Suppose that R is a symmetric and transitive relation on the set A such that

$$\forall x \in A \colon \exists y \in A \mid x \mathrel{R} y$$

. Show that R is reflexive on A.

$$\frac{\sum x^2}{n} - \mu^2$$

$$\big\{(n\,;m)\mid |n-m|\geq 3\big\}$$