

Jorge Vilanova

Sacramento, CA 95826
(510)778-4032
vilanova.alejandro50@gmail.com

EXPERIENCE

East Bay Regional Park District, Contra Loma — Jr Lifeguard Instructor

June 2021 - August 2021

Continuing the same duties as the 2019 summer season. Set up swim board, swim tube training. Activities include playing sports on land and in water, testing lifeguarding skills and teaching the children different survival skills. Mainly teaching the children CPR, first aid, AED and survival techniques.

Whole Foods/Amazon, Oakland — Amazon Associate

August 2020 - July 2021

Collect and efficiently Pack food for virtual shoppers. The process includes quickly collecting items around the store, organizing them into categories in the bag and packing them for drivers to pick up. Also delivering bags as pickup orders for customers there. Clean and prepare work stations for COVID precautions. Interact with customers to decide what items they need.

East Bay Regional Park District, Contra Loma — Jr Lifeguard Instructor

June 2019 - August 2019

Instruct the Jr Lifeguard aide, set up the beach area for activities. Set up includes swim boards, swim tubes, canopies and sport equipment for the children. Activities included playing sports on land and in water, testing the children for their lifeguarding skills and teaching them different ways of survival for both themselves and others around them for when there is an incident. Teaching them how to save people in water, CPR, first aid and survival techniques in the wilderness were the main focus of this Jr Lifeguard camp that year.

SKILLS

- Professional
- Motivated
- Quick Learner
- Flexible
- Punctual
- Reliable
- Customer Friendly
- Attentive
- Quick and Thorough
- Excels under Pressure
- Proficient in Excel
- Proficient in Powerpoint
- Advanced in Python Programming language
- Advanced in Javascript, HTML, CSS programming
- CPR/First Aid Certified
- Title 22 Certified
- Fluent in Spanish

AWARDS

Computer Science award for Senior elective

1st and 2nd Competitive Swimming Ribbons

Award of AP Classes given:

AP US History, AP Spanish Language, AP English Language

East Bay Regional Park District, Don Castro — *Jr Lifeguard Instructor*

June 2018 - August 2018

Help set up the beach area to include canopies, swim boards, swim tubes and sport equipment for the day. Take care of a group of almost 30 children with 2 other instructors for 8 weeks in the summer. Activities throughout the day would include practice rescuing people drowning with the boards and tubes, playing games in the water and the sand throughout the day to keep the children active and going on hikes to explore and learn about nature. Closing procedures would include packing everything used back into storage to be used for the next day, making sure lost and found items were taken into account and checking in with parents of the children to make sure they are aware of what happened that day. Also having an end of the day filing of paperwork that was used that day for check-in, lesson, and waivers that were signed off by the parents.

East Bay Regional Park District, Roberts Pool — *Swim Instructor/Lifeguard I*

June 2016 - August 2017

Help with opening procedures in the morning by setting up the pool area including the swim class areas for morning classes. I would swim 550 yards before training essential lifeguard skills every morning. Setting up swim classes would be after training as they would start at 10am and end at 11 for recreational swim. I would then come back at 4:30pm in order to set up and continue afternoon swim lessons. The afternoon swim lessons would finish at 7:30pm and I would help clean up equipment used. I would briefly describe what the student needs to work on and what they have excelled on to their parents so we can both keep track of their progress.

City of Richmond, Richmond Swim Center — *Lifeguard*

December 2017 - March 2019

I was responsible for keeping the patrons in the water safe while rotating to different areas in the pool depending on the pool's capacity. Checking on patrons in the bathroom for any potential incidents and checking pH in the pool area. Every Saturday I would teach swim lessons for children ranging from age 3-12. Cleaning procedures would include putting in the pool vacuum, checking bathrooms and cleaning any unorganized equipment left behind. At times I would help check in and direct parents and swim students where they needed to be at certain areas of the pool.

City of Richmond, The Richmond Plunge — *Lifeguard*

December 2017 - March 2019

I was responsible for the opening procedures at the pool including removing the pool vacuum, checking pH for the pool, removing covers

LANGUAGES

I speak both English and Spanish fluently.

and placing in lane lines for lap swimming. I would sit for 30 minutes in the lifeguard chair keeping an eye out for patrons in distress. At times I would handle the cash register when the cashier was on break and assist patrons to make their experience more enjoyable at the pool. I would also scan the pool area thoroughly and with enough detail for any hazards to the public and check in with patrons to see if they needed equipment.

EDUCATION

University of California, Davis — *Undergraduate*

August 2017 - Present

Graduating 2023, working on B.S. in Genetics and Genomics

Leadership Public Schools, Richmond — *High School Graduate*

August 2014 - June 2017

High School Activities I was included in:

- Steel Drums lessons
- Guitar lessons
- Swim Club (2015-2017)
- Cross Country (2016-2017)
- CORO Cohort internship

PROJECTS

Codecademy — *Programming course*

I am currently taking a coding course to learn how to build websites. It is a personal hobby I am interested in.