

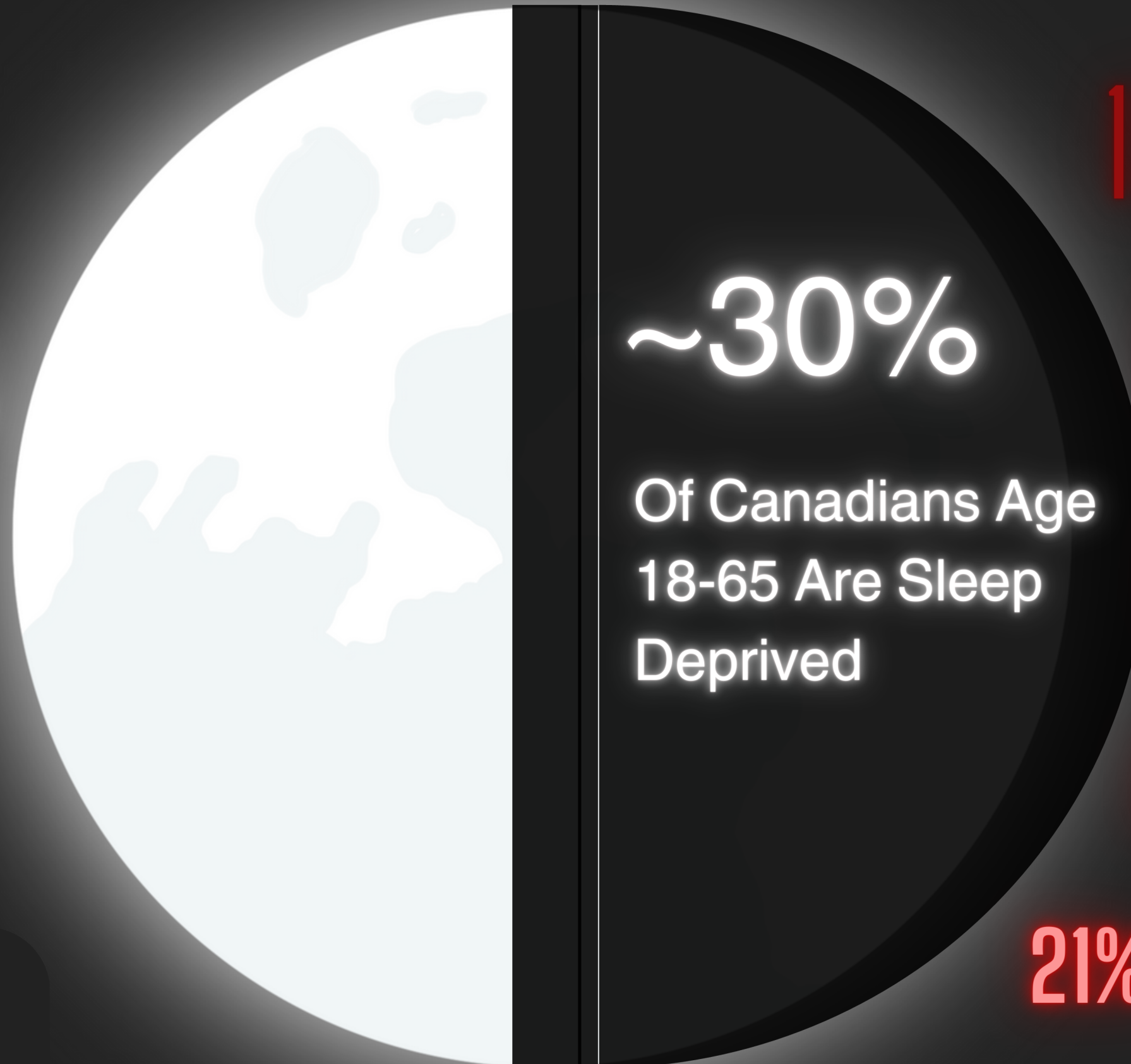
The Sleep Epidemic

04:00
AM

Canadians Have
Insomnia 30%

858,900

Canadians
Have Sleep Apnea



15%

Increase Chance of
a Stroke

48%

Increase Chance of
Coronary Heart Disease

48%

Increase Chance of
Developing Type 2
Diabetes

36%

Reported being chronically
depressed

21%

Involved in Car/Vehicle Accidents