

# GOURMET SANDWICHES

SANDWICH / THIN SETS

add on for Organic Coffee / Tea +2.5

Set A \$8.50 sandwich/thins + small soup

Set B \$9.50 sandwich/thins + small soup

Served with wholesome Fresh Breads from our Bakery

ulled Beef Avocado ith Mayo, Lettuce, Tomato	9.5
ow-cooked Tender Pulled Pork ith Avocado, Peperonata, Mayo, Lettuce, Tomato	8.5
remium Smoked Ham ith Melted Cheese, Mayo, Lettuce, Tomato	8.5
LT ith crispy Bacon, Mustard, Mayo, Lettuce, Tomato	8.5
hree-some hicken, Ham & Bacon with Mozzarella, Mustard, Mayo, ettuce, Tomato	9.5
ahini Mushroom Chicken ith Purple Slaw, Mayo, Tomato	9.5
oasted Chicken & Avocado ith Mayo, Lettuce, Tomato	9.5
OSEMATY Chicken ith Cranberry Sauce, Mayo, Lettuce, Tomato	8.5
moked Salmon ith White Tahini Dressing, Lettuce, Tomato	8.5
una Salad ith Red Pepper, Onion, Celery, Mayo, Lettuce, Tomato	8.5

## PLANT-BASED SANDWICHES

Served with wholesome Fresh Breads from our Bakery. Comes with Low Fat Vegan Mayo & Sprouts.

Grilled Trio Color Veggies with Pumpkin, Peperonata, Mixed Mushrooms, Hummus

Quinoa Tofu Pumpkin Burger

Quinoa Tofu Pumpkin Burger with White Tahini Sauce, Purple Slaw, Tomato	8.5
Grilled Beetroot Patty & Avocado with Chilli Jam, Lettuce, Tomato	8.5
Teriyaki Mushroom Millet Burger with Pumpkin, Plum Sesame Sauce, Lettuce, Tomato	8.5
Spinach Lentil Patty & Mushroom with Grilled Mixed Mushroom, Plum Chutney, Lettuce, Tomato	8.5
Avocado & Veggies with Zucchini, Carrot, Beetroot, Hummus & Chilli Jam	8.5

## GOURMET THINS

Toasted flat wheat bread with mozzarella cheese, mayo, rocket & tomato

Pulled Pork Zucchini & Pepperonata	9.5
Smoked Salmon & Avocado with White Tahini Dressing	9.5
Basil Pesto Chicken	8.5
Hammy Cheese	8.5
Tuna Salad	8.5
Veggie Shroom with Pepperonata, Mushroom & Bavarian Wholegrain Mustard	8.5

ong Black / Macchiato* Latte / Cappuccino / Flat White Mocha Espresso	4.0 4.5 5.0 3.8	4.5 5.5 6.0	4.5 5.5 6.0	
VARIETY LATTE		Hot 5.5	Iced	

reme rice i nigri in Antioxidant	
janic Red / Green Rooibos	4.0
janic Lemongrass / Ginger / Roselle	4.0
amomile Flower / Egyptian Mint Leaves	4.0
d Rooibos Lemon Tea	4.5

Organic Green Tea	4.0
Timeless Earl Grey / English Breakfast	4.0





ORGANIC ESPRESSO
Freshly Roasted Locally • Custom Blend • Always Organic

**Ked Chal - Beetroot & Spices** ე.ე Turmeric Honey / Matcha Chai / Chocolate

Almond Milk / Organic Soy Milk +1.0

Add Halzenut / Vanilla Syrup +1.0 Additional Espresso Shot +1.0

WELLNESS TEA
Caffeine Free • High in Antioxidant

WHOLE LEAF TEA

Red Velvet

EAT WELL - BE WELL