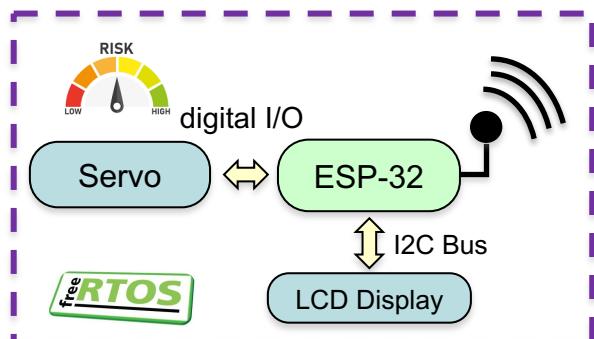
# **SCRUM – Agile Teams**

## **Team – Starting Point**

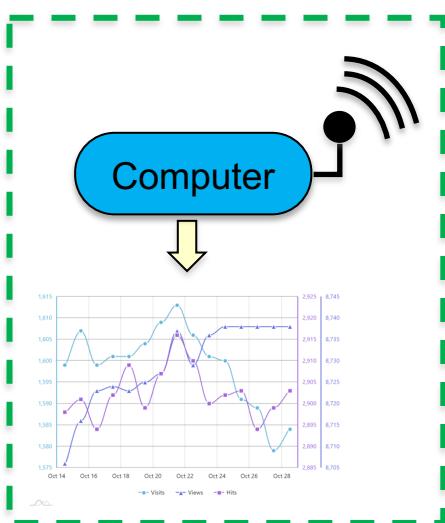
- For each PBI define the corresponding story points assignment → Identify the required effort and grade
- Determine the first sprint
- Velocity estimation vs current progression

# Biometric monitor framework

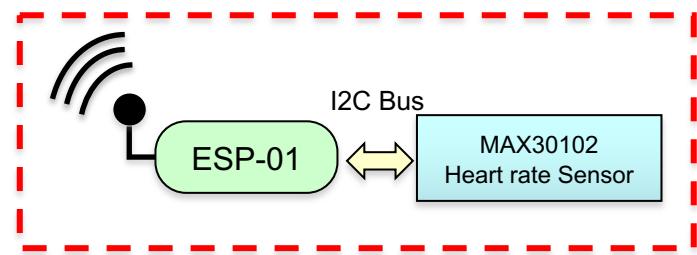
## Risk Monitor



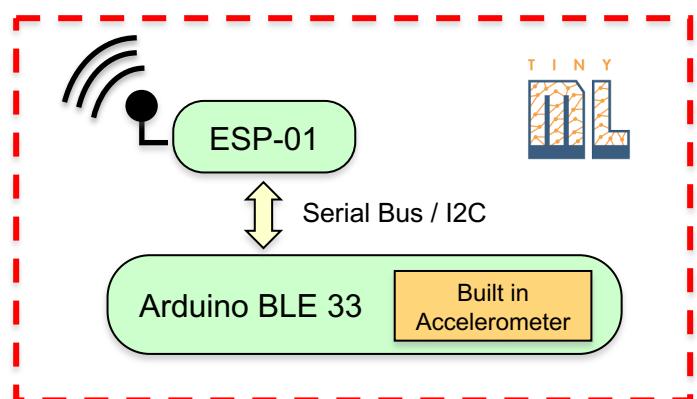
Data Subscriber  
Activity monitor



MQTT Broker  
Biometric historical data



Data Publisher 1  
Biometric data



Data Publisher 2  
Biometric data

# Content

## Course Scheduling

# Course Schedule

octubre						
L	M	X	J	V	S	D
					<b>1</b>	<b>2</b>
3	4	5	6	7	<b>8</b>	<b>9</b>
10	11	12	13	14	<b>15</b>	<b>16</b>
17	18	19	20	21	<b>22</b>	<b>23</b>
24	25	26	27	28	<b>29</b>	<b>30</b>
31						

noviembre						
L	M	X	J	V	S	D
		1	2	3	4	<b>5</b>
7	8	9	10	11	<b>12</b>	<b>13</b>
14	15	16	17	18	<b>19</b>	<b>20</b>
21	22	23	24	25	<b>26</b>	<b>27</b>
28	29	30				

septiembre						
L	M	X	J	V	S	D
				1	2	<b>3</b>
5	6	7	8	9	<b>10</b>	<b>11</b>
12	13	14	15	16	<b>17</b>	<b>18</b>
19	20	21	22	23	<b>24</b>	<b>25</b>
26	27	28	29	30		

diciembre						
L	M	X	J	V	S	D
				1	2	<b>3</b>
5	6	7	8	9	<b>10</b>	<b>11</b>
12	13	14	15	16	<b>17</b>	<b>18</b>
19	20	21	22	23	<b>24</b>	<b>25</b>
26	27	28	29	30	<b>31</b>	

# Course Schedule

## 23<sup>th</sup> September

Introduction to the subject  
Project Presentation

## 07<sup>th</sup> October

> Embedded Systems → Topic  
> IDE Development

## 14<sup>th</sup> October

> Embedded Systems → I2C Bus  
  
Development, Questions, Product  
Backlog Refinement

## 20<sup>th</sup> October

> Embedded Systems – ESP01, ESP32  
> IoT - MQTT Message Protocol

## 21<sup>th</sup> October

1<sup>st</sup> Sprint  
Sprint Delivery, Review and Retrospective

> ESP01 & ESP32 programming

## 04<sup>th</sup> November

> RTOS -> FreeRTOS / ESP32

## 11<sup>th</sup> November

> Edge Computing  
> Embedded Machine Learning – Arduino  
Nano BLE 33

## 18<sup>th</sup> November

2<sup>nd</sup> Sprint  
*Sprint Delivery , Sprint Review and  
Retrospective*

19<sup>th</sup> January - Project Defense

# Content

**Grade**

# Grade

Activity	% grade	Minimum grade	Group/Individual	Mandatory
Peer evaluation (1)	30%	No	Group	Yes
Self evaluation	10%	No	Group and individual	Yes
Professor evaluation	10%	No	Group	Yes
Project documentation	10%	No	Group	Yes
Project development and results	25%	No	Group and individual	Yes
Project defense (1)	15%	No	Individual	Yes

In each Sprint there will be professor, class group, team and self evaluation.

(1) Implies an oral presentation

# Grade

## Scheduling & Sprints → GRADE

- Sprint Sessions:

**Sprint Documentation > Items evaluated:** Documentation (10%)

1. Technical document
  - a. Backlog tasks.
  - b. Dedication time to each task (an estimation in hours for the whole team).
  - c. Sprint definition – A short self-explaining sentence related to the user story that identify the sprint goal.
  - d. Percentage of Sprint completion (or individual tasks).
  - e. Sprint Review – A short conclusion on the present Sprint.

# Grade

## Scheduling & Sprints → GRADE

- Sprint Sessions:

**Scrum Master > Items evaluated:** Professor (10%) + Development&Results (25%)

- 2. Development status

The scrum master could make questions and suggestions at the end of the presentation.

- a. If required Source code + associated documentation (preferable linked to Github)
  - b. If required a wiring schematic that represents the hardware module.
  - c. Oral presentation. (Remember to **clearly** identify each member contribution)

- 3. Sprint retrospective

- a. Anything you think it must be redefined from the backlog → it will be evaluated and agreed by the product owner.
  - b. Backlog Tasks grooming (if required).

- 4. Next Sprint definition

- a. Selected Backlog tasks.
  - b. Sprint definition – A short self-explaining sentence related to the user story.

## Scheduling & Sprints → GRADE

- Sprint Sessions:

**Sprint Class Presentation > Items evaluated:** Peer evaluation (30%) + Self-evaluation (10%)

5. Class-evaluation.

The team will present to the class-mates:

- a. The User story.
- b. The Sprint definition.
- c. The proposed solution and result.

At the end of the presentation, any other student can make questions.

The teams will evaluate each presentation, and they will mark each student. Additionally, each team can assign by consensus an extra point to one member of each other team.

Remember to **clearly** identify each member contribution and try to fair distribute the presentation to facilitate the class-evaluation.

6. Auto-evaluation.

Each team will fulfil two external questionnaires:

- a. Team-evaluation. This will be done by the team consensus.
- b. Student self-evaluation. Each student should honestly evaluate its contribution and project effort.

# Bibliography

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- [2] **Smart Sensors to Network the World**  
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