Cage free eggs are laid by hens that are able to roam in indoor houses and have access to fresh food and water.

They must allow hens to exhibit natural behaviors and include enrichments such as scratch areas, perches, and nests.

Hens must have access to litter, protection from predators, and be able to move in a barn in a manner that promotes bird welfare.

Source: https://www.ams.usda.gov/publications/qa-shell-eggs