

Food Resources PDX

Share this sheet to amplify these existing resources to support individuals & families in accessing food during this government shutdown. A delay in SNAP means over 750,000 families in Oregon alone will face further food insecurities.

The goal of this sheet is to make navigating these resources easier.

Missing a resource?

Email foodresourcespdx@gmail.com if you have resources that would be helpful to add.

UPDATED: 10/30/25

Who	Location / More Info	Website / Instagram
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Pantries/Shelters/Mutual Aid Groups

<u><i>Equitable Giving Circle:</i></u> Weekly free market for Black + Brown folks	5431 NE 20th Ave, Portland OR (at Killingsworth) inside the Leaven Community Center Every Thursday 10am - 2pm	@ EquitableGivingCircle https://www.equitablegivingcircle.org/
<u><i>Meals on Us PDX & PDX Saint's Love</i></u> Chef curated meals with no charge	247 SE 82nd ave, Portland OR Most weekdays , check Instagram for full schedule	@ MealsOnUs.PDX @ PDXSaintsLove
<u><i>Blanchet House Meals</i></u> Free meals & shelter	310 NW Glisan St, Portland OR 3 meals offered a day , check website for schedule	@ BlanchetHouse https://blanchethouse.org/free-food-meal-services/
<u><i>Urban Gleaners</i></u> Offers food from various locations	24 locations throughout PDX, check website for details	@ UrbanGleaners https://urbangleaners.org/food-finder/
<u><i>Milk Crate Kitchen</i></u> Must fill out a form to request meal	Meal request form opens Wednesday mornings , deliveries/pick ups on Fridays	@ MilkCrateKitchenPDX https://www.milkcratekitchen.org/request-meal-closed-capacity-met
<u><i>Community Free Store</i></u> Mutual aid group supports with groceries, clothing, pet items, hygiene supplies, & fresh meals	Established in various neighborhoods DM their Instagram to get location for that week	@ CommunityFreeStorePDX @ CommunityFreeStorePDX_SE @ CommunityFreeStoreMilwaukie
<u><i>Nourish Kitchen</i></u> Offers pantry boxes	3223 SE 92nd Ave Portland, OR 97266 7 days a week	https://www.nourishoregon.com/get-food
<u><i>Oregon Food Bank Finder</i></u> Tool showing a map of community	Multiple locations across Oregon, check map on site	https://foodfinder.oregonfoodbank.org/

partners with the Oregon Food Bank		
<u><i>Metropolitan Family Services</i></u> Runs 5 food pantries across 3 different school districts	Check website for locations, offers support most days of the week	https://www.mfspdx.org/hungerrelief
<u><i>Little Food Pantries</i></u> Food pantries supplied by community members	Map in website of various food pantries 20+ locations	https://mapping.littlefreepantry.org/
<u><i>The People's Store</i></u> Mutual aid resource	SE 99th & Ankeny (1st Sundays , 1:30p) SE 3rd & Belmont (3rd Sundays , 1:30P) Check Instagram for events	@ ThePeoplesStorePDX
<u><i>Hollywood Bloc Party</i></u> Mutual aid Resource	44th & NE Hancock behind the Grocery Outlet Check Instagram for updated locations	@ HollywoodBlocParty
<u><i>Filipino Bayanihan Center</i></u> Community center offering culturally specific foods to the Filipino community	1537 SE Morrison St. Portland, OR, 97214 Bimonthly meal kits Quarterly culturally specific foods	@ BayanihanOregon https://www.bayanihanoregon.org/
<u><i>Feed the Mass</i></u> Provides daily meals for those experiencing food insecurity	80 NW Davis St, Portland OR	@ FeedTheMass https://www.feedthemass.org/
<u><i>Lift Up Portland</i></u> Free food pantry twice a month & offers delivery	3448 NW Yeon Ave, Portland OR	@ LiftUrbanPortland https://www.lifturbanportland.org/
<u><i>PDX Free Fridge</i></u> Mutual aid, take what you want leave what you can	Multiple locations, check map for details	@ PDXFreeFridge https://sites.google.com/view/pdx-free-fridge/home
<u><i>Feed'em Freedom Black Community Food Center</i></u> Food pantry <i>open to all</i>	4450 NE 131st Pl, Portland OR Wednesday - 2:00pm - 4:30pm Thursday - 3:00pm - 6:00pm Friday - 2:00pm - 4:30pm	@ FeedemFreedomFoundation https://www.feedemfreedom.org/
<u><i>Clackamas Service Center</i></u> Food pantry, meals, hygiene, clothing	8800 SE 80th ave, Portland OR Grocery support: Tues/Thurs 12-4p Meals: Tues/Wed/Thurs 1-2:30 Sunday 3-3:30p	https://www.cscoregon.org/
<u><i>Hollywood Farmers Market</i></u> Offering free food pantry	4420 NE Hancock St, Portland OR Every Saturday	@ HollywoodFarmersMarketPDX https://www.hollywoodfarmersmarket.

		org/
<u><i>Just a Dash Kitchen</i></u> Food pantry & pay it forward program	12400 SW 1st Ave, Beaverton OR Open M-F 12 - 6:30p Sat -Sun 12 - 4p	@ JustADashKitchen
<u><i>William Temple House</i></u> Food pantry	2023 NW Hoyt St, Portland OR Free groceries Tues-Thurs	@ WilliamTempleHouse https://www.williamtemple.org/our-services/social-services-2024-08/
<u><i>All Saints Episcopal Church</i></u> Food pantry, associated with the church	4033 SE Blvd, Portland, OR, 97202 (Pantry is on North side of main building) Fridays & Saturdays 12 - 2p	https://www.allsaintspdx.org/outreach/pantry/
<u><i>Bella Organic Farm</i></u> Free squash/pumpkins per family	16205 NW Gillihan Rd, Portland OR Only between November 1st - 7th	@ BellaOrganicFarm https://bellaorganic.com/
<u><i>St. John's Food Share</i></u> Food pantry	8100 N Lombard St, Portland OR Mon & Fri - 10a - 4p Wed 10a - 12p	@ StJohnsFoodShare https://stjohnsfoodshare.org/
<u><i>Neighborhood House</i></u> Free food market / grocery deliveries (w/ vegan/halal options)	3445 SW Moss St, Portland, OR Mon/Wed: 10a - 4p Thur: 2 - 6p	@ NHPDX https://nhpdx.org/food-security/
<u><i>Love Our City PDX</i></u> Weekly food distro	6120 NE 57th Ave (corner of 57th/Lombard), Portland, OR Tuesdays 11a-12p	@ LoveOurCityPDX https://loveourcitypdx.com/home

Who	Location / More Info	Website/Social Media
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Restaurants/Cafes/Food Carts

Most of these locations have a “Pay it Forward” system or options to donate funds to support their work, if you have the means please consider checking out their social media accounts for steps on how to contribute.

<u><i>Heretic Coffee Co.</i></u> Cafe offering free breakfast	5120 SE 28th Ave, Portland, OR	@ HereticCoffeePDX https://hereticcoffee.com/
<u><i>Creekside BBQ</i></u> Offering a hot meal	910 NE Tenney RD, Suite 119 Vancouver WA	FB: Creekside BBQ
<u><i>Astera PDX</i></u> Offering free (vegan) meal on Nov 27th	1407 SE Belmont, Portland OR Only offering pick up, DM if you have mobility limitations	@ Astera_PDX
<u><i>AG Burrito Shops</i></u> Offering free burritos at various locations across PDX	Location in Gresham, Troutdale, Wood Village, & Lake Oswego, check website Order the “Snap Burrito”	@ GreshamBurrito https://www.agburritoshop.com/locations
<u><i>DB Dessert Company</i></u> Offering free fresh loaves of bread	2624 NE Alberta St, Portland OR	@ DBDessertCompany https://www.dbdessertcompany.com/
<u><i>Nan's Taqueria</i></u> Offering free meals	15640 SE Happy Valley Town Center Dr, Happy Valley	@ Nans_Taqueria Email: nanastaqueria@gmail.com
<u><i>El Sombrero Tapatio</i></u> Offering free meals	10820 NE Sandy Blvd, Portland OR Order the “Snap meal”	@ ElSombreroTapatio https://www.elsombreropdx.com/
<u><i>The Pharmacy PDX</i></u> Only offering free meal from now until Nov 2nd	2100 NW Glisan St, Portland, OR Currently paused to fill existing orders	@ ThePharmacyPDX Email: ThePharmacyPDX@gmail.com https://thepharmacypdx.com/
<u><i>Mama Chows</i></u> Offering to feed children and elders	3757 SE Hawthorne Blvd, Portland OR Say “Pans” when you reach the counter	@ MamaChows
<u><i>Geek Easy Anime Cafe</i></u> Offering free meals	310 NW Davis St, Portland OR Order the “Otaku Special”	@ Geek Easy Anime Cafe

<u>Feral</u> Offering a free (vegan) meal	1640 NE Killingsworth St, Portland, OR	@ Feral.Portland https://feralvegan.com
<u>Red Sauce Pizza</u> Offering a free small frozen pizza for children	4641 NE Fremont, Portland OR	@ RedSaucePizza
<u>Mirisata</u> Offering a free (vegan) meal	420 SE Belmont St, Portland, OR Starts Nov 1st	@ Mirisata https://mirisata.com/
<u>Cafe Olli</u> Offering meals on sliding scale \$0 - \$14	3965 NE MLK Jr. Blvd, Portland OR	@ CafeOlli https://cafeollipdx.com/
<u>Dirty Lettuce</u> Starting Nov 1st, offering free (vegan) food bowls	4727 NE Fremont St, Portland OR	@ DirtyLettucePDX https://dirtylettuce.square.site/
<u>Legacy Coffee Company</u> Offering free sack lunches	112 N Main ave, Gresham OR	@ LegacyCoffeePDX https://www.legacycoffeepdx.com/
<u>Delicious Donuts</u> Offering free food & drink items	12 SE Grand Ave, Portland, OR	@ Delicious.Donuts
<u>Woodstock Cafe</u> Offering free meals	4103 SE Woodstock, Portland OR	@ WoodstockCafePDX
<u>Grassa PDX</u> Children eat free, no purchase required	1506 NW 23rd Ave, Portland OR	@ GrassaPDX
<u>Golden Triangle</u> Offering 1 day of free meals	4227 SE Woodstock Blvd, Portland OR Nov 2nd 12 - 5p only	@ GoldenTrianglePDX
<u>Pizzeria Stellina</u> Offering free calzones	4227 SE Woodstock Blvd, Portland OR	@ PizzeriaStellinaPDX
<u>Laughing Planet</u> Offering free dinner/lunch	All Locations Ask for "Adult Snap" or "Kids Snap Meal"	@ LaughingPlanetCafe https://laughingplanet.com/
<u>Pleasure Burger</u> Offering free grilled cheese & fries for kids all Nov long	606 SW Broadway St. Portland, OR	@ PleasureBurger https://www.pleasureburger.com/

<u><i>Salvi PDX</i></u> Offering free pupusitas (GF)	2030 SE 7th Ave, Portland OR	@ SalviPDX
<u><i>Memoire Ca Phe</i></u> Kids eat free whole month of Nov	1495 NE Alberta St. Portland, OR	@ Memoire.CaPhe
<u><i>Ice Queen</i></u> Offering free frozen banana treats	2012 SE 11th ave, Portland OR	@ IceQueenPDX
<u><i>Pica Drip</i></u> Offering free hotdogs & chips	7445 SE 72nd Ave, Portland OR	@ PicaDrip
<u><i>The Fates Bread and Bottle Co</i></u> Offering fresh loaves of bread & soup	6664 SE Milwaukie Ave, Portland OR Ask for the "Fates Special"	@ FatesBreadAndBottle
<u><i>Growing Gardens. Kolectivo. Magna Kusina & Sun Rice</i></u> A collaboration offering free lunch/dinner Available daily during restaurant open hours	SE Pickup - Magna Kusina 2525 SE Clinton St, Portland OR NE Pickup - 4090 N Williams, Portland OR	Instagram/Emails @ MagnaPDX jane@magnapdx.com @ SunRicePDX hello@magnapdx.com
<u><i>Grind Wit Tryz</i></u> Free bento meal	4318 NE Cully Blvd, Portland OR Available starting Nov 5th on Wed, Fri, Sat	@ GrindWitTryz
<u><i>Mikiko Donuts</i></u> Offering a free donut and coffee	2 locations 300 NE 28th ave, Portland 3905 SW Orbit St, Beaverton	@ MikikoMochiDonuts
<u><i>Harlow</i></u> Offering a free (vegan, GF) meal, starting Nov 1st	3 locations in SE, NW, and NE Ask for "Snap Meal"	@ HarlowPortland https://www.harlowpdx.com/
<u><i>Love Crumble</i></u> Pop up shop offering free crumble & a drink	Pop ups at Beaverton Farmers Market Saturdays 8:30a - 1:30p	@ LoveCrumblePDX
<u><i>Miss Delta Restaurant & Bar</i></u> Offering a free burger/sandwich	3950 N Mississippi Ave, Portland OR	@ MissDeltaSouthernFood
<u><i>The 649</i></u> Bar offering free soup	18647 SW Farmington Rd, Beaverton Open most days of the week varying hours	@ The649

<u><i>Makin' Groceries</i></u> Pay what you can Cajun restaurant	7137 NE Fremont St. Portland OR Tue-Thu: 11 - 6p Fri/Sat: 11a - 3p	@ Landing_Paper_Planes
<u><i>Bar West</i></u> Offering free brunch/dinner	1221 NW 21st Ave, Portland Ask for the "Snap special"	@ WestPortland

Missing a resource?
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Misc. Food Pantries

<u><i>Seagrape Apothecary</i></u> Offering non perishable items	2823 NE Sandy Blvd, Portland OR Wednesday - Saturday 11a - 5p	@ SeagrapeApothecary
<u><i>The People's Store</i></u> Pop up event for pantry items	2504 NE Sandy Blvd, Portland OR Sunday, Nov 12th at 2pm	@ ThePeoplesStorePDX @ SonnysHouseOf
<u><i>Javelina</i></u> Naymu Nawa food pantry (We are family)	4636 NE 42nd, Suite A, Portland OR Everyday 12pm - 6pm	@ Javelina.PDX https://javelinapdx.com/
<u><i>Kenton Antiques</i></u> Antique shop offering free non perishable items	8112 N Denver Ave, Portland OR Open Friday - Sunday 11 - 5p	@ KentonAntiques
<u><i>Nuestra Cocina</i></u> Food pantry pop up	2135 SE Division St, Portland OR November 16th only ,11a - 5p	@ NuestraCocina https://nuestracocina.com/
<u><i>The Recovery Gym</i></u> Free food pantry	2 locations: 931 SE 6th, Portland 060 SW Baseline St, Hillsboro	@ TheRecoveryGym https://www.therecoverygym.org/
<u><i>Alano Club of Portland</i></u> Free food pantry	909 NW 24th ave, Portland	@ PortlandAlanoClub https://www.portlandalano.org/

Deals/Coupons

<u><i>Go Puff</i></u> Offering free \$50 in groceries per SNAP customer	https://www.gopuff.com/sf/snap-ebt/MbhNod
<u><i>DoorDash</i></u> Waved delivery fees	https://about.doordash.com/en-us/news/snap-shutdown-announcement
<u><i>Too Good To Go</i></u> NOT free, discounted prices for food	https://www.toogoodtogo.com/

Pay It Forward

A list of locations offering a pay it forward program, meaning a meal / grocery / food item has already been paid for and is up for grabs. If you have the means, consider purchasing a pay it forward meal for someone.

Check social media accounts or call ahead to check availability at these locations.

Sparrow Bakery	8195 N Lombard St UNIT 101, Portland, OR	https://www.thesparrowbakery.net/portland/
Fleur De Lis Bakery & Cafe	3930 NE Hancock St, Portland, OR	https://fleurdelisbakery.com/
Lovejoy Bakers	939 NW 10th Ave, Portland	https://www.lovejoybakers.com/
Crema Coffee	3 locations: 2 in SE, 1 in NE	https://www.cremabakery.co
Jinju Patisserie	4063 N Williams Ave, Portland OR	https://jinjupatisserie.com/
Fressen Artisan Bakery	7075 NE Glisan St, Portland	https://www.fressenartisanbakery.com
The Realm Refillery	2310 NE Broadway, Portland, OR	https://www.therealmrefillery.com/
Just A Dash Kitchen	12400 SW First Street, Beaverton, OR	https://justadashkitchen.com/