

ORGANIC ESPRESSO

FRESHLY ROASTED LOCALLY • CUSTOM BLEND

	HOT	ICED
Americano	4.5	5.5
Latte / Cappuccino / Flat White	5	6
Mocha	6	7
Espresso / Macchiato	4	

VARIETY LATTE

	HOT	ICED
Red Chai - Beetroot & Spices	5.5	6.5
Matcha	5.5	6.5
Chocolate	5.5	6.5
Turmeric Honey	5.5	6.5
Chai	5.5	6.5

TEAS SELECTION

	HOT	ICED
Organic Red Rooibos	4.5	5.5
Organic Green Rooibos	4.5	5.5
Organic Lemongrass	4.5	
Organic Ginger	4.5	
Organic Roselle	4.5	
Chamomile Flower	4.5	
Peppermint Leaves	4.5	
Iced Rooibos Lemon Tea		5.5
Organic Green Tea	4.5	
Timeless Earl Grey	4.5	
English Breakfast	4.5	

ADD ONS:	Almond Milk +1	Organic Soy Milk +1	Oat Milk +1.5
	Extra Shot +1	Hazelnut/Vanilla +1	

DESIGN YOUR OWN BOWLS

- 1 BASE* • 1 PROTEIN **9.80**
- 4 TOPPINGS • 1 DRESSING
- 1 BASE* • 2 PROTEIN **10.80**
- 4 TOPPINGS • 1 DRESSING
- 1 BASE* • **8.80**
- 4 TOPPINGS • 1 DRESSING

*MIX UP TO 2

ADD ONS

Small Soup 3

Organic Coffee / Wellness Tea 3

Extra Base 2 • Extra Protein 2 • Extra Topping 0.6



HIGH PROTEIN

Quinoa Lentil, Romaine Lettuce, Baked Herb Chicken, Falafel, Broccoli, Cherry Tomato, Toasted Almond Flakes, Sous Vide Egg, Sriracha Ranch Dressing

11.80



NOURISH TREAT

Baby Spinach, Romaine Lettuce, Moroccan Chicken Fillet, Chickpea, Broccoli, Raw Carrot, Purple Cabbage, Roasted Carrot Ginger Dressing

10.30



OMEGA BOOST

Green Tea Soba with Garlic, Romaine Lettuce, Miso Mirin Salmon, Japanese Cucumber, Grilled Pumpkin, Tofu, Edamame, Miso Ginger Dressing

11.80



GOOD HARVEST [VG]

Baby Spinach, Romaine Lettuce, Grilled Portobello, Wakame Seaweed Salad, Grilled Pumpkin, Cherry Tomato, Toasted Almond Flakes, Lime Cashew Dressing

11.30

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GOOD HARVEST [VG]

Baby Spinach, Romaine Lettuce, Grilled Portobello, Wakame Seaweed Salad, Grilled Pumpkin, Cherry Tomato, Toasted Almond Flakes, Lime Cashew Dressing

11.30



PROTEIN BUSTERS

Green Tea Soba with Garlic, Romaine Lettuce, Miso Mirin Salmon, Roasted Chicken Breast, Grilled Eggplant, Cherry Tomato, Broccoli, Alfalfa Sprouts, Plum Sesame Dressing

12.80



VEGAN BUDDHA [VG]

Baby Spinach, Romaine Lettuce, Half Avocado, Purple Cabbage, Grilled Pumpkin, Raw Carrot, Sweet Corn, Plum Sesame Dressing

10.90



OMEGA BOOST

Green Tea Soba with Garlic, Romaine Lettuce, Miso Mirin Salmon, Japanese Cucumber, Grilled Pumpkin, Tofu, Edamame, Miso Ginger Dressing

11.80



GOURMET SANDWICHES

Served with Wholesome Fresh Breads from our Bakery

Pulled Beef Avocado

with Mayo, Lettuce, Tomato

9.5

Roasted Chicken & Avocado

with Mayo, Lettuce, Tomato

9.5

Three-some

Chicken, Ham & Bacon with Mozzarella, Mustard, Mayo, Lettuce, Tomato

9.5

Premium Smoked Ham

with Melted Cheese, Mayo, Lettuce, Tomato

8.5

BLT

with Crispy Bacon, Mustard, Mayo, Lettuce, Tomato

8.5

Rosemary Chicken

with Cranberry Sauce, Mayo, Lettuce, Tomato

8.5

Smoked Salmon

with White Tahini Dressing, Lettuce, Tomato

8.5

Tuna Salad

with Red Pepper, Onion, Celery, Mayo, Lettuce, Tomato

8.5

PLANT-BASED SANDWICHES

Served with Wholesome Fresh Breads from our Bakery
Comes with Low Fat Vegan Mayo & Sprouts

Grilled Beetroot Patty & Avocado

with Chilli Jam, Lettuce, Tomato

8.5

Avocado & Veggies

with Zucchini, Carrot, Beetroot, Hummus & Chilli Jam

8.5

Spinach Lentil Patty & Mushroom

with Grilled Mixed Mushroom, Plum Chutney, Lettuce, Tomato

8.5

Quinoa Tofu Pumpkin Burger

with White Tahini Sauce, Purple Slaw, Tomato

8.5



GOURMET THINS

Toasted Flat Wheat Bread with
Mozzarella Cheese, Mayo, Rocket & Tomato

Basil Pesto Chicken

with Brie Cheese

8.5

Moroccan Spiced Chermoula Chicken

8.5

Hammy Cheese

with Cheddar

8.5

Tuna Salad

8.5

Smoked Salmon & Avocado

with White Tahini Dressing

9.5

Veggie Shroom

with Peperonata, Mushroom & Bavarian Wholegrain Mustard

8.5

SANDWICH / THIN SETS

Set A \$8.50 Sandwich/Thin + Small Soup

11.5

Set B \$9.50 Sandwich/Thin + Small Soup

12.5

add on for Organic Coffee / Wellness Tea +2.5

BURGERS

Served with Wholesome Fresh Breads from our Bakery

Grilled Herbed Chicken

with avocado, crispy bacon, melted cheese & sriracha

12.5

Falafel & Portobello [Vegan]

with portobello mushroom, peperonata, garlic hummus, vegan mayo

12.5



*Grilled Herbed
Chicken Burger*



*Falafel &
Portobello Burger*

HEARTY SOUP

SLOW-BOILED • GLUTEN-FREE

with Fresh Breads from our Bakery

Small

6.0

Regular

8.8



BREAKFAST FROM 8AM TO 11.30AM

served with organic coffee / wellness tea

Spinach Egg Strata

Baked Spinach Egg Bread Custard & Salad Greens

6.8

Breakfast Sandwich - Scrambled Egg & Cheese

6.8

Breakfast Sandwich - Scrambled Egg & Bacon

6.8

Sous Vide Egg

5.0

Sous Vide Egg & Toast

5.8

Toast (Pandan Kaya / Sesame Tahini)

5.5

Sous Vide Egg & Toast (Pandan Kaya / Sesame Tahini)

6.8



Delectable TREATS SET

Chilled Cake	10
Non Chilled Cake	7
Muffin / Scone	6

