

Course: Better leader, Richer life  
Assignment 3: Seeing your life as a system  
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### Work/School

Name	Expectation of me	Rating	My expectation of them	Rating
J.S.	<ul style="list-style-type: none"><li>- Work on my thesis independently</li><li>- Provide him with updates about my thesis</li><li>- Plan meetings</li><li>- Communicate changes to agreed plans/ changes to planning</li></ul>	8	<ul style="list-style-type: none"><li>- Read draft versions of my thesis</li><li>- Provide comments on draft versions</li></ul>	9
P.dW.	<ul style="list-style-type: none"><li>- Participate in honors meetings</li><li>- Be present at honors meetings</li><li>- complete honors courses</li><li>- Graduate cum laude</li></ul>	8	<ul style="list-style-type: none"><li>- Communicate dates of honors meetings</li></ul>	10

### Home

Name	Expectation of me	Rating	My expectation of them	Rating
A.B.	<ul style="list-style-type: none"><li>- Look after myself</li><li>- Complete studies</li></ul>	8	<ul style="list-style-type: none"><li>- Show interest in what I do (studies, hobbies, etc)</li></ul>	9
H.S	<ul style="list-style-type: none"><li>- Complete studies</li><li>- Do something useful</li><li>- Find a job</li></ul>	5	<ul style="list-style-type: none"><li>- Show interest in what I do (studies, hobbies, etc)</li></ul>	5

## Community

Name	Expectation of me	Rating	My expectation of them	Rating
M.K.	<ul style="list-style-type: none"><li>- Prepare Scout meeting once in a while</li><li>- Let know when I cannot attend Scouts</li></ul>	9	<ul style="list-style-type: none"><li>- Prepare Scout meeting once in a while</li></ul>	9
L.G.	<ul style="list-style-type: none"><li>- Write position papers</li><li>- Represent Scouts</li></ul>	7	<ul style="list-style-type: none"><li>- Provide practical support when I have to represent the Scouts</li></ul>	7

## Self

Aspect	Expectation	Rating
Spirituality	<ul style="list-style-type: none"><li>- Reflect on my own action every now and then (to me spirituality means almost nothing)</li></ul>	7
Relaxation or leisure	<ul style="list-style-type: none"><li>- Enjoy community work</li><li>- Take some time off every now and then</li></ul>	6
Physical health	<ul style="list-style-type: none"><li>- Exercise regularly</li><li>- Eat healthy</li></ul>	5
Emotional health	<ul style="list-style-type: none"><li>- Try not to think too hard</li></ul>	7

## Areas of compatibility and conflict

Looking at what the stakeholders I have identified want it seems the trend is they just want me to do the things we (I and the stakeholder) agreed on. This agreement can have been made explicit (work and community sphere) or implicit (home domain).

As my community and study/work sphere overlap significantly there seems to be no conflict between what these stakeholders expect of me. On the home domain however things are a bit more complicated. Although the expectations here do not differ that much from the other domains, what is valued differs. Especially what is seen as useful varies between me and my stakeholders. My stakeholders value science more than I do which results in conflict.

This distinction between domains is also visible when it comes to comparing my vision with expectations people have of me. The study/work and community domains are nicely aligned with my vision whereas the home domain is not.

Looking at what I expect from my stakeholders a recurring theme is that I want to be heard and valued for my actions. This is visible in all domains.

There seems to be a difference between what I expect of others and what I think others expect of me. Whereas I expect others to value me and recognize my achievements, I think others expect me to do much more. This makes it less balanced. My expectation towards others is in line with the vision I have.

### **Insights for action**

Looking at the domains it seems I meet the expectations in the work and community sphere the best when it comes to meeting expectations. The worst alignment is in the home and self domain. Here the problem seems to lie with both myself and with others. Looking at these two domains I think the self domain would be the easiest to change given the fact I do not really want to put too much effort in the home domain at this moment. Also, when looking at my four circle diagram this domain scores the least. As I scored physical health pretty low I think changing this will be beneficial to other domains as well (when you are healthy you will get more productive).