#### Gradient descent: theory and practice

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Slides courtesy of Robert Gower



## Machine learning task

#### Finite Sum Training Problem

$$\min_{w \in \mathbb{R}^d} \frac{1}{n} \sum_{i=1}^n f_i(w) =: f(w)$$

**Today:** assume that f is differentiable and L-smooth

!  $\nabla f$  exists

#### Iterative minimization

#### Finite Sum Training Problem

$$\min_{w \in \mathbb{R}^d} \frac{1}{n} \sum_{i=1}^n f_i(w) =: f(w)$$

Usually cannot solve this in closed form:  $w^* = \dots$ 

**Idea:** start from initial guess  $w^0$  and try to find a new, better point. Iterative process  $w^0 \to w^1 \to \dots$ 

#### Gradient descent: basic idea

Given  $w^0$ , look for  $w^1$  as  $w^1 = w^0 + d$  where d is a small displacement.

Ideally: 
$$d \in \arg\min_{d \in \mathbb{R}^p} f(w^0 + d)$$

Just as hard as the original problem:(

Solution: 
$$d \in \arg\min_{\|d\| \le \varepsilon} f(w^0 + d)$$

**Q:** as  $\varepsilon$  goes to 0, what is the limit of d?

### Gradient descent algorithm

```
Init: Select initial guess w^0
For t=0,1,...,T:

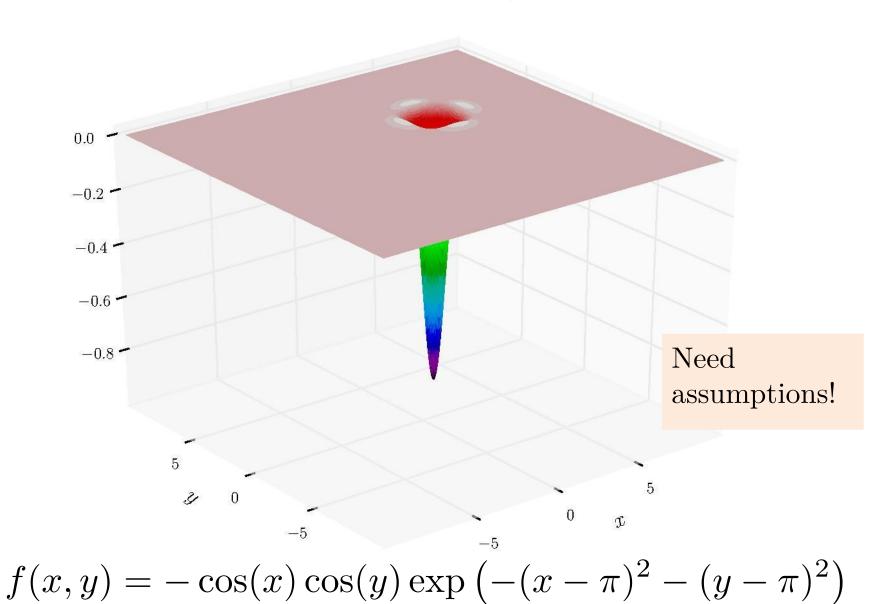
- Select a step size \rho^t \in \mathbb{R}^+

- Update w^{t+1}=w^t-\rho^t\nabla f(w^t)
Return: w^{T+1}
```

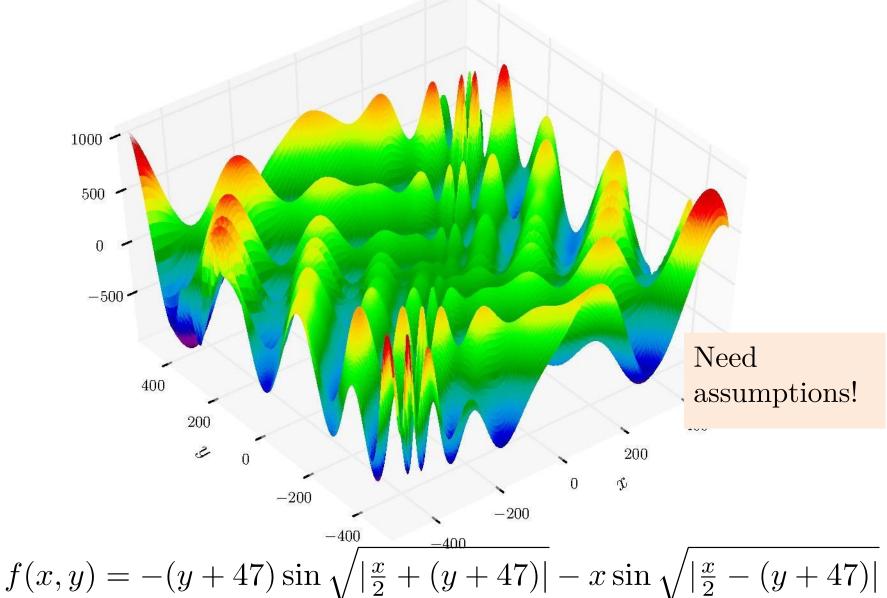
#### **Questions:**

- Does it converge? In which sense?
- At which speed?
- Choice of  $\rho^t$ ?

### Optimization is hard (in general)



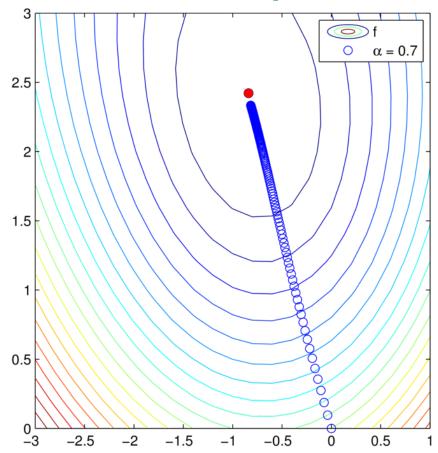
## Optimization is hard (in general)



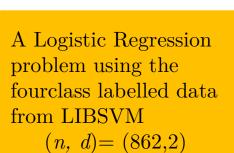
A Logistic Regression problem using the fourclass labelled data from LIBSVM (n, d) = (862,2)

#### ${\bf Logistic}_n \ {\bf Regression}$

$$\min_{w \in \mathbf{R}^d} \frac{1}{n} \sum_{i=1}^n \ln(1 + e^{-y^i \langle w, x^i \rangle}) + \lambda ||w||_2^2$$

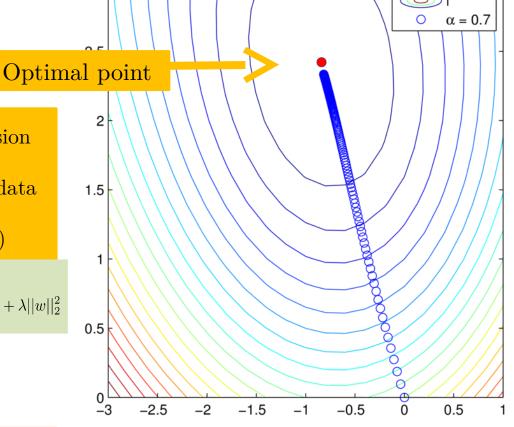


Can we prove that this always works?



#### ${\color{red}\textbf{Logistic}_{n}} \ \textbf{Regression}$

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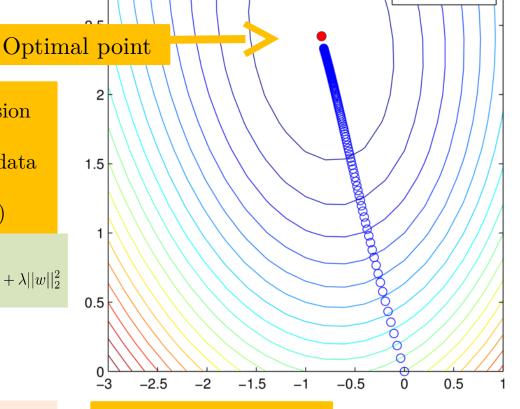


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A Logistic Regression problem using the fourclass labelled data from LIBSVM (n, d) = (862,2)

Logistic Regression

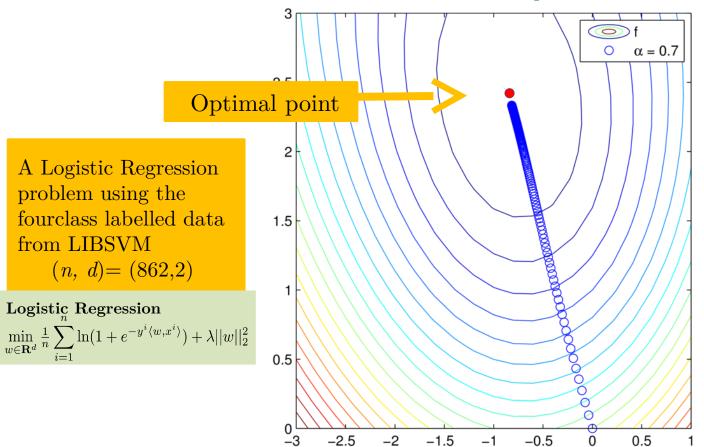
$$\min_{w \in \mathbf{R}^d} \frac{1}{n} \sum_{i=1}^n \ln(1 + e^{-y^i \langle w, x^i \rangle}) + \lambda ||w||_2^2$$



 $\alpha = 0.7$ 

Can we prove that this always works?

No! There is no universal optimization method. The "no free lunch" of Optimization



Can we prove that this always works?

problem using the

(n, d) = (862,2)

from LIBSVM

Logistic Regression

No! There is no universal optimization method. The "no free lunch" of Optimization Specialize

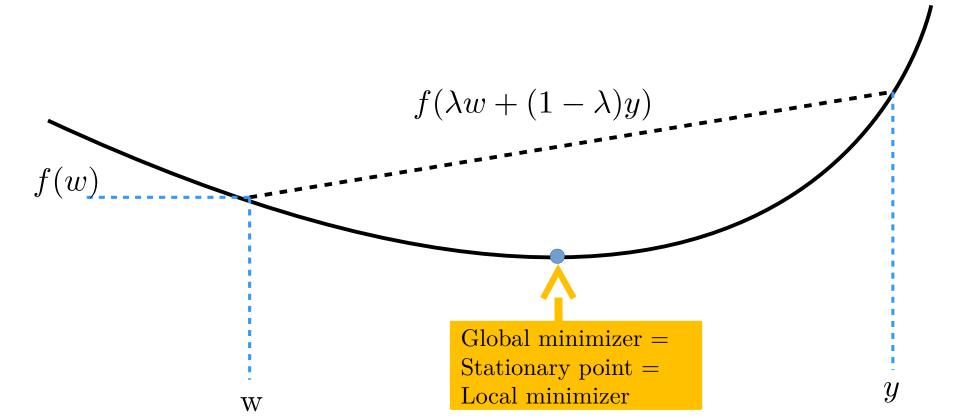


Convex and smooth training problems

#### Convexity

We say  $f : \text{dom}(f) \subset \mathbb{R}^p \to \mathbb{R}$  is convex if dom(f) is convex and

$$f(\lambda w + (1 - \lambda)y) \le \lambda f(w) + (1 - \lambda)f(y), \quad \forall w, y \in C, \lambda \in [0, 1]$$



### Convexity

A differentiable function  $f: \text{dom}(f) \subset \mathbb{R}^p \to \mathbb{R}$  is convex iff

$$f(w) \ge f(y) + \langle \nabla f(y), w - y \rangle$$

$$f(y) + \langle \nabla f(y), w - y \rangle$$

#### Convexity

A twice differentiable function  $f: \text{dom}(f) \subset \mathbb{R}^p \to \mathbb{R}$  is convex iff

$$\nabla^2 f(w) \succeq 0 \quad \Leftrightarrow \quad v^{\top} \nabla^2 f(w) v \ge 0, \quad \forall w, v \in \mathbb{R}^p$$

$$w_1 \qquad \qquad w_2 \qquad \qquad w_2 \qquad \qquad w_2$$

### Main Advantage of Convexity

#### **Nice Property**

If 
$$\nabla f(w^*) = 0$$
 then  $f(w^*) \le f(w)$ ,  $\forall w \in \mathbb{R}^d$ 

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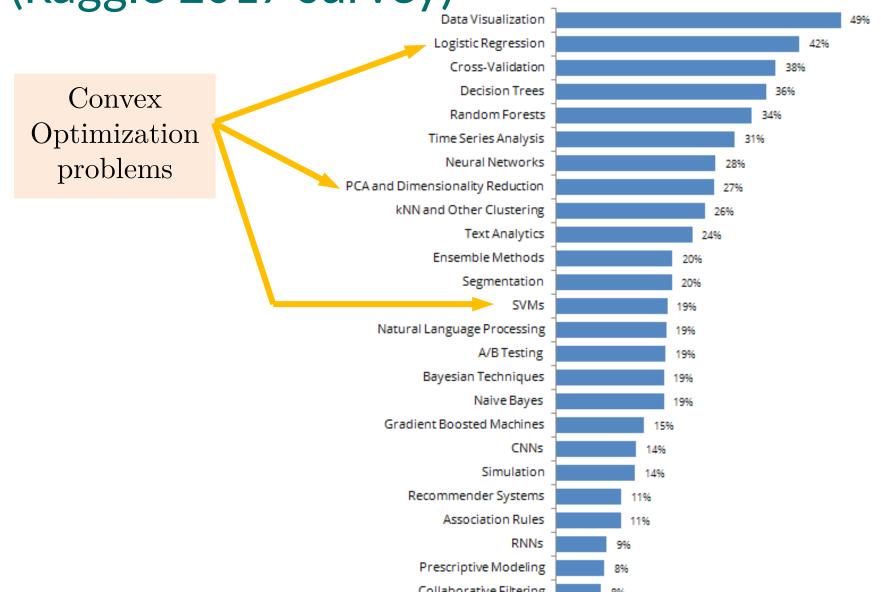
All stationary points are global minima

#### **Lemma: Convexity => Nice property**

If 
$$f(w) \ge f(y) + \langle \nabla f(y), w - y \rangle$$
,  $\forall w, y \in \mathbb{R}^d$  then Nice Property holds

**PROOF:** Choose  $y = w^*$ 

Data science methods most used (Kaggle 2017 survey)



### **Convexity: Examples**

Extended-value extension:

$$f: \mathbb{R}^p \to \mathbb{R} \cup \{\infty\}$$

$$f(x) = \infty, \quad \forall x \not\in \text{dom}(f)$$

Norms and squared norms:

$$x \mapsto ||x||$$

$$x \mapsto ||x||^2$$

Negative log and logistic:

$$x \mapsto -\log(x)$$

$$x \mapsto \log\left(1 + e^{-y\langle a, x\rangle}\right)$$

$$x \mapsto \max\{0, 1 - yx\}$$

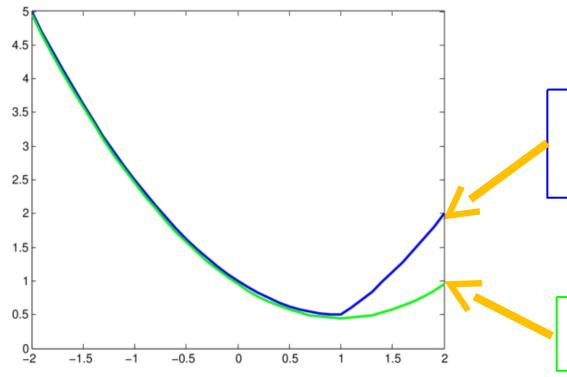
Hinge loss

Negatives log determinant, exponentiation ... etc

#### Strong convexity

We say  $f: \mathbb{R}^p \to \mathbb{R} \cup \{\infty\}$  is  $\mu$ -strongly convex if

$$f(w) \ge f(y) + \langle \nabla f(y), w - y \rangle + \frac{\mu}{2} ||w - y||^2, \quad \forall w, y \in \mathbb{R}^p$$



Hinge loss + L2  $\max\{0, 1 - w\} + \frac{1}{2}||w||_2^2$ 

Quadratic lower bound

#### Smoothness

We say  $f: \mathbb{R}^n \to \mathbb{R} \cup \{\infty\}$  is smooth if

$$||\nabla f(x) - \nabla f(y)|| \le L||x - y||, \quad \forall x, y \in \mathbb{R}^p$$

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If a twice differentiable  $f: \mathbb{R}^p \to \mathbb{R} \cup \{\infty\}$  is L-smooth then

1) 
$$d^{\top} \nabla^2 f(x) d \le L \cdot ||d||_2^2, \quad \forall x, d \in \mathbb{R}^p$$

2) 
$$f(x) \le f(y) + \langle \nabla f(y), x - y \rangle + \frac{L}{2} ||x - y||^2, \quad \forall x, y \in \mathbb{R}^p$$

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**EXE:** determine the strong convexity / smoothness constants of

$$f(w) := \frac{1}{2}||X^{\top}w - b||_2^2 \text{ for } X \in \mathbb{R}^{n \times p}, \ b \in \mathbb{R}^n$$

#### Important consequences of Smoothness

If  $f: \mathbb{R}^n \to \mathbb{R} \cup \{\infty\}$  is L-smooth then

$$f(x) \le f(y) + \langle \nabla f(y), x - y \rangle + \frac{L}{2} ||x - y||^2, \quad \forall x, y \in \mathbb{R}^n$$

$$f(x)$$

## **Smoothness: Examples**

Convex quadratics:

$$x \mapsto x^{\top} A x + b^{\top} x + c$$

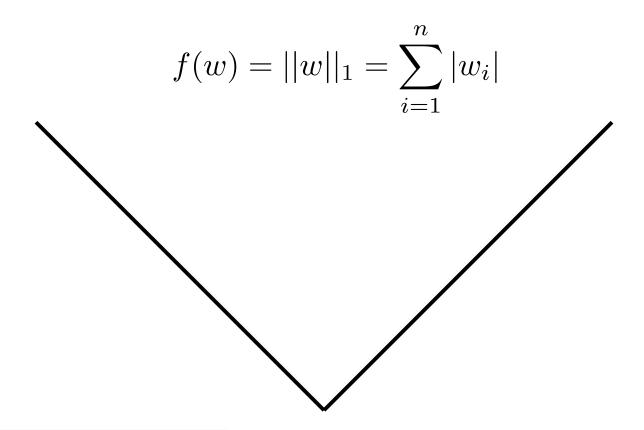
Logistic:

$$x \mapsto \log\left(1 + e^{-y\langle a, x\rangle}\right)$$

Trigonometric:

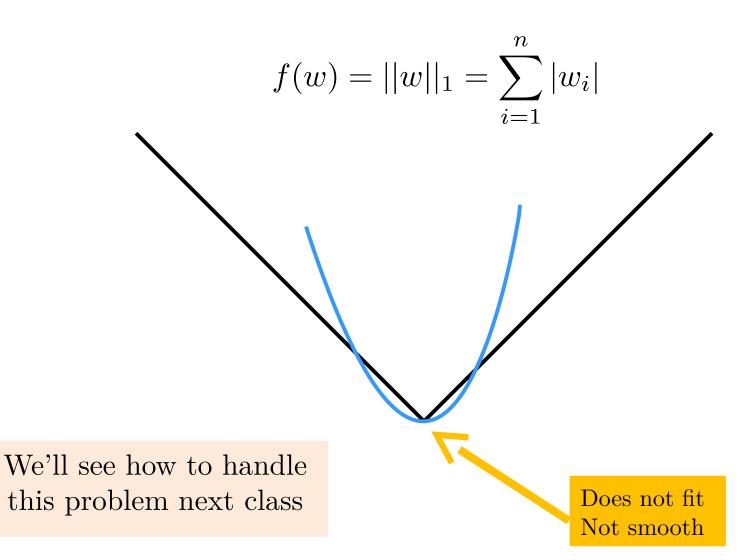
$$x \mapsto \cos(x), \sin(x)$$

#### Smoothness: Convex counter-example



We'll see how to handle this problem next class

#### Smoothness: Convex counter-example



# Insight into Gradient Descent using Smoothness

$$f(w) \le f(w^0) + \langle \nabla f(w^0), w - w^0 \rangle + \frac{L}{2} ||w - w^0||^2$$

**Q:** what is the minimizer of the upper bound in w?

# Insight into Gradient Descent using Smoothness

$$f(w) \le f(w^0) + \langle \nabla f(w^0), w - w^0 \rangle + \frac{L}{2} ||w - w^0||^2$$

Minimizing the upper bound in w we get:

$$\nabla_w \left( f(w^0) + \langle \nabla f(w^0), w - w^0 \rangle + \frac{L}{2} ||w - w^0||^2 \right) = \nabla f(w^0) + L(w - w^0)$$



A gradient descent step!

$$w = w^0 - \frac{1}{L} \nabla f(w^0)$$

# Insight into Gradient Descent using Smoothness

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#### Smoothness Lemma (EXE):

If f is L-smooth, show that

$$f(y - \frac{1}{L}\nabla f(y)) - f(y) \le -\frac{1}{2L}||\nabla f(y)||_2^2, \forall y$$

$$f(w^*) - f(w) \le -\frac{1}{2L} ||\nabla f(w)||_2^2, \quad \forall w \in \mathbb{R}^n$$
where  $f(w^*) \le f(w), \quad \forall w \in \mathbb{R}^n$ 



A gradient descent step!

$$w = w^0 - \frac{1}{L} \nabla f(w^0)$$

### Convergence rates: smooth case

We have 
$$f(w - \frac{1}{L}\nabla f(w)) - f(w) \le -\frac{1}{2L} \|\nabla f(w)\|^2$$

Gradient descent with step 
$$\rho^t = \frac{1}{L}$$
:

$$f(w^{t+1}) - f(w^t) \le -\frac{1}{2L} \|\nabla f(w^t)\|^2$$

$$\sum_{t=0}^{T} \|\nabla f(w^t)\|^2 \le 2L(f(w^0) - f(w^*)), \quad \forall T > 0$$

**Q:** what does it mean?

### Convergence rates: smooth case

**Theorem:** if f is L-smooth, the iterates of gradient descent verify

$$\nabla f(w^t) \to 0$$

$$\inf_{t \le T} \|\nabla f(w^t)\|^2 \le \frac{2L}{T} (f(w^0) - f(w^*))$$

#### Slow convergence

Say  $2L(f(w^0) - f(w^*)) = 1$ In order to have  $\inf_{t \le T} \|\nabla f(w^t)\|^2 \le 10^{-4}$ Need 10<sup>4</sup> iterations...



Convergence speed

# Convergence GD strongly convex

#### **Theorem**

Let f be  $\mu$ -strongly convex and L-smooth.

$$||w^t - w^*||_2^2 \le \left(1 - \frac{\mu}{L}\right)^t ||w^1 - w^*||_2^2$$

Where

$$w^{t+1} = w^t - \frac{1}{L} \nabla f(w^t), \quad \text{for } t = 1, \dots, T$$

$$\Rightarrow \text{for } \frac{||w^T - w^*||_2^2}{||w^1 - w^*||_2^2} \le \epsilon \text{ we need } T \ge \frac{L}{\mu} \log \left(\frac{1}{\epsilon}\right) = O\left(\log \left(\frac{1}{\epsilon}\right)\right)$$

# Convergence GD strongly convex

#### **Theorem**

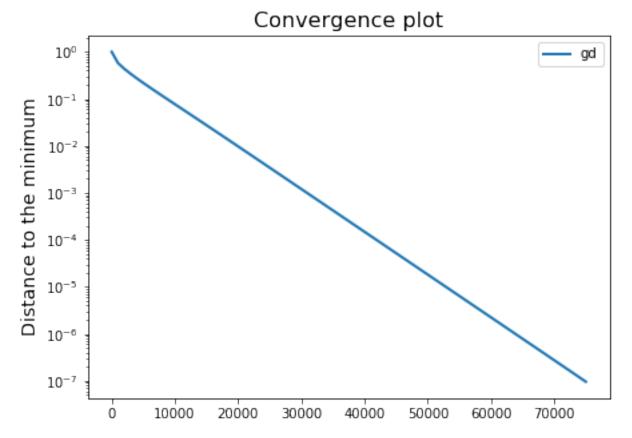
Let f be  $\mu$ -strongly convex and L-smooth.

$$f(w^t) - f(w^*) \le (1 - \frac{\mu}{L})^t (f(w^0) - f(w^*))$$

Where

$$w^{t+1} = w^t - \frac{1}{L} \nabla f(w^t), \quad \text{for } t = 1, \dots, T$$

# Gradient Descent Example: logistic regression



$$y$$
-axis =  $\frac{||w^t - w^*||_2^2}{||w^1 - w^*||_2^2}$ 



$$\log\left(\frac{||w^t - w^*||_2^2}{||w^1 - w^*||_2^2}\right) \le t\log\left(1 - \frac{\mu}{L}\right)$$

# Proof Convergence GD strongly convex + smooth

#### **Proof:**

$$f(w^{t+1}) \le f(w^t) + \langle \nabla f(w^t), w^{t+1} - w^t \rangle + \frac{L}{2} ||w^{t+1} - w^t||^2$$
$$= f(w^t) - \frac{1}{2L} ||\nabla f(w^t)||^2$$

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#### Polyak-Lojasiewicz (PL) inequality:

Q: show that strong convexity => PL

$$\|\nabla f(w)\|^2 \ge 2\mu(f(w) - f(w^*)), \ \forall w$$

# Proof Convergence GD strongly convex + smooth

#### **Proof:**

$$f(w^{t+1}) \le f(w^t) + \langle \nabla f(w^t), w^{t+1} - w^t \rangle + \frac{L}{2} ||w^{t+1} - w^t||^2$$

$$= f(w^t) - \frac{1}{2L} ||\nabla f(w^t)||^2$$

#### Polyak-Lojasiewicz (PL) inequality:

$$\|\nabla f(w)\|^2 \ge 2\mu(f(w) - f(w^*)), \ \forall w$$

$$f(w^{t+1}) \le f(w^t) - \frac{\mu}{L} (f(w^t) - f(w^*))$$

$$f(w^t) - f(w^*) \le (1 - \frac{\mu}{L})^t (f(w^0) - f(w^*))$$

# Examples of smooth machine learning problems

## Least squares

Data:  $x_1, \ldots x_n \in \mathbb{R}^p$ , and  $y_1, \ldots, y_n \in \mathbb{R}$ 

**Assumption:** There exists  $w^*$  such that

$$y_i \simeq \langle x_i, w^* \rangle$$

Optimization problem:  $\min_{w} f(w) = \frac{1}{n} \sum_{i=1}^{n} (\langle x_i, w \rangle - y_i)^2$ 

Q: show that we can rewrite 
$$|f(w)| = \frac{1}{n} ||Xw - y||^2$$

Is the problem convex, smooth? Compute the associated constants

# Ridge regression

Problem:

$$\min_{w} f(w) = \frac{1}{n} \sum_{i=1}^{n} (\langle x_i, w \rangle - y_i)^2$$

Has infinitely many solutions when n < p. Bad conditioning, and very sensitive to X.

Solution: regularize!

$$\min_{w} f(w) = \frac{1}{n} \sum_{i=1}^{n} (\langle x_i, w \rangle - y_i)^2 + \frac{\lambda}{2} ||w||^2$$

Q: Is the problem convex, smooth? Compute the associated constants

# Logistic regression

**Data:**  $x_1, ..., x_n \in \mathbb{R}^p$ , and  $y_1, ..., y_n \in \{-1, +1\}$ 

**Assumption:** There exists  $w^*$  such that

$$y_i \simeq \operatorname{sign}(\langle x_i, w^* \rangle)$$

Optimization problem:

$$\min_{w} f(w) = \frac{1}{n} \sum_{i=1}^{n} \log(1 + \exp(-y_i \langle x_i, w \rangle))$$

Q: Is the problem convex, smooth? Compute the associated constants

# Regularized logistic regression

**Data:**  $x_1, ..., x_n \in \mathbb{R}^p$ , and  $y_1, ..., y_n \in \{-1, +1\}$ 

**Assumption:** There exists  $w^*$  such that

$$y_i \simeq \operatorname{sign}(\langle x_i, w^* \rangle)$$

Optimization problem: n

$$\min_{w} f(w) = \frac{1}{n} \sum_{i=1}^{n} \log(1 + \exp(-y_i \langle x_i, w \rangle)) + \frac{\lambda}{2} ||w||^2$$

Q: Is the problem convex, smooth? Compute the associated constants