



PASSIONATE ABOUT HEALING



**Medicine & Surgery
add years to life
while Rehabilitation
adds life to the years.**

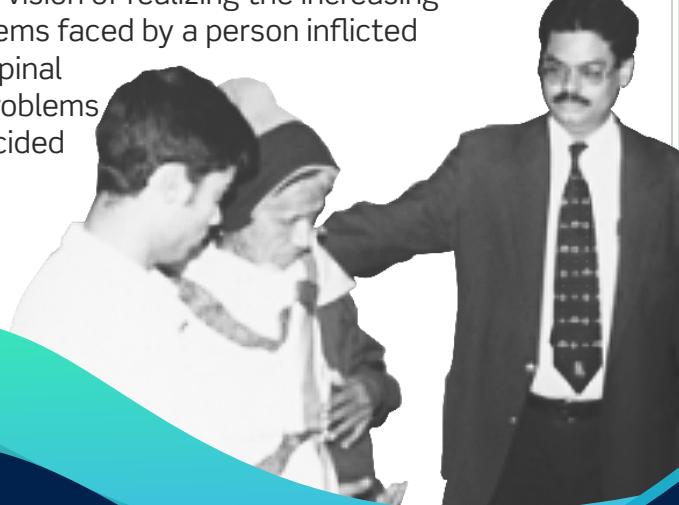
Medical Rehabilitation Center
Conceived & Developed
by the visionary mind of
Dr. M. M. Ghatak



WHY DID WE START ?

20 years back rehabilitation in India was meant only for Acholcalic or Drug addict patients. The concept of neuro-ortho rehab was very poor in eastern India, few indoor integrated rehab center was in CMC Vellore, NIMHANS, Bangalore, NIOH Kolkata only. Though this medical science was very popular in the USA and other few countries, this new concept was highly neglected by the doctors of our state and in India.

Dr. Ghatak a young Physical Medicine and Rehabilitation expert with the sharp vision of realizing the increasing enormity of the problems faced by a person inflicted with stroke, brain or spinal injuries, or early life problems like Cerebral Palsy decided to make a difference.



With his iron determination, he took up the challenge of touching the lives of such patients and bring back the smile on their suffering faces.

But it was not an easy start!

Dr. Ghatak was almost penniless and had to let go off various lucrative opportunities and work hard to achieve his goal. After months of struggle and hard work, he finally achieved his dream and started a full-fledged indoor rehabilitation center on this day(13th Sept) 20years ago. During its initial years MRC had to fight a lot to prove itself by proving the efficacy of such rehab treatment by showing huge improvement of almost every patient who was told as "no more can be done" and they had to spend the rest of their life at a bedridden status. MRC was a ray of sunshine for such patients. Subsequently it became a boon for patients with disability never thought that they would be able to lead a normal life or come out of bed.

20 DEDICATED YEARS OF FIGHTING DISABILITY



WHY INDOOR REHAB?

Indoor Rehabilitation is the most effective means for paralytics and multiple disabilities. Using different gadgets and instruments like stand-in-frame, multiple exercisers, balancing board, specially made plinths, low height chairs, mats, slings, wheels, support systems, ladders, Bio Feedback Machine, Hand gym kits, lots of evaluation kits, instruments, upgraded Electrotherapy instruments, psychotherapy and speech therapy kits, bed and bedside modifications and so many types of equipment those cannot be shifted to home.

A regular check-up by the doctor (Physiatrist/ Rehabilitationist) and necessary change in programs. Controlling other medical and psychological problems by a group of qualified doctors- effectively which are associated with such conditions.

20 DEDICATED YEARS OF FIGHTING DISABILITY

A ray of hope to regain Mobility & Activity



Full-day intervention helps in the modification of programs regularly, becomes more scientific and accurate.

Specialized trained manpower for proper positioning, posture care, bedsore care, Urinary measurement and care, dysphagia management, bedside therapies, vocational interventions, practicing the tasks throughout the day - is only available in an indoor setup. All these are guided by a consultant rehab doctor.

Monitoring - BP, Blood Sugar, Cardiac, Respiratory and Neuromuscular status which are frequently affected by the level of exercises and exertions is always a great concern in rehabilitation.

Last and the most important is - our experience shows that the patients staying in the hospital share their joys and sorrows with the same feelings of disability one another - and inspired by others' improvement and a positive motivational force always hastens the rehab outcome.

Nearly 10 thousand fully bedridden paralysed patients and more than 80 thousand of pain and other ailments have been successfully treated and rehabilitated through this organisation of repute, thus creating a landmark in the medical history of Bengal and India.

20 DEDICATED YEARS OF FIGHTING DISABILITY

OTHER ACTIVITIES

As a means of social responsibility this center is always dedicated to poorer sections of people and a good number of patients are treated here in a semi charitable manner since its inception.

Apart from our rehabilitation work, we are very active on social responsibility. We regularly arrange medical check-up camps in remote areas of our country and provide them free consultation and medicines.



Celebrating International Disabilities Day



Kolkata Hero award bestowed on Dr MM Ghatak by Sri Somnath Chatterjee



Cultural Programme organised to boost the moral of disabled children



Well-Equipped gym facility at MRC with expert supervision team



Celebrities present at one of our functions to support our initiative



Dr Ghatak engaged in one of the regular team meetings to discuss patient condition

FREE TREATMENT

On the completion of its 20th year, MRC will take responsibility for 20 people from very needful families to get our rehab service free of cost. We will present them with a card mentioning the details on our foundation day.



Without an effective & dedicated team, such a huge achievement was not possible.

We believe our activities are a success because many people are inspired by us and in the last 5 to 6 years many new Govt. and the private neuro-rehabilitation center have started across Kolkata.

We are the pioneer of neuro-ortho rehabilitation across eastern India.

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