Right off the bat it is hard not to think about life and look at my own situation compared to his because of the hardships that he is going through. It helps me understand life more and not take anything for granted. One of the statements that he talked about was not being able to change the cards that you are dealt in life and just playing with what you have. I love how positive he is while at the same time understands that he is in a difficult situation. One of his messages that stood out the most to me was when he gave his student an assignment with about two weeks to complete and his students came back with amazing work and he didn't know what to do. I understand that he was blown away and wanted to give all his students A's but when he talked to his mentor he basically told him to raise the bar even further to see what they can accomplish. I relate this to two things, the way that my father was with me growing up and also my athletic career because it is something that I have great pride in. With my father he was always pushing me to do better even when I was doing very well because he wanted to squeeze the most out of me and get me to my greatest potential. At the moment you ask yourself why he is so tough on you but now I look back and am extremely grateful for what he did. Same thing goes for my athletic career, coaches are always wanting more from their players because they know there is always room to grow. Listening to Randy speak really inspires me to push myself even harder because he makes me look at life and accept the good with the bad. All we can ever do is play the cards that were dealt to us and live life to the fullest.