

# Specialist Consultation Report

## Patient Information

**Name:** John Smith  
**Age:** 56  
**Date of Birth:** 1968-05-15  
**Hospital:** City General Hospital  
**Date of Consultation:** 2024-09-16  
**Specialist:** Dr. Sarah Thompson

## Consultation Reason

Assessment of hypertension and potential cardiovascular risk.

## Specialist Findings

Patient education on lifestyle changes; weight loss and diet modification advised.  
Stress management techniques discussed.

## Recommendations

Follow-up in 1 month with primary care for further management.

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