

How to code When Procrastinating

as a software developer

Before we start

Read that first:

Getting into coding when you keep putting it off can be tough. In today's world, with so many distractions, it's hard to stay focused.

You might worry that you'll never get good at coding because you keep getting sidetracked by things like social media.

But don't worry, there are ways to beat procrastination and get better at coding. The key is to recognize when procrastination is getting in the way of your coding goals.

By keeping up with the latest coding trends and learning the skills that are in demand, you can set yourself up for success in the tech world.

Let's explore some simple ways to code more effectively, even when procrastination tries to get in the way.

Self-reflection

Step 1:

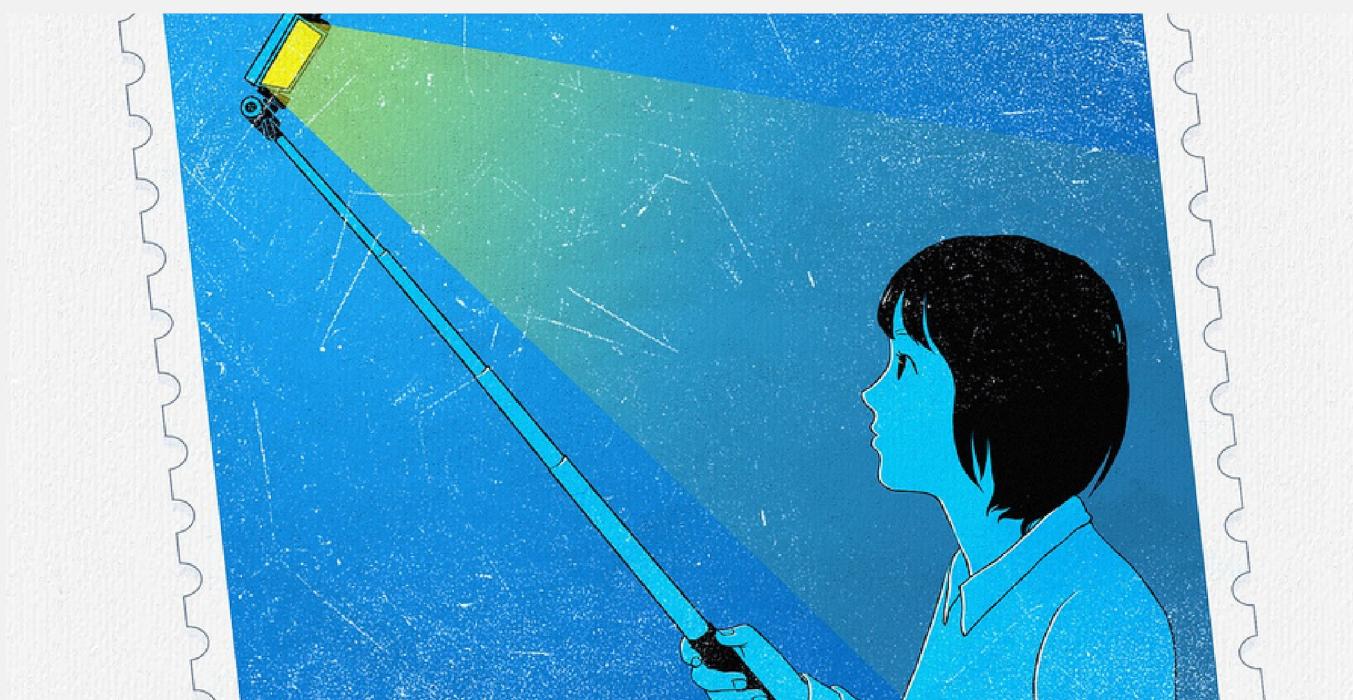
Before diving into your projects, take a moment to reflect on yourself.

Why do you sometimes hesitate to **tackle your tasks**?

Perhaps it's due to fear of failure, feeling overwhelmed, or simply a lack of motivation.

Plan your projects or goals and consider how much time and energy you have to achieve them.

By understanding yourself, you can better find ways to overcome these obstacles and **reach your goals**.



Set Small Goals

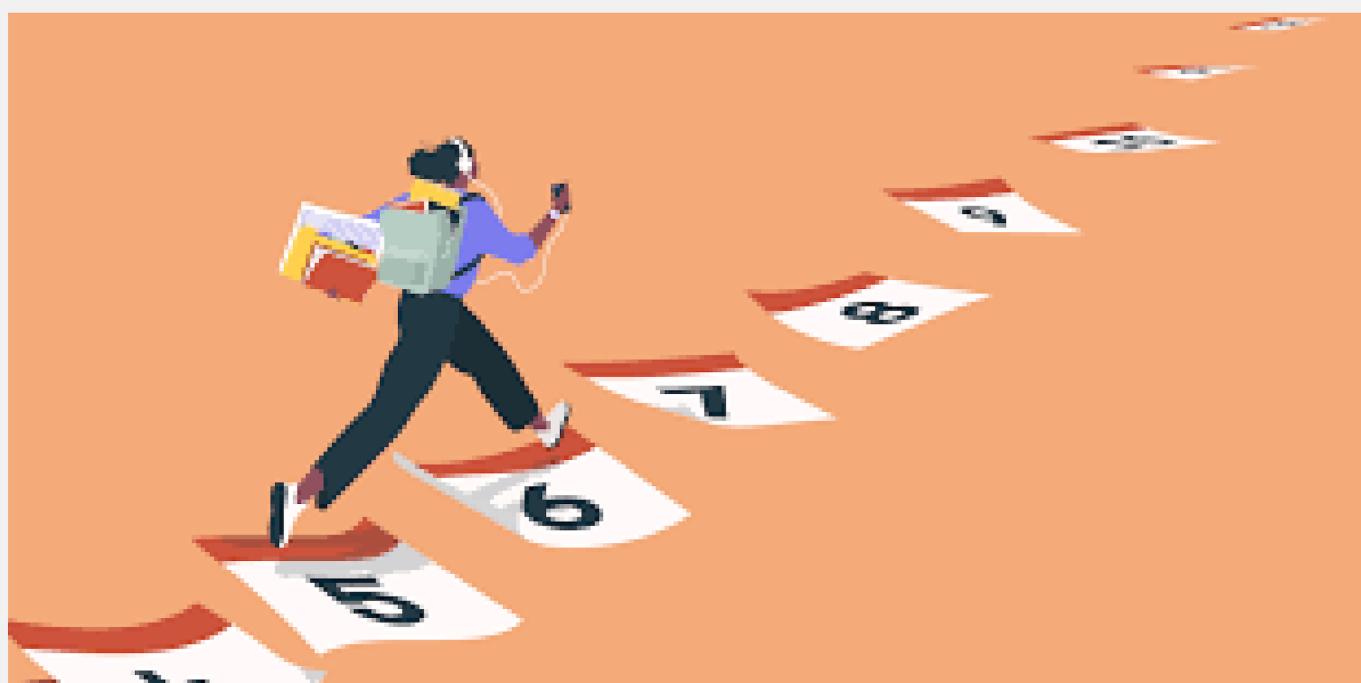
Step 2:

Instead of being intimidated by large projects, break them down into small, **achievable steps**.

What I like to do is, when I see a project I like and notice there are many interesting features in it, I don't try to code the entire project at once.

I take each individual feature and turn it into a small project, focusing on learning **just that one component**.

Achieving these small goals gives you a sense of fulfillment and motivates you to keep going.



Time Management

Step 3:

A **clear** schedule helps you maintain focus and reach your goals.

Schedule fixed times for coding and **avoid distractions** to boost your productivity.

Set an alarm, use a Pomodoro timer, or whatever works for you.

But my tip is to really choose a project **THAT YOU ENJOY!**

Once you find something like that, you'll naturally find yourself working on the project regularly, and the hours will fly by.

Take **more time to find something you're interested** in rather than building something uninteresting to you.



Eliminate Distractions

Step 4:

Create a quiet work environment by minimizing distractions like social media.

Use tools to avoid distractions and improve your concentration.

Make your workspace pleasant.

It will motivate you to tackle your work.

Try to keep your **workspace clean and minimalist**.

This will subconsciously make you more organized and structured!



Reward Yourself

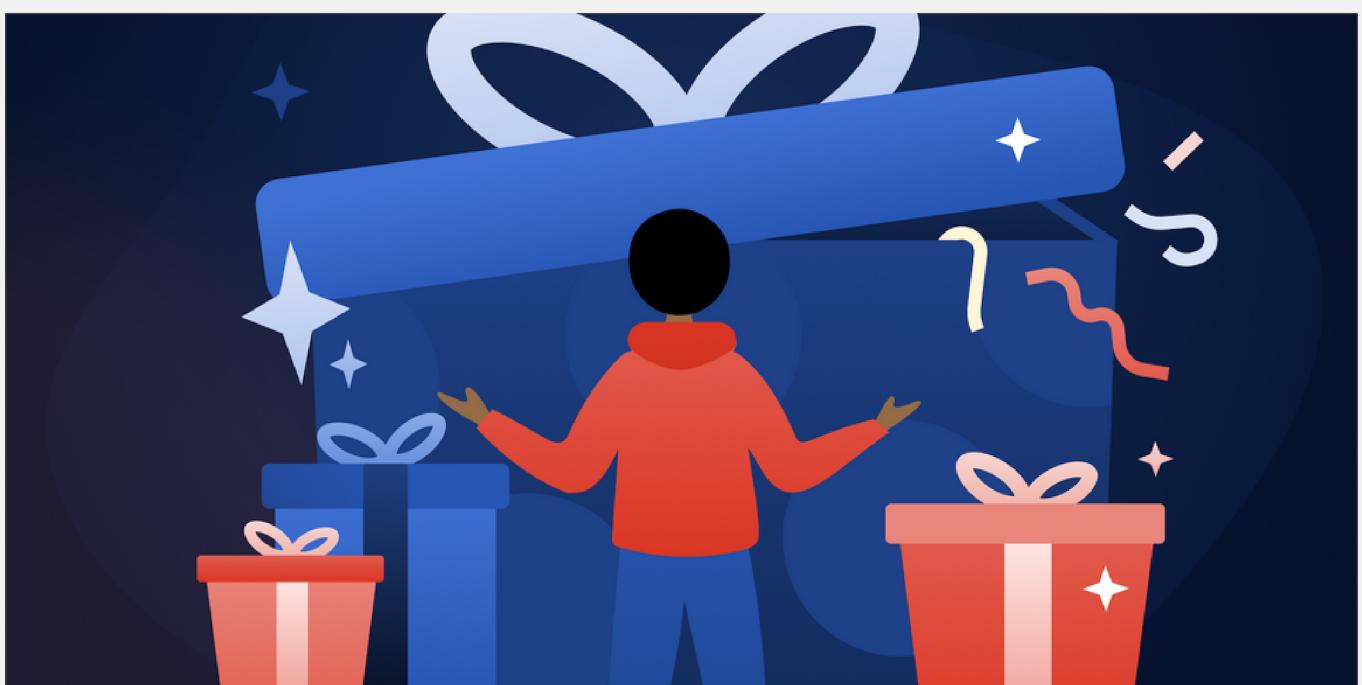
Step 5:

Set rewards for achieving your goals.

A short break or a sweet treat can help keep you motivated.

If you're not in deep work, take a short break every 30-40 minutes, **go for a walk** around the block, have a drink, maybe talk to colleagues or family.

It gives you a brief reset and allows you to continue fully.



Work in Steps

Step 6:

Start with the simplest tasks and gradually work your way up to the more complex ones.

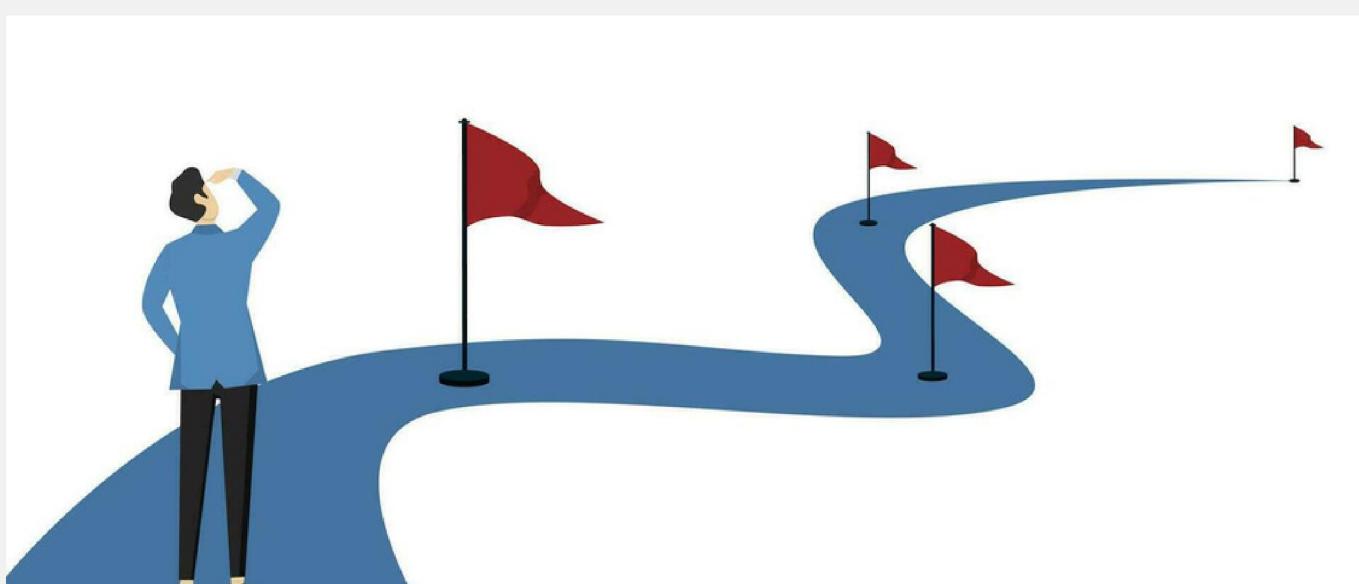
Breaking projects into small parts makes them less intimidating and easier to manage.

Sometimes you'll need to debug for a long time, and it might even take days, but you know what? That's good!

You've encountered a new problem.

The first time, you won't understand anything, but after a few hours, **you'll understand much more** and maybe you've already fixed it.

By encountering problems repeatedly, you learn, grow, and automatically come across **new concepts you've never heard of**.



Seek Support

Step 6:

A **developer** works in a team, although at the beginning, you learn a lot **alone**.

But still, there are many developers who prefer to work or learn alone.

You have to find that out **for yourself**.

In general, I would recommend that at the beginning, seek help and support from other developers.

A network can help you **stay motivated** and perhaps make you feel understood.



Conclusion

final words

By practicing self-reflection, setting small goals, managing your time effectively, eliminating distractions, rewarding yourself, working in steps, and seeking support, you can overcome **procrastination** and achieve your dreams.

My recommendation to you is to choose something you want to learn or a project you've been putting off for a long time and start planning it **now** and write at least a few lines of code.



That's it!

Please leave me a
review on Gumroad.

If you have any questions don't hesitate to
reach out to me!

Good luck