

13th European Nutrition Conference

The FENS Daily Insight | Edition 2 | Wednesday 16 October 2019

The FENS2019 Daily Insight

NS THE NUTRITION SOCIETY
Advancing Nutritional Science

fens
Federation of
European
Nutrition
Societies

Today's Nutrition Society events

1. The Irish Section Annual General Meeting

If you are a member of the Society and reside in Ireland, you are encouraged to attend the AGM, where the 2019 election results for student and section positions will be announced.

12:15, Wicklow Hall 1 (Level 2)

2. The Postgraduate Competition

After the UK students yesterday, today is the turn of the shortlisted participants from Ireland, competing for the best presentation of PhD research.

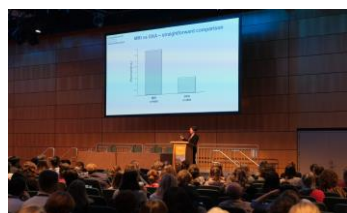
13:30, Wicklow Hall 1 (Level 2)

3. The International Early Career Nutrition Research Championships – part two

A chance to hear four European postgraduate students provide a brief synopsis of their cutting-edge research projects in this international competition.

15:00, Wicklow Hall 1 (Level 2)

Yesterday's photo gallery



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Yesterday's highlights

With some 1700 delegates attending FENS2019 from as far afield as New Zealand and Japan, **the opening ceremony** saw FENS and Nutrition Society representatives welcome attendees, urging them to forge new friendships and seek out new collaborations, with Professor McNulty celebrating 'Nutrition without borders'.

The busy schedule began in earnest with the conference's first **plenary speaker Dr Joao Breda**, The World Health Organization, speaking on the topic of malnutrition drivers across the life-course. In an impassioned lecture, Dr Breda noted that nutrition is vital for the success of the Sustainable Development Goals and stressed the need for more political progress and action in order to reduce Non-Communicable Diseases. With nutrition interventions often cost-effective ones, Dr Breda recommended transparent and collaborative partnerships with science, advocacy and policy working together to promote healthier environments.

Congratulations to the winners of the Society's Julie Wallace Award and Silver Medal, awarded yesterday.

2019 Julie Wallace Award winner

Dr Andrea Darling, University of Surrey, '*Vitamin D deficiency in western dwelling South Asian populations: an unrecognised epidemic*'

2019 Silver Medal Award winner

Dr Mary Foong-Fong Chong, National University of Singapore, '*Influences of the perinatal diet on maternal and child health in an obese world*'

#FENS2019 Highlights



Alison Gallagher
@amgallagher_UU

After 4 years in the planning -the day has finally arrived and I'm off to #FENS2019 on the Derry~Londonderry crossborder bus to Dublin...

With a packed programme ahead of us & lots of opportunities for networking @FENS2019 @TheCCD is the place to be this week!

#SoExcited 🎉👏

You Retweeted



Rujuta Diwekar @RujutaDiwekar... 7h

My team is in Dublin, Ireland, to attend and present at one of the foremost nutrition conferences in the world. Thank you to the 1.25 lakh participants of the 12-week public health project for allowing us to take our traditional food wisdom to a global stage.

#FENS2019 #Dublin



You

12

15

315



Nutrition Society Publications Launch

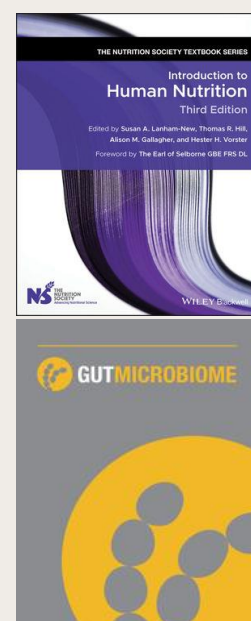
The Nutrition Society will be announcing a new journal, *Gut microbiome*, in partnership with Cambridge University Press, and the 3rd edition of the best-selling textbook, *Introduction to Human Nutrition*.

The launch event will be an opportunity to find out more about the Society's publications, recent developments and future plans. There will be a panel discussion during the session with the Editors and Cambridge University Press.

Meet the Nutrition Society Journal Editors, 12:15-13:30

Ever wondered what journal Editors are looking for when you submit your research paper? Considering joining a journal Editorial Board but do not know how to get involved? Or just want to find out more about the strategic direction of the Society's journals? Then join the 'Meet the Editor' session straight after the launch event. Open to all. Lunch will be provided.

Wednesday 16 October, 10:45-12:15, Wicklow Meeting Room One



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Yesterday's Academy launch



The Association for Nutrition (AfN), British Dietetic Association (BDA), British Nutrition Foundation (BNF) and The Nutrition Society yesterday launched the Academy of Nutrition Sciences, a new organisation which aims to provide a powerful and unified voice to promote evidence-based nutrition science.

The Academy builds on existing and long-standing collaboration between the four founding organisations, and will act as a joint body for strategic initiatives. The Academy will seek to improve public health and wellbeing and support excellence in research, education and associated activities to advance the knowledge and application of evidence-based nutrition science.

Speaking about the role of the new body to a crowded room, Professor Harry J McArdle, Rowett Institute, the University of Aberdeen, the Academy's Chair of Trustees, said;

"Ensuring the quality of public information on nutrition is a critical goal because people often struggle to access well informed and safe advice.

The creation of the Academy comes at an important time, when the central role of diet and nutrition in wider public health is being better recognised, and conditions such as diabetes, obesity on the one hand, and yet malnutrition on another, are placing increased strain on our health services.

The Academy will also act as a champion of nutrition education and research, promoting nutrition science as an important STEM subject and a career path accessible to all. This is a hugely exciting development and I look forward to taking the organisation forward as chair of Trustees."

Further information on the objectives, Trustees and working structure of the Academy can be found at www.academynutritionsciences.org.uk

What to do in Dublin



The Society's Irish Section continue to highlight some of the best things to do and see during your stay in Dublin every day in the FENS Insight.

Dublin Historical Walking Tour

Taking in the grounds of Trinity College, Old Irish Parliament, Dublin Castle, City Hall, the Medieval and Viking quarter and finishing in the old port of Temple Bar on the banks of the River Liffey, tours are led by history graduates of Trinity College Dublin and University College Dublin. The walk is more than a sightseeing tour, delving into Irish history; the English conquest, the influences of the American and French Revolutions, the Great Famine, 1916 and the struggle for Independence.

National Leprechaun Museum

Discover the sounds, sights, stories, and magic of mythical Ireland. The exhibition begins with a look at representations of the leprechaun through the ages, before exploring the relationship between landscape, folklore, story-telling and magic.



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What's on tomorrow?

Day three of FENS2019 features two plenary speakers, and of course the conference dinner.

Professor Ellen Blaak, Maastricht University, opens formal proceedings for the day with a plenary lecture examining '*Current metabolomic perspectives on malnutrition in obesity*'. (09.15, Auditorium).

Other highlights in the agenda include a joint symposium co-hosted by the Nutrition Society, the Korean Nutrition Society, and the Korean Society of Food Science and Nutrition, chaired by the Society's President, Professor Julie Lovegrove. The topic for the symposium is '*Bioactives for human health*', including a session looking at traditional Korean foods and their impact on health (14:45, Liffey Hall 2).

The Society's Student Section symposium is also taking place tomorrow and focuses on practical skills, with a session on '*Making sense of social media for health professionals*' with Rhiannon Lambert of Rhitrition (14:45, Wicklow Hall 2B). In addition, the **DSM Bright Science Award** which recognises excellence in innovative PhD research will be awarded to the successful applicant. This year's theme for the 2019 award is personalised nutrition and novel technologies for health in the modern world (16:45, Wicklow Hall 2B).

And of course, the **conference dinner** takes place tomorrow evening at Taylors Three Rock. With over 450 delegates already booked in, the evening is sure to be a memorable one. Buses to the venue will depart from outside the Conference Centre at 19:30, although delegates are also welcome to make their own way to the venue.

FENS2019 App

Have you downloaded the conference app yet?

Available from the Apple app store or Google Play, the FENS2019 app lets you create your own agenda, send private messages to other delegates, and view electronic poster presentations.

With everything from floor plans to abstracts stored in one place, it has been designed to help you get the most out of FENS.

The app can also be accessed via your chrome web browser.



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