

Instructions for Isohelix Xtreme DNA Kit: XME-5/50

Product Details

The Isohelix *Xtreme* DNA kit a silica membrane based spin column DNA purification kit designed to isolate highly purified DNA from buccal swabs with minimal losses. A260/280 ratios are typically >1.8 and A260/230 ratios are typically >1.5

Key Benefits

- ✓ Very high purity DNA
- Protocol integrated to Isohelix swabsManual or high throughput formats
- ✓ Removes PCR inhibitors

Optimised for buccal DNA

✓ No solvent based chemicals

Kit Contents

Isohelix Xtreme DNA	Isohelix Xtreme DNA Kit		
Catalogue No.	XME-50	XME-5	Storage temperature
Number of preps	50	5	
Contents:			
Solution LYS (Lysis buffer)	27ml	2.7ml	Room temperature
Solution CB (Column Binding buffer)	40ml	4ml	Room temperature
Solution WB (Wash buffer)	15ml *2	1.5ml* ₁	Room temperature
Solution EB (Elution buffer)	6ml	0.6ml	Room temperature
Proteinase K	2 x 11mg*4	2.2mg*3	4°C after reconstitution
Xtreme DNA Columns	50 pieces	5 pieces	Room temperature
Collection Tube	100 pieces	10 pieces	Room temperature
Protocol			

^{*1} Add 6 ml of 98-100% ethanol into solution WB before first use, tighten the cap securely to prevent ethanol evaporation.

Storage

Isohelix Xtreme DNA Kits are shipped at ambient temperature.

Please note that on arrival the kit components should be stored according to the table above.

The kits are stable up to the expiry date if stored as instructed. See box label for expiry date.

Equipment and reagents to be supplied by user

- Water bath or heating block at 60°C and 70°C
- Pipettes with disposable tips
- Microcentrifuge (with rotor for 1.5 ml and 2 ml tubes)
- 1.5ml microcentrifuge tubes and 5ml or 10ml round bottom tubes
- Vortexer
- Ethanol
- Sterile ddH₂O

Before Starting

- 1. Prepare a waterbath at 60°C.
- 2. Reconstitute the Proteinase K by adding appropriate amount of sterile water as shown above.
- 3. Add the appropriate amount of 98-100% ethanol to the WB bottle before use as shown above.

Technical Assistance

If you have any questions regarding the use of this kit or other Isohelix products please contact us by email at info@isohelix.com or for further information visit the website at www.isohelix.com

Safety and Use of the Isohelix Xtreme DNA kits

Buffers in the Xtreme DNA kits contain irritants so appropriate safety equipment such as gloves, laboratory coats and eye protection should be worn. The kits are intended for use by qualified professionals trained in potential laboratory hazards and good laboratory practise. If direct information is not available on any of our compounds this should not be interpreted as an indication of product safety.

This kit has been designed for research use only

^{*2} Add 60ml of 98-100% ethanol into solution WB before first use, tighten the cap securely to prevent ethanol evaporation.

^{*3} Reconstitute vial with 110µl ddH₂O before first use, store the solution at 4°C after reconstitution.

^{*4} Reconstitute each vial with 550μl ddH₂O before first use, store the solution at 4°C after reconstitution.



Xtreme DNA Kit Protocol for XME-5/50

- 1. Place the swab head into a suitable tube. If using Isohelix SK-1 or SK-2 swabs, use the tube provided*.
- 2. Add 500µl LYS lysis buffer and vortex to cover the swab head.
- 3. Add 20µl Proteinase K solution, mix immediately by vortexing.
- 4. Incubate at 60°C for a **minimum** of 10 minutes or up to 60 minutes to lyse the sample.
- st When using SK-2 tubes, after lysis transfer the liquid to a clean 5ml tube before proceeding with step 5
 - 5. Add 750µl CB buffer, mix by vortexing thoroughly for 30 seconds.
 - 6. Preheat the EB buffer at 70°C (100µl per sample).
 - 7. Add 1.25ml ethanol to the sample and vortex to mix.
 - Place an Xtreme DNA column onto a collection tube. Pipette 700µl of the sample into the column without touching the rim. Centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 1 minute.
 Discard the flow-through.
 - 9. Repeat step 8 until all the sample has been loaded onto the column.
 - 10. Wash the column by adding 750μ l solution WB. Centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 1 minute. Discard the flow-through.
 - 11. Repeat the wash step by adding a further 750μl solution WB. Centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 1 minute. Discard the flow-through.
 - 12. Place the column in a clean collection tube and centrifuge at maximum speed (13.4K rpm, 12,000 x g) for 3 minutes to remove all traces of ethanol.
 - 13. Place the column in a clean 1.5ml microcentrifuge tube. Add $100\mu l$ EB buffer pre-heated at $70^{\circ}C$ to the centre of the membrane.
 - 14. Stand the column for 3 minutes then centrifuge at maximum speed (13.4K rpm, 12,000g) for 1 minute to elute the DNA.
 - 15. Store the eluted DNA at -20° C.

Typical A260/280 ratios for the eluted DNA are >1.8 and A260/230 ratios are >1.0

Other Isohelix Products

Isohelix DNA Buccal Swabs.

- > High yields, blood alternative, reproducible, easy to use, different formats for various extraction methodologies. Isohelix DNA Silica Gel Capsules
- > For use with SK-1 swab kits, air-dries swab in tube giving extended storage times without loss of stability: SGC-50 Isohelix GeneFix™ Saliva DNA collection and purification kits
- ➢ GeneFix™ Saliva DNA Collection Devices for collecting, storing, stabilising and transporting 2ml saliva samples: GFX-02
- ➤ GeneFix™ Saliva DNA Mini Kit for isolation of high purity DNA from GeneFix™ Saliva samples: GSS-50
- ► GeneFixTM Saliva DNA Midi Kit for isolating high purity DNA from 2ml GeneFixTM Saliva samples: GMS-50
- ► GeneFix[™] Saliva DNA Precipitation Kit for isolating DNA from 2ml GeneFix[™] Saliva samples: GPS-50

Isohelix DNA Isolation and Handling kits

- > DNA Isolation kits for the isolation of pure DNA from buccal swabs: DDK-3/50
- > DNA Clean-Up kits for additional purification of buccal DNA samples to give ultra-pure DNA: XCU-50
- > DNA stabilising kits for the stable storage of DNA at Room Temperature for long periods: DSK-50
- DNA quality check by PCR to confirm quality of DNA prior onward experimentation: DQC-50
- > DNA Release kits quick and easy kit for PCR-ready DNA from buccal swabs in under 20 minutes: BEK-50
- > Isohelix Spin+Collect™ sample recovery devices to increase yields from swabs and other materials: SC/ST-100