Students-Mental-Health

A Japanese international university surveyed its students in 2018 and published a study the following year that was approved by several ethical and regulatory boards.

The study found that international students have a higher risk of mental health difficulties than the general population, and that social connectedness (belonging to a social group) and acculturative stress (stress associated with joining a new culture) are predictive of depression.

In this project, I explored the students' data using PostgreSQL to find out if I would come to a similar conclusion for international students and see if the length of stay is a contributing factor.

Here is a data description of the columns you may find helpful.

Field Name	Description
inter_dom	Types of students (international or domestic)
japanese_cate	Japanese language proficiency
english_cate	English language proficiency
academic	Current academic level (undergraduate or graduate)
age	Current age of student
stay	Current length of stay in years
todep	Total score of depression (PHQ-9 test)
tosc	Total score of social connectedness (SCS test)
toas	Total score of acculturative stress (ASISS test)