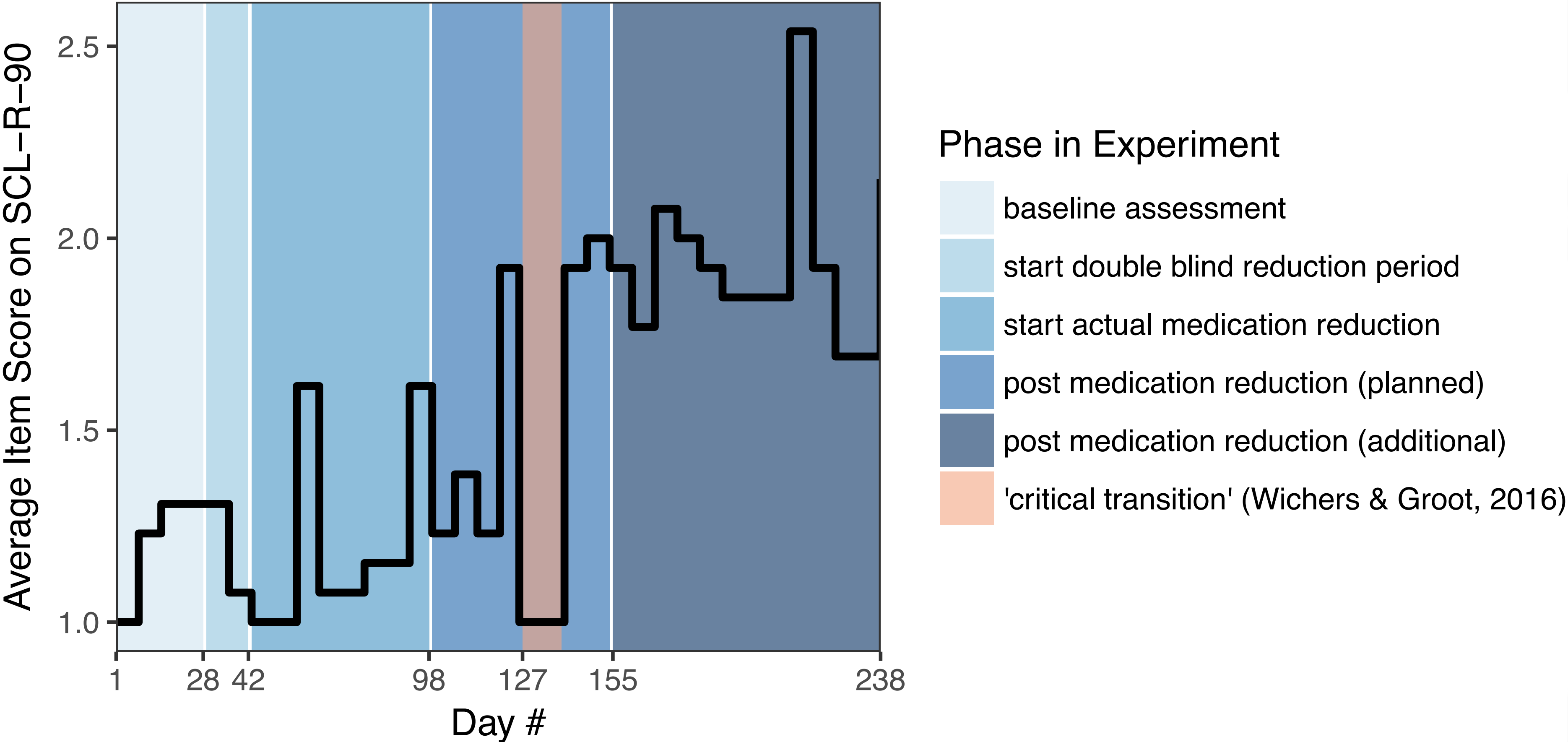


Critical Slowing Down as a Personalized Early Warning Signal for Depression

Wichers, Maria; Groot, Peter C.; Psychosystems; ESM Grp; EWS Grp



Wichers, M., Groot, P. C., Psychosystems, ESM Grp, & EWS Grp (2016). Critical Slowing Down as a Personalized Early Warning Signal for Depression. *Psychotherapy and psychosomatics*, 85(2), 114-116. DOI: 10.1159/000441458

Kossakowski, J., Groot, P., Haslbeck, J., Borsboom, D., and Wichers, M. (2017). Data from 'critical slowing down as a personalized early warning signal for depression'. *Journal of Open Psychology Data*, 5(1).

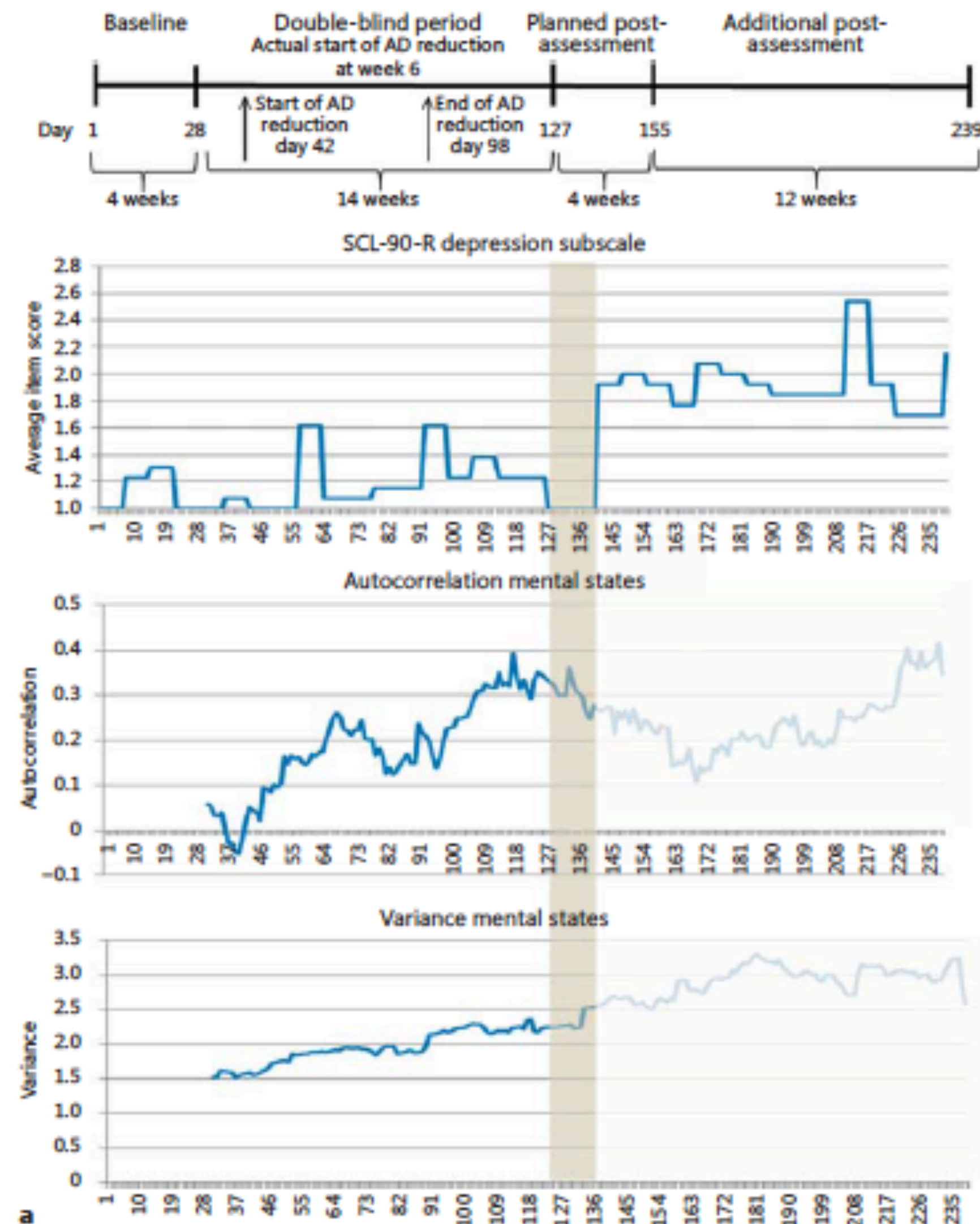
Behavioural Science Institute

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- Autocorrelation increase (30 day window)
- Variance increase (30 day window)