

Nutrition Futures 2022: Programme Template

Optional welcome dinner or drinks on the evening before the conference

Day one		
09:00	Registration and refreshments	
10:00	Welcome Local Organiser and Student Committee	
10:15-11:20	Plenary Lecture 1. Local University Information	
11:20	Refreshments	
12:00 12:45	Plenary Lecture 1 Suggested Theme: Sports Nutrition	Plenary Lecture 2 Suggested Theme: Public Health Nutrition Cost effective-sustainable nutrition-finance, environment, nutrition policy
12:45 13:45	Lunch	
13:45 14:45	Original Communications Lightening Session 1 (5 mins for presentation, 2 mins for questions)	Original Communications Lightening Session 2
14:45	NS Student Section past and future, Internship, grants and awards in Nutrition Society NS Student Ambassador recruitment	
15:00	Refreshment	
15:30	Career Panel NHS - <i>Health improvement practitioner, Dietetics assistant</i> Sports Nutrition - Graduate schemes - <i>Danone, Yakult, Biokult</i> Charity - <i>Diabetes UK, Cancer Research, British Heart Foundation, Save The Children</i> Academia and research - <i>Student internships, Research opportunities</i> Student experience – <i>how to get extracurricular experience on your CV</i>	
17:00 17:45	Networking Opportunity with Career Panellists	
17:45 18:00	Day One Closing Remarks	
18:00	Close of the day	
19:00	Student mixer <i>Pub events – drink quiz, games, food</i>	

Day Two		
07:30-8:45	5K city run or Pilates at the conference	
09:00-10:00	Registration and refreshment	
10:00-10:45	Plenary Lecture 3 Suggested Theme: Cellular Nutrition Speech about bioavailability	Plenary Lecture 4 Suggested Theme: Digital/ Modern Nutrition Devices, apps, modernized/ digital nutrition for personalised nutrition
10:45-11:30	Original Communications Lightening Session 3	
12:45	Lunch	
13:30-14:15	Scientific Publishing Workshop	
14:15-15:30	Public Speaking Workshop	
15:40-16:00	Closing Remarks	
16:00	Close of Conference	