

### "Jardim dos Vagalumes" (Garden of Fireflies Farm)

The Garden of Fireflies is located at the rural area of Mogi das Cruzes City, within the metropolis of São Paulo, and about 70 km from the city of São Paulo. It is a family farm of 14.5 ha which has been producing **bamboo shoot processed food and bamboo craft products**, among other products, for 3 generations.



### Restaurant

Inside the farm there is a restaurant whose menu has been developed with some **exclusive bamboo shoot based dishes**. Some of the dishes are family recipes, for example bamboo palm heart salad, bamboo shoot salt pie and Japanese recipes, and since 2017, some recipes have been developed exclusively by our Chef and contributors, like bamboo shoot risotto, bamboo shoot lasagna and deserts like bamboo sorbet and bamboo mousses. Because of this differential, our restaurant has been recognized by the bamboo specialists as innovative and unique in our category.



## Rural Tourism: linkage of Agro, Eco and Pedagogic Tourism based on bamboo knowledge

We also offer seminars and workshops about sustainability and bamboo processing with specialized guided-visit for guests and students. In our bamboo processing workshop, the guests and students are supposed to harvest bamboo shoots, learn how to process and cook, and then taste the bamboo shoot based dishes. In the Pegagogic Tourism, children learn about the environmental sustainability function of bamboo, bamboo made structures, eat bamboo shoot dishes and can play at a bamboo made playground.





## Agro-tourism with bamboo harvest-cooking workshop for 3<sup>rd</sup> age people



Pedagogic Tourism  
for school children

### About our Bamboos

We have about 5 ha of a bamboo grove with 4 species of bamboo: *Phyllostachys aurea*, *P. pubescens*, *Dendrocalamus asper* and *D. asper*, brought from Asia by our ancestors. The bamboo forest in our land initially performed environmental protection in our land for more than 50 years: it covers all the area nearby the head-waters, playing functions of protection of our water source against soil erosion and lake silting. It surrounds the limits of the property, protecting against wind and strangers. It supplies food and wood for the family for 5 generations. Finally, nowadays, supplies us also with the raw material for our business production and our environmental seminars and ecotourism.





### **Future perspectives:**

Our next plans for our farm are to enlarge our bamboo forest by planting an agroforest mixing other bamboo species and commercial and native fruits trees, develop more bamboo products, and construct the buildings and furniture of our property with bamboo culms. Simultaneously, we are creating a network with stakeholders, producers and processors of bamboo in our region, in Brazil and worldwide.

Our future aim is to be reference in bamboo in our region, and keep working and more harder divulging to different audiences about the various possibilities and environmental services that this incredible plant offers us.