## The Board Members



CHAN-SHUI SWEE FEN
TRAINING
CONSULTANT & COACH

As a highly regarded trainer and speaker, Swee Fen has more than 18 years of experience imparting knowledge and expertise in the area of parenting, marriage, personal effectiveness, group dynamics/facilitation and counselling. She is eager to use her **3E** (*Educate, Equip and Encourage*) approach to enable undergraduates, couples, parents, individuals and leaders to fulfill their calling/purpose in life.

She has served these groups in varied settings such as hospitals, churches, childcare centers, primary and secondary schools, community centers, educational institutions (Nanyang Polytechnic, NTU, NUS), corporate organizations and government agencies / statutory boards (MINDEF, PSA, Singapore Prison, Singapore Police Force, NTUC, Singapore Girls' Homes, M1, Hor Kew, ICA, Life Technologies, WDA, ROM).

Swee Fen obtained Master Degree in Counseling and Psychotherapy from the Edith Cowan University and Bachelor of Arts and Social Science degree (Social work) from the National University of Singapore.

She is a certified trainer for the PREP 8.0 program, Prepare-Enrich Pre-Marital program, P.I.C.K Program (Premarital Interpersonal Choices and Knowledge), L.I.N.K Program (Lasting Intimacy through Nurturing and Knowledge). She was awarded the Advanced Certificate for Training and Assessment at the Institute of Adult Learning. Additionally, she is a Certified Behavioral Consultant by the Institute for Motivational Learning.

She is also recognized as a **Competent Communicator and Competent Leader by the Toastmasters International.** 

Swee Fen believes every individual has intrinsic worth and deserves to live life with a sense of purpose, joy and fulfillment. With this belief as a guiding principle, Swee Fen is passionate about educating, equipping and encouraging individuals to discover their best self and reach their fullest potential.