Imagine I'm writing a 5-minute stand-up comedy set that blends observational humor, relatable everyday moments, and clever punchlines. I want to frame my set around a single absurd metaphor or premise that turns ordinary life into something unexpected and funny—like life as a video game, relationships as software bugs, or adulthood as a customer service call you can't hang up on.

Generate 3-5 unique premise ideas using that formula, each with:

A clear metaphor or framing device.

A few example jokes or punchlines built from that metaphor.

Some ways the metaphor connects to real, awkward, or universal life experiences.

Make sure the humor leans toward self-aware, observational, and slightly ridiculous. Keep it tight, fun, and structured like a set with a clear opening, middle, and closer.

Absolutely! Here are **five tightly-structured stand-up comedy set premises**, each with a **unique metaphor**, **example punchlines**, and **relatable life connections**, crafted to deliver a 5-minute set full of observational, self-aware, slightly absurd humor.

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1. Life is Like Being Stuck in a Group Chat You Never Asked to Join

Metaphor:

Every phase of life is like being added to a new chaotic group chat—childhood is the "family chat," school is the "forced friends" group, adulthood is just 47 work Slacks and one ghosted WhatsApp thread.

Example Jokes:

- "Adulthood is when your group chats go from 'Netflix tonight?' to 'Please review the attached PDF before COB.'"

- "I tried to leave the 'Family Chat' once—my mom called me like I was being radicalized."

- "Dating is just joining someone else's group chat and pretending their dog's birthday is a big deal."

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2. Adulthood Is Just One Long Tutorial Level With No Skip Button

Metaphor:

You thought you'd "beat the game" once you grew up. Turns out, it's all tutorials. Mortgage tutorials. Tax tutorials. Emotional regulation on hard mode.

Example Jokes:

- "Why does filing taxes still feel like I'm being taught how to jump in a video game? 'Press X to be audited.'"

- "I keep asking for the real game to start—like, when do I get the sword or at least a save point?"

- "I'm 33 and I just learned you have to clean your dishwasher. It's the thing that cleans! What's next, flossing your toothbrush?!"

Relatable Hooks:

- That feeling you're faking adulthood.

- Learning "basic" life skills way too late.

- The absurdity of responsibilities that come without instruction.

3. Relationships Are Like Beta-Testing Software That's Never Ready for Launch

Metaphor:

Dating, friendships, even family—everyone's glitchy. Everyone's in beta. You're trying to download love and getting pop-ups.

Example Jokes:

- "First dates are like installing an app with 500 permissions: 'Can I access your location, your trauma, and your Spotify Wrapped?'"
- "Every partner has bugs: some crash under pressure, some update without warning, some refuse to sync."
- "I dated a guy whose love language was 'patch notes.' Every month he'd just be like, 'Hey babe, new me, less passive aggression and now with 20% more eye contact.'"

Relatable Hooks:

- The awkward mess of modern dating.
- How nobody feels "ready" for connection.
- Constant self-help/self-update culture.
- Miscommunications as system errors.

4. Being an Adult Is Like Running Customer Service for Your Own Life

Metaphor:

You're the only one manning the help desk of your chaotic existence. Complaints are endless. Refunds? Denied.

Example Jokes:

- "Every morning my brain calls in like, 'Hi, I'd like to report a lack of motivation.' I'm like, 'Ma'am, that's a *you* problem.'"
- "I tried to transfer my call to a therapist. I got put on hold with spa music and a co-pay."
- "My body's warranty expired at 30. Now every time I sleep wrong, I wake up like I've been drop-kicked by a ghost."

Relatable Hooks:

- Self-blame and imposter syndrome.
- Daily decision fatigue.
- Physical aging and weird health stuff.