Col	Abbrev	Full Name of Variable	Definition of Variable	Source(s)	Type of Variable Qualitative / Quantitative	Type of Variable Categorical Discr / Contin	Level of Measurement	Coding Options
A	Study_ID	Study ID Number	Number assigned chronologically	Assigned	Numeric	NA	NA	Enter Number
B	DoAdm	Date Administered	Self-explanatory	Questionnaire	Date	Date	NA	Enter in date format (dd/mm/yyyy)
C	DoB	Date of Birth	Self-explanatory	Questionnaire	Date	Date	NA	Enter in date format (dd/mm/yyyy)
D	Sex	Gender	Gender of Participant	Questionnaire	Qualitative	Categorical	Nominal	1=Male; 2=Female; 8=Other; 9=Unkn
E	Prim_Deg	Primary Degree	First degree attained by Participant	Questionnaire	Qualitative	Categorical	Nominal	We will not use this variable
F	Curr_Deg	Current Degree	Current degree programme	Questionnaire	Qualitative	Categorical	Nominal	We will not use this variable
G	Nat	Nationality	Nationality based on current passport	Questionnaire	Qualitative	Categorical	Nominal	1=Irish; 2=Non-Irish; 8=Dual; 9=Unkn
H	Kms	Distance travelled to class (kms)	Self-explanatory	Questionnaire	Quantitative	Continuous	Interval	Enter value given. 999=Unknown
I	T_Car	Travel by Car / Carpool	Self-explanatory	Questionnaire	Qualitative	Categorical	Nominal	1=Yes; 2=No; 9=Unknown
J	T_Bus	Travel by Bus	Self-explanatory	Questionnaire	Qualitative	Categorical	Nominal	1=Yes; 2=No; 9=Unknown
K	T_Train	Travel by Train	Self-explanatory	Questionnaire	Qualitative	Categorical	Nominal	1=Yes; 2=No; 9=Unknown
L	T_Bike	Travel by Bicycle	Self-explanatory	Questionnaire	Qualitative	Categorical	Nominal	1=Yes; 2=No; 9=Unknown
M	T_Foot	Walks	Self-explanatory	Questionnaire	Qualitative	Categorical	Nominal	1=Yes; 2=No; 9=Unknown
N	Hgt	Height (cms)	Height of Participant in centimetres	Questionnaire	Quantitative	Continuous	Interval	Enter value given. 999=Unknown
O	Wgt	Weight (kgs)	Weight of Participant in kilograms	Questionnaire	Quantitative	Continuous	Interval	Enter value given. 999=Unknown
P	Alc	Alcohol consumption	Response to Q: Do you drink alcohol?	Questionnaire	Qualitative	Categorical	Nominal	1=Yes; 2=No; 9=Unknown
Q	U_Alc	Units of Alcohol	Number of units of Alcohol per week	Questionnaire	Quantitative	Discrete	Interval	Enter value given; 888=Logical blank; 999=Unknown
R	Gen_Hlth	General Health	Self-reported General Health Status	Questionnaire	Qualitative	Categorical	Ordinal	1=Excellent; 2=V Good; 3=Good; 4=Fair; 5=Poor; 9=Unknown
S	R_Meth	To learn research methods	Self explanatory	Questionnaire	Qualitative	Categorical	Ordinal	Enter value given; 9=Unknown
T	R_Prog	Required by my programme	Self explanatory	Questionnaire	Qualitative	Categorical	Ordinal	Enter value given; 9=Unknown
U	R_RP	To develop a research proposal	Self explanatory	Questionnaire	Qualitative	Categorical	Ordinal	Enter value given; 9=Unknown
V	R_Spvr	Advised by my supervisor	Self explanatory	Questionnaire	Qualitative	Categorical	Ordinal	Enter value given; 9=Unknown
W	R_Data	To learn data analysis	Self explanatory	Questionnaire	Qualitative	Categorical	Ordinal	Enter value given; 9=Unknown