



Play, Don't Stay



Continue as Guest



SIGN UP





10:57

Play, Don't Stay



abc123



USERNAME AND PASSWORD
DO NOT MATCH OR NO
ACCOUNT FOUND.

PLEASE TRY AGAIN.





Play, Don't Stay!

WORKOUTS



MY HEALTH



SOCIAL



WELCOME ...





Play, Don't Stay!

WORKOUTS



MY HEALTH



SOCIAL



WELCOME...





Play, Don't Stay!

WORKOUTS



MY HEALTH



SOCIAL



WELCOME...





HOME



Play, Don't S

HI NAME

• ONLINE

START WORKOUT

CHALLENGE FRIENDS

ADD FRIENDS

MY HEALTH INFO

MY REWARDS

HELP

SETTINGS



SETUP INCOMPLETE

SIGN OUT

WORKOUTS

MY HEALTH

SOCIAL

WELC





HOME



Play, Don't S

HI NAME

• ONLINE

START WORKOUT



CHALLENGE FRIENDS



ADD FRIENDS



MY HEALTH INFO



MY REWARDS



HELP



SETTINGS



SIGN OUT



WORKOUTS

MY HEALTH

SOCIAL

WELC





HOME



Play, Don't S

HI GUEST

• INACTIVE

START WORKOUT

CHALLENGE FRIENDS

ADD FRIENDS

MY HEALTH INFO

MY REWARD

HELP

SETTINGS

SIGN OUT

SIGN UP

WORKOUTS

MY HEALTH

SOCIAL

WELC





Play, Don't Stay!

WORKOUTS

MY HEALTH

GUEST



**Please Sign Up to
Use this Feature**



CREATE AN ACCOUNT

CHILD INFO

*

*

*

*

*

*

*

PARENT INFO (Complete if you are under 16)

☐ ? WHY ☐





CREATE AN ACCOUNT

CHILD INFO

* FIRST NAME

* LAST NAME

* DATE OF BIRTH

* GENDER

* HEIGHT

* WEIGHT

* EMAIL

PARENT INFO (Complete if you are under 16)

? WHY

PARENT NAME

PARENT EMAIL

PARENT PHONE

Play, Don't Stay requires Parent/Guardian information if the child under 16. Within the app, Parents have the opportunity to track their child's health activity as well as confirm when challenges are completed for rewards.





Play, Don't Stay!

RUNNING/WALKING

SIT UPS

AEROBICS

SPORTS

PUSH UPS

STRETCHES

VIEW MORE

QUICK ACTIVITY





Play, Don't Stay!

RUNNING/WALKING

SIT UPS

AEROBICS

SPORTS

PUSH UPS

STRETCHES

VIEW MORE

QUICK ACTIVITY





Play, Don't Stay!

AQUA

BALLET

CRUNCHES

HULA HOOPS

DANCE

MARTIAL ARTS

VIEW MORE

QUICK ACTIVITY





QUICK ACTIVITY

↻ RANDOM

PUSHUPS

DURATION - 00:00

CALORIES - 00

NUMBER - 00

Challenge





QUICK ACTIVITY

↻ RANDOM

PUSHUPS

DURATION - 00:00

CALORIES - 00

NUMBER - 00

Challenge





10:57



Play, Don't Stay!

QUICK ACTIVITY

 RANDOM

PUSHUPS

DURATION - 00:00

GUEST



**Please Sign Up to
Use this Feature**





Play, Don't Stay!

QUICK ACTIVITY

↻ RANDOM



Friend:

Q SEARCH USER



Points:

ENTER POINTS

Points Remaining: 1523

SUBMIT





Play, Don't Stay!

QUICK ACTIVITY

↻ RANDOM

Friend:

Q SEARCH USER



Friend1
Friend2
Friend3
Friend4

Points:

Points Remaining: 1523

SUBMIT





10:57



Play, Don't Stay!

RUNNING

DISTANCE

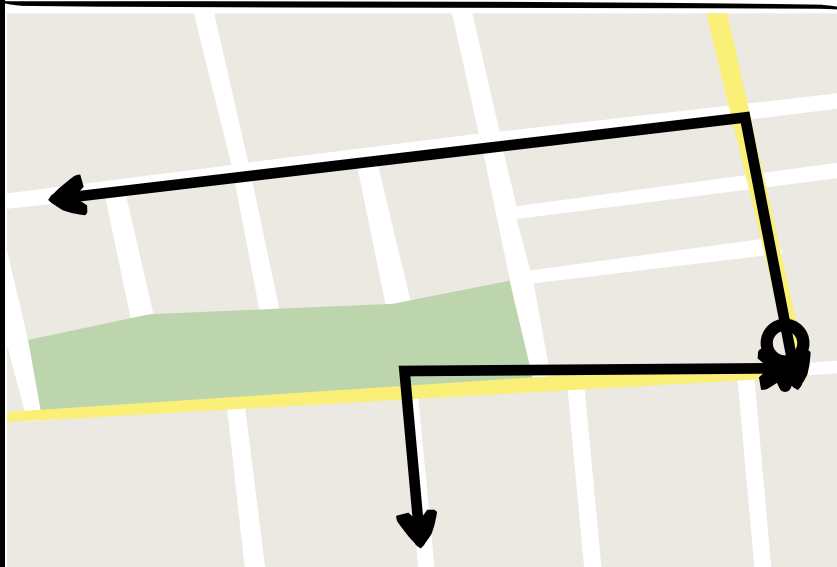
00 MI

DURATION

00:00

CALORIES
BURNED

00



Challenge

RESET

LAP

STOP





10:57



Play, Don't Stay!

RUNNING

DISTANCE

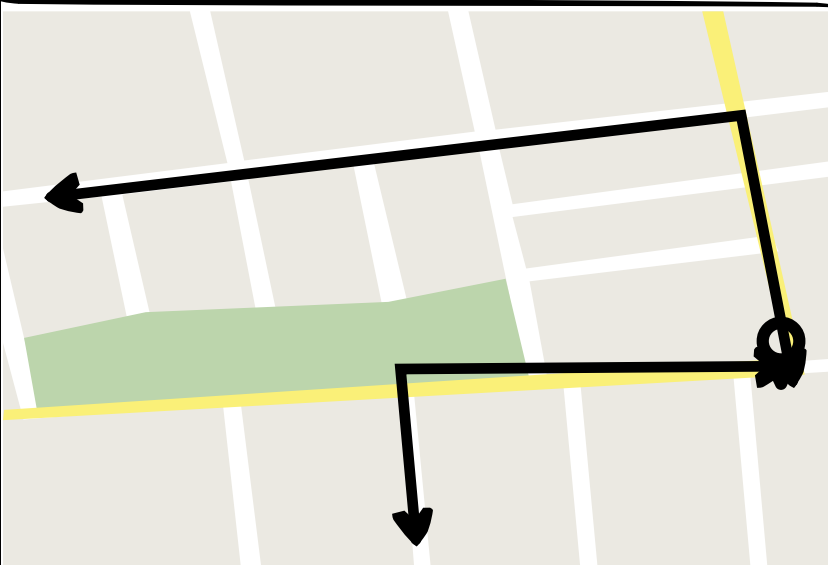
00 MI

DURATION

00:00

CALORIES
BURNED

00



Challenge

RESET

LAP

STOP





10:57



Play, Don't Stay!

RUNNING

DISTANCE

00 MI

DURATION

00:00

CALORIES
BURNED

00



Friend:

Q SEARCH USER



Points:

ENTER POINTS

Points Remaining: 1523

SUBMIT



RESET

LAP

STOP





10:57



Play, Don't Stay!

DAILY ACTIVITY



USER HEALTH INFORMATION



MY HEALTH REWARDS



HEALTHCARE
LOCATIONS



MY BESTS

WEEKLY SUMMARY



☒ TARGET MET





Play, Don't Stay!

DAILY ACTIVITY



60/60 mins Active

1500 Calories Burned

9500/10000 Steps

3.2 Miles Traveled

61-76 bpm Heart Rate

USER HEA

MY HEA

HEALTHCARE
LOCATIONS

MY BESTS

WEEKLY SUMMARY

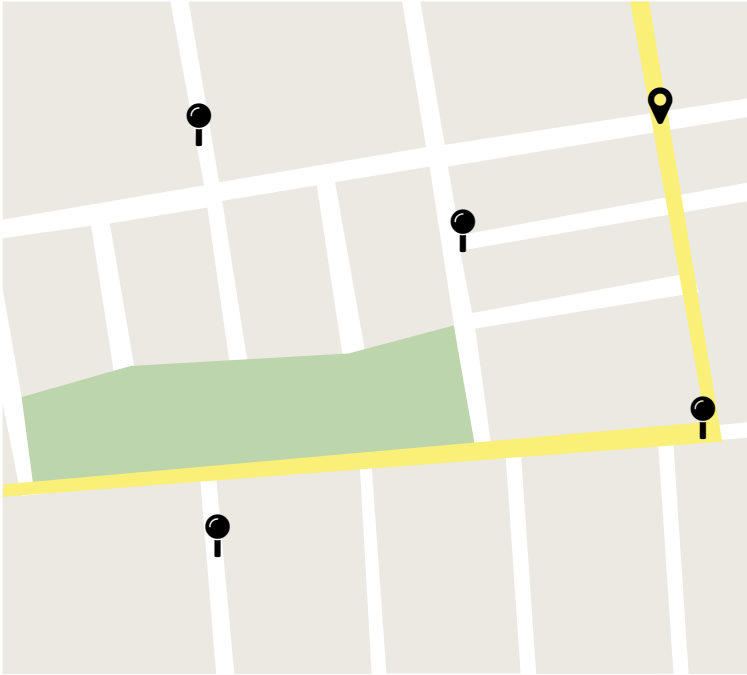




10:57



Play, Don't Stay!



Q MY LOCATION / ZIPCODE

LOCATION	ADDRESS	DISTANCE
HOSPITAL A	1 MAIN ST	1.21 MI
HOSPITAL B	2 PENN AVE	1.42 MI
CLINIC C	3 ROCKY RD	2.11 MI
DOCTORS D	4 MLK DR	3.01 MI





10:57



Play, Don't Stay!

YOUR POINTS: 1523

GIFT CARDS

TOYS

VIDEO GAMES

REWARD HISTORY

WORKOUT FOR MORE POINTS

CHALLENGE FRIENDS FOR POINTS





GIFT CARDS

VISA



WALMART

TARGET

AMAZON

EBAY

BEST BUY

MCDONALDS





GIFT CARDS

VISA

WALMART

TARGET

AMAZON

VISA

\$5

\$10

\$20

CUSTOM

REDEEM





Play, Don't Stay!

FRIENDS	STATUS
★ Friend1	Online
🧑 Friend2	Online
🧑 Friend3	Online
🧑 Friend4	Online
🧑 Friend5	Offline
🧑 Friend6	Away
🧑 Friend7	Offline
🧑 Friend8	Offline
🧑 Friend9	Away

CHALLENGE



ADD FRIENDS





Play, Don't Stay!

FRIENDS		STATUS
★	Friend1	Online
👤	Friend2	Online
👤	Friend3	Online
👤	Friend4	Online
👤	Friend5	Offline
👤	Friend6	Away

ADD FRIENDS



Q SEARCH USER



ADD FRIENDS





Play, Don't Stay!

CHALLENGES

You Challenged...

User	Workout	Points	Completed
Friend1	Running	20	<input type="checkbox"/>
Friend2	Pushups	30	<input type="checkbox"/>
Friend3	Bench Press	50	<input checked="" type="checkbox"/>

Your Challenges...

User	Workout	Points	Completed
Friend6 →	Pushups →	30 →	<input type="checkbox"/> →
Friend5	Squats	30	<input type="checkbox"/>
Friend3	Deadlifts	60	<input checked="" type="checkbox"/>

CHALLENGE





Play, Don't Stay!

CHALLENGES

You Challenged...

User	Workout	Points	Completed
Friend1	Running	20	<input type="checkbox"/>
Friend2	Pushups	30	<input type="checkbox"/>
Friend3	Bench Press	50	<input checked="" type="checkbox"/>

Your Challenges...

User	Workout	Points	Completed
Friend6	Pushups	30	<input type="checkbox"/>
Count: 25			
"Beat this!"			
Friend5	Squats	30	<input type="checkbox"/>
Friend3	Deadlifts	60	<input checked="" type="checkbox"/>

CHALLENGE





Play, Don't Stay!

CHALLENGES

You Challenged...

User	Workout	Points	Completed
Friend1	Running	20	<input type="checkbox"/>
Friend2	Pushups	30	<input type="checkbox"/>
Friend3	Bench Press	50	<input checked="" type="checkbox"/>

Your Challenges...

User	Workout	Points	Completed
Friend5	Squats	30	<input type="checkbox"/>
Friend6	Pushups	30	<input checked="" type="checkbox"/>
Friend3	Deadlifts	60	<input checked="" type="checkbox"/>

CHALLENGE





10:57



Play, Don't Stay!

FAQs

Why do I need to sign in to use My Health?
What devices does Play, Dont Stay support?
How can I sync my steps and activity?
Where can I download Play, Don't Stay?
What is Play, Don't Stay's intended use?

HELP WITH

WORKOUTS

MY HEALTH

SOCIAL





Play, Don't Stay!

SETTINGS

Account Info:

Username:

Password:

E-mail:

USER HEALTH INFO



PERMISSIONS

DOWNLOAD DATA

ERASE DATA

Units

Height

☒ ft,in

☐ cm

Weight

☒ lb

☐ kb

Temp

☒ F

☐ C

Distance

☒ mi, ft

☐ km





Play, Don't Stay!

SETTINGS

Account Info:

Username:

Password:

E-mail:



USER HEALTH INFO



PERMISSIONS

DOWNLOAD DATA

ERASE DATA

Units

Height

☒ ft,in

☐ cm

Weight

☒ lb

☐ kb

Temp

☒ F

☐ C

Distance

☒ mi, ft

☐ km





USER HEALTH INFO

AGE

HEIGHT

WEIGHT

BLOOD TYPE

BLOOD PRESSURE

VISION

HEARING

GROWTH PERCENTILE

NEXT PHYSICAL DATE

SAVE





USER HEALTH INFO

AGE

HEIGHT

WEIGHT



BLOOD TYPE



BLOOD PRESSURE



VISION



HEARING



GROWTH PERCENTILE



NEXT PHYSICAL DATE

SAVE

