

WEEK 26

TRINITY 5

01 JULY 2018



THE CHURCH OF THE GOOD SHEPHERD

PPM 474 ELOPURA, 90000 SANDAKAN, SABAH

Tel : 089-216051 / 216081; Fax : 089-271862

www.cogssandakan.com



Welcome to a gathering of God's people.

COLLECT FOR TODAY:

Almighty God, we pray that the course of this world may be so peaceably ordered through your guidance that your church may joyfully serve you in all godly quietness, through Jesus Christ our Lord. Amen.

OVERFLOWING FRUIT

Read: Galatians 5:16–25

*I chose you and appointed you so that you might go and bear fruit — fruit that will last.
John 15:16*

During the spring and summer, I admire the fruit growing in our neighbour's yard. Their cultivated vines climb a shared fence to produce large bunches of grapes. Branches dotted with purple plums and plump oranges dangle just within our reach.

Although we don't till the soil, plant the seeds, or water and weed the garden, the couple next door shares their bounty with us. They take responsibility for nurturing their crops and allow us to delight in a portion of their harvest.

The produce from the trees and vines on the other side of our fence reminds me of another harvest that benefits me and the people God places in my life. That harvest is the fruit of the Spirit.

Christ-followers are commissioned to claim the benefits of living by the power of the Holy Spirit (Gal. 5:16–21). As God's seeds of truth flourish in our hearts, the Spirit produces an increase in our ability to express "love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control" (vv. 22–23).

Once we surrender our lives to Jesus, we no longer have to be controlled by our self-centered inclinations (v. 24). Over the time, the Holy Spirit can change our thinking, our attitudes, and our actions. As we grow and mature in Christ, we can have the added joy of loving our neighbours by sharing the benefits of His generous harvest.

Lord, please cultivate the fruit of the Spirit in our hearts and minds so our neighbours can enjoy Your sweet fragrance in and through our lives.

The fruit of the Spirit changes us so we can impact the lives of those around us.

(Our Daily Bread)

FAMILY MATTERS

Welcome to a gathering of God's people. We gather to worship Jesus. To sing praises to Him, to confess our sins to Him, to listen to His word, to pray to Him, to remember His death and to encourage one another to obey Him in our daily lives.

- **03 July (Tue)**

Excelsis Line Dance

Jamming Party Featuring Alpha "Who is Jesus?" a 25-minute video in Cantonese. Dinner ticket @ RM15 includes Lucky Draws.

Venue: Barrett Hall, 6:30 pm.

- **ATI - E : (LATEST UPDATE)**

★ **06 - 08 July (Fri—Sun)**
Chinese class at St Michael's.

English Class at St Michael's too. Praise God, that there are now 8 candidates.

★ **09 - 11 Sept (Sun—Tue)**
BM class at COGS.

Requirements: SPM certificate or equivalent; passport-sized photos; RM100 non-refundable fees.

For further enquiries please contact Rev Timothy.

- **08 July (Sun)**

Chinese & English Children's ministries will celebrate **Parents' Day** at Barrett Hall, 2:00 pm.

- **14 July (Saturday)**
Sisters' Fellowship monthly gathering

Venue: Barrett Hall, 2:00 pm.

- **16 - 19 July (Mon—Thurs)**
Diocesan Senior Citizens Retreat (Chi & Eng).

Venue: The Church of Our Holy Saviour, Labuan.

Registration fees @ RM120/pax. Closing Date: 02 July.

Contact persons: Ps Soo Nyuk Fong / Mrs K J Chin.

- **20 - 22 August (Mon—Wed)**
COGS Children Motivation Camp for children in Pr 1—4.

Venue: Barrett Hall, from 8:00 am — 4:00 pm daily.

Person in-charge: Ps Chin Yock Len.

- **01 Sept (Sat)**

Captain Ball friendly match hosted by St Michael's Church in celebration of her 130th Anniversary.

Dateline for registration: 08 August 2018.

Contact person: Victor Wong Wai Kwok, @ 010-954-1660.

Venue: Sandakan Vision Primary School.

For more details, please refer to the notice outside the church doors.

01 July 2018

FRUIT OF THE SPIRIT (II)

Patience, Kindness and Goodness. Galatians 5:22-23

INTRODUCTION

The Holy Spirit, who lives inside each believer, desires to produce fruit in and through us.

Galatians 5:22-23 – But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such there is no control.

While **WORKS** are the result of what we do;
FRUIT is the product of what we are.

LESSONS

1. **Patience**

PATIENCE IN RELATION TO GOD REFERS TO HIS PATIENT ENDURANCE WITH SINNERS SO THAT THEY WILL HAVE OPPORTUNITY TO REPENT.

2 Peter 3:9

James 1:2-4

Biblical example : Paul

2. **Kindness**

KINDNESS IS TREATING OTHERS WITH LOVE AND RESPECT.

Psalms 117:2

Ephesians 2:7

Ephesians 4:32

Biblical example : Dorcas (Acts 9:36)

3. **Goodness**

TO BE GOOD IS TO DO WHAT IS RIGHT.

Mark 10:18 = Only God is perfectly good.

Acts 16:14, 15, 40

Biblical example : Lydia

CONCLUSION

Questions for discussion:

1. Read Galatians 5:22-23 and memorise the first six fruit mentioned in this verse.
2. Share with your group, about your own life, have you experienced all these six fruits in your life. Share one experience.
3. Which is the most difficult one to bear? How do you think the group can help you?
4. This fruit is not something a believer must struggle to produce.
5. The Holy Spirit lives in us and helps us to produce the fruit.
6. Unlike any other fruit trees that are forced by their masters to produce fruits – fertilizer, water, good soil, etc.
7. The fruit of the Spirit

| FAMILY MATTERS | | | Lord, teach us how to pray ... | | |
|---|------|------|--|--|--|
| <ul style="list-style-type: none"> • 28 - 31 August (Tue—Fri) Diocesan SYNOD Meeting at All Saints’ Cathedral, K K. • Flowers - are contributed by the Sisters’ Fellowship for this weekend. • TABUNG HARAPAN— By God’s grace, RM2,390 was collected last week. Please continue to donate according to what you can give to help our country. There are two (2) boxes placed in front of the church entrances. Give with a gracious heart! Very much appreciated. Thank you. | | | <ul style="list-style-type: none"> ✧ For Our World - RUSSIA, the biggest country in the world. Population — 140 million. <ul style="list-style-type: none"> • Politics—for the great nation to uphold world peace with the free world. • Religion— the fall of the “iron curtain” allows the church to move forward with greater opportunities for evangelism. • Christian leaders, who are few in number, must rise to many great challenges—lack of training in the past, need for funding today. ✧ For Malaysia - the hard-core poor. <ul style="list-style-type: none"> • The poor and homeless in the cities. • The poor in towns and villages. • For the government to subsidize the hard-core poor. ✧ For Our Diocese — St Michael & All Angels Church, Sandakan. <ul style="list-style-type: none"> • Rector—Archdeacon T C Yong, Revd Augustine Saang, Ps Margaret Chong, Ev Watty Gumi, Ev Charles Nashrun • For their children, youth and adult ministries, • For midweek cell group meetings. ✧ For Our Parish— COGS Sibuga Zone. <ul style="list-style-type: none"> • Revd F C Chong, Ps N F Soo, • All their care group meetings, • For more members in this area to be more active in attending church and care group meetings. ✧ For the sick: Mr Tsen Siong Khong, Mdm Chia Khyun Thai, Sr Low Mooi Gaik, Mr Frankie Mok, Mrs Chong Fen Chung, Mr Francis Lam, Mr Chin Tshun Leong, Mr Eng Fook Kit, Mdm Chang Suk Heng, Mdm Emily Lau, Miss Vivian Chin, Mdm Lai Nyuk Jin, Mdm Chia Soon Yin, Mr Leong Kam Lun, Mdm Tay Phui Teen and Mr Chong Hyun Vui. | | |
| Services/Attendance/Communicants | | | | | |
| Chi (23/06) Sat -7:30 pm | 221 | 170 | | | |
| Chi (24/06) Sun -7:00 am | 226 | 207 | | | |
| Eng (24/06) Sun - 9:30 am | 161 | 143 | | | |
| BM (24/06) Sun - 9:30 am | 309 | 191 | | | |
| Chi (24/06) Sun - 2:30 pm | 85 | 62 | | | |
| Total | 1002 | 773 | | | |
| Children’s Ministries | | Attd | | | |
| Tadika COGS (KG) | | 140 | | | |
| Chi Children cell - Mawar &COGS | | 108 | | | |
| Eng Children cell - COGS | | 33 | | | |
| BM Children cell | | - | | | |
| St Monica’s Discovery Club | | - | | | |
| BB (Boys’ Brigade) | | - | | | |
| Youth Ministries | | Attd | | | |
| Ch Youth (Impact & Inspired) | | - | | | |
| Eng Youth (M.A.D.) | | - | | | |
| BM Youth | | - | | | |
| BB (Boys’ Brigade) | | - | | | |

| Order of Service | <i>This Sunday</i> | <i>Next Sunday (08/07/18)</i> |
|--|--|--|
| <i>Introit Hymn</i> | All Peoples That on Earth Do Dwell (HfTC 14) | Come, Thou Fount of Every Blessing (HOP 37) |
| <i>Greetings</i> | Ho Sui Ting | Stephanie Chin |
| <i>Praise & Worship</i> | Eveleen K W Wong | Ang Pian Ming |
| <i>Collect for Today</i> | | |
| <i>Bible Reading</i> | 2 Corinthians 8: 7—24 Stephanie Chin | Galatians 5: 16—25 Hendry Tan |
| <i>Nicene Creed</i> | | |
| <i>Gospel Reading</i> | Mark 5: 21 - 43 Ho Sui Ting | Mark 6: 1-13 Stephanie Chin |
| <i>Message</i> | Fruit of The Spirit (II) Ps Margaret Chong | Revd K J Chin |
| <i>Response Hymn</i> | | |
| <i>Intercession</i> | Ng Kong Hin | Dr Robert Ong |
| <i>Confession</i> | | |
| <i>Offertory Hymn</i> | Trust and Obey (HOP 210) | God will take care of you (HOP 289) |
| <i>Holy Communion, Lord's Prayer, Thanksgiving, Blessing & Dismissal</i> | | |
| <i>Thanksgiving Hymn</i> | Guide Me, O Thou Great Jehovah (HfTC 528) | I am resolved (HOP 405) |
| Serving One Another : | | |
| Cell Group Leader | LOGOS 1 (Dr Arthur Chung) | LOGOS 2 (Dr Robert Ong) |
| Welcome Team / Visitors Centre | Mr & Mrs Eddie Wong Mr & Mrs Chang Wei Khin | Mr & Mrs David Ngui Dr Robert & Melissa Ong |
| Sidesmen | Eng Li Fah, Angela Hon Henley Liew, Ngo Su Hian Hee Pui Lee | Dr Robert & Melissa Ong Stephen Ho, Emily Ng |
| Server | Charles Chong | Eddie Wong |
| Prayer Ministry | Steven Chung, Annie Liu | Mary Ngui, Margaret Chu |
| Offertory Count | Alice Y M Liew (C) Loh Leong Len, Ho Sui Loon | Ngu Ngok Yoon (C) Dorothy Yong, Eng Li Fah Wong Siu Fong, Margaret Ho |
| Washing up | Anton & Linn Ngui | Dr Robert Ong, Amanda Ong |

WEEKLY SERVICES

Saturday

7:30 p.m.
Chinese

Sunday

7:00 a.m.
Chinese

9:30 a.m.
English

9:30 a.m.
Bahasa M'sia

2:30 p.m.
Chinese

CHAPEL PRAYERS

Wed - 7:00 a.m.

Thur - 6:30 a.m.

Sat - 4:30 a.m.

CONTACTS:

Ad Yong Thiam
Choy
013-851-2389

Revd K J Chin
089-667698

Revd F C Chong
019-813-3152

Revd Timothy
Jerry
016-692-9031

Ps Yock Len
019-807-0781

Ps Hyen Tze
013-883-7782

Ps Nyuk Fong
016-834-7236

Dr T M Thian
089-213418

Yong Fook Choi
016-822-0995

Steven Chung
017-817-7871

Patrus Tamuai
011-298-3381

