

Radboud University Nijmegen



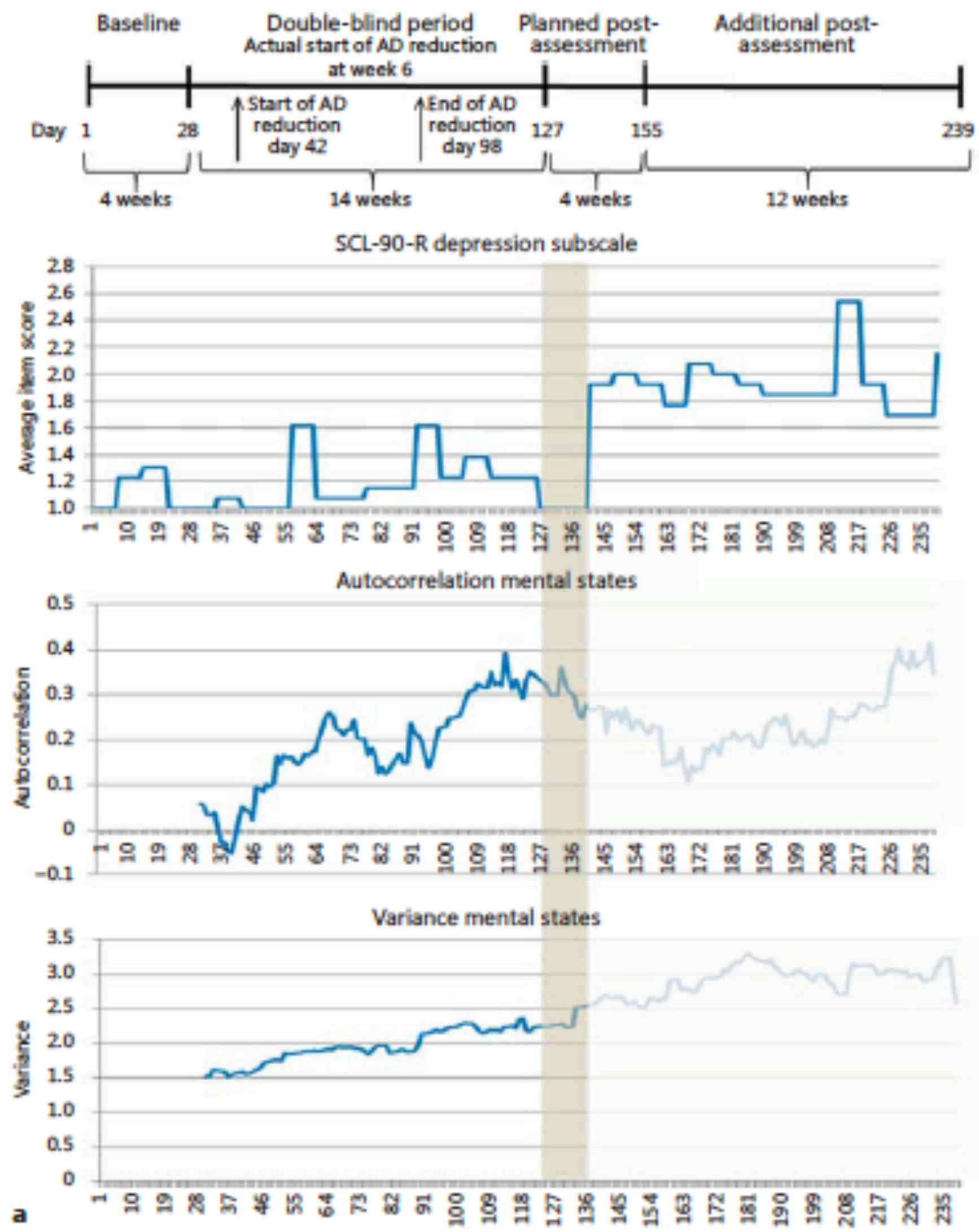


- Autocorrelation increase (30 day window)
- Variance increase (30 day window)

Critical Slowing Down as a Personalized Early Warning Signal for Depression

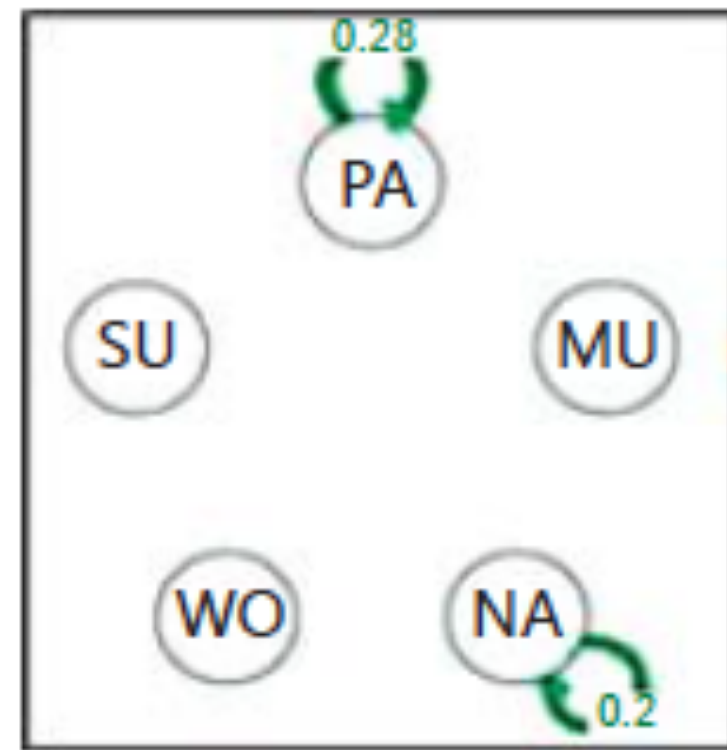
Wichers, Maria; Groot, Peter C.; Psychosystems; ESM Grp; EWS Grp

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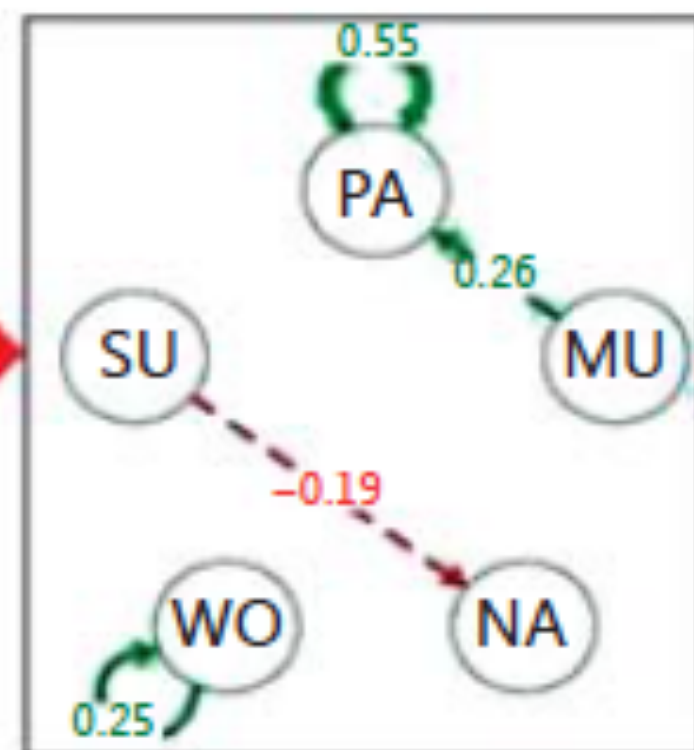


b

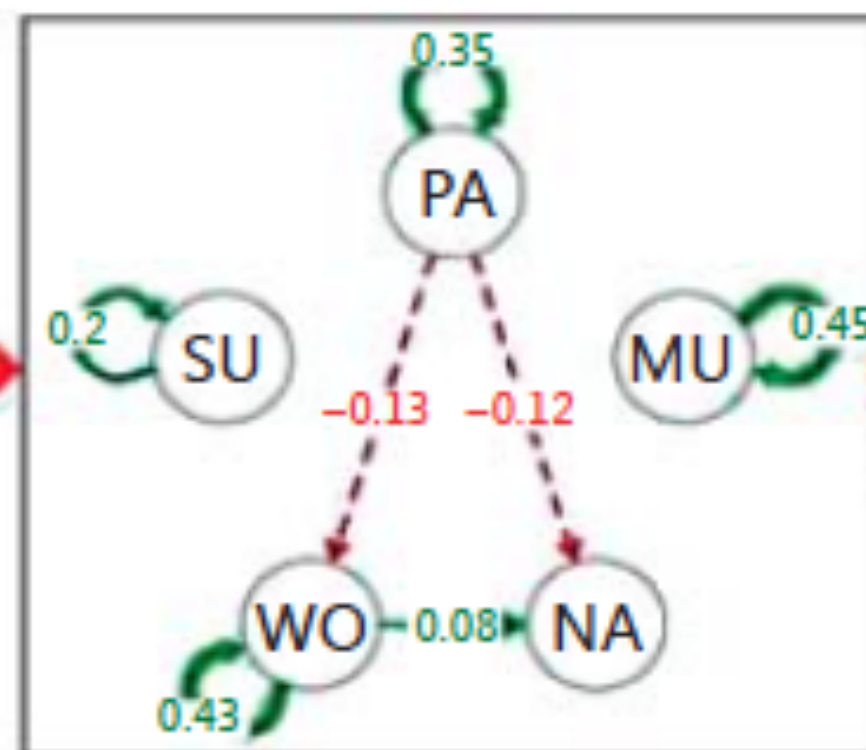
Baseline (days 1–28)



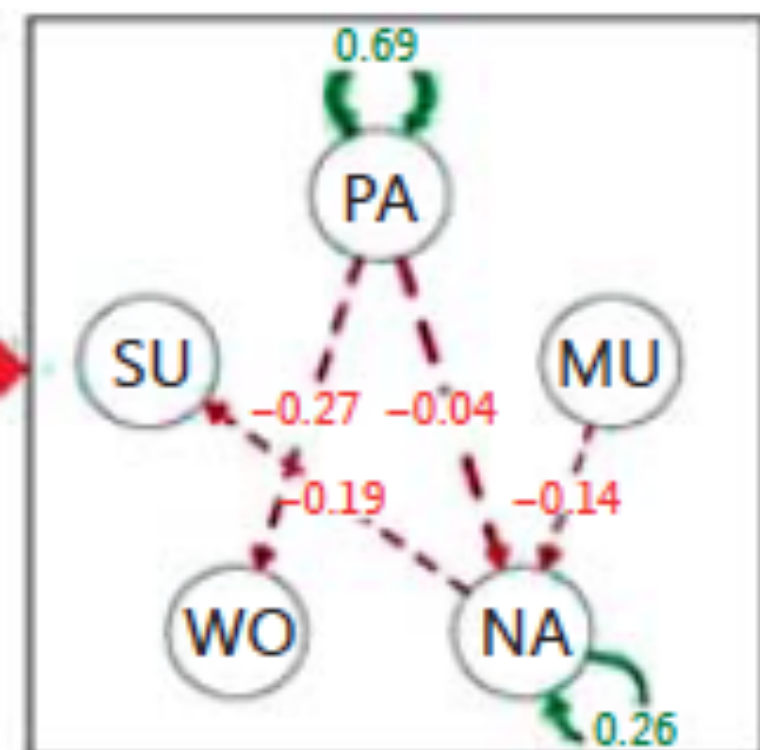
Double-blind: before AD reduction (days 29–42)



Double-blind: during AD reduction (days 43–98)



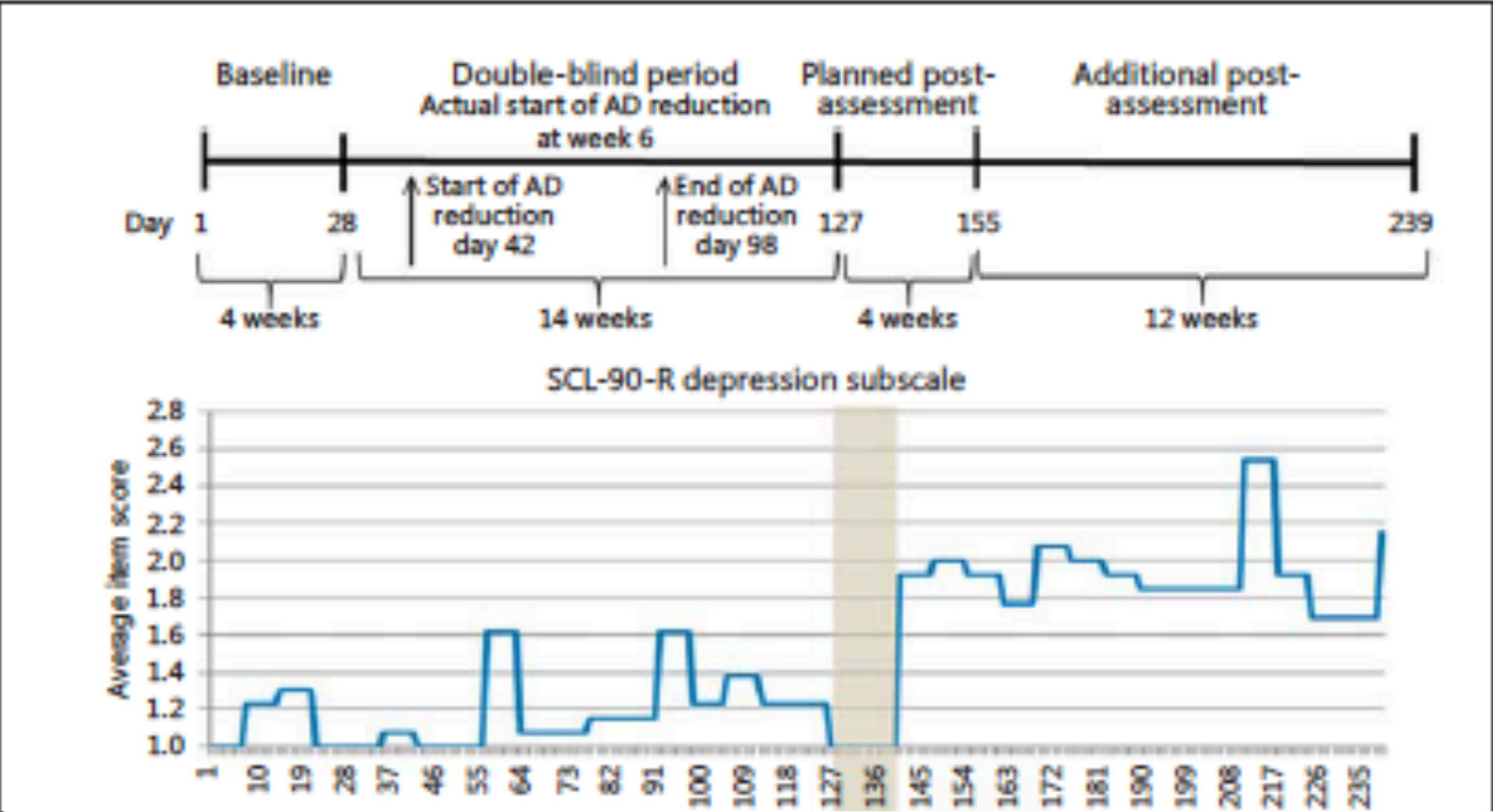
After AD reduction, but before transition (days 99–127)



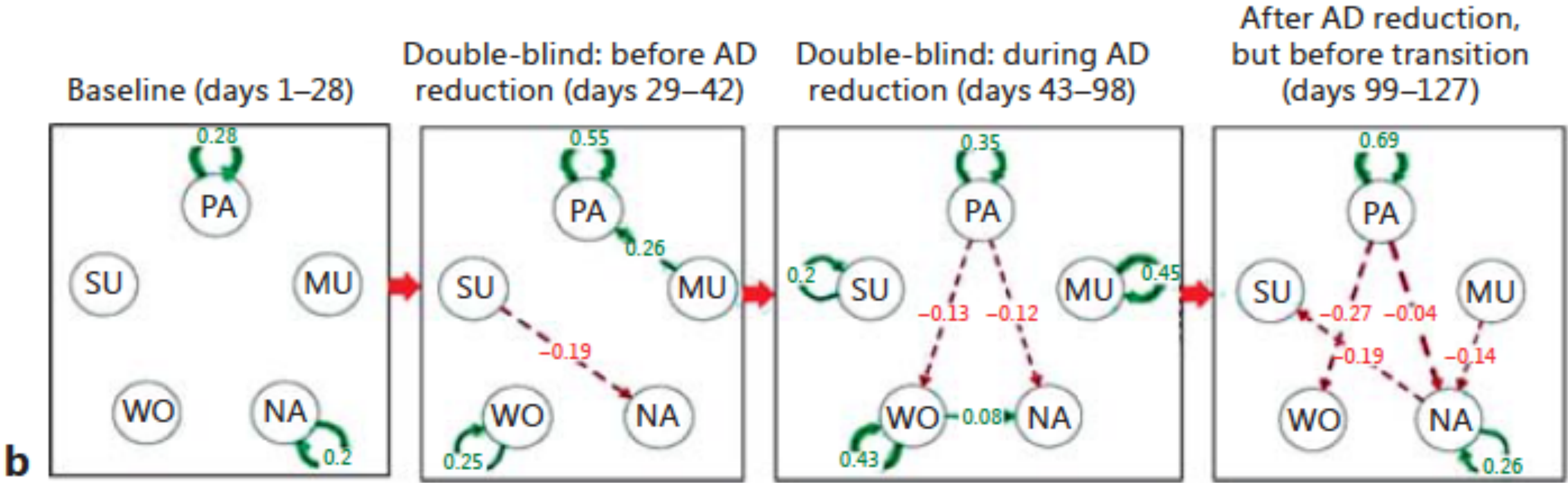
Wichers, M., Groot, P. C., Psychosystems, ESM Grp, & EWS Grp (2016). Critical Slowing Down as a Personalized Early Warning Signal for Depression. *Psychotherapy and psychosomatics*, 85(2), 114-116.
DOI: 10.1159/000441458

Critical Slowing Down as a Personalized Early Warning Signal for Depression

Wichers, M., Groot, P. C., Psychosystems, ESM Grp, & EWS Grp

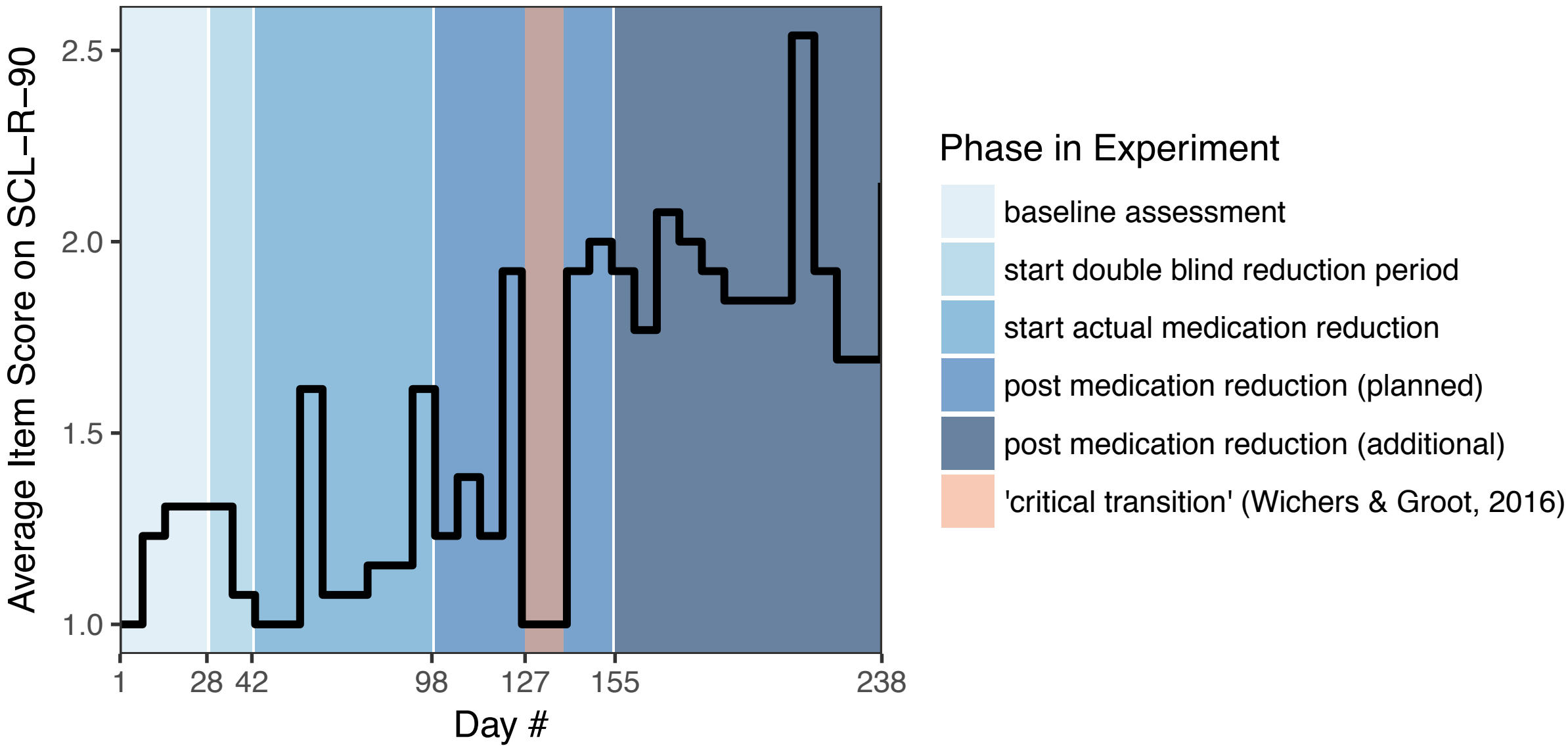
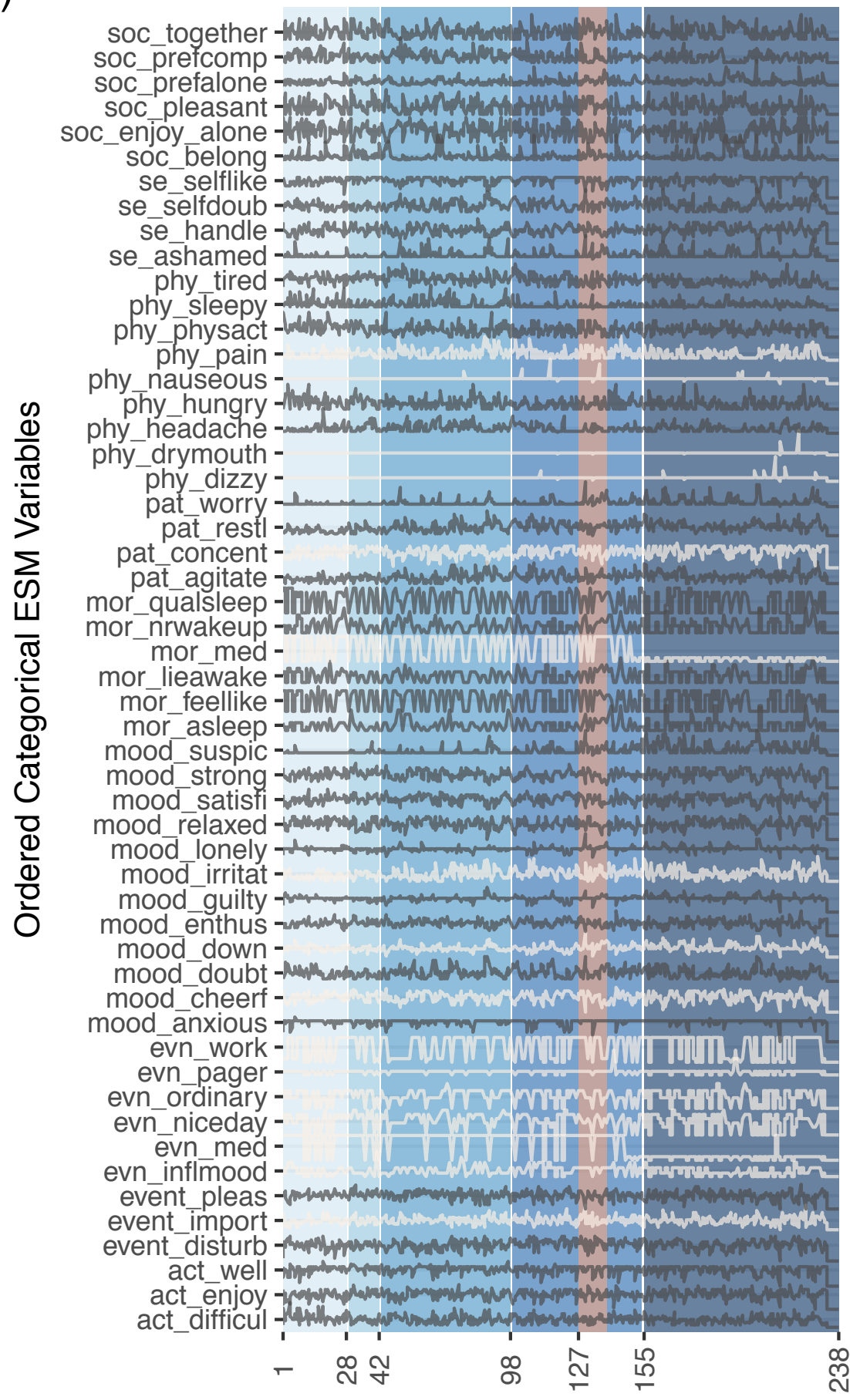


- Autocorrelation increase (30 day window)
- Variance increase (30 day window)



“Critical Slowing Down as a Personalized Early Warning Signal for Depression”

(a)



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Kossakowski, J., Groot, P., Haslbeck, J., Borsboom, D., and Wichers, M. (2017). Data from 'critical slowing down as a personalized early warning signal for depression'. *Journal of Open Psychology Data*, 5(1).