

ORGANIC ESPRESSO

Freshly Roasted Locally • Custom Blend

	Small	Regular	Iced
Espresso	3.8		
Long Black	4.0	4.5	4.5
Latte / Flat White / Cappuccino	4.5	5.5	5.5
Mocha	5.0	6.0	6.0
Macchiato	4.0		

Additional Espresso Shot +1.0

Organic Soya Milk / Oat Milk +1.0

Add Hazelnut / Vanilla Syrup +1.0

VARIETY LATTE

	Hot	Iced
Chai	5.0	
Red Chai - Beetroot & Spices -	5.5	
Turmeric Honey	5.5	
Matcha	5.5	
Chocolate	5.0	5.5

GOURMET SANDWICHES

Served with Wholesome Fresh Breads from our Bakery

Peppercorn Beef Pastrami 8.5

with Horseradish & Dijon Mustard, Mayo, Lettuce, Tomato

Slow-cooked Tender Pulled Pork 8.5

with Avocado, Peperonata, Mayo, Lettuce, Tomato

Premium Smoked Ham 8.5

with Melted Cheese, Mayo, Lettuce, Tomato

BLT 8.5

with Crispy Bacon, Mustard, Mayo, Lettuce, Tomato

Rosemary Chicken 8.5

with Cranberry Sauce, Mayo, Lettuce, Tomato

Smoked Salmon 8.5

with Dill Yogurt Dressing, Lettuce, Tomato

Tuna Salad 8.5

with Red Pepper, Onion, Celery, Mayo, Lettuce, Tomato

Smoked Turkey Ham & Brie 9.5

with Cranberry Sauce, Mustard, Mayo, Lettuce, Tomato

Pulled Beef Avocado 9.5

with Mayo, Lettuce, Tomato

Roasted Chicken & Avocado 9.5

with Mayo, Lettuce, Tomato

Threesome (Turkey, Ham, Bacon) 9.5

with Mozzarella, Mustard, Mayo, Lettuce, Tomato

WELLNESS TEA

Caffeine Free • High in Antioxidant

	Hot	Iced
Organic Red / Green Rooibos	4.0	
Organic Lemongrass / Ginger / Roselle	4.0	
Chamomile Flower / Peppermint Leaves	4.0	
Iced Rooibos Lemon Tea		4.5

WHOLE LEAF TEA

Organic Green Tea	4.0
Timeless Earl Grey / English Breakfast	4.0

FRESHLY SQUEEZED JUICE

Apple, Beetroot & Carrot	5.5
Apple, Beetroot & Ginger	5.5
Carrot & Orange	5.5
Carrot & Green Apple	5.5
Carrot & Ginger	5.5
Orange / Green Apple / Carrot	5.0

PLANT-BASED SANDWICHES

Served with wholesome Fresh Breads from our Bakery.
Comes with Low Fat Vegan Mayo & Sprouts

Quinoa Tofu Pumpkin Burger 8.5

with White Tahini Sauce, Purple Slaw, Tomato

Grilled Beetroot Patty & Avocado 8.5

with Chilli Jam, Lettuce, Tomato

Teriyaki Mushroom Millet Burger 8.5

with Pumpkin, Plum Sesame Sauce, Lettuce, Tomato

Spinach Lentil Patty & Mushroom 8.5

with Plum Chutney Sauce, Purple Slaw, Tomato

Avocado & Veggies 8.5

with Zucchini, Carrot, Beetroot, Hummus, Chilli Jam



GOURMET THINS

Toasted flat wheat bread with
mozzarella cheese, mayo, rocket & tomato

Basil Pesto Chicken 8.5

Hammy Cheese 8.5

Tuna Salad 8.5

Veggie Shroom 8.5

with Peperonata, Mushroom
& Bavarian Wholegrain Mustard

DAILY SETS

Sandwich Set A 11.5

\$8.50 Sandwich and Small Soup

Sandwich Set B 12.5

\$9.50 Sandwich and Small Soup

Thins Set 11.5

Gourmet Thins and Small Soup

Add-on Coffee / Tea +2.5