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1.

Some ethical concerns that people may have about my body data collections are the accuracy of the data (if the data is falsified or recorded inaccurately). Because there is no absolute way to prove that I have measured my body weight accurately for the past couple months, the question if I really did measure myself every day arises. That is one prominent ethical concern with one part of my data collections.

2.

My data for my heart rate has been constant throughout the last 2 months even with some bursts of weight training. One can argue that activity doesn't affect heart rate. But you have to consider that I was not consistent with my weight training and was more of an on and off thing. Taking that into consideration, we can make better judgments based on the data I collected.

3.

Having peer review my data collection process in general can suggest improvements for accuracy and reliability because I myself may have bias and motives. They can also check if the data I collected is suitable for research by the way I collected them.