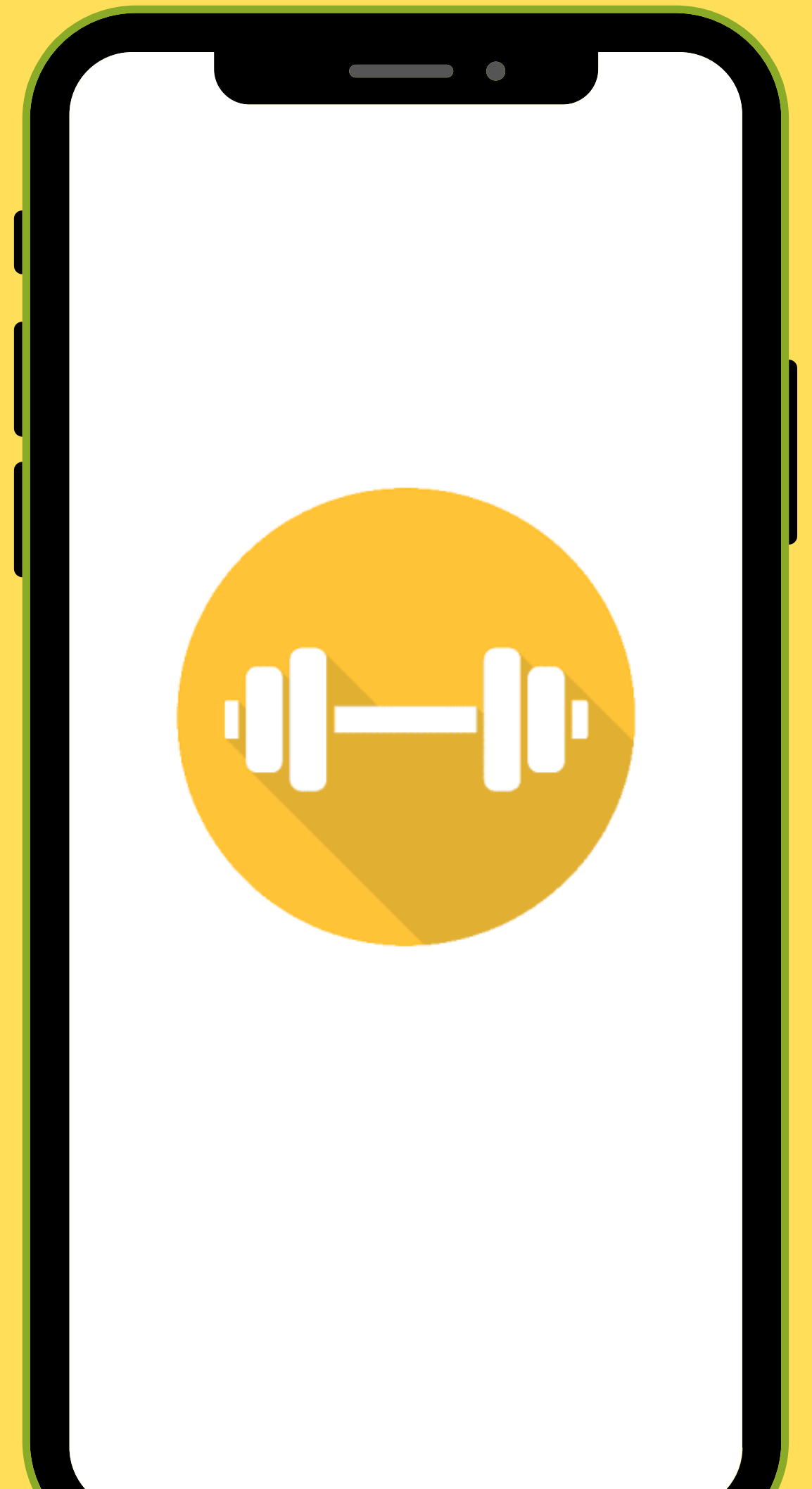**Healthy body, Happy life**

WOTRACKER

Spreading Awareness for Healthier Life

Presented by Joseph.D.Chamdani

What is WOTRACKER?
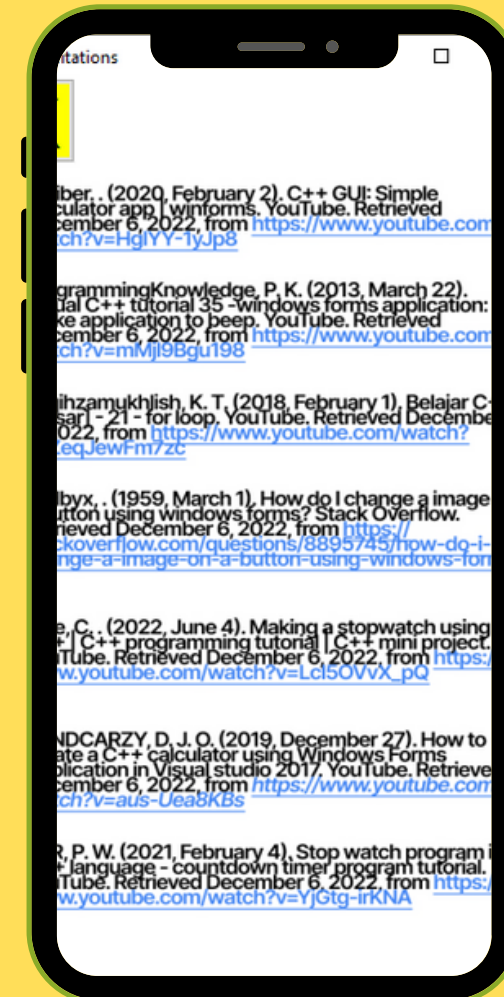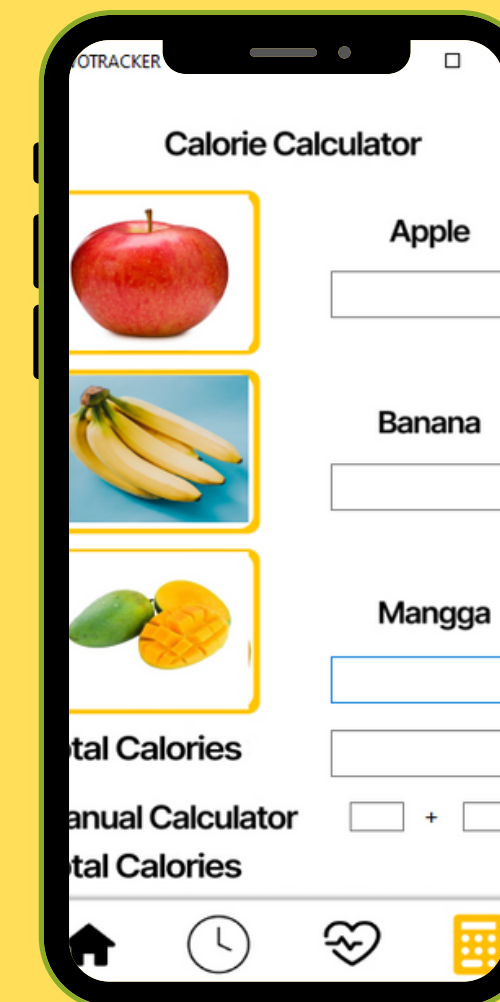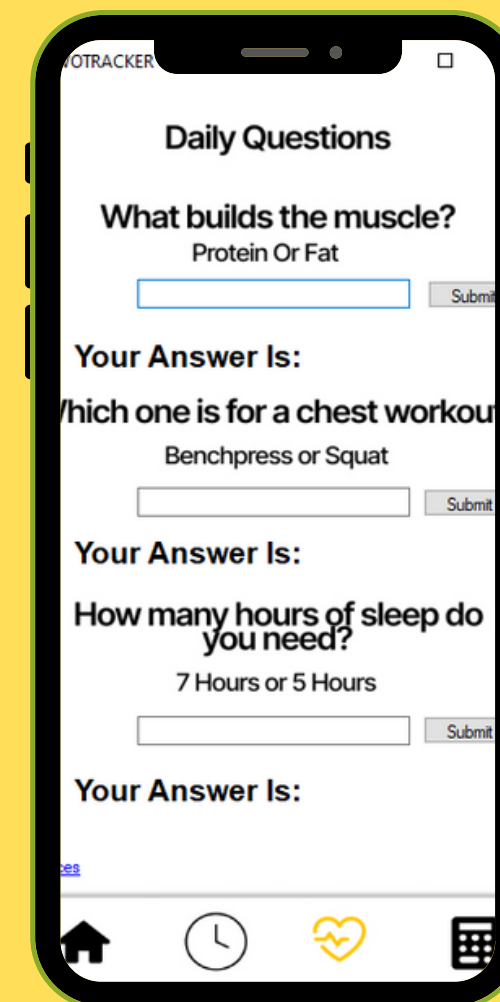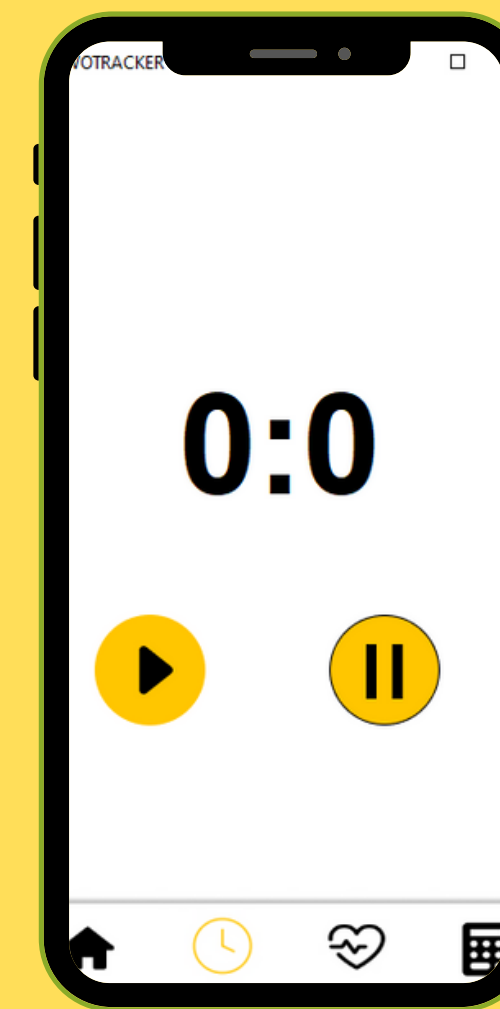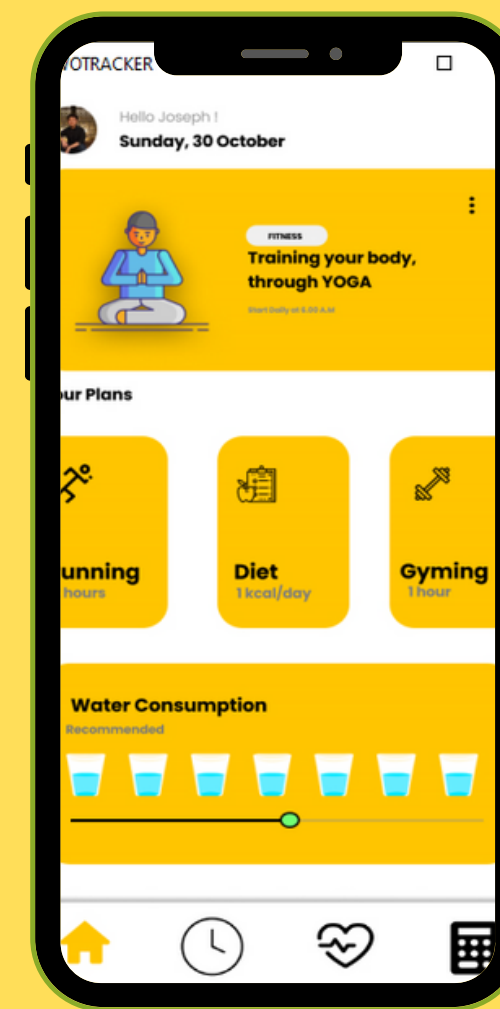
WOTRACKER (Workout Tracker) is an app that can track your progress starting with your calorie intake and weight.

WOTRACKER

What's in it?

A total of 5 pages (forms) are included, the first is a home page, the second is the stopwatch, the third is the daily questionnaire, the fourth is the calorie calculator, and the fifth is references.

Navigations

```
#pragma endregion
    private: System::Void pictureBox2_Click(System::Object^ sender, System::EventArgs^ e) {
        Home::Visible = false;
        Musicpage^ p2 = gcnew Musicpage();
        p2->ShowDialog();
        Home::Visible = true;


    }


    private: System::Void pictureBox3_Click(System::Object^ sender, System::EventArgs^ e) {
    Home::Visible = false;
    Clock^ p2 = gcnew Clock();
    p2->ShowDialog();
    Home::Visible = true;
    }


    private: System::Void pictureBox4_Click(System::Object^ sender, System::EventArgs^ e) {
    Home::Visible = false;
    Calculator^ p2 = gcnew Calculator();
    p2->ShowDialog();
    Home::Visible = true;
    }

private: System::Void pictureBox1_Click(System::Object^ sender, System::EventArgs^ e) {
    }
};
}
```
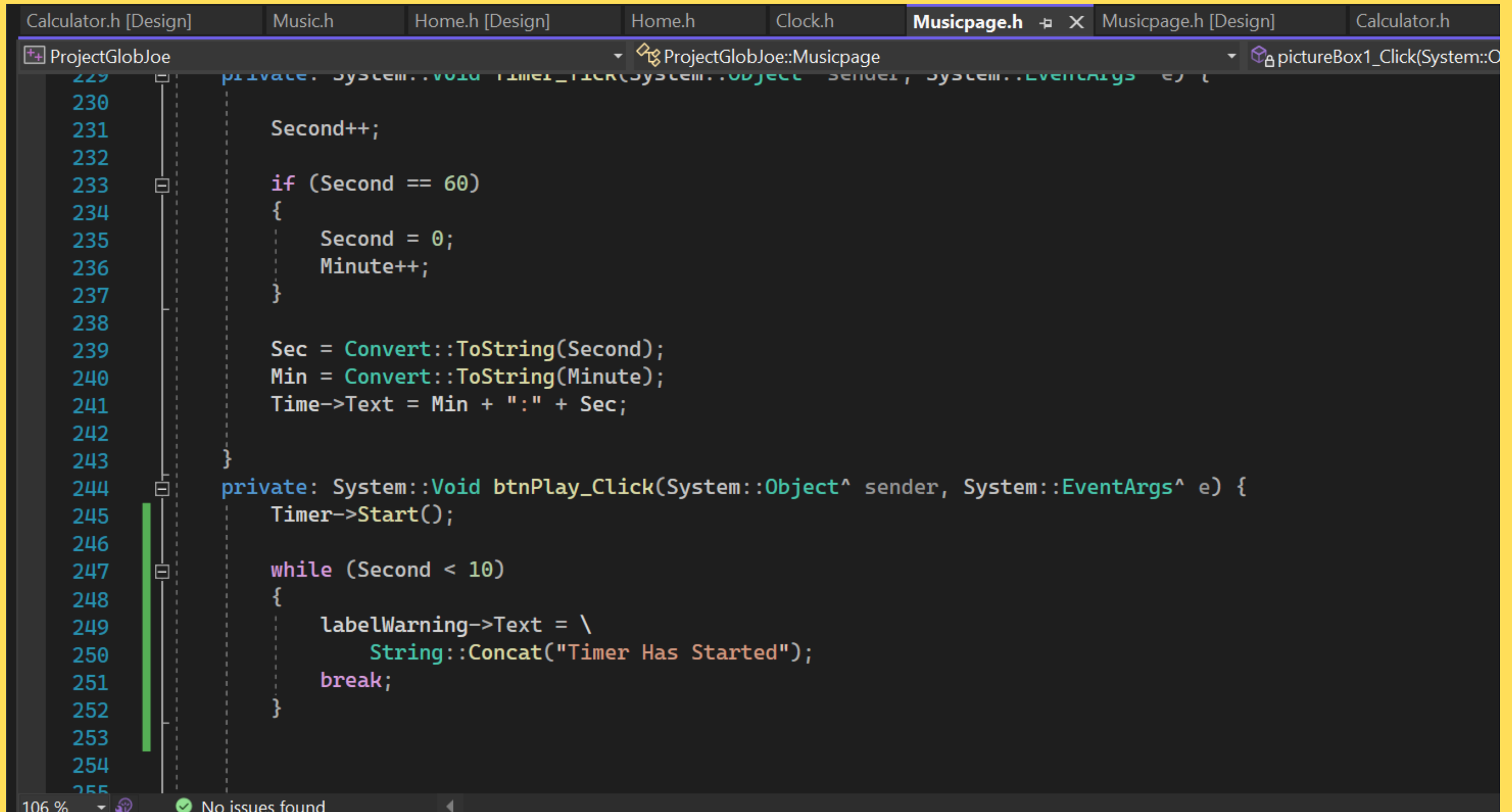
Decision Statements


```
Citations.h    Citations.h [Design]    Musicpage.h [Design]    Clock.h [Design]    Calculator.h    Calculator.h [Design]    Music.h    Home.h [Design]    Home.h    Clock.h

ProjectGlobJoe                                              ProjectGlobJoe::Clock                                              textBox1_TextChanged(System::Object ^ sender, System::EventArgs ^ e)

370       private: System::Void textBox1_TextChanged(System::Object^ sender, System::EventArgs^ e) {
371
372       }
373       private: System::Void button1_Click(System::Object^ sender, System::EventArgs^ e) {
374           if (textBox1->Text == "Protein")
375           {
376               label1->Text = "Correct!";
377           }
378           else
379           {
380               label1->Text = "Wrong!";
381           }
382
383       }
384       private: System::Void button2_Click(System::Object^ sender, System::EventArgs^ e) {
385           if (textBox2->Text == "Benchpress")
386           {
387               label7->Text = "Correct!";
388           }
389           else
390           {
391               label7->Text = "Wrong!";
392           }
393       }
394
395       private: System::Void button3_Click(System::Object^ sender, System::EventArgs^ e) {
396           if (textBox3->Text == "7 Hours")
397           {
398               label8->Text = "Correct!";
399           }
400           else
401           {
402               label8->Text = "Wrong!";
403           }
404       }
405       private: System::Void linkLabel1_LinkClicked(System::Object^ sender, System::Windows::Forms::LinkLabelLinkClickedEventArgs^ e) {
406           Clock::Visible = false;
407           Citations^ p2 = gcnew Citations();
408           p2->ShowDialog();
409           Clock::Visible = true;
410       }
411       };
412       }
```

Looping Statements

ProjectGlobJoe   ProjectGlobJoe::Musicpage   pictureBox1_Click(System::O

```cpp
229         private: System::Void Timer_Tick(System::Object^ sender, System::EventArgs^ e) {
230
231                 Second++;
232
233                 if (Second == 60)
234                 {
235                     Second = 0;
236                     Minute++;
237                 }
238
239                 Sec = Convert::ToString(Second);
240                 Min = Convert::ToString(Minute);
241                 Time->Text = Min + ":" + Sec;
242
243         }
244         private: System::Void btnPlay_Click(System::Object^ sender, System::EventArgs^ e) {
245                 Timer->Start();
246
247                 while (Second < 10)
248                 {
249                     labelWarning->Text = \
250                         String::Concat("Timer Has Started");
251                     break;
252                 }
253
254
255
```

106 %   ✔ No issues found

Self Evaluation

Raja	There is a need to rework the timer
Bilal	The app itself is already good
Rasya	Maybe more information about to be more healthy

Thank You!!