



VICTORIA JANUSZKIEWICZ

CONTACT ME



506-461-4683



victoriarj@mun.ca



@tori_jano on
Twitter & Instagram

EDUCATION

MD (Candidate) // MEDICINE
MUN, St. John's, NL
2020 (*expected*)

MSc (Candidate) // MEDICINE
(CLINICAL EPIDEMIOLOGY)
MUN, St. John's, NL
2019 (*expected*)

BScKin // KINESIOLOGY
UNB, Fredericton, NB
2014

GRADE 12 Diploma with Honours
OHS, Oromocto, NB
2010

AWARDS

NBMS Student Leadership
Award
November 2017

Dean's List, UNB
2012, 2013, and 2014

UNB Mr. and Mrs. Conrad J Osman
Scholarship & UNB Alumni Merit
Award
Fall 2013/Winter 2014

UNB Edwin Jacob Special
University Scholarship
& UNB Ward Chipman Founder's
Scholarship
Fall 2010

PROFESSIONAL PROFILE

I am a second-year medical student at Memorial University of Newfoundland (MUN). I am concurrently enrolled in the MSc (Clinical Epidemiology) program in the Division of Community Health and Humanities.

Communications and interpersonal PR work is illustrated as a constant through my CV dating back to 2011. Communications work has been central to many of my significant past and present activities and I feel that my experiences and skillset enable me to be a qualified candidate for the role of CFMS VP Communications.

Carefully curating my social media and other things that represent myself is no chore to me, and something I have always been passionate about. My creative nature is best suited to digital media and I enjoy dabbling in graphic design when appropriate in addition to being active on social media on different platforms.

I have had significant exposure to many different areas of the CFMS this past year and I feel these experiences specifically have enabled me to develop skills that would enable me to be an effective and responsible board member as VP Communications. Skills with other healthcare workers. This CV and attached personal letter further highlight my experiences that make me an excellent candidate for this position. Please feel free to check out my social media, reach out to ask me any questions, or just say hi! I appreciate your time and consideration for me in this role.

PREVIOUS RELEVANT WORK EXPERIENCE

MAITRE D'

ONE11 Chophouse // St. John's, NL // September 2013 – May 2014

- Advertised daily and weekly specials on social media platforms
- Event planning and coordination (i.e., weddings, private parties)
- Coordinator of radio/billboard advertisements for ONE11 Chophouse
- Menu design and seasonal interior/exterior décor coordinator

ASSISTANT MANAGER

Sub Towne// Fredericton, NB // September 2011 – July 2014

As AM, I was actively involved in the ordering of stock for the company and travelled to Montreal and Halifax to meet with designers and clothing companies.

- In charge of advertising on social media platforms
- In charge of coming up with designs and strategies for in-house products
- Developed new avenues of business for the company and brought in several successful clothing lines

GRAPHIC CREATIONS (via CANVA)



PROFESSIONAL DEVELOPMENT

CFMS Board Media Training
October 2018

ASIST: Applied Suicide Intervention
Training
February 2018

CMA Physician Leadership Institute
Course: Introduction to Effective
Communication
January 2018

CMA Physician Leadership Institute
Course: Conflict Management
March 2018

CMA Ambassador to the CMA
Health Summit
August 2018

HOBBIES INTERESTS & ACTIVITIES

Blogging & Social Media

Horseback Riding

Politics & Government Affairs



PROFESSIONAL ACTIVITIES

CFMS ATLANTIC REPRESENTATIVE

Canadian Federation of Medical Students // September 2017 – September 2018

I was elected as the CFMS Atlantic Representative at the 2017 AGM. As Regional Representative I report on the affairs of constituent medical schools as well as communicate the affairs of the Executive within the Atlantic region. Specifically, my duty is to act as the liaison between MUN, Dalhousie University (Saint John & Halifax campuses), CFMNB and the CFMS Executive. I also communicated with other medical bodies within the Atlantic Region. I provided updates and reports on all my work at monthly board meetings. I was also the lead coordinator for our SGM in Halifax this past April. I ran the advertisement and webpage content for this along with planning and booking the majority of events.

This year I also worked closely with the VP of Government Affairs and Advocacy to assist with both National Days of Action, including designing handout materials.

As regional representative, I also took on additional roles based on the needs of the Executive.

One of my responsibilities this year was to run and organize the CFMS-MD Financial Travel Awards to the Spring General Meeting (SGM), AGM, and National Day of Action. I have also been responsible for creating the CFMS Communiques since June 2018 which is a task core to the Comms portfolio. I have also managed our Instagram account previously, at the CMA Health Summit and I performed an Instagram "takeover" during SGM for MD Financial Management.

MARKETING/COMMUNICATIONS CHAIR – MONTE CARLO CG

MUN Faculty of Medicine // St. John's // February 2017 – November 2017

As the Marketing/Communications Chair for the 2017 Monte Carlo, I was responsible for designing and implementing all the advertising and public relations communications for the event. The job included management of all social media platforms and the Monte Carlo website and networking with the local media outlets, sponsors and charities. I was able to get media coverage by NTV and a partnership with a local fashion designer, Megan Sooley, for our advertisement images and media.

ADMINISTRATOR – MONTE CARLO CHARITY GALA

MUN Faculty of Medicine // St. John's // February 2017 – November 2017

As Monte Carlo administrator, I was responsible for scheduling and booking the rooms for all of our executive committee and subcommittee meetings. I took minutes at each of the meetings and provided agendas prior to each meeting.

CLASS PRESIDENT – CLASS OF 2020

MUN Faculty of Medicine // St. John's // September 2016 – September 2018

As President for the 2020 Class, I represented and advocated for my peers when interacting with the UGME Office and the Office of Student Affairs. I've planned many social events for our class in coordination with our Social Reps and I helped to coordinate Orientation Week activities for the Class of 2021. The other Class Presidents and I attended all official functions organized by the Faculty of Medicine. I held the following positions on other committees as a result of being Class President:

- *Member, MUN Medical Society Steering Committee*
 - I attend monthly Dean's Luncheons to represent the interests and concerns of my class. I prepare summaries of these meetings to keep my class informed.
- *Member, MUN Medical Society Executive*
 - I attend monthly meetings that address the concerns and issues of all medical students at MUN. I sit on this committee as a class representative and as a student leader with voting privileges.
- *Member, Clerkship Committee*
 - Next year I will attend monthly meetings that revolve around important clerkship issues. I will be the class liaison to ensure that our concerns and feedback are appropriately brought forward.