

**An IoT Based Remote Health Monitoring
System Using Integrated ECG
Module and Pulse Oximeter**

Group01: Lab Group G2



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Aim Of This Project

- Creating a smart non-invasive heart monitoring system with integrated sensors
- Uploading the real time data to IoT cloud for remote access
- Finding heart rate from the acquired ECG signal and cross validating with a pulse oximeter



Societal Impact

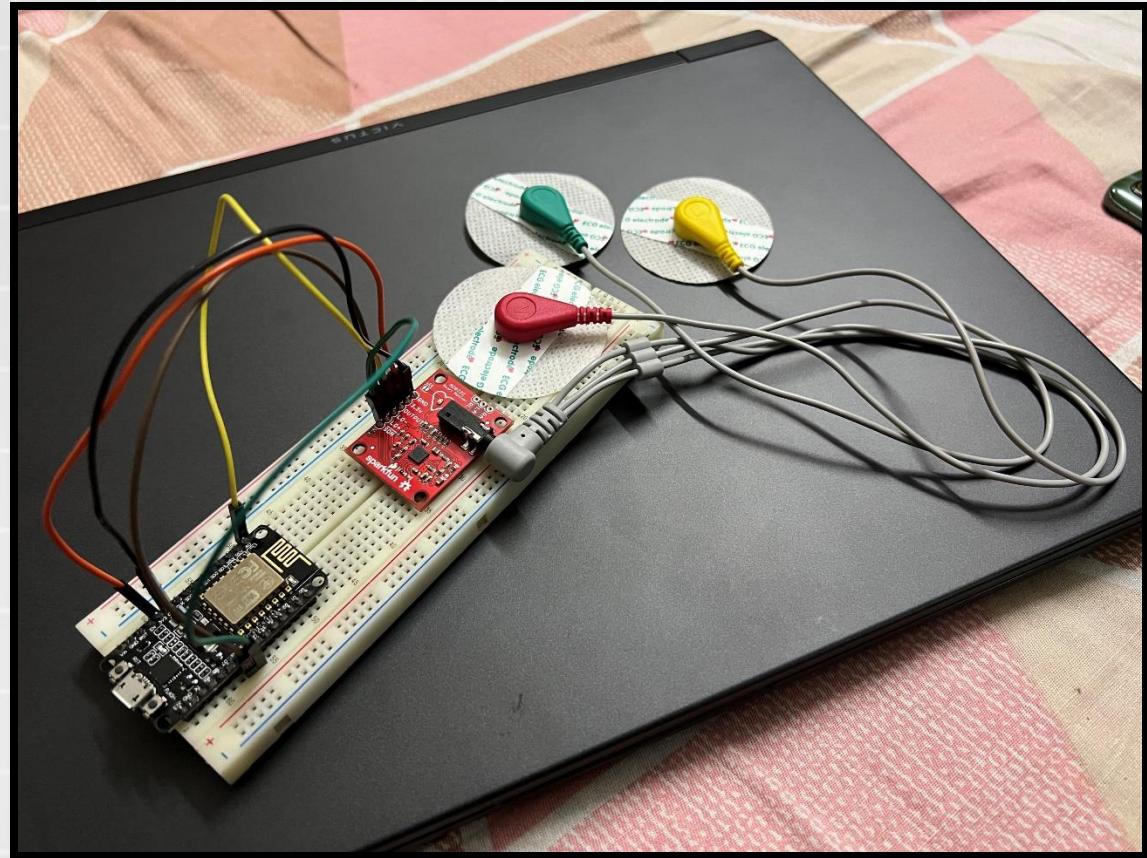
- Health care for people living in remote areas without direct access to medical professionals
- A cheap home monitoring system for patients
- Easily portable alternative that will be convenient for use during different rescue operations in disaster zones



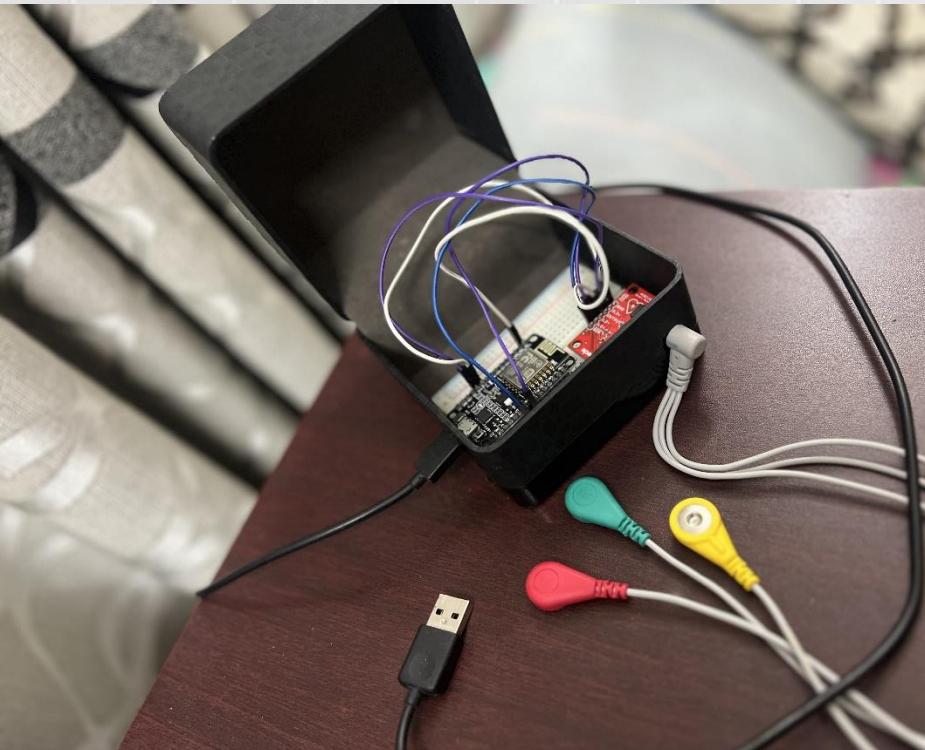
Hardware Setup

Setup consisted:

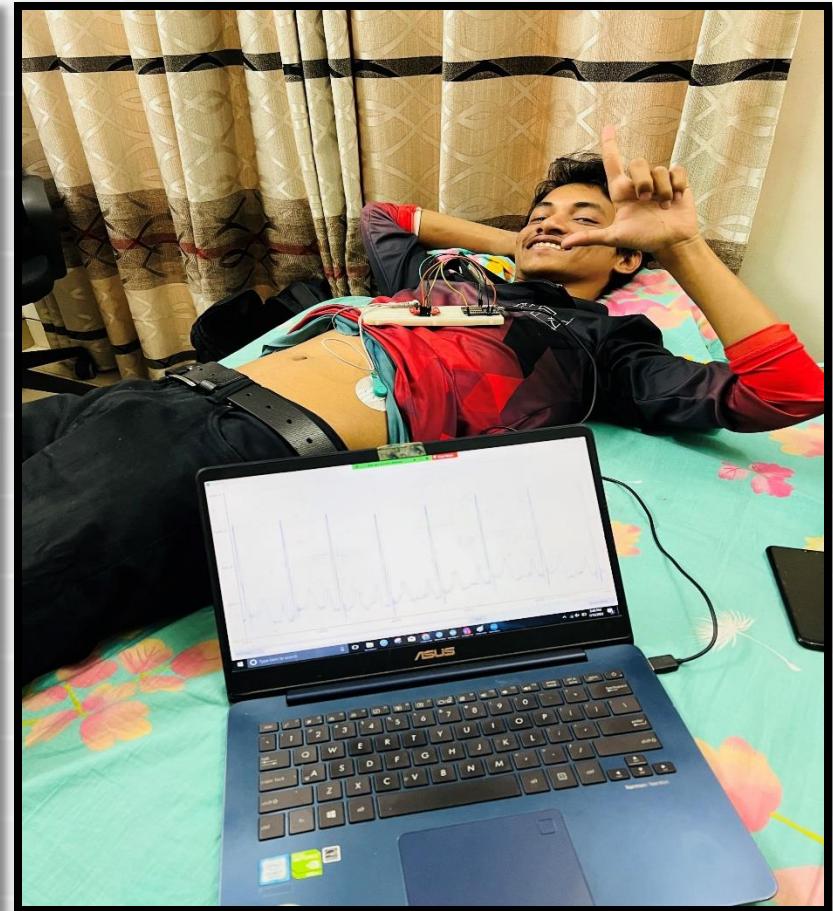
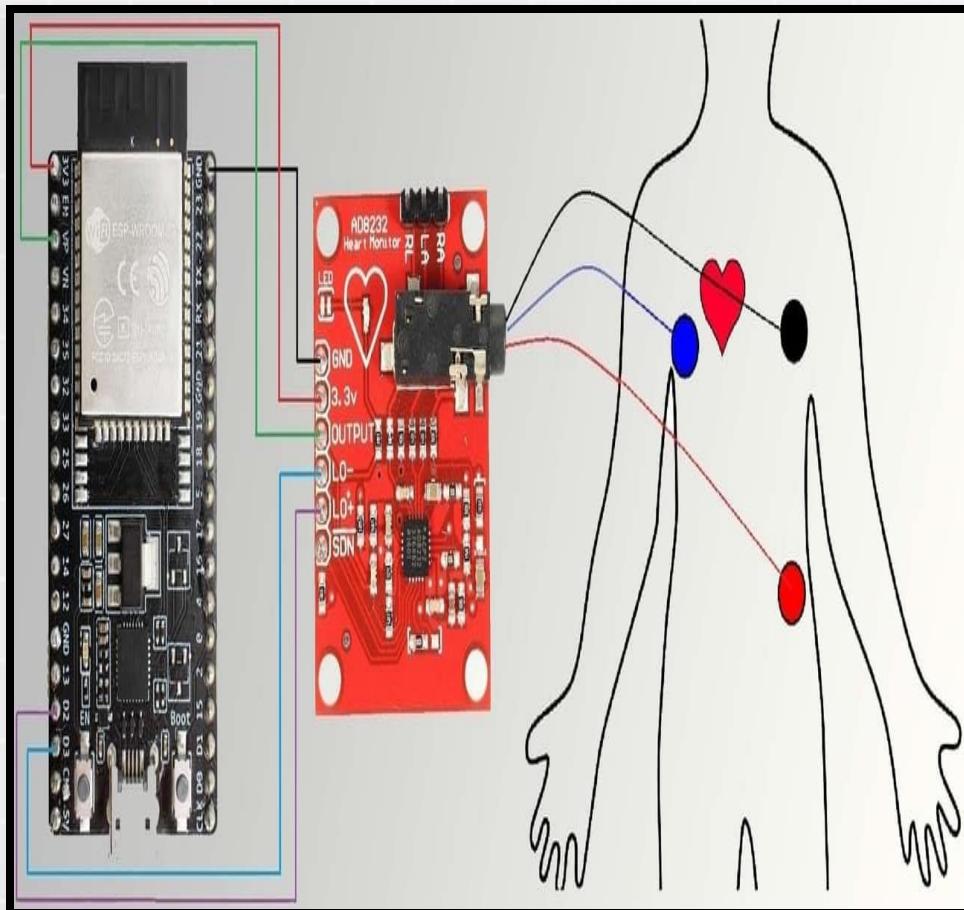
- NodeMCU
(ESP8266)
- AD8232
- 3-lead electrodes



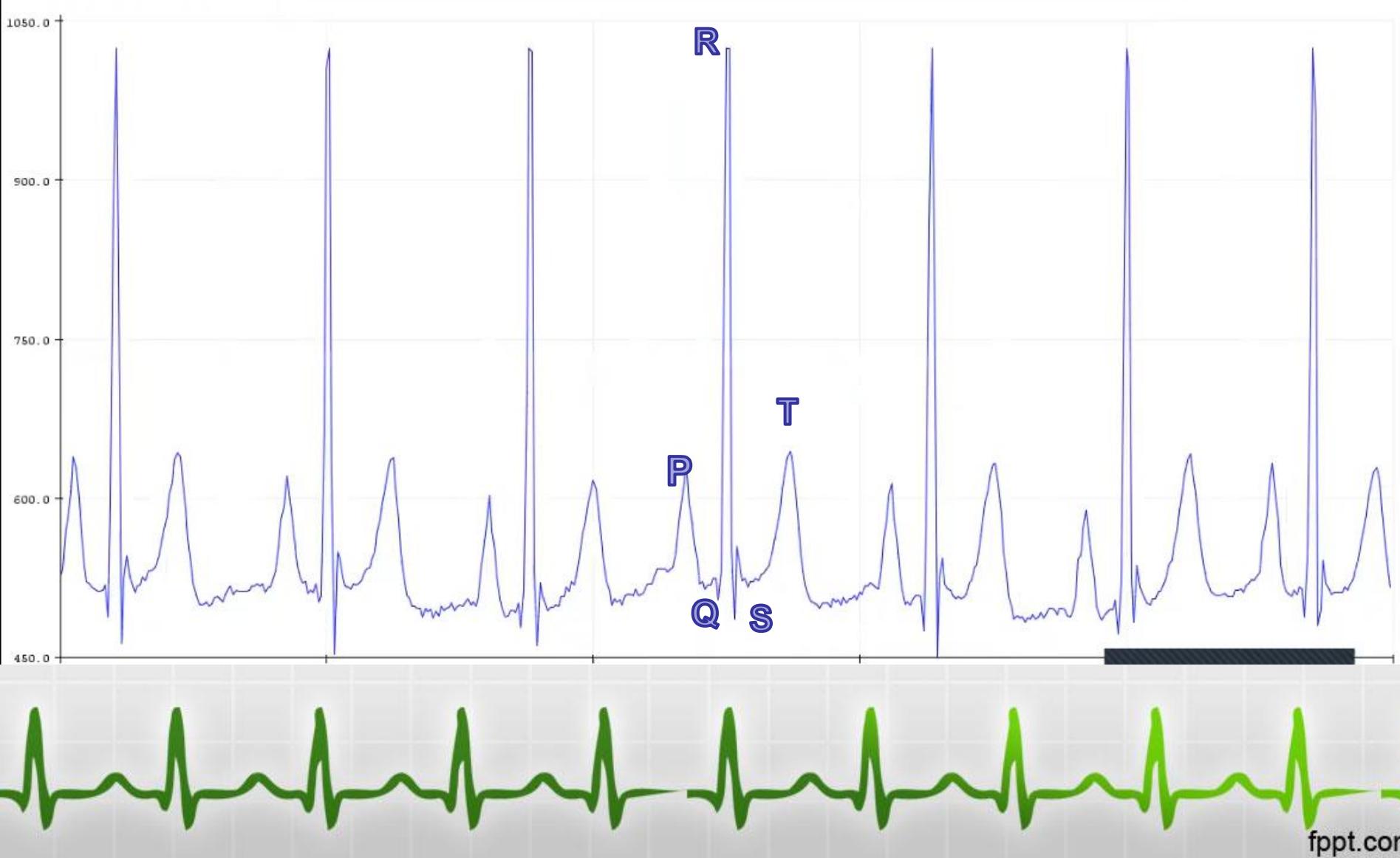
Final Hardware Setup



Real Time Data Acquisition



Identifying The Relevant Peaks from Acquired ECG signal



Uploading BPM to ThingSpeak

Reading data from AD8232 for approx. 3 sec at 100sample/sec



Detrend and normalize the signal



Find the local maxima and identify the R peaks



Calculate the heart rate from mean R-R interval



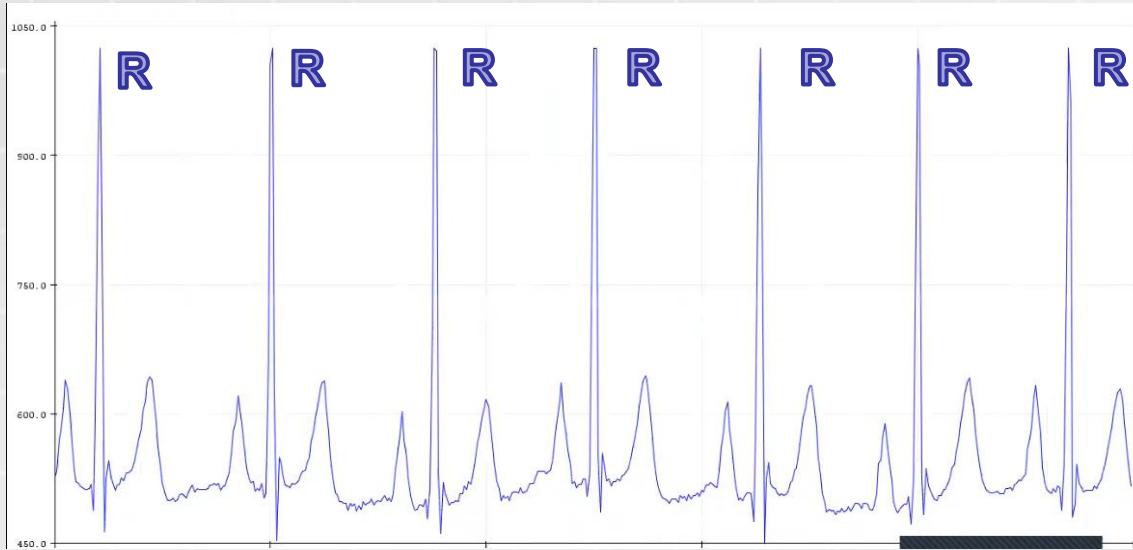
Upload BPM to Thingspeak



Wait 30 seconds then repeat



Calculating BPM



IoT Infrastructure

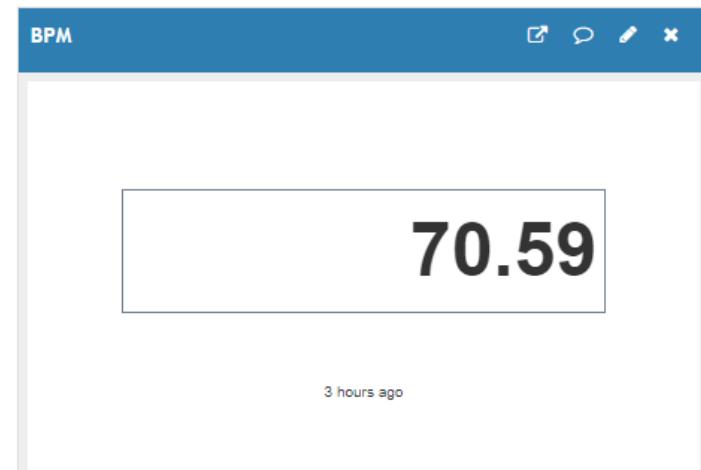
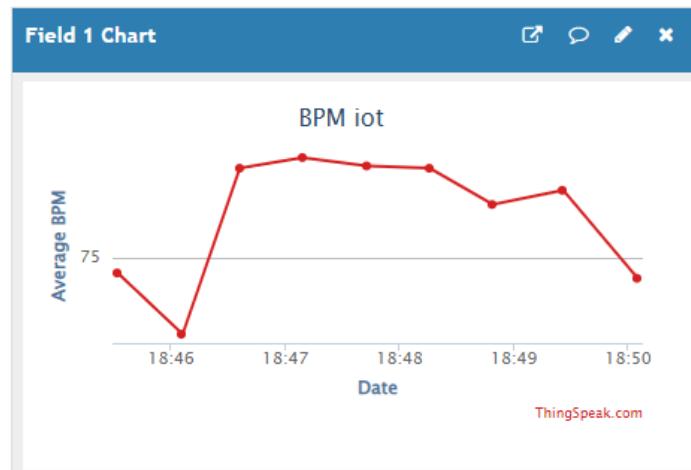
ThingSpeak dashboard showing BPM graph and current value

Channel Stats

Created: [22 days ago](#)

Last entry: [about 3 hours ago](#)

Entries: 9

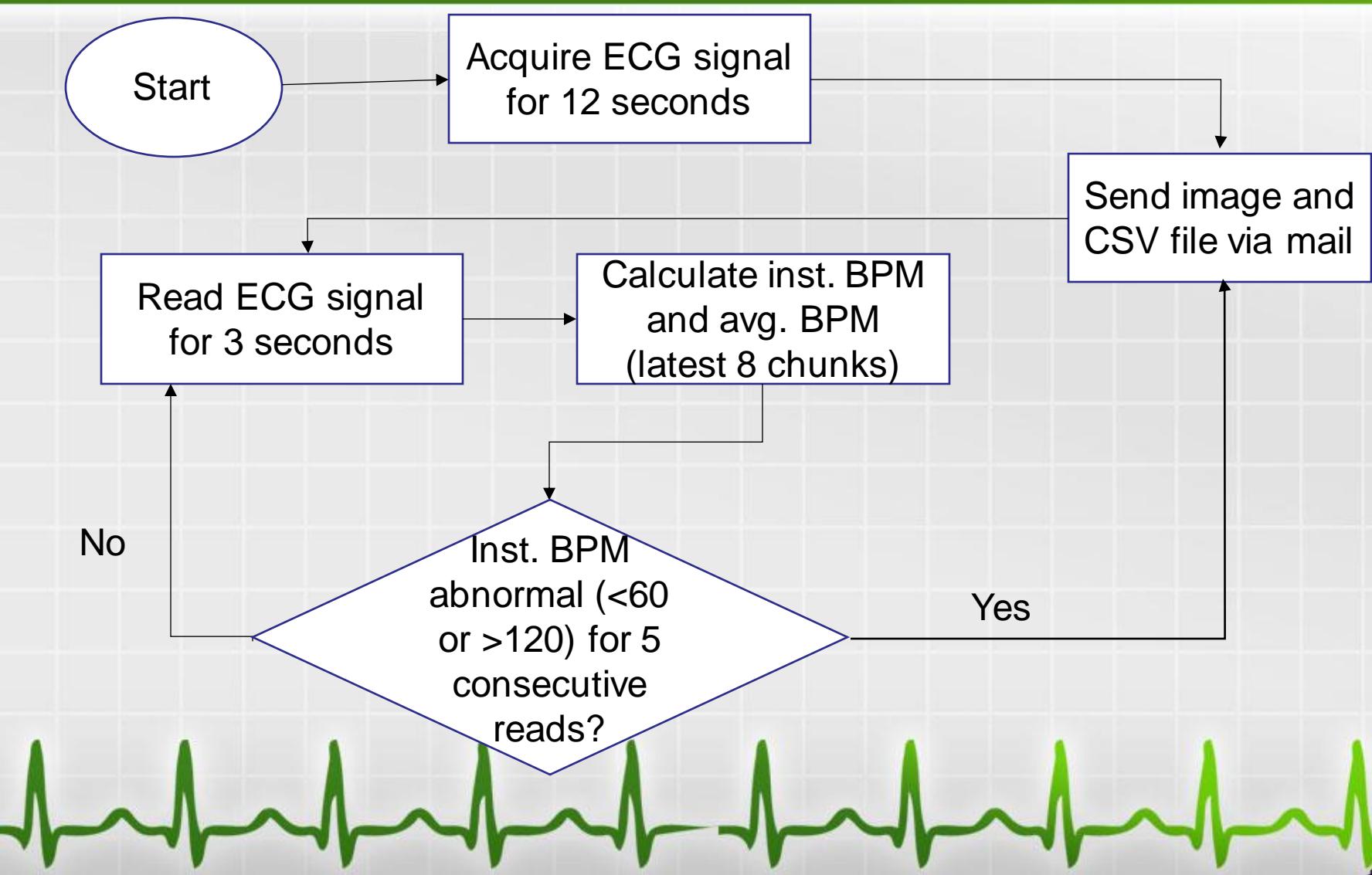


Sending ECG signal by mail

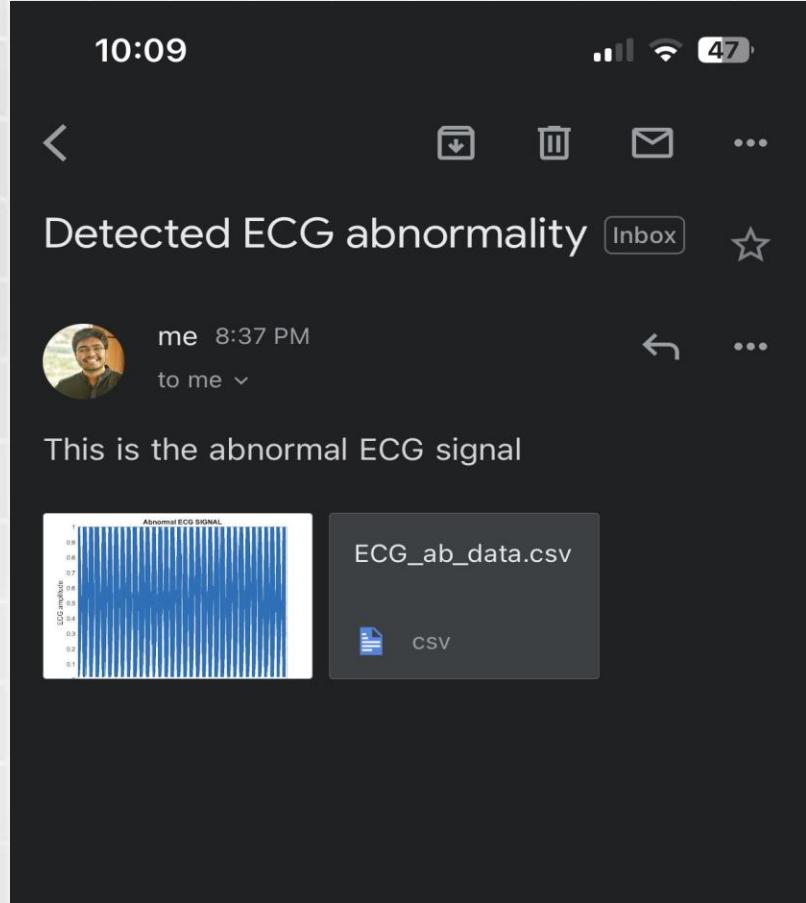
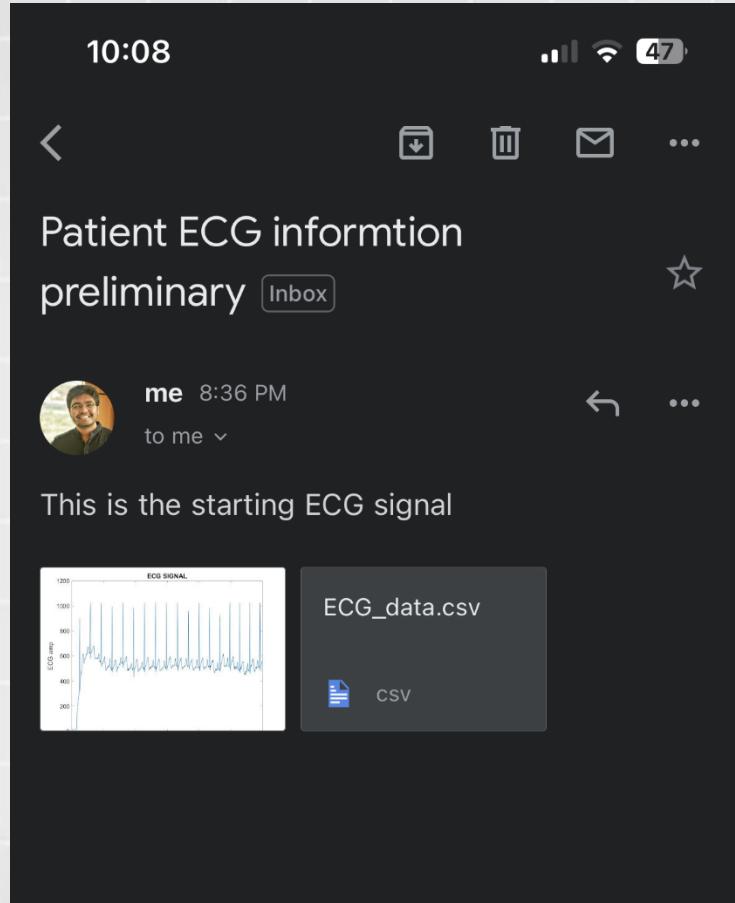
- Problem: Uploading the entire ECG signal to a IoT platform is not possible due to data loss and delay.
- Solution: Send the signal via mail with attached image of the signal and the related CSV file for further processing if desired.



Sending Mail



Mails sent under the two situations



Uploading to Drive

Attached image file from the mail is automatically uploaded to Google Drive.

Pabbly connect is an intermediary mail parser that connects the two platforms

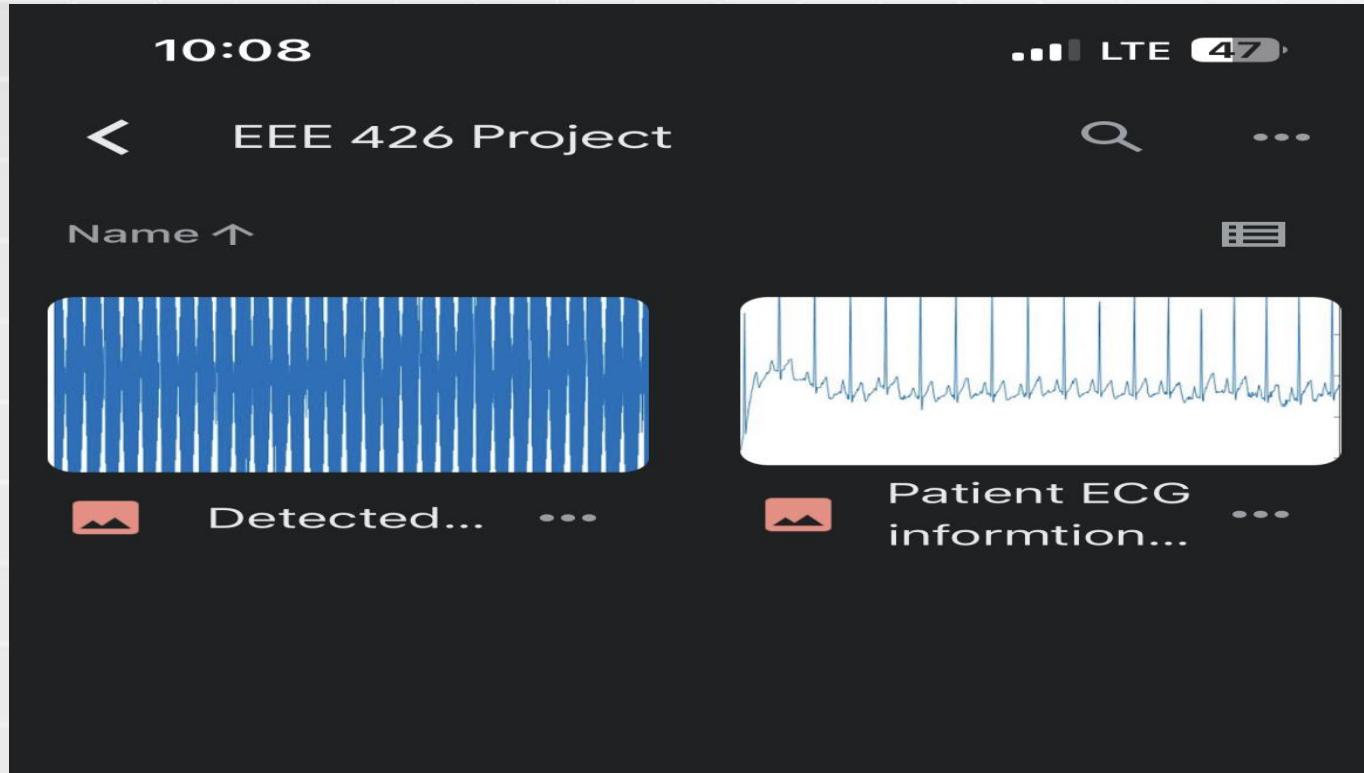
Mail containing ECG image and CSV file received from MATLAB

Pabbly Connect

Image uploaded to Google Drive



Image uploaded to Google Drive



Innovations and Findings

- Use of IoT cloud platforms in remote health monitoring
- Instant mailing for relevant information in case of abnormalities detected.
- Automatic information upload to Google drive



Cost Sheet

Equipment	Cost(BDT)
AD3232 ECG MODULE	1800
Disposable ECG Electrodes pad	1200
ESP8266	345
Transport	500
Bread Board	70



Future of the Project

- Provide greater reach to rural and underserved communities
- Enables frequent patient monitoring and data collection
- Don't have to drive to the doctor's office or clinic
- Help to prevent the spread of COVID-19, flu and other infectious diseases
- promote a healthier environment for everyone
- A family member can help by providing information, asking questions



THANK YOU!!!

Any Questions?

